

# **Experience Internal Medicine Meeting 2018**

Physicians from around the world will convene in New Orleans, LA, for the most comprehensive live educational meeting in internal medicine. The meeting offers over 200 scientific and practice-related sessions aimed at expanding your medical knowledge, sharpening your clinical skills, and helping you keep pace with the most recent advances in patient care.

#### im2018.acponline.org

Visit the meeting Web site for the most current information on courses and events, and helpful tools to ensure the best possible educational experience.





#### Keynote Speaker:

Karen DeSalvo, MD, MPH, MSc, FACP Former Acting Assistant Secretary for Health and National Coordinator for Health Information Technology

# **Exclusive Events at 2018's Meeting**

Internal Medicine Meeting 2018 is a meeting like no other. It spans all of internal medicine and offers unique experiences for attendees. While at the meeting, be sure to check out:

**Annals Story Slam**–Story slams are events that celebrate storytelling by inviting participants to verbally share brief stories with an audience.

Check the meeting Web site for more information on this and other events as it becomes available.

#### Connect with Your Colleagues on Social Media

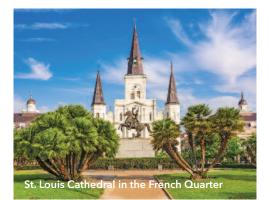


Keep up with the latest news and information during Internal Medicine Meeting 2018. Connect with ACP on Twitter (follow ACP at twitter.com/acpinternists and use hashtag #im2018 during the meeting) and Facebook (facebook.com/acpinternists).

## **Explore New Orleans**



ew Orleans is a small city brimming with a rich culture. Its music, unique food, traditions, and history, are known all over the world. Come and experience for yourself what makes New Orleans a place to enjoy and celebrate life.



It's a city that has been steeped in centuries of traditions, with French, Spanish, African, and American influences, all apparent in everyday life. New Orleans has undergone many transformations, each contributing to the vibrant city it is today.

This is the place to eat, drink, listen to jazz or R&B, and immerse yourself in the atmosphere. A visit to this unique destination is never the same trip twice, but always memorable. Sugar-dusted beignets are a must, and the street musicians will have you dancing on the sidewalk.



# Just a glimpse of what awaits you at internal medicine's most comprehensive educational event!

# Pre-Courses (April 17-18) Many fill early; Register today!

Thirteen courses kick off Internal Medicine Meeting 2018 and provide in-depth examination of selected topics.

- Advances in Therapy
- Cardiology for the Internist 2018: The Key Points
- Critical Care Medicine 2018
- Dermatology for the Internist
- Diabetes for the Internist 2018
- Hospital Medicine: A Day on Service

- MACRA, MIPS, and APMs: Strategies for Success within the Quality Payment Program
- Neurology for the Internist
- Perioperative Medicine 2018
- Point-of-Care Ultrasound for Internists and Hospitalists
- QI Champion Training: Transforming Your Practice to Improve Patient Outcomes, Increase Efficiency, Maximize Reimbursement, and Increase Joy in Practice
- Update in General Internal Medicine and MOC Exam Prep

See pages 10-18 for details.



# Scientific Sessions (April 19-21)



# Here is a sample of the more than 200 scientific sessions offered:

# Cardiology

- Atrial Fibrillation
- Evaluation of Cardiac Chest Pain
- Heart Failure Management
- Preventive Cardiology

# Endocrinology

- Diabetes Management in Older Adults
- Diabetes: New Drugs and Recent Clinical Trials
- Subclinical Thyroid Dysfunction
- Vitamin D Deficiency

# Gastroenterology and Hepatology

- Biome and the Gut
- Nonalcoholic Fatty Liver Disease
- Obesity Management
- Proton Pump Inhibitors: Are the Risks Real?

# **Hospital Medicine Track**

A special track of over 35 sessions will cover a wide range of topics designed for physicians who primarily practice in an inpatient setting. Sessions will focus on clinical issues, quality and safety, team-based approaches, transitions of care, and more.



# **Geriatric Medicine**

- Assessing Older Drivers' Safety
- Exploring Mistreatment in the Vulnerable Elderly
- Hazards of Hospitalization in the Elderly
- Urinary Incontinence in the Elderly

#### Hematology

- Hemolytic Anemia in the Clinic
- Management of Oral Anticoagulants
- Sports Hematology: Dopers and Hoaxers
- Transfusion in Sickle Cell Disease

#### **Infectious Diseases**

- Antibiotic Stewardship and Infection Control
- Clostridium difficile
- Emerging Pathogens
- Hepatitis C

# Scientific Sessions (April 19-21)



#### Nephrology and Hypertension

- Acute Kidney Injury
- Improving Patients' Adherence to BP Medications
- Interpretation of Electrolytes in Moderate CKD
- Outpatient Management of Refractory Hypertension

#### Neurology

- Delirium in the Hospitalized Patient
- Dementia Diagnosis and Management
- Headaches and Dizziness
- Stroke

# Oncology

- Breast Cancer Follow-up
- Hematologic & Oncologic Emergencies in the Hospital
- Images in Hematology & Medical Oncology
- Screening Mammograms Beyond the Guidelines

# Pulmonary Diseases and Critical Care

- Asthma and Rhinosinusitis
- Common Sleep Disorders
- COPD Exacerbation
- Evaluation of Pulmonary Nodules

# Rheumatology and Allergy & Immunology

- Common Allergic Conditions
- Osteoporosis
- Rheumatoid Arthritis
- Spinal Stenosis and the Aging Spine

#### Women's Health

- Contraception
- Menstrual Disorders and Infertility
- Primary Care of the Pregnant Patient
- Women's Cancers

#### **Additional Topic Areas**

- Career and Professionalism
- Clinical Pharmacology
- Communication Skills
- Dermatology
- End-of-Life and Palliative Care
- Ethics and Health Policy
- Health Information Technology
- Medical Practice Management
- Ophthalmology and Otolaryngology
- Patient Safety and Quality
- Perioperative Medicine
- Psychiatry
- Substance Abuse

Preliminary schedule-topics subject to change.

# **Engaging Learning Formats**

**Updates:** Keep up to date on the year's most important published papers in general internal medicine and the subspecialties. Learn significant findings and their impact on patient care. Nationally recognized faculty review the literature and present the year's highlights.

**Clinical Pearls:** Test your clinical acumen in these case-based sessions. Use audience-response keypads to answer challenging patient management questions. Compare your critical thinking to that of your colleagues, and leave these sessions with a rich collection of "pearls" that can be applied to practice. **Clinical Triads:** These fast-paced, interactive sessions feature three speakers concisely addressing different aspects of an overarching theme and cover topics that are highly relevant to clinical practice.

#### **Multiple Small Feedings of the**

**Mind:** These highly focused, fast-paced presentations offer evidence-based answers to dilemmas frequently faced in patient care. Expert faculty provide cogent answers to complex questions.

#### **Clinical Skills Workshops:**

Learn important skills in medical interviewing, physical examination, and office-based procedures through demonstration, practice, and feedback.





# Clinical Skills Workshops (Course Code CSW)

Most sessions at Internal Medicine Meeting 2018 are held in rooms that can accommodate anticipated attendance. However, Clinical Skills Workshops, because of their special educational requirements (for example, close faculty-learner interaction or limited equipment for hands-on learning), have a limited number of seats available. There is no ticket required to attend these workshops; however, it is highly recommended that you arrive at the classroom well in advance of the scheduled start time. Seats will be filled on a first-come, first-served basis.

- A Brief Military History: The Key to Good Health Care for Veterans in Your Practice
- A Complete Contraceptive Toolkit: Cases and Demos
- Cardiac Murmurs: Benign or Serious?
- Challenges in Geriatric Medication Management: An Interactive, Case-Based Workshop
- Clinical Images to Improve Your Knowledge Base and Refine Your Clinical Reasoning Skills
- Combating Cognitive Bias: Improving Clinical Decision Making in Everyday Practice
- Heal Thyself: Improving Physician Wellness–Practical Applications of Wellness Techniques: Breathing, Meditation, and Laughter

- How to Talk to your Patients About the Cost of Their Care
- Learning to Avoid "Contextual Errors" When Planning Patient Care
- Life-Threatening ECGs Encountered in the Outpatient Setting
- Motivational Interviewing for the Busy Clinician
- Practical Office Orthopedics for Primary Care Providers: Knee
- Practical Office Orthopedics for Primary Care Providers: Shoulder
- Targeting the 4th Aim: Improving Physician Wellness and Reducing Burnout in Practice and the Community



# Herbert S. Waxman Clinical Skills Center



# Clinical Skills Training in Physical Examination and Interpretation Skills

Whether traditional small-group workshops or self-guided study activities, these sessions will help refine physical examination and interpretation skills, such as heart sounds identification and diagnosis, foot and ankle disorders, ophthalmoscopic skills, and more.

#### Remember to Purchase Your Ticket!

Effectively preplan your meeting experience and manage your schedule of ticketed activities you want to attend by registering in advance for Waxman Center activities. Purchase a reserved ticket (\$15 per activity) to guarantee admittance to the activities of your choice, at the time you want.

After you've registered for Internal Medicine Meeting 2018, visit im2018.acponline.org/ clinicalskills for more information and to purchase your reserved tickets to the Waxman Clinical Skills Center.

# Policy for Reserved Waxman Center Activities

Your \$15 registration fee reserves your seat in the activity until the course begins. Late arrivals who have purchased reserved tickets will be admitted if capacity allows.

# **Cancellation Policy**

You must cancel by April 4, 2018, to receive a refund for Waxman Center activities. No refunds will be provided for cancellations received after April 4th.



#### Dermatology for the Internist

PRE 1801 Tuesday, 8:00 a.m.-5:00 p.m.

Elizabeth Magill Billingsley, MD Professor of Dermatology, Director, Mohs Micrographic Surgery, Department of Dermatology, Penn State Hershey Medical Center, Hershey, PA

Patients often present to their internist with skin concerns. Many of these concerns are common conditions that, once identified, can be easily addressed without a referral to a dermatologist. With the aid of an audience-response system, faculty will engage participants in identifying many of these common dermatologic conditions and will review appropriate steps for their diagnosis and management in the primary care setting. Practical approaches, including biopsy techniques, will be reviewed.

#### Learning Objectives:

- 1. Identify common dermatologic problems that present in the primary care setting, and initiate appropriate treatment.
- 2. Understand and develop treatment strategies for patients with acne and rosacea.
- 3. Identify and develop management approaches for both common and complicated dermatoses, such as psoriasis.
- 4. Recognize common skin cancers and understand indications for various approaches to management.

# **Diabetes for the Internist**

PRE 1802 Tuesday, 8:00 a.m.-5:00 p.m.

#### Tracy L. Setji, MD, MHS

Assistant Professor of Medicine, Medical Director, Inpatient Endocrinology Consultation, Department of Medicine, Division of Endocrinology, Duke University, Durham, NC

The management of patients with diabetes can be complicated. Many new medications, technologies, and surgical options for the appropriate patient are available. This Pre-Course will discuss the diagnosis and management of diabetes in different clinical settings, including issues related to nutrition, exercise, and risk factor modification. The appropriate indications and practical utilization of weight loss medications in overweight/obese patients will be discussed. New therapies for the management of type 2 diabetes and new insulin preparations for type 1 diabetes and insulin-requiring type 2 diabetes will be presented. Participants will learn to identify the patient with fatty liver disease as well as strategies for evaluation and management of this increasingly common complication of the metabolic syndrome.

#### Learning Objectives:

- 1. Discuss the management of patients with prediabetes and whether metformin is the best treatment.
- 2. Identify patients with fatty liver disease and how to diagnose and manage the patient with type 2 diabetes.

- Review guideline-based medical options for the management of patients with type 1 or type 2 diabetes.
- 4. Discuss new insulin products and the indications and contraindications for use in patients with type 2 diabetes.
- Review indications and dosing of medications to aid weight loss in overweight individuals with or at risk for diabetes.

# Perioperative Medicine 2018

PRE 1803 Tuesday, 8:00 a.m.-5:00 p.m.

Geno J. Merli, MD, MACP, FHM, FSVM Professor of Medicine & Surgery, Senior Vice President, Associate CMO, Co-Director, Jefferson Vascular Center, Department of Surgery, Thomas Jefferson University Hospital, Philadelphia, PA

This Pre-Course will review the assessment and management of patients with medical comorbidities undergoing surgical procedures. Expert faculty will discuss hypotension, delirium, and pain management in the postanesthesia care unit. Venous thromboembolism (VTE) prophylaxis in the postoperative period for patients with hereditary or acquired coagulation disorders, history of recurrent VTE, and aspirin dosing for VTE prophylaxis will be reviewed. Preoperative validated risk assessment tools, modification strategies for identified comorbidities, and management of postoperative complications will be emphasized. Topics will include

perioperative medication management; cardiac, pulmonary, and frailty risk indices with modification strategies; postoperative cardiac complications; diabetes management; using the targetspecific anticoagulants; treating postoperative delirium; and challenging perioperative cases.

#### Learning Objectives:

- Understand the assessment and management of patients with medical comorbidities undergoing surgical procedures.
- 2. Review guidelines and best practices for preoperative assessment, perioperative medication use, and common postanesthesia care unit problems.
- 3. Review preoperative validated risk assessment tools, modification strategies, and management of patients with a variety of preand postsurgery cardiac and pulmonary problems as well as complications in the frail elderly.
- 4. Understand management of the new diabetic agents, insulin pumps, and direct oral anticoagulants (DOACs) in the perioperative period.
- 5. Assess key management strategies for neurologic and neurosurgery patients taking antiplatelet therapy requiring emergent surgery, postoperative pain management, and timing of surgery after acute stroke.



#### **Advances in Therapy**

PRE 1804 Wednesday, 8:00 a.m.-5:00 p.m.

Douglas S. Paauw, MD, MACP

Professor of Medicine, Rathmann Family Foundation Endowed Chair in Patient-Centered Clinical Education, Department of Medicine, University of Washington School of Medicine, Seattle, WA

This Pre-Course will focus on pearls to help the practicing internist maximize the utility of drug therapies. Newer medications and new uses for older medications will be covered. Current recommendations for "best therapy" for different diseases will also be covered. Common side effects of medications will be emphasized. Faculty will provide practical information on therapy for psychiatric disease, diabetes, and infectious diseases; safe use of medications in the elderly; and drug interactions.

#### Learning Objectives:

- 1. Prescribe appropriate drug therapies for diseases commonly seen in the office.
- 2. Understand safe drug prescribing in the elderly.
- 3. Understand the use and appropriate place of new diabetes therapies.
- 4. Gain a better understanding of drug reactions and interactions.

# Cardiology for the Internist 2018: The Key Points

PRE 1805 Wednesday, 8:00 a.m.-5:00 p.m.

#### David L. Fischman, MD, FACP Professor of Medicine, Department of Medicine, Division of Cardiology, Sidney Kimmel Medical College of Thomas Jefferson University, Philadelphia, PA

Howard H. Weitz, MD, FACC, MACP Bernard L. Segal Professor of Medicine, Director, Division of Cardiology, Thomas Jefferson University Hospital, Philadelphia, PA

This Pre-Course will provide a focused update on the diagnostic, preventive, and therapeutic approaches to the patient at risk for, or with known, cardiovascular disease. Expert clinician-educators will focus on the cardiovascular disease issues that internists most frequently encounter and will provide "key points" to update the audience and foster patient care. Subjects covered will include identification and management of acute and chronic coronary artery disease, optimal treatment of acute and chronic heart failure, update in the treatment of hypertension, risk assessment and risk reduction for the patient with cardiac disease who undergoes noncardiac surgery, approach to the patient with valvular heart disease, atrial fibrillation update, approach to the treatment of peripheral arterial disease, and discussion of selected cases.

#### Learning Objectives:

 Update the internist on the diagnostic and therapeutic approaches to the patient with known cardiovascular disease.

- 2. Become familiar with the guidelines and recent studies regarding hypertension, valvular heart disease, optimal blood pressure control, and care of the patient with cardiovascular disease having noncardiac surgery.
- Understand approaches for decreasing the risk for complications and decreasing hospital readmissions for patients with a variety of cardiovascular issues.
- 4. Become familiar with optimal surgical and pharmacologic treatments for the care of patients with acute coronary syndrome, heart failure, valvular heart disease, and atrial fibrillation.
- 5. Become familiar with the transition of care following hospital discharge for patients with a variety of cardiac issues.

#### Hospital Medicine: From Admission to Discharge

PRE 1806 Wednesday, 8:00 a.m.-5:00 p.m.

#### Jamie Newman, MD, FACP

Associate Professor, Internal Medicine, Assistant Professor, Health Care Management, Department of Hospital Medicine, Mayo Clinic, Rochester, MN

#### Roger Yu, MD, Member

Department of Medicine, Division of Hospital Medicine, Scripps Green Hospital, La Jolla, CA

The hospital is a complex environment. Navigating it on behalf of our patients requires a broad and constantly growing body of clinical knowledge combined with an understanding of the systems that support them. This Pre-Course will review the challenges of transitions of care and handoffs, clinical conundrums of common and uncommon scenarios, and administrative hurdles. The faculty of experienced hospitalists and specialists from across the United States will discuss ideal medical management. First and foremost is the consideration of the needs of the patient. Individual lectures will involve review of up-to-date medical care using a case-based format and an audience-response system. This Pre-Course will present an advanced perspective of hospital medicine.

#### Learning Objectives:

- Review inpatient management of complex patients in case-based presentations.
- 2. Explore practical considerations in transitions of care and handoffs.
- 3. Succeed at adapting to new rules and regulations to better advocate for patients.
- 4. Highlight best practice for hospital safety.

#### Neurology for the Internist

PRE 1807 Wednesday, 8:00 a.m.-5:00 p.m.

Martin A. Samuels, MD, DSc (Hon), MACP, FAAN, FRCP, FANA

Miriam Sydney Joseph Professor of Neurology, Harvard Medical School; Department of Neurology, Brigham and Women's Hospital, Boston, MA

Neurologic symptoms comprise an important part of the practice of internal medicine, but over the years exposure to formal neurologic

training as part of internal medicine training has waned. This Pre-Course is designed to help internists approach the common neurologic problems seen in their patients and to update them in this rapidly changing field of medicine. A broad view of the spectrum of neurologic disorders seen in the practice of internal medicine will be discussed, including the neurologic history and examination, stroke, dizziness, topics in neuro-ophthalmology, seizures, and movement disorders.

#### Learning Objectives:

- Take a neurologic history, and perform a competent neurologic examination.
- Recognize the major types of seizures and how to treat them.
- 3. Understand the spectrum of dizziness, and be able to make the likely diagnosis.
- 4. Recognize and treat the major movement disorders.
- 5. Examine the eyes, and recognize the major neuro-ophthalmology problems.
- Identify the major stroke emergencies, and initiate appropriate therapy.
- 7. Recognize the major headache syndromes, and initiate therapy.
- 8. Identify the common disorders of the peripheral nervous system, and initiate treatment.

# MACRA, MIPS, and APMs: Strategies for Success Within the Quality Payment Program

PRE 1808 Wednesday, 8:00 a.m.-5:00 p.m.

#### Peter Basch, MD, MACP

Department of Quality & Safety, Research, Medical Affairs, MedStar Health, Washington, DC

#### Robert M. McLean, MD, FACP

Associate Clinical Professor, Yale School of Medicine, Medical Director of Clinical Quality, Northeast Medical Group of the Yale New Haven Health System, New Haven, CT

Beginning in 2019, the Medicare payment system will change. Physicians and practices need to prepare now in order to be successful within the Quality Payment Program. With the elimination of the Sustainable Growth Rate (SGR), the new value-based payment program for Medicare was designed with the goal of replacing volume-based feefor-service payment over time. Private payers also have moved in the direction of incentivizing higher quality rather than only the volume of services. Without a clear understanding of how care will be measured and paid for, physicians risk losing revenue and reputation. This course will help practices of all sizes understand this paradigm shift and how to succeed in the new environment.

Attendees will take a deep dive into understanding the Quality Payment Program, including how practices will be scored and paid in both the advanced Alternative Payment Models (APMs) and Merit-Based Incentive Payment System (MIPS) pathways. The agenda will discuss

options and opportunities for current and future APMs, including an understanding of MIPS APMs. On the MIPS side, attendees will learn practical strategies on how to select and implement measures and activities best for their practices in order to maximize scores in each category. The agenda will address strategies for all four MIPS categories–quality, improvement activities, advancing care information, and cost.

Who should attend: clinicians, medical directors, CMOs, CMIOs, quality managers, administrators, and any staff who administers the Quality Payment Program for a practice.

#### Learning Objectives:

- 1. Understand the components of the new Medicare Quality Payment Program, as well as the rules for participation.
- 2. Identify strategies for your practice to be successful under this new program.
- 3. Utilize available tools and resources from ACP, including the Quality Payment Advisor, Genesis Registry, ACP Practice Advisor, and the ACP Physician & Practice Timeline, to establish best practices and lead to successful outcomes within the Medicare Quality Payment Program.

#### **QI Champion Training:** Transforming Your Practice to Improve Patient Outcomes, Increase Efficiency, Maximize Reimbursement, and Increase Joy in Practice

PRE 1809 Wednesday, 8:00 a.m.-5:00 p.m.

#### Doron Schneider, MD, FACP Assistant Professor of Medicine, Drexel University; Department of Medicine, Abington Hospital, Jefferson Health, Abington, PA

ACP's quality improvement champion training program aims to facilitate practice transformation to improve health and patient experience, reduce costs, and increase efficiency. Participants will be provided with proven and practical tools to improve care for patients, promote patient engagement and partnerships, apply practice redesign strategies to maximize skills of all team members, reduce administrative complexity and increase joy in practice, maximize reimbursement under new valuebased payment models, and promote health equity among diverse patient populations. At the conclusion of this Pre-Course, champions will be able to apply QI strategies to tackle challenging issues, such as caring for patients with chronic illnesses, increasing adult immunizations, and promoting safe opioid prescribing. Hundreds of ACP members and care teams from 21 states have become ACP QI champions and have established an engaging peer-to-peer learning network and are experiencing

significant improvements. This fullday course will launch you on the journey of becoming an ACP QI champion and will provide the skills you will need throughout your career to lead the way through the changing tides of health care.

#### Learning Objectives:

- 1. Understand the rationale for practice transformation.
- 2. Understand how to identify performance gaps and opportunities for improvement while taking into account health disparities.
- 3. Understand how to create change and improvement using plan-do-study-act (PDSA) and other basic QI tools.
- 4. Understand how to partner with patients and families in QI activities.
- 5. Understand how to develop a focused QI workplan in an area of interest, such as adult immunization, safe opioid prescribing, diabetes, or atrial fibrillation.
- 6. Understand how to best communicate your QI plan needs and goals with stakeholders at the practice and leadership levels.
- 7. Understand how to effectively use ACP tools to drive QI and measure reporting, such as the Genesis Registry, ACP Practice Advisor, Patient Education Resources, and Quality Payment Advisor.

# **Critical Care Medicine 2018**

**PRE 1810** Tuesday and Wednesday, 8:00 a.m.-5:00 p.m.

Robert A. Balk, MD, MACP, MCCM, FCCP J. Bailey Carter, MD Professor of Medicine, Director, Division of Pulmonary, Critical Care, and Sleep Medicine, Rush Medical College, Rush University Medical Center, Chicago, IL

This Pre-Course will provide the opportunity to understand the principles of diagnosis and management of common clinical problems and conditions encountered in the intensive care unit. Particular attention will be placed on the recognition of disease process, acute management of critical illness, and prevention of complications of critical illness in the critically ill adult patient.

Topics discussed include acute coronary syndromes and myocardial infarction, acute congestive heart failure, atrial arrhythmia management, acute stroke management, acute respiratory distress syndrome, pulmonary embolism, drug overdose, sepsis and septic shock, ischemic bowel and abdominal compartment syndrome, obstructive lung disease, and severe pneumonia. Also discussed will be the management of patients with a wide variety of infectious diseases, approaches to mental status evaluation, blood product utilization, mechanical ventilatory support of the critically ill patient, surgical issues in the ICU, care of the cancer patient in the ICU, and methods for preventing common complications in the critically ill patient.



#### Learning Objectives:

- 1. Update the internist on common disorders and diseases encountered in the intensive care unit.
- 2. Review the diagnostic techniques used in the management of the critically ill adult.
- 3. Discuss recommendations for the management of common critical illnesses encountered in the intensive care unit and strategies for the prevention of complications of critical illness.

# Update in General Internal Medicine and MOC Exam Prep

**PRE 1811** Tuesday and Wednesday, 8:00 a.m.-5:00 p.m.

Marc J. Kahn, MD, MBA, FACP

Peterman-Prosser Professor, Senior Associate Dean, Department of Medicine, Tulane University School of Medicine, New Orleans, LA

#### Fred A. Lopez, MD, MACP

Richard Vial Professor and Vice Chair, Department of Medicine, Louisiana State University School of Medicine, New Orleans, LA

This Pre-Course provides an update in internal medicine and preparation for the MOC exam. Taught by a faculty of clinician-educators, each an expert in his/her subspecialty, the course uses a highly interactive format to engage participants. Clinical scenarios and challenging multiple-choice questions are springboards for discussion of recent advances across the spectrum of internal medicine. With the use of an audience-response system, participants can compare their clinical judgment with that of their peers. This course is an effective way to update your knowledge and/or prepare for an ABIM exam.

#### Learning Objectives:

- Increase and refresh knowledge of internal medicine through discussion of challenging cases frequently seen in practice.
- 2. Become adept at working through difficult exam-type questions logically and successfully.
- 3. Implement changes in clinical practice in accordance with recent advances and guidelines.

# Point-of-Care Ultrasound for Internists and Hospitalists

PRE 1812 Tuesday and Wednesday, 8:00 a.m.-5:00 p.m.

#### Michael Blaivas, MD, MBA, FAIUM, FACEP

Professor of Medicine, University of South Carolina, Department of Emergency Medicine, Piedmont Newnan, Columbia, SC

#### Keith Boniface, MD

Professor of Emergency Medicine, Department of Emergency Medicine, George Washington University, Washington, DC

This Pre-Course will introduce the internist to point-of-care ultrasound skills and applications that may be applied from the office to any hospital setting to provide answers to specific clinical questions in real time. Ultrasound allows the clinician a focused diagnostic modality directly at the patient's bedside and directs the performance of procedures. Could this be a deep vein thrombosis (DVT), or is there some other cause for this swollen leg? Point-of-care ultrasound is proven by multiple studies as a rapid and accurate evaluation and diagnosis of DVT at

the time of the evaluation. Multiple procedures, such as peripheral and central line placement, joint and tendon aspiration and injection, thora/ paracentesis, and pericardiocentesis along with others, benefit from ultrasound guidance.

Point-of-care echo is a quick way to estimate ejection fraction and volume status, assess for severe structural changes, and rule out a pericardial effusion. Point-of-care abdominal ultrasound is a rapid way to detect free air, gallbladder disease, and aortic disease. Additional clinical questions ultrasound may help you answer are: Is that a simple cellulitis or one complicated by an underlying abscess that needs drainage? How deep is the abscess? Can it be drained safely in the office/bedside or the operating room? Is that lump you palpate on exam solid, cystic, or vascular?

Hear lectures from national experts on point-of-care ultrasound and learn evidence-based approaches and techniques. Ample hands-on learning, guided by seasoned clinicians who use ultrasound in their practices on a daily basis, will be augmented by simulation experience, including procedure practice on phantoms, as well as amazing computer-based simulation presenting actual patient pathology and allowing attendees to learn from real clinical scenarios.

If you have heard of other fields embracing ultrasound and how it improves their practice and are interested in increasing efficiency and safety in your own practice, this course is a great place to start. This 2-day course will offer topics of interest on both hospital- and office-based applications.

#### Learning Objectives:

- 1. Describe the principles of ultrasound operation, use of artifacts, and optimization of images.
- 2. List indications and rationale for focused diagnostic ultrasound applications for cardiac, lung, and abdominal applications.
- 3. Perform and interpret focused diagnostic ultrasound for cardiac, lung, and abdominal applications.
- Explain the rationale for using ultrasound guidance for thoracentesis, paracentesis, and vascular access.
- 5. Perform ultrasound-guided thoracentesis, paracentesis, and vascular access using simulators.
- 6. Understand point-of-care ultrasound use for focused musculoskeletal evaluation, joint injection, and arthrocentesis.

#### Just Added!

Boost Your Well-being and Professional Satisfaction at Home and Work: Practical Skills for Positive Results (PRE 1813)

Visit im2018.acponline.org/ educational-program/presession-courses for more information on this pre-course.

# **Guest Program and Exhibit Hall**

#### **Guest Activities Program**

ACP welcomes all guests of Internal Medicine Meeting 2018 attendees to New Orleans, LA. There are two categories of registration for guests– Guest Program Registrant or Exhibit Hall Attendee.

#### **Guest Program Registrant**

(\$50 for 3 days)

Registered guests are invited to an exclusive breakfast event and have access to the Exhibit Hall and the refreshments distributed in the Hall. Guests receive an ACP tote bag, admission to the Opening Ceremony, a New Orleans Visitor's Guide, entry into a raffle drawing, and shuttle service between hotels and the Convention Center.

Registered guests may include family members (16 years of age or older) or friends who are not in the medical industry. A coworker or an associate in the medical industry may not register as a guest nor as an Exhibit Hall attendee. Guests are not permitted to attend any portion of the Scientific Program other than the Opening Ceremony.

# **Exhibit Hall Attendees**

(\$45 for 1 day)

Guests of registered physicians who want to access the Exhibit Hall can register for a 1-day-only Exhibit Hall Attendee badge. This badge provides admission to the Exhibit Hall, as well as access to the refreshments distributed in the Hall.

## **Guest Policy**

Only those with an Exhibit Hall Attendee or Guest badge will be permitted in the Exhibit Hall. Only spouses or guests of a registered physician qualify for an Exhibit Hall Attendee badge. Internal Medicine Meeting 2018 is a private event for physician attendees and their guests. The Exhibit Hall is not open to the general public.

#### **Exhibit Hall**

While at Internal Medicine Meeting 2018, visit the exhibits Thursday, Friday, and Saturday to learn about new products and services and see the latest in information technology. Visit the ACP Job Placement Center to view job postings for nationwide openings, submit a job posting to find the perfect physician for your practice, peruse ACP publications, or register for two valuable free services: CV Review and Consultation Service and Navigating the J1 Waiver Job Search. Come to the ACP Resource Center and talk to staff about ACP's many products and services.

#### Additional Learning Opportunities

Grab a bite and get informed at the Innovation Theaters and Industry-Supported Presentations.

Enjoy a complimentary meal or snack break discussion to enhance your learning experience at the meeting.

Schedules will be available at im2018.acponline.org at a later date.

Additional Learning Opportunities are independently organized and are not an official part of the Internal Medicine Meeting 2018 Education Program. For Presentations offering Category 1 CME credit, CME is provided by organizations other than ACP.

# **Early Registration Instructions**



# Early Registration Rate Deadline: January 31

Register early for the best fees and Waxman Center activity choices.

Full rates apply after January 31. Online registration will be open through the meeting. If you prefer, you can register onsite at the Ernest N. Morial Convention Center.

# Who Should Attend:

The Internal Medicine Meeting is intended for all physicians involved in the practice of internal medicine. This includes general internists, hospitalists, subspecialists in internal medicine, family physicians, general practitioners, and residents and fellows in internal medicine and the subspecialties. Nurse practitioners, physician assistants, and medical students will find many sessions of interest and will benefit from the scope and depth of the program.

# 4 Ways to Register:

Web: http://im2018.acponline.org Fax: 215-351-2799 Mail: ATTN: AC002 American College of Physicians 190 N. Independence Mall West Philadelphia, PA 19106-1572 Phone: 800-ACP-1915, ext. 2600, or 215-351-2600 (M-F, 9:00 a.m.-5:00 p.m. ET)

Telephone reservations are accepted for the Pre-Courses, Internal Medicine Meeting 2018, Waxman Center, and the Guest Activities Program.

#### Payment

Payment in full is required. Make check or money order payable to ACP. Must remit in U.S. funds drawn on a U.S. bank. If paying by credit card (Visa, MasterCard, American Express, or Discover), provide complete credit card information, including the authorizing signature, expiration date, and security code. Registration forms are not processed without payment.

# **Registration Category**

Registrants who are nonmember Fellowship Trainees, Residents, Interns, or nonmember Medical Students must verify their status by including a business card or a letter signed by an appropriate program director or supervisor on official letterhead. The letter must be faxed or mailed with the registration form. If verification is not included, the full nonmember registration fee will be charged. Registration fees are nontransferable.

# **Meeting Confirmation**

Check your meeting confirmation carefully to verify ticket assignment(s). Tickets that do not appear on your confirmation were not assigned because of a completely filled session or a scheduling conflict. If you did not receive your confirmation, please call Member and Customer Service. If you need to change a course or make an adjustment, it must be done before registration packets are mailed, otherwise it will be necessary to handle changes onsite. Please allow additional time.

# **Early Registration Instructions**



# **Cancellation/Refund Policy**

Notice of registration cancellation for Internal Medicine Meeting 2018, Guest Registration, and Pre-Courses must be in writing via mail, fax, or e-mail. Cancellations will not be accepted by telephone. Postmark, fax, or e-mail date will determine the amount of refund according to the following schedule:

By December 31, 2017: Full refund.

January 1, 2018-April 4, 2018: Refund registration amount less \$100 administrative fee.

After April 4, 2018: No refund.

Refunds will not be issued at Internal Medicine Meeting 2018. A refund that results from a cancellation or change to your registration will be returned to the name on the registration form and in the original method of payment.

# Clinical Skills Workshops Cancellation Policy

You must cancel by April 4, 2018 to receive a refund for Waxman Center activities. No refunds will be provided for cancellations received after April 4th.

# **Registration Packet**

Registrations received by January 31 will receive a registration packet in the mail. U.S. residents will receive their registration package by First-Class Mail.

#### The packet will contain:

- Welcome letter
- Badge
- Purchased Pre-Course and/or Waxman Center tickets

For registrations received after December 31, you will not receive your packet in the mail. Badge and tickets will be available at the "Print Badge Here" counters in the Physician Registration area, located on site.

# Industry-Supported Presentations and Exhibitor Mailings

If you do not want to receive mailings from exhibitors and presentation sponsors, please be sure to mark the registration form appropriately.

# Persons with a Disability

Advance notification is essential for us to better serve you. Mark the appropriate box on the registration form. Attach a written description of your needs with the registration form. Please forward this information in writing before January 31. An ACP Convention staff person will contact you to discuss how we can accommodate your request.

# Not an ACP Member?

Members receive a substantial discount on Internal Medicine Meeting 2018 registration fees. Call ACP Member and Customer Service at 800-ACP-1915, ext. 2600, or 215-351-2600 (M-F, 9:00 a.m.-5:00 p.m. ET) for membership information.

# Meeting Objectives, CME Information, and ABIM MOC Points

#### Internal Medicine Meeting 2018 Program Objectives

At the conclusion of Internal Medicine Meeting 2018, participants should be able to:

- Assess recent advances in clinical medicine and related sciences in light of the supporting evidence.
- Implement changes in clinical practice in accordance with these advances to improve patient care.
- Improve their clinical skills in performing the physical examination, communicating with patients, and managing clinical information.
- Evaluate changes in the external practice environment and their potential impact on medical practice and patient care, and implement improvements as needed.

#### Continuing Medical Education (CME) Credit and ABIM Maintenance of Certification (MOC) Points

The American College of Physicians (ACP) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education (CME) for physicians.

The ACP designates each live activity for the number of AMA PRA Category 1 Credit(s)™ listed below. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Internal Medicine Meeting 2018 30.5 AMA PRA Category 1 Credits™

#### Internal Medicine Meeting 2018 Pre-Courses

One-day Pre-Courses, 7 AMA PRA Category 1 Credits™ Two-day Pre-Courses, 14 AMA PRA Category 1 Credits™ The American Medical Association has determined that physicians not licensed in the United States who participate in this CME activity are eligible for AMA PRA Category 1 Credit(s)<sup>TM</sup>.

The Royal College of Physicians and Surgeons of Canada recognizes conferences and workshops held outside of Canada that are developed by a university, academy, hospital, specialty society, or college as automatically approved as accredited group learning activities.

#### ABIM Maintenance of Certification (MOC) Points

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 30.5 medical knowledge points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. By completing a brief Learner Assessment survey following Internal Medicine Meeting 2018, meeting attendees can earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

#### Attend Internal Medicine Meeting 2018–Fulfill State CME Requirements

Attending Internal Medicine Meeting 2018 is an excellent way to fulfill your state CME relicensure requirements. Internal Medicine Meeting 2018 meets broad-based state CME requirements, as well as specific content requirements mandated by some states (for example, ethics, pain management, and patient safety). Contact your state medical board for information on specific requirements in your state.

#### **Registration Form** • Internal Medicine Meeting 2018 • April 19-21 Pre-Courses April 17-18 • New Orleans, LA

ACP #		NPI #	
(Name) First	MI	Last	☐ MD ☐ DO ☐ Other
Street Address			Check here if new address
City		State/Province	ZIP/Postal
Country			
E-mail Address		Daytime Phone	



Persons with a disability: Please attach a written description of your needs to the registration form.

Please do not share my mailing address with exhibitors and Industry-Supported Presentations.

#### Market Code: IM1812

Instructions:

1. Se	1. Select Registration Category for Internal Medicine Meeting 2018. Key: Cost if you register before 1/31/2018 Cost if you register on/after 2/					
~	Registration Categories	Register before 1/31/2018	Register on/after 2/1/2018	Cost \$		
1	MACP, FACP, ACP Member, Nonmember Resident* or Research Fellow* (International High Income Countries)	\$679	\$759			
2	ACP Resident/Fellow Member	\$289	\$289			
3	Life Member, ACP Medical Student Member	Free	Free			
4	All other Nonmembers	\$999	\$999			
(5)	Medical Student Nonmember	\$149	\$149			
*Ve	*Verification letter required. <b>1. Internal Medicine Meeting 2018 Total</b>					

#### 2. Select the Pre-Courses you wish to attend. See pages 10-18 for Pre-Course descriptions.

~	Pre-Courses		Registration Category (See category chart above)								
luesd	uesday		1		(	2		3		(4)	
	PRE 1801	Dermatology for the Internist									
	PRE 1802	Diabetes for the Internist	\$229	\$229 \$309	\$129	\$209	\$229	\$309	\$389	\$469	
	PRE 1803	Perioperative Medicine 2018									
Vedr	nesday	·		•							
	PRE 1804	Advances in Therapy									
	PRE 1805	Cardiology for the Internist 2018: The Key Points									
	PRE 1806	Hospital Medicine: From Admission to Discharge									
	PRE 1807	Neurology for the Internist	\$229	\$309	\$129	\$209	\$229	\$309	\$389	\$469	
	PRE 1808	MACRA, MIPS, and APMs: Strategies for Success Within the Quality Payment Program	-								
	PRE 1809	QI Champion Training: Transforming Your Practice to Improve Patient Outcomes, Increase Efficiency, Maximize Reimburse- ment, and Increase Joy in Practice									
lueso	day and Wedne	esday			-	-					
	PRE 1810	Critical Care Medicine	¢ 4 E O	¢5.20	¢250	¢220	¢ 4 E Q	¢r.20	¢770	¢0F0	
	PRE 1811	Update in General Internal Medicine and MOC Exam Prep	\$458	\$538	\$258	\$338	\$458	\$538	\$778	\$858	
	PRE 1812	Point-of-Care Ultrasound for Internists and Hospitalists	\$959	\$1,126	\$802	\$959	\$959	\$1,126	\$1,439	\$1,439	
									2. Pre-Cour	se Total	

To register for the Waxman Clinical Skills Center activities, visit im 2018. acponline.org/clinical skills after you have registered for the meeting.



#### **3. Guest Program Registration**

Guest Program entitles you to 3 days' entrance into the Exhibit Hall. For full Guest Program benefits, visit im2018.acponline.org.

(Name) First MI	Last		Name(s) as they should appear on badge(s)	Fee	Breakfast Circle One	Cost \$
Guest of (Registered Physician's Na	me and ACP #)			\$50/person	ΥN	
			Additional Guests			
Street Address				\$50/person	Y N	
City	State/Province	ZIP/Postal		\$50/person	ΥN	
Country				\$50/person	ΥN	
country				\$50/person	ΥN	
Daytime Phone	E-mail Address		3. Guest Program Total			

#### 4. Exhibit Hall Attendee Registration: Must be 12 years or older to enter Exhibit Hall.

Entitles you to 1 days' entrance into the Exhibit Hall. For full Exhibit Hall Attendee benefits, visit im2018.acponline.org.

(Name) First	MI	Last		
Guest of (Registered	Physician's Name and	1 ACP #)		+
Street Address				+
City		State/Province	ZIP/Postal	ŀ
Country				ſ
Daytime Phone		E-mail Address		L
Payment Op	tions			
□ Check enclosed.	(Payable to ACP. Mu	st remit in U.S. funds drawn on a	U.S. bank.)	Γ
Charge to:			VER	ŀ
				F

Expiration Date (MM/YY)

Security Code

Day	Fee	# of Tickets per Day	Cost \$
Thursday, 4/19	\$45		
Friday, 4/20	\$45		
Saturday, 4/21	\$45		

1. Internal Medicine Meeting 2018 Total	
2. Pre-Course Total	
3. Guest Program Total	
4. Exhibit Hall Attendee Total	
GRAND TOTAL	\$

#### Cancellation

Card Number

Signature

Notice of cancellation for the meeting and/or Pre-Courses must be made in writing (fax, mail, or e-mail).

Received by 12/31/17	Full Refund		
1/1/2018-4/4/18	Refund Less \$100 Admin Fee		
After 4/4/18	No Refund		

# **& BY PHONE**

(Credit card only) 800-ACP-1915, ext. 2600 215-351-2600 (M-F, 9 a.m.-5 p.m. ET)



(Credit card only) 215-351-2799 24 Hours a Day

# Notice of cancellation for Guest Program or Exhibit Hall attendee registration must be made in writing (fax, mail, or e-mail).

Received by 4/4/18	Refund Less \$25 Administrative Fee		
After 4/4/18	No Refund		

**BY MAIL** 

(Check or credit card) AC002 American College of Physicians 190 N. Independence Mall West Philadelphia, PA 19106 USA



(Credit card only) im2018.acponline.org Refer to Priority Code IM1812

# **Housing and Travel**



onPeak serves as the official housing service provider for Internal Medicine Meeting 2018. All rooms are reserved on a first-come, firstserved basis. Make your hotel reservations early to guarantee rates and availability.

# **Reservations Online**

To make your reservations online, visit im2018.acponline.org/travel and click on the hotel link. You will be able to see which hotels have availability for the dates of your stay, make your reservations, and immediately receive your onPeak confirmation ID number.

# **Reservations by Telephone**

Telephone reservations will be accepted Monday through Friday, 9:00 a.m.-7:00 p.m. ET. Call onPeak toll-free at 855-210-6091. Telephone reservations must be guaranteed with a major credit card.

# Confirmations

Attendees who make their reservations online will receive a confirmation ID number at the end of the reservation process. A reservation is not complete until a confirmation ID number appears on the screen. All attendees are responsible for paying room fees and tax upon checkout. Attendees who make their reservations via telephone will receive a confirmation ID number by e-mail. Contact onPeak directly if you do not receive this number.

#### Changes

Call onPeak at 855-210-6091 before March 23, 2018, to change your reservation without penalty.

#### Cancellations

If you need to cancel your hotel reservation prior to your arrival, call onPeak at 855-210-6091 as soon as you know that your plans have changed. Cancellations made before the housing registration deadline incur no penalties; if you cancel after the housing deadline, your credit card will be charged in accordance with the individual hotel's cancellation policy. Please review your onPeak confirmation for your hotel's cancellation policy.

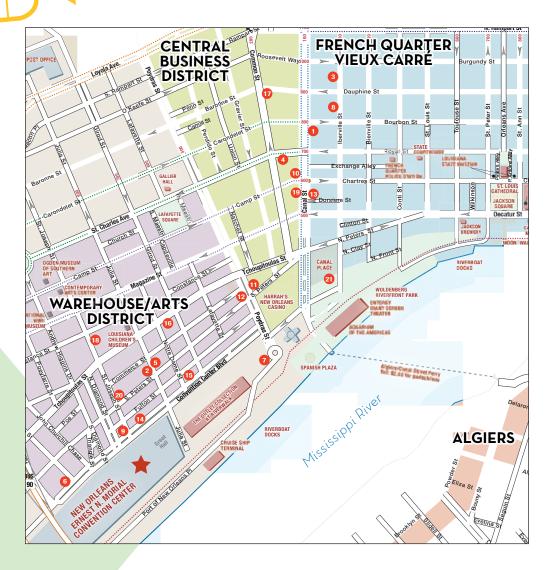
# Americans with Disabilities Act र्द

Please be sure to inform onPeak if you require special accommodations.

# **Travel Information**

United Airlines, Delta Airlines, and Avis car rental offer discounted rates for Internal Medicine Meeting 2018. For details and booking information, please visit im2018.acponline.org/ travel.

# **New Orleans Hotel Information**





# **New Orleans Hotel Information**

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Hot	el		Single	Double
1	Astor Crown Plaza		\$260.00	\$280.00
2	Courtyard New Orleans Downto Convention Center	wn	\$225.00	\$225.00
3	Courtyard New Orleans Downto Iberville	wn	\$235.00	\$235.00 (King only)
4	Courtyard New Orleans French	Quarter	\$230.00	\$230.00
5	Embassy Suites by Hilton New Orleans Convention Cente	r	\$240.00	\$240.00
6	Hampton Inn and Suites Conver	ntion Center	\$239.00	\$249.00
7	Hilton New Orleans Riverside	Standard View	\$277.00 \$287.00	\$27700 \$287.00
8	Hyatt Centric French Quarter		\$269.00	\$269.00
9	Hyatt Place Convention Center		\$259.00	\$259.00
10	JW Marriott New Orleans		\$275.00	\$275.00
11	La Meridien New Orleans		\$289.00	\$289.00
12	Loews New Orleans Hotel		\$279.00	\$279.00
13	New Orleans Marriott (Headquarter Hotel)	Standard View	\$279.00 \$299.00	\$279.00 \$299.00
14	New Orleans Downtown Marriott Convention Center		\$279.00	\$279.00
15	Omni Riverfront Hotel		\$259.00	\$259.00
16	Renaissance New Orleans Arts H	lotel	\$269.00	\$269.00
17	Renaissance New Orleans Pere N	Marquette	\$235.00	\$235.00
18	Residence Inn New Orleans Downtown		\$230.00	\$230.00 (King only)
19	Sheraton New Orleans Hotel	Standard View	\$259.00 \$269.00	\$259.00 \$269.00
20	Spring Hill Suites Downtown		\$230.00	\$230.00
21	Westin New Orleans Canal Place	9	\$299.00	\$299.00

# LOOK INSIDE FOR EARLY BIRD RATES



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