

ACP Internal Medicine Meeting 2022



The Medical Student Guide to Chicago & the National Meeting

**By the American College of Physicians
Council of Student Members**

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Dear Future Internist:

The American College of Physicians (ACP) Council of Student Members is excited for you to join us at the 2022 Internal Medicine Meeting!

With thousands of attendees from around the country and hundreds of fascinating sessions led by experts in medicine, the Internal Medicine Meeting certainly has a lot to offer medical students. To help you navigate the meeting, we prepared this guide specifically with medical students in mind. Here, we highlight selected sessions of potential interest, tips for making the most of the meeting, and Chicago attractions-- food recommendations are of course included.

Some general tips:

Plan your schedule in advance. With so much going on, it's helpful to have a plan before the meeting begins. You can find the schedule and description of events both on the [ACP Website](#) and the Internal Medicine Meeting app. Additionally, we have a selection of events for medical students linked here on the [ACP Website](#).

Make time for networking. Connections are invaluable in your career. You never know who could become your mentor, colleague, or collaborator. Make sure you get out there and meet new people! There are plenty of opportunities, including the Medical Student Mentorship Breakfast as well as Chapter Receptions and our very own Medical Student Socials both Thursday and Friday nights.

Fit in downtime. The days are long at the Internal Medicine Meeting, so make sure to take some time for yourself. Whether it's time spent alone or in the city with friends, take time for yourself and reflect on all that you're learning.

Tell us what you're up to. Use #IM2022 on social media to keep the IM2022 conversation going online. Share those pictures of "The Bean" and deep-dish Chicago pizza! Tell us what you learned about heart murmurs and health policy.

Between lecture sessions, chapter events, and visiting Chicago, we hope you have a productive and enjoyable week at IM2022. You will certainly impress your team on the wards with all that you learn. The ACP Council of Student Members will be wearing designated name badges, so feel free to approach us at any point during the conference with questions or conversation. You can also find us at the medical student booth in the Exhibit Hall throughout the day.

We can't wait to meet you all!

-The ACP Council of Student Members

2021-2022 Council of Student Members

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Prathyusha Dasari

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Rachana Raghupathy

Mario Tarasco

Medical Student IMM 2022 Calendar

Thursday, April 28th

TIME	SESSION
9:30 a.m. – 10:30 a.m.	Opening Ceremony <i>Hall F1</i>
8:00-10:30 p.m.	Chapter Receptions <i>(Varied - See e-mail from ACP Chapter Staff)</i>
8:00-10:00 p.m.	CSM Medical Student Social <i>Broken English Taco Pub - Lake 75 E Lake St, Chicago, IL, 60601</i>

Friday, April 29th

TIME	SESSION
11:00 a.m. – 12:00 p.m.	Welcome Session/Student Story Slam <i>Room 474</i>
12:00–1:30 p.m.	Lunch Break
1:30–2:30 p.m.	WSO 001: Stump the Professor <i>Room 474</i>
2:45–3:45 p.m.	Navigating Medical Literature <i>Room 474</i>
3:00-4:30 p.m.	Pan Asian Affinity Group Reception <i>Room 475</i>
4:00–5:00 p.m.	Town Hall with ACP Leadership <i>Room 474</i>
5:45-8:00 p.m.	Chapter Receptions <i>(Varied - See e-mail from ACP Chapter Staff)</i>

8:00-10:00 p.m.	CSM Medical Student Social <i>Kroll's - South Loop</i> 1736 S Michigan Ave, Chicago, IL 60616
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Saturday, April 30th

TIME	SESSION
7:00–9:00 a.m.	Medical Student Mentoring Breakfast <i>Marriott Marquis - Chicago</i> <i>Great Lakes Room, ABC</i>
9:15 a.m. – 12:00 p.m.	Medical Student Abstract Set-up & Judging <i>Exhibit Hall</i>
12:00-1:30 p.m.	Medical Student Abstract Luncheon <i>Room 475</i>
1:30–2:30 p.m.	PN 016: Mastering the Match US (1) <i>Room 474</i>
1:30–2:30 p.m.	PN 015: Mastering the Match International (2) <i>Room 475</i>
2:45–3:45 p.m.	Unique Care of Houseless Patients <i>Room 474</i>
2:45–3:45 p.m.	International Medicine Student Information Session <i>Room 475</i>
4:00-5:00 p.m.	Skill Building: Personal Statement, Interviewing, and Advocacy <i>Room 474</i>
5:00-6:30 p.m.	Highlights and Doctor's Dilemma Final Round <i>Skyline E</i>
6:30-7:30 p.m.	Future IM Reception <i>Skyline E Foyer</i>

CHICAGO ATTRACTIONS

Events

Feed Your Soul Jazz Brunch at Time Out Market

Every Sunday from 11am to 3pm

Time Out Market Chicago's chefs offer a variety of delicious brunch dishes, from Hangover Ramen with shrimp and smoked pork to a stack of Buttermilk Pancakes layered with whipped mascarpone. Order as much as you want, grab a mimosa pitcher from the bar and stick around from 1 to 3pm for a set of tunes from the Chicago Soul Jazz Collective.

Available every Sunday at Time Out Market. Price variable.

Chicago Latino Film Festival

Available all days of conference

Check out screenings of films focused on breaking stereotypes and celebrating Latino heritage and culture.

In-person and virtual options available [here](#).

"The Art of Brick" at Museum of Science and Industry in Hyde Park

Available all days of conference

Want to see recreations of Van Gogh's "Starry Night," Da Vinci's "Mona Lisa" and Michelangelo's "David" constructed with Lego bricks? The Museum of Science and Industry's latest exhibition collects the work of Nathan Sawaya, a former lawyer who turned his passion for tiny plastic bricks into contemporary art. The traveling show is the first major museum exhibition to use Lego bricks as its sole medium—and a testament to the creativity that can be achieved with hundreds of thousands of tiny pieces of plastic. This Museum of Science and Industry exhibit requires a separate ticket for entry (\$11-14), in addition to regular museum admission.

The Lincoln Lodge

Available all days of conference

The Lincoln Lodge hosts the country's longest continuously running independent comedy showcase and has seen multiple celebrities. Grab your ticket and a drink and prepare to ROFL (roll on floor laughing)!

Tickets and proof of COVID vaccination required. Get your ticket [here](#).

The Second City

Available all days of conference

The Second City has been home to famous comedians such as Amy Poehler, Chris Farley, and Tina Fey. Stop by and watch a stand-up show, improv, or sketch.

Tickets required. Get your ticket [here](#).

Chicago Exclusive Whiskey Tasting Festival

Available Saturday, April 30th

Looking to find a new favorite after-hours drink? Enjoy a tasting of the finest whiskey varieties along with food from a buffet-style reception to follow!

Tickets required. Get your ticket [here](#).

Immersive Frida Kahlo

Available on Thursday, April 28th and Saturday, April 30th

From the same people who brought you the Immersive Van Gogh Experience now comes the Immersive Frida Kahlo Experience! View animated projections of some of Kahlo's most famous pieces along with drawings and photographs at various stages of her life.

Tickets required. Get your ticket [here](#).

Eataly SpringFest

Available Friday, April 29th

This is an all-inclusive event where you can enjoy endless food, drink, and dance! Throughout the evening, Eataly chefs will prepare Neapolitan-style pizzas, homemade pastas, artisanal meat and cheese platters, and much more. Live music will be playing throughout the event, so get your groove on with your favorite dance partner on the dance floor! One more thing: this year's theme is "La Dolce Vita," or "A Sweet Life," so don your best Fellini-inspired outfit for a chance to win best-dressed at the event!

Tickets required. Get your ticket [here](#).

Maxwell Street Market

Available Friday, April 29th and Sunday, May 1st

Visit the market and check out some of Chicago's finest local craftsmen, resale goods, street food, and live music. Admission is free, but parking is limited.

More information [here](#).

One of a Kind Show and Sale

Available Friday, April 29th - Sunday, May 1st

This unique event hosts over 300 talented artists, makers, and designers showcasing their work. Chat with the artisans over food, drink, and live music, and check out their creations—or take advantage of some of the hands-on demos!

More information [here](#).

Human+Nature

Available until Saturday, April 30th

This exhibit is a series of five sculptures by South African sculptor Daniel Popper. Located in the Morton Arboretum, these sculptures are integrated into the natural landscape as a reflection on a certain relationship between humans and their natural surroundings.

Tickets required. Get your ticket [here](#).

Landmarks

Millennium Park

The Millennium Park in Chicago is open daily from 8am to 9pm. It contains plenty of things to see including the Boeing Galleries and Exhibition, Lurie Garden, and the iconic “Bean”. There are several open park entrances, and the park is free.

Chicago Riverwalk

This is a great way to explore downtown. It’s a picturesque walkway that also offers plenty of entertainment. There are 6 separate “coves” that make up the walkway, and each offers a selection of restaurants, shops, and stops. Along the river there is also public art displayed as well as riverfront museums to explore.

The Magnificent Mile

This is home to Chicago’s commercial district and offers plenty of shopping. It is also home to some notable architecture including the Wrigley Building, Tribune Tower, and the Chicago Water Tower. It’s a great place to check out the Chicago landscape and get some souvenirs!

Wrigley Field

Home to the Cubs, this is a must-see for all baseball fans. If there is a game going on you can go to “Wrigleyville” which surrounds the stadium and enjoy the festive atmosphere.

Chicago Cultural Center

Opened in 1897, the Chicago cultural center has served to welcome Presidents, Royalty, and more to the city of Chicago. Originally a library building, it is now one of the most comprehensive art showcases in the United States. Entrance is free and we think it’s one of the must-see stops of the city!

Food

Deep Dish Pizza

Giordano’s
Aurelio’s Pizza
Lou Malnati’s Pizzeria
Pizano’s Pizza & Pasta
Pizzeria Uno

Casual Bites

Steve’s Bite
Eleven City Diner
Bianca’s BBQ
Havana Grill (Jibarito)
9 Muses Bar & Grill

Fancier Fare

Apolonia
Hampton Social
Mercat a la Planxa
The Duck Inn
Sushi + Rotary Sushi Bar

Breakfast & Brunch

*Spoke & Bird Cafe
Chicago Waffles Diner
Yolk
Vu Rooftop*

Dessert

*The Rainbow Cone
TeaPotBrew Bakery
Molly's Cupcakes
Magnolia Bakery*

Bars

*Broken English Taco Pub
D4 Irish Pub & Cafe
Kroll's South Loop
Fatpour Tap Works*

Internal Medicine Meeting FAQs

When should I be there?

The Medical Student Meeting officially kicks off with the Welcome Session and Medical Student Story Slam at 11:00 AM on Friday, April 29th and ends following the Future IM Reception on Saturday, April 30th. However, students arriving to Chicago early may be interested in attending the Opening Ceremony at 9:30 AM on Thursday, April 28th as well as numerous scientific sessions taking place throughout the day. In addition, there are additional pre-courses on Tuesday, April 26th and Wednesday, April 27th, if you are interested. These require separate [registration](#).

How do I get to Chicago?

The ACP has partnered with several travel organizations, please see this [link](#) for details and discounts.

So, I booked my travel to Chicago... but what should I bring?

Attire during the day is formal to business casual. If you want to take notes or check the meeting schedule, you may also want to bring a laptop or tablet. If you have business cards, bring them to facilitate sharing your contact information with other students and physicians. After the educational sessions conclude, you'll want some more comfortable clothes and shoes that are appropriate for touring Chicago as well as social activities organized by your Council of Student Members.

Where do people stay, and how do I get there from the airport?

Most people stay at the hotels suggested by the ACP, which are available at this [link](#).

How do I get to the meeting from the hotel?

The meeting will be held at McCormick Place - West Building 2301 S Indiana Ave, Chicago, IL 60616. Participating hotels have convenient shuttles to and from the meeting in the morning and afternoon.

How do I know what events are going on?

Please watch your email for communication regarding the internal medicine meeting app. Schedules for the primary meeting sessions can be found [here](#). Schedules for medical student events can be found [here](#). We recommend you personalize your schedule and start with the medical student events designed for you. From there, you should explore any other topics of interest to you. You can download many of the presentation slides on the app to see if the session is one you would like to attend.

How do I meet other students and physicians?

Most chapters have a reception on either Thursday or Friday night. This is a great way to meet people who live and work near you! Check the schedule and communication from ACP Chapter staff to see when your chapter's reception is. You can also meet other medical students at the socials hosted by the Council of Student Members. The Medical Student Mentoring Breakfast on Saturday morning is another

wonderful opportunity to meet accomplished internists from around the country and ask all of your career questions. This session does fill up, so be sure to register at the Medical Student Welcome Center early. Finally, don't be afraid to talk to the people around you in the halls and in the sessions you attend. Everyone is here because we have a shared love of medicine and internal medicine doctors are some of the most approachable people you'll ever find.

What if I am lost or have a question?

Stop by the Medical Student Welcome Center, located in the exhibit hall near the posters, to have your questions answered. Here, you can sign up for Saturday's Medical Student Mentoring Breakfast, find out more about other medical student events at the meeting, or simply meet some fellow medical students.

Anything I should know about attending sessions?

More popular topics are typically assigned larger rooms, but they can still fill up quickly, so be sure to get there early. Oftentimes, there are many questions at the end of a session. To help us get through as many as possible, be sure to keep your questions at the microphone short and to the point. If you want to have further discussion with a presenter, please follow up after the session either in person or via email.

What are all the acronyms in the session codes?

There are a number of different session formats at the meeting. The format of each session is indicated by its unique code. The PN tells you it's a panel format where 2 or more faculty address different aspects of the selected topic or engage in point-counterpoint discussion. The major session types include:

Clinical Pearls (CP)	Faculty present clinical cases illustrating important teaching points that are relevant to the practicing internist but not widely appreciated. Attendees assess their clinical judgment by using audience-response keypads to answer case-based questions
Clinical Skills Workshops (CSW)	Most sessions at the Internal Medicine Meeting are held in large rooms that can accommodate anticipated attendance. However, due to close faculty-learner interaction or hands-on-style education, these small-group workshops have seat limits
Clinical Triads (CT)	This format builds on the popularity of fast-paced sessions and features three speakers concisely addressing different aspects of an overarching theme. Each session covers topics that are highly relevant to clinical practice.
Meet the Professor (MTP)	Distinguished faculty analyze controversial issues, recent advances, and new developments in selected topics.
Multiple Small Feedings of the Mind (MSFM)	Faculty provide concise, evidence-based answers to common, yet difficult, patient-management problems. Emphasis is on complex or controversial issues frequently faced by practicing internist.
Panels (PN)	Two or more faculty address different aspects of the selected topic or engage in point-counterpoint discussion.
Slide Shows (SS)	Highly visual presentation of selected topics.

Updates (UD)	Analysis of six to twelve of the year's most important published papers in the subspecialties and related areas.
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What else is there to do in Chicago?

As important as it is to enjoy the meeting, be sure to explore the surrounding area too. Check out our **Medical Student Guide to Chicago** (above) to find out how to make the most of your time in the city!

In Closing...

We genuinely hope you enjoyed this meeting and felt welcomed as a future internist. We are all so grateful that we were able to finally meet in person and really show what the ACP is all about. This was also the first time we have been able to hold a “meeting within a meeting” specifically geared towards medical students. We hope that this format provided the space and time to really connect with your peers and get some advice on the match and residency.

We would also like to take the time to thank the ACP staff, speakers, and volunteers who worked so hard to make this meeting a success. Thank you for believing in and supporting us all, in our journey as future physicians.

If after this meeting you would like to get more involved with the ACP, here is some information on ways to get connected.

I had a great time at IM2022! How can I get more involved in the ACP?

We love that you want to get more involved! Check in with your school's Internal Medicine Interest Group to see how you can participate in events at your school. [Your state's ACP Chapter](#) is another great local opportunity to get involved through leadership positions, events, poster competitions, and more. At a national level, you can write for [ACP IMpact](#), a monthly newsletter for medical students, or apply to serve on the [Council of Student Members](#). Come chat with us at the Medical Student Welcome Center so we can tell you more!

Thank you for coming and we hope to see you all again soon!

-The ACP Council of Student Members