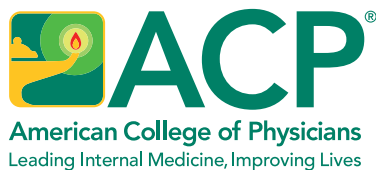


# Scientific Program

Internal Medicine Meeting 2016  
May 5-7, 2016 • Washington, DC



# Shuttle Schedule

**Please Note: There will be no midday shuttle service.**

This schedule is also available at your hotel and at the Walter E. Washington Convention Center (WWCC). Complimentary shuttle service is provided for all participants at regular intervals to and from the WWCC and participating hotels during the morning and afternoon hours. Schedule subject to change based on traffic conditions.

Tuesday	5/3/2016	6:15-9:00 a.m. • 3:00-6:00 p.m.	Every 30 minutes
Wednesday	5/4/2016	6:15-9:00 a.m. 1:00-6:00 p.m.	Every 30 minutes Every 15 minutes
Thursday	5/5/2016	6:15-9:45 a.m. • 3:30-9:00 p.m.	Every 10-15 minutes
Friday	5/6/2016	6:15-9:45 a.m. • 3:30-6:30 p.m.	Every 10-15 minutes
Saturday	5/7/2016	6:15-9:45 a.m. • 3:30-7:00 p.m. Noon-3:30 p.m.	Every 10-15 minutes Every 30 minutes

Route Name/Color	To/From WWCC	Pick up Point L Street Shuttle Stand/North side
Route A-Pink	Donovan House	Near Entrance on 14th Street
Washington Plaza	On Thomas Circle	
DoubleTree Washington	Curbside on Rhode Island Avenue	
Hotel Rouge	Use DoubleTree stop on Rhode Island Ave.	
Hotel Topaz	Use DoubleTree stop on Rhode Island Ave.	
Beacon Hotel	Curbside on Rhode Island Avenue	
The Mayflower	17th Street Entrance	
Route B-Green	Westin City Center	Across M Street from hotel
Loews Madison Hotel	Use Westin City Center stop	
Fairfax at Embassy Row	21st Street side of hotel	
Hotel Palomar	Use Fairfax stop on 21st Street	
St. Gregory	Across 21st Street from hotel	
Route C-Blue	Hotel Monaco	Near front entrance
JW Marriott	Pennsylvania Avenue entrance	
W Hotel Washington	Use JW Marriott stop on Pennsylvania Avenue	
Marriott Metro Center	Curbside near entrance	
Grand Hyatt	Use Marriott Metro stop on 12th Street	
Hilton Garden Inn	Near entrance on 14th Street	
Sofitel Hotel	Use Hilton Garden Inn stop on 14th Street	
Route D-Orange	Hyatt Place Washington	Curbside near entrance DC/U.S. Capitol
Washington Court	Curbside near entrance on New Jersey Ave.	
Hotel Liaison	Use Washington Court stop on New Jersey Ave.	
Phoenix Park	Use Washington Court stop on New Jersey Ave.	
Capital Hill Hotel	Near front entrance	
Holiday Inn Washington Capital	C Street near entrance	

The hotels listed below are within walking distance of the WWCC and are not serviced by the shuttle:  
 Marriott Marquis • Washington Renaissance • Embassy Suites Convention Center • Hampton Inn Convention Center •  
 Cambria Suites • Fairfield Inn & Suites • Morrison Clark Inn • Henley Park

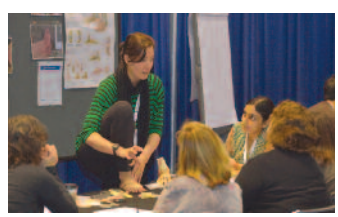
# MOC Points

**ACP's Internal Medicine Meeting 2016 offers many options for earning Medical Knowledge points for the ABIM Maintenance of Certification program.**



## 1 MOC Modules

Earn up to 30 MOC points by attending the meeting and completing online multiple-choice question modules based on content presented.



## 2 Herbert S. Waxman Clinical Skills Center

Earn 2 MOC points per workshop for your participation in each eligible activity.



## 3 ABIM MOC Learning Session Pre-Courses

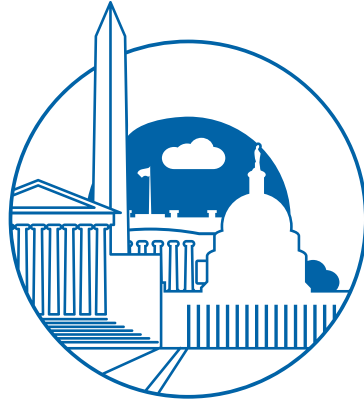
Complete ABIM Update modules in Internal Medicine and Hospital Medicine through group discussion led by expert faculty.

Visit [im2016.acponline.org/IM1613](http://im2016.acponline.org/IM1613) for more information.



May 5-7, 2016  
Washington, DC

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## Legend

**CC** Walter E. Washington Convention Center (WWCC)

**HQ** Marriott Marquis (Headquarter Hotel)

**R** Reservations required

**🎧** Recordings available for purchase

**S** Fulfills state-specific CME requirements

Rooms are subject to change. Changes will be posted outside of assigned meeting rooms.

All sessions are held in the Walter E. Washington Convention Center unless otherwise indicated.

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Any use of program content, the name of a speaker and/or program title, or the name of ACP without the written consent of ACP is prohibited. For purposes of the preceding sentence, "program content" includes, but is not limited to, oral presentations, audiovisual materials used by speakers, program handouts, and/or summaries of the same. This rule applies before, during, and after the meeting.



## Welcome to Internal Medicine Meeting 2016!

We are pleased that you are present for the premier internal medicine annual meeting and scientific session here in our nation's beautiful capital—Washington, DC. The excitement is surging as we gather from 50-plus states and territories and from nations around the world for this dynamic, one-of-a-kind educational experience.

Internal Medicine Meeting 2016 offers a multidimensional format with a wide selection of scientific sessions, opportunities for hands-on learning, interactive workshops, and numerous networking events. This broad framework offers you a great deal of flexibility in scheduling a productive internal medicine experience during your days at the meeting.

I encourage you to visit the Herbert S. Waxman Clinical Skills Center during the meeting—the small-group activities and self-guided learning tours provide valuable experience in performing common procedures, honing diagnostic skills, and updating your physical examination technique.

I suggest that you take some time to explore the Exhibit Hall and become familiar with the latest innovations in products and services that aid both general internists and subspecialists in their daily clinical activities. There are also a number of learning activities that take place in the Exhibit Hall that I encourage you to investigate. In addition, the meeting offers numerous networking opportunities, giving you ample time to meet and connect with your peers and share experiences and ideas to better care for your patients and communities.

If you are an avid social media user, please share your meeting experiences in “real time” using Twitter, Facebook, and Instagram. You can follow ACP on Twitter ([twitter.com/acpinternists](https://twitter.com/acpinternists)) and Facebook ([facebook.com/acpinternists](https://facebook.com/acpinternists)) by using the hashtag #im2016 when tweeting about the meeting.

The nation's capital sets a wonderful backdrop for the 2016 meeting. There is much to see and do, including awe-inspiring national monuments, unique neighborhoods, impressive museums, plentiful shopping venues, and fine dining in world-class restaurants. Be sure to get out and about to enjoy all that this wonderful city has to offer.

You have my best wishes for a thoroughly enjoyable Internal Medicine Meeting 2016 experience!

A handwritten signature in black ink, appearing to read 'Wayne J. Riley', with a stylized flourish at the end.

Wayne J. Riley, MD, MPH, MBA, MACP  
President, American College of Physicians

## Internal Medicine Scientific Program Committee

The following individuals were instrumental in developing the Scientific Program. Their hard work and expertise are evident throughout the program.

Janet P. Pregler, MD, FACP, Chair  
George L. Bakris, MD, FACP, FASH  
John B. Bulger, DO, MBA, FACP  
Cynthia A. Burns, MD, FACP  
Brooks D. Cash, MD, FACP  
Elisa I. Choi, MD, FACP  
Daniel Glen Federman, MD, FACP  
Lisa Granville, MD, FACP, AGSF  
David P. Gurka, MD, PhD, FACP, FCCP  
Peter W. Marks, MD, PhD, FACP  
Geno J. Merli, MD, MACP, FHM, FSVM  
Jordan Messler, MD, SFHM, Member  
Sally W. Pullman-Mooar, MD, FACP, FACR  
Nicholas J. Ruggiero II, MD, FACP, FACC, FSCAI, FSVM, FCCPP

## ACP Committees and Councils

The College wishes to thank the following ACP Committees and Councils for their assistance in planning and presenting portions of the Scientific Program.

Clinical Guidelines Committee  
Clinical Skills Committee  
Council of Early Career Physicians  
Council of Resident/Fellow Members  
Council of Student Members  
Ethics, Professionalism, and Human Rights Committee  
Health and Public Policy Committee  
International Council  
Medical Informatics Committee  
Medical Practice and Quality Committee  
Membership Committee  
Multiple Small Feedings of the Mind Work Group  
Volunteerism Committee  
*Disclosure information for Committee and Council members appears on pages 171-180.*



## Keynote Speaker

### Sylvia Mathews Burwell

US Secretary of Health & Human Services (HHS)

Sylvia Mathews Burwell was sworn in as the 22nd Secretary of Health & Human Services on June 9, 2014.

Secretary Burwell is committed to the mission of ensuring that every American has access to the building blocks of healthy and productive lives.

## Internal Medicine Meeting 2016 Program Objectives

At the conclusion of Internal Medicine Meeting 2016, participants should be able to:

- Assess recent advances in clinical medicine and related sciences in light of the supporting evidence.
- Implement changes in clinical practice in accordance with these advances to improve patient care.
- Improve their clinical skills in performing the physical examination, communicating with patients, and managing clinical information.
- Evaluate changes in the external practice environment and their potential impact on medical practice and patient care, and implement improvements as needed.

## Continuing Medical Education (CME) Credit

The American College of Physicians (ACP) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education (CME) for physicians.

The ACP designates each live activity for the number of *AMA PRA Category 1 Credit(s)*<sup>™</sup> listed below. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Internal Medicine Meeting 2016

31 *AMA PRA Category 1 Credit(s)*<sup>™</sup>

## Internal Medicine Meeting 2016 Pre-Courses

Half-day Pre-Courses, 3.5 *AMA PRA Category 1 Credit(s)*<sup>™</sup>

One-day Pre-Courses, 7 *AMA PRA Category 1 Credit(s)*<sup>™</sup>

Two-day Pre-Courses, 14 *AMA PRA Category 1 Credit(s)*<sup>™</sup>

The American Medical Association has determined that physicians not licensed in the United States who participate in this CME activity are eligible for *AMA PRA Category 1 Credit(s)*<sup>™</sup>.

The Royal College of Physicians and Surgeons of Canada recognizes conferences and workshops held outside of Canada that are developed by a university, academy, hospital, specialty society, or college as automatically approved as accredited group learning activities.



**MOC Modules**  
[im2016.acponline.org/MOC](http://im2016.acponline.org/MOC)

## How to Claim CME Credit

Claim CME credit for your participation in Internal Medicine Meeting 2016 by completing your CME Documentation Forms online at [im2016.acponline.org/CME](http://im2016.acponline.org/CME).

A transcript of your participation in College-sponsored CME activities is available online as a benefit of ACP membership. The online listing compiles all CME credit earned for the last 6 years. Credit claimed electronically for your participation in Internal Medicine Meeting 2016 will appear on your transcript in the next 24 business hours.

A number of states require CME credit in specific content areas for licensure renewal. (See pages 7-11 for details.) To help physicians meet these requirements, letters of participation documenting attendance at these sessions are available online at [im2016.acponline.org/CME](http://im2016.acponline.org/CME).

For more information about CME credit, stop by the registration area or contact Member and Customer Service at 800-523-1546, ext. 2600 (M-F, 9 a.m.-5 p.m. ET).

need to brush up on. Questions are cross-referenced to scientific program sessions. Identify the sessions you'll want to attend at Internal Medicine Meeting 2016 based on your individual learning needs.

On May 9, 2016, the live version of the modules will be available online to Internal Medicine Meeting 2016 attendees at [im2016.acponline.org/MOC](http://im2016.acponline.org/MOC). Sign in with your ACP Online user name. Complete one, two, or three modules. Successful completion of a module—a score of 60% or higher—qualifies for 10 ABIM MOC points. Earn up to a total of 30 MOC points. Modules must be completed by April 30, 2017.

Each 30-question module spans a broad range of clinically relevant topics, to be covered in the Scientific Program.

## Herbert S. Waxman Clinical Skills Center

Earn additional MOC points by participating in a number of hands-on workshops in the Herbert S. Waxman Clinical Skills Center. Attendees will be able to claim 2 MOC points for each eligible activity. See pages 31-45 for more information.

ACP will submit participant completion information to ACCME for the purpose of granting ABIM MOC points.

## Educational Disclaimer

The primary purpose of Internal Medicine Meeting 2016 is educational. Information presented, as well as publications, technologies, products, and/or services discussed, are intended to inform participants about the knowledge, techniques, and experiences of the faculty who are willing to share such information with colleagues. A diversity of professional opinion exists, and the views of Internal Medicine Meeting 2016 faculty are their own

## Earn MOC Points at Internal Medicine Meeting 2016

### MOC Modules

Internal Medicine Meeting 2016 attendees can earn up to 30 MOC points toward ABIM's Self-Evaluation of Medical Knowledge requirement for Maintenance of Certification (MOC) by attending sessions and completing one, two, or three multiple-choice question modules. There is no additional fee for these points. Modules are now available in the "preview" mode online at [im2016.acponline.org/MOC](http://im2016.acponline.org/MOC). Read through the questions to determine which topics you





and not those of the ACP. Faculty are required to inform the audience if they will be discussing unapproved or investigative use of a commercial product or device. The ACP disclaims any and all liability for damages and claims that may result from participation in courses, sessions, workshops, etc. and/or the use of information, publications, technologies, products, and/or services presented at Internal Medicine Meeting 2016 or distributed in association with the meeting.

## Disclosure

It is the policy of the American College of Physicians (ACP) to ensure balance, independence, objectivity, and scientific rigor in all of its educational activities. To this end, and consistent with the policies of the ACP and the Accreditation Council of Continuing Medical Education (ACCME), all those in a position to control the content for all ACP continuing medical education activities are required to disclose any financial relationships that they have with any entity that produces, markets, resells, or distributes health care goods or services consumed by, or used on, patients. Faculty are asked to use generic names in their discussion of therapeutic

options. If trade name products manufactured by companies with whom they have relationships are to be discussed, faculty are asked to provide evidence-based citations in support of the discussion. This information is reviewed by individuals who provide oversight for portions of the scientific program and, if necessary, adjustments are made to the topic or faculty to balance the discussion. Further, all participants are asked to evaluate each session for commercial bias so that future decisions about content and faculty are made in light of this information.

ACP is grateful for the support it received from industry for Internal Medicine Meeting 2016. All grants and in-kind contributions are acknowledged on pages 12-14.

All Internal Medicine Meeting 2016 activities designated for category 1 credit are planned by the ACP Internal Medicine Scientific Program Committee and other College committees and councils. Choice of CME topics and selection of faculty is made independent of commercial influence. Disclosure information for committee and council members and faculty appears on pages 149-180.



## Attend Internal Medicine Meeting 2016–Fulfill State CME Requirements

Attending Internal Medicine Meeting 2016 is an excellent way to fulfill your state CME relicensure requirements. Internal Medicine Meeting 2016 meets broad-based state CME requirements, as well as specific content requirements mandated by some states. The American Medical Association compiles a list of CME requirements by state at [www.ama-assn.org/go/pr](http://www.ama-assn.org/go/pr). Contact your state medical board for information on specific requirements in your state.

### Bioterrorism • *Rhode Island*

#### Disaster Management and Preparedness: Lessons from the Field

MTP 035	Friday	4:30-5:30 p.m.	Salon G-I
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#### Sustainable Health Care After a Disaster

PN 009	Saturday	11:15 a.m.-12:45 p.m.	Room 151
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### Cultural Competence • *Connecticut, New Jersey*

#### Addressing Clinical Care of Lesbian, Gay, Bisexual, and Transgender (LGBT) People

PN 007	Friday	11:15 a.m.-12:45 p.m.	Room 151
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#### Ethics, Law, and Shared Decision Making: Multicultural Approaches to End-of-Life Care

PN 021	Saturday	2:15-3:45 p.m.	Room 150
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### Domestic Violence/Sexual Assault/Child and Dependent Abuse • *Connecticut, Florida, Iowa, Kentucky, New York*

#### Posttraumatic Stress Disorder

MTP 077	Thursday	7:00-8:00 a.m.	Ballroom B
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### Electronic Health Records • *Massachusetts*

#### Changing EHRs, Changing Practices

PN 031	Friday	2:15-3:45 p.m.	Room 103
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#### EHR Optimization for Internists: Improving Outcomes, Quality, and Safety for Populations of Patients with Chronic Conditions

PN 032	Saturday	2:15-3:45 p.m.	Room 103
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#### EHRs and Medical Students: Best Practices and Barriers for Teaching EHR Documentation and Use

PN 033	Thursday	7:00-8:00 a.m.	Room 103
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#### Ethics and EHRs: Best Practices for Patient Care and Training

PN 027	Saturday	11:15 a.m.-12:45 p.m.	Room 150
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# Fulfill State CME Requirements

**End-of-Life and Palliative Health Care** • *California, Iowa, Massachusetts, Oregon, Rhode Island, Vermont, West Virginia*

**End-of-Life Planning: Having the Conversation, Making the Plan**

WSO 004 Thursday 4:30-5:30 p.m. Room 147

**Ethics, Law, and Shared Decision Making: Multicultural Approaches to End-of-Life Care**

PN 021 Saturday 2:15-3:45 p.m. Room 150

**Palliative Care in the Hospital: Issues at the End of Life**

MTP 049 Saturday 8:15-9:15 a.m. Room 143

**Palliative and End-of-Life Care**

MTP 070 Friday 8:15-9:15 a.m. Salon G-I

**When Someone Else Must Decide: Surrogate Decision Making in Clinical Practice—Ethical Challenges Role Play**

PN 029 Friday 2:15-3:45 p.m. Room 143

**Ethics/Professional Responsibility** • *Florida, Nevada, Rhode Island, Texas*

**A Return to Bedside Medicine: Countering the Hidden Curriculum**

PN 026 Saturday 8:15-9:15 a.m. Salon G-I

**Ethics Year in Review**

PN 028 Thursday 2:15-3:45 p.m. Room 143

**Ethics and EHRs: Best Practices for Patient Care and Training**

PN 027 Saturday 11:15 a.m.-12:45 p.m. Room 150

**Ethics, Law, and Shared Decision Making: Multicultural Approaches to End-of-Life Care**

PN 021 Saturday 2:15-3:45 p.m. Room 150

**High-Value International Care: How Other Countries Are Choosing Wisely in Using Limited Health Care Resources**

PN 012 Thursday 2:15-3:45 p.m. Room 150

**When Someone Else Must Decide: Surrogate Decision Making in Clinical Practice—Ethical Challenges Role Play**

PN 029 Friday 2:15-3:45 p.m. Room 143

**Geriatric Medicine** • *California*

**Debriding the Medication List: Reducing Polypharmacy in the Elderly**

MTP 010 Friday 4:30-5:30 p.m. Room 151

**Dementia: Key Issues for Mild, Moderate, and Late Stages**

MTP 022 Saturday 2:15-3:45 p.m. Salon G-I

**End-of-Life Planning: Having the Conversation, Making the Plan**

WSO 004 Thursday 4:30-5:30 p.m. Room 147

**Ethics, Law, and Shared Decision Making: Multicultural Approaches to End-of-Life Care**

PN 021 Saturday 2:15-3:45 p.m. Room 150

## Geriatric Medicine (cont.)

### Evidence-Based Geriatric Assessment: In Search of the Fountain of Youth

MTP 023 Thursday 4:30-5:30 p.m. Ballroom C

### Geriatrics for the Hospitalist

MTP 038 Thursday 11:15 a.m.-12:45 p.m. Room 151

### Great Coronaries but Rusty Joints: Managing Osteoarthritis Pain in the Elderly

MTP 083 Friday 9:30-10:30 a.m. Ballroom C

### Oropharyngeal Dysphagia: When Feeding and Swallowing May Be Hazardous

MTP 024 Friday 4:30-5:30 p.m. Room 143

### Osteoporosis: Ongoing Controversies

MTP 015 Thursday 2:15-3:45 p.m. Ballroom B

### Palliative and End-of-Life Care

MTP 070 Friday 8:15-9:15 a.m. Salon G-I

### Palliative Care in the Hospital: Issues at the End of Life

MTP 049 Saturday 8:15-9:15 a.m. Room 143

### Sexual Disorders in Aging Women

PN 043 Friday 9:30-10:30 a.m. Room 151

### Update in Geriatric Medicine

UD 005 Saturday 9:30-10:30 a.m. Room 146

### Urinary Incontinence in Women

MTP 095 Friday 8:15-9:15 a.m. Room 152

### When Someone Else Must Decide: Surrogate Decision Making in Clinical Practice—Ethical Challenges Role Play

PN 029 Friday 2:15-3:45 p.m. Room 143

## HIV/AIDS • *District of Columbia, Florida, Kentucky*

### HIV 2016

MTP 062 Saturday 4:00-5:00 p.m. Room 143

## Infectious Diseases/Infection Control • *Connecticut, New York, Rhode Island*

### Antibiotic Prophylaxis and Screening for Infections: Current Concepts and an Evidence-Based Approach

MTP 060 Thursday 7:00-8:00 a.m. Ballroom C

### Common Ambulatory Genitourinary and Sexually Transmitted Infections

MTP 061 Saturday 8:15-9:15 a.m. Ballroom C

### Emerging Infectious Diseases: An International Perspective on Ebola

PN 030 Friday 11:15 a.m.-12:45 p.m. Salon A-C

# Fulfill State CME Requirements

## Infectious Diseases/Infection Control (cont.)

### HCAP: Latest Evidence

MTP 040 Saturday 7:00-8:00 a.m. Ballroom A

### HIV 2016

MTP 062 Saturday 4:00-5:00 p.m. Room 143

### Hospital-Acquired Infections: *C. difficile*, MRSA, and Emerging Infections

MTP 109 Saturday 2:15-3:45 p.m. Salon A-C

### Pitfalls and Pearls of Common Outpatient Infections

MTP 063 Friday 7:00-8:00 a.m. Ballroom C

### Sepsis

MTP 055 Thursday 2:15-3:45 p.m. Salon A-C

### Understanding and Implementing Vaccinations in Your Practice

PN 041 Saturday 7:00-8:00 a.m. Room 147

### Update in Infectious Disease

UD 008 Saturday 7:00-8:00 a.m. Room 146

### Vector-Borne Infections in the United States

MTP 064 Saturday 9:30-10:30 a.m. Ballroom C

**Pain Management** • *California, Iowa, Massachusetts, New Mexico, Ohio, Oregon, Rhode Island, Tennessee, Texas, Vermont, West Virginia*

### Great Coronaries but Rusty Joints: Managing Osteoarthritis Pain in the Elderly

MTP 083 Friday 9:30-10:30 a.m. Ballroom C

### Low Back Pain: Diagnosis and Management

MTP 084 Saturday 8:15-9:15 a.m. Hall C

### Recognizing and Managing Central Pain Syndromes: Where the Body Meets the Brain

MTP 087 Saturday 4:00-5:00 p.m. Ballroom B

### Toward Safer and More Effective Opioid Prescribing: CDC Guideline for Prescribing Opioids for Chronic Pain, 2016

PN 046 Friday 8:15-9:15 a.m. Room 151

**Patient Safety/Risk Reduction/Risk Management/Prevention of Medical Errors** • *Connecticut, Florida, Massachusetts, Pennsylvania*

### Creating a Teamwork Culture in the Hospital

PN 001 Friday 2:15-3:45 p.m. Salon A-C

### Diagnostic Reasoning and Diagnostic Error: Can We Improve Our Thinking?

MTP 110 Saturday 9:30-10:30 a.m. Room 145

### EHR Optimization for Internists: Improving Outcomes, Quality, and Safety for Populations of Patients with Chronic Conditions

PN 032 Saturday 2:15-3:45 p.m. Room 103



## Patient Safety/Risk Reduction/Risk Management/Prevention of Medical Errors (cont.)

### Hand-Offs: Safe Transitions, Reducing Unnecessary Readmissions

MTP 039 Thursday 7:00-8:00 a.m. Room 150

### High-Value International Care: How Other Countries Are Choosing Wisely in Using Limited Health Care Resources

PN 012 Thursday 2:15-3:45 p.m. Room 150

### Making the Hospital Safer: What Can Hospitalists Do?

MTP 046 Friday 9:30-10:30 a.m. Salon A-C

### Parsimonious Use of Blood Products in the Hospital

MTP 050 Saturday 4:00-5:00 p.m. Salon A-C

### Perioperative Medicine QA/PI Grand Rounds: What Went Wrong?

PN 044 Friday 11:15 a.m.-12:45 p.m. Ballroom B

### Risk Management Pearls: Improving Patient Safety

MTP 073 Saturday 7:00-8:00 a.m. Salon G-I

### Sepsis

MTP 055 Thursday 2:15-3:45 p.m. Salon A-C

### Top Ten Medication Errors

MTP 011 Thursday 8:15-9:15 a.m. Ballroom B

## Prescribing Controlled Substances • Florida, Oklahoma, Tennessee, Vermont, West Virginia

### Debriding the Medication List: Reducing Polypharmacy in the Elderly

MTP 010 Friday 4:30-5:30 p.m. Room 151

### Medication Treatment for Addictive Disorders

MTP 091 Friday 7:00-8:00 a.m. Room 151

### Top Ten Medication Errors

MTP 011 Thursday 8:15-9:15 a.m. Ballroom B

### Toward Safer and More Effective Opioid Prescribing: CDC Guideline for Prescribing Opioids for Chronic Pain, 2016

PN 046 Friday 8:15-9:15 a.m. Room 151

### Update in New Medications

UD 002 Saturday 2:15-3:45 p.m. Room 146

ACP Wishes to Express Its Appreciation to the Following Companies  
for Their Promotional Support



Job Placement Center



Innovation Theater



Job Placement Center



Job Placement Center



Job Placement Center



Advertising Meter Boards



Job Placement Center



Innovation Theater



Job Placement Center



Daily Refreshment Breaks



Job Placement Center



Innovation Theater  
Exhibit Hall Entrance Unit



Job Placement Center



Aisle Sign  
Job Placement Center



Innovation Theater



Innovation Theater

**locumstory.com**

Daily Refreshment Breaks  
Lanyards



**MERCER**

**MAKE TOMORROW. TODAY**

Early Career Physicians Networking Luncheon  
Fellows and Masters Lounge  
Networking Luncheon for Women Physicians  
Physician and Guest Registration



**Knowledge+**

Aisle Sign  
Scientific Program Ad



**novo nordisk**®

Innovation Theater



Innovation Theater

**PracticeLink**

The Career Advancement Resource for Physicians™

Job Placement Center



**ResMed**

*Changing lives  
with every breath*

Aisle Sign

**Salix** 

PHARMACEUTICALS, INC.  
ADVANCING TREATMENT IN GASTROENTEROLOGY

Innovation Theater

**SANOFI** 

Innovation Theater

Meeting App

**SANOFI PASTEUR** 

Innovation Theater

**SANOFI**  **REGENERON**

Going beyond today

Innovation Theater

**TEAMHealth.**

Daily Refreshment Break  
Job Placement Center

**WELLSTAR.**

 **Medical Group**

Job Placement Center

### Pre-Courses

*Point-of-Care Ultrasound  
for Internists and Hospitalists*

#### **GE Healthcare**

Ultrasound machines

#### **FUJIFILM/Sonosite**

Ultrasound machines

#### **Phillips Healthcare**

Ultrasound machines

#### **SonoSim, Inc.**

Ultrasound simulators

#### **Teleflex**

Ultrasound trays

*Practice Transformation Champion  
Training: Save One Hour or More Each  
Day Leading Team-Based Care*

#### **U.S. Centers for Disease Control and Prevention**

Educational grant

#### **Pfizer**

Educational grant

#### **Teva**

Educational grant

*SAFE Opioid Prescribing: Strategies.  
Assessment. Fundamentals. Education.*

#### **ER/LA Opioid Analgesic REMS Program Companies**

Educational grant

### Clinical Skills Workshops

*A Complete Contraceptive Toolkit:  
Cases and Demos*

#### **Bayer Healthcare Pharmaceuticals**

Pelvic training models

#### **Teva**

Pelvic training models

#### **Herbert S. Waxman**

**Clinical Skills Center**

#### **Brymill Cryogenic Systems**

Liquid nitrogen spray units

#### **GE Healthcare**

Ultrasound machines

#### **Hokanson (D.E. Hokanson Inc.)**

Ankle/brachial index kits

#### **Integra LifeSciences Corporation**

Safety scalpels and biopsy punches

#### **Wallach Surgical**

Ankle/brachial index kits

### Resident/Fellow Abstract Competition

#### **Merck**

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# Overview of Internal Medicine Meeting 2016

Internal Medicine Meeting 2016 is a multifaceted program. To get the most out of your attendance, familiarize yourself with the overall program to determine which programs and activities are most interesting to you.

## Tuesday and Wednesday

### Pre-Courses

Sixteen courses provide in-depth examination of selected topics.

## Thursday-Saturday

### Scientific Program

The heart of Internal Medicine Meeting 2016—more than 200 educational offerings that cover the spectrum of internal medicine.

### Herbert S. Waxman Clinical Skills Center

Multiple opportunities for interactive learning. Update physical examination skills, learn new office-based procedures, try the latest computer software, and more.

### Programs for Early Career Physicians, Residents/Fellows, and Medical Students

An expansive roster of sessions, programs, and ancillary events are offered throughout the meeting. See pages 136-137 for details.

### Exhibits

Explore the Exhibit Hall and its rich collection of resources. Learn about the latest products and services to benefit your practice, patients, and professional development. More than 250 companies are represented.

### College Activities

A range of activities, including the Opening Ceremony, Convocation, the Annual Business Meeting, and Alumni and Chapter/Regional social events, is offered. Also look for a variety of networking receptions.

### Industry-Supported Additional Learning Opportunities

Learn more about new treatment options for common conditions while enjoying a complimentary meal or snack. Throughout the day, CME and non-CME lectures are offered in various locations. See pages 188-193 for the full schedule and locations.

These events are independently organized and are not an official part of the Internal Medicine Meeting 2016 education program.



# Square Peg?

What happens when a real life patient doesn't "fit" current guidelines and the optimal clinical approach is unclear?

Find out with **Beyond the Guidelines**, a new multimedia series from *Annals of Internal Medicine* that is based on Beth Israel Deaconess Medical Center Grand Rounds.

Watch compelling interviews to hear patients describe their situations in their own words. Then watch the experts debate the best care.

## What Would You Do?

- Watch the video of the Grand Rounds session
- Review the slides and article
- Take the reader poll
- Answer the quiz and earn FREE CME credits and MOC points—Exclusive benefit to ACP Members and *Annals* Subscribers

## Beyond the Guidelines

[annals.org/GrandRounds](https://annals.org/GrandRounds)

**Annals of Internal Medicine®**



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Medical Center

Code	Title	Day	Location
PRE 1601	Diabetes for the Internist	Tues	Room 207
PRE 1602	Perioperative Medicine 2016	Tues	Room 145
PRE 1603	Advances in Therapy	Wed	Room 145
PRE 1604	Cardiology for the Internist 2016: The Key Points	Wed	Room 150
PRE 1605	Neurology for the Internist	Wed	Room 207
PRE 1606	Practice Transformation Champion Training	Wed	Room 147
PRE 1607	Critical Care Medicine 2016	Tues & Wed	Room 151
PRE 1608	Point-of-Care Ultrasound for Internists and Hospitalists	Tues & Wed	Ballroom A
PRE 1609	The Art of Leadership	Tues & Wed	Room 143
PRE 1610	Maintenance of Certification Exam Preparation	Tues & Wed	Room 144
PRE 1611	2014 Update in Internal Medicine, Module C0-Q	Tues a.m.	Room 146
PRE 1612	2014 Update in Hospital Medicine, Module 83-Q	Tues p.m.	Room 146
PRE 1613	2015 Update in Internal Medicine, Module C0-R	Wed a.m.	Room 146
PRE 1614	2015 Update in Hospital Medicine, Module 83-R	Wed p.m.	Room 146
PRE 1615	Aesthetic Attention: Art and Clinical Skills	Wed p.m.	National Gallery of Art
PRE 1616	SAFE Opioid Prescribing	Wed p.m.	Room 202

#### Please Note:

- *Two-day Pre-Courses are sold only as two-day events.*
- *Beverage service will not be provided. Beverages, breakfast, and lunch will be available for purchase at several venues in the Convention Center.*
- *See pages 188-193 for a list of complimentary Industry-Supported Lunch Symposia offerings.*

### Diabetes for the Internist

**PRE 1601** Tuesday, 8:00 a.m.-5:00 p.m. • Room 207 

#### Director

*Diana B. McNeill, MD, FACP*

#### Faculty

*Lillian F. Lien, MD, Member*

*Robert E. Ratner, MD, FACP, FACE*

*Tracy L. Setji, MD*

*Jenny Tong, MD, MPH*

*Cary C. Ward, MD*

The management of patients with diabetes can be complicated. There are many new therapies and options for the management of diabetes, including new medications, technology, and surgical options for the appropriate patient. This Pre-Course will discuss the practical prevention and management of diabetes and its complications. Diabetes management issues related to cardiovascular risk modification; diagnosis and management of neuropathy; and high-value, cost-conscious decisions in diabetes management will be presented. Weight loss options for the obese patient with diabetes will be reviewed.

**Learning Objectives:**

1. Diagnose and manage the patient with prediabetes.
2. Discuss cardiovascular risk modification for the patient with diabetes.
3. Review medical options for management and guideline-based decisions in the medical management of patients with type 2 diabetes.
4. Learn to identify and manage the patient with diabetic nephropathy.
5. Review weight loss options for the obese patient with diabetes.

**Perioperative Medicine 2016**

**PRE 1602** Tuesday, 8:00 a.m.-5:00 p.m. • Room 145 

**Director**

*Geno J. Merli, MD, MACP, FHM, FSVM*

**Faculty**

*Margaret M. Beliveau, MD, FACP*

*Kevin J. Furlong, DO*

*James W. Heitz, MD, FACP*

*Gregary D. Marhefka, MD, FACP, FACC*

*Karen F. Mauck, MD, MSc, FACP*

*Gerald W. Smetana, MD, FACP*

*Satya S. Villuri, MD, Member*

*Eugene R. Viscusi, MD*

*Howard H. Weitz, MD, FACC, MACP*

This Pre-Course will provide the opportunity to understand the assessment and management of patients with medical comorbidities undergoing surgical procedures. Particular attention will be placed on preoperative testing, risk assessment and modification strategies, and management of perioperative complications.

Topics will include preoperative testing, presurgical medication management, cardiac and pulmonary risk stratification and modification strategies, postoperative cardiac complications, venous thromboembolism prevention, managing the target-specific anticoagulants, approaching the patient with kidney disease, treating postoperative delirium, and treating common postoperative complications.

**Learning Objectives:**

1. Understand the principles of general, spinal, and regional anesthesia.
2. Review common medications and their management in the perioperative period.
3. Evaluate risk-assessment tools and modification strategies for patients with cardiac and pulmonary disease.
4. Review postoperative complications in the postoperative neurosurgical patient.
5. Review venous thromboembolism prophylaxis in the postoperative period, both acute and extended prevention.
6. Evaluate approaches to identification and management of postoperative delirium.
7. Review pain management for the narcotic-naïve and chronic narcotic user in the perioperative period.
8. Understand the use of target-specific anticoagulants in the perioperative period.

## Advances in Therapy

**PRE 1603** Wednesday, 8:00 a.m.-5:00 p.m. • Room 145 

### Director

*Douglas S. Paauw, MD, MACP*

### Faculty

*Irl B. Hirsch, MD, MACP*

*Michael F. Krug, MD, Member*

*John B. Lynch, MD, MPH*

*Leonard A. Mankin, MD, FACP*

*Kim M. O'Connor, MD, FACP*

*Jeffrey Wallace, MD, MPH, FACP*

This Pre-Course will focus on pearls to help the practicing internist use drug therapies in the most effective manner. Newer medications and new uses for older medications will be covered. Current recommendations for “best therapy” for different diseases will also be covered. Common side effects of medications will be emphasized. Faculty will provide practical information on therapy for psychiatric disease, diabetes, infectious diseases, safely using medications in the elderly, and drug interactions.

### Learning Objectives:

1. Prescribe appropriate drug therapies for diseases commonly seen in the office.
2. Understand the current uses of older drugs and newly released drugs.
3. Review the risk and benefit in drug therapy in the elderly.
4. Gain a better understanding of drug reactions and interactions.

## Cardiology for the Internist 2016: “The Key Points”

**PRE 1604** Wednesday, 8:00 a.m.-5:00 p.m. • Room 150 

### Co-Directors

*David L. Fischman, MD, FACP*

*Howard H. Weitz, MD, FACC, MACP*

### Faculty

*Kelley R. Branch, MD, MSc*

*Matthew DeCaro, MD, FACC*

*Stephen L. Kopecky, MD*

*Paul J. Mather, MD, FACP, FACC*

*Geno J. Merli, MD, MACP, FHM, FSVM*

This Pre-Course will provide a focused update of the diagnostic, preventive, and therapeutic approaches to the patient at risk for, or with known, cardiovascular disease. Expert clinician-educators will focus on the cardiovascular disease issues that internists most frequently encounter and will provide key points to update the audience and foster patient care. Subjects covered will include identification and management of acute and chronic coronary artery disease, optimal treatment of congestive heart failure, risk assessment and risk reduction for the patient with cardiac disease who undergoes noncardiac surgery, approach to the patient with valvular heart disease, use of antiplatelet agents for the patient with coronary artery disease, atrial fibrillation update, deep vein thrombosis prophylaxis and treatment, indications for cardiac catheterization, and challenging cases in antithrombotic and anticoagulant management.



**Learning Objectives:**

1. Develop diagnostic and treatment strategies for patients with coronary artery disease (acute and chronic).
2. Understand the approach to the evaluation and treatment of new-onset congestive heart failure.
3. Understand approaches to effectively decrease hospital readmission for the patient with chronic congestive heart failure.
4. Become familiar with the ACC/AHA guideline on valvular heart disease and its applications to patient evaluation and treatment.
5. Become familiar with the care of the outpatient who has had heart valve repair or replacement.
6. Become familiar with the guidelines for the evaluation and care of the patient with cardiovascular disease who undergoes noncardiac surgery.
7. Understand the approach to prophylaxis of deep vein thrombosis.
8. Become familiar with the treatment of acute deep vein thrombosis.
9. Become familiar with how to manage the patient who requires treatment with both anticoagulants and antiplatelet agents.
10. Learn the indications for cardiac catheterization.
11. Understand the role of ablation in the treatment of the patient with atrial fibrillation.

**Neurology for the Internist**

**PRE 1605** Wednesday, 8:00 a.m.-5:00 p.m. • Room 207 

**Director**

*Martin A. Samuels, MD, DSc (Hon), MACP, FANA*

**Faculty**

*Amie W. Hsia, MD*

*Mark E. Landau, MD*

*Robert Laureno, MD, FACP*

*Fernando Pagan, MD*

Neurologic complaints comprise an important part of the practice of internal medicine, but over the years the exposure to formal neurologic training as part of internal medicine training has waned. This Pre-Course is designed to help internists approach the common neurologic problems seen in their patients and to update them in this rapidly changing field of medicine. A broad view of the spectrum of neurologic disorders seen in the practice of internal medicine will be discussed, including the neurologic history and examination, stroke, dizziness, topics in neuro-ophthalmology, seizures, and movement disorders.

**Learning Objectives:**

1. Take a neurologic history, and perform a competent neurologic examination.
2. Recognize the major types of seizures and how to treat them.
3. Understand the spectrum of dizziness, and be able to make the likely diagnosis.
4. Recognize and treat the major movement disorders.
5. Examine the eyes, and recognize the major neuro-ophthalmology problems.
6. Identify the major stroke emergencies, and initiate appropriate therapy.
7. Recognize the major headache syndromes, and initiate therapy.

## Practice Transformation Champion Training: Save One Hour or More Each Day Leading Team-Based Care

**PRE 1606** Wednesday, 8:00 a.m.-5:00 p.m. • Room 147

### Director

*Doron Schneider, MD, FACP*

### Faculty

*Marie T. Brown, MD, FACP*

*Gregory A. Hood, MD, MACP*

*Robert H. Hopkins Jr., MD, FACP, FAAP*

*Wendi A. Knapp, MD, FACP*

*John H. O'Neill Jr., DO, FACP*


*Christine A. Sinsky, MD, FACP*

More time. It is what every physician wants. Fortunately, practice transformation focused on the implementation of team-based care has been shown to save time for physicians and reinvigorate them and their practice team. This Pre-Course will show physicians how to become effective champions for practice transformation, make the case for transformation to team members and practice leadership alike, serve as leaders in practice transformation, and take concrete steps toward team-based care processes. Through lectures, expert-facilitated small group discussions, coaching, and role-playing, participants will learn how to efficiently manage common clinical conditions, including diabetes, immunizations, chronic pain, cardiovascular risk factors, and heart failure, while improving communication through motivational interviewing. Participants will emerge from the day-long conference with an actionable champion practice transformation plan that will translate into one or more hours of time savings each day in their practice while improving patient care and physician satisfaction.

### Learning Objectives:

1. Review key elements of effective practice transformation—through quality improvement processes, leadership, and change management—and team-based care time-saving practices.
2. Rehearse motivational interviewing and communications strategies with patients as well as practice team members and leaders.
3. Discuss application of team-based strategies to the care of patients with diabetes, chronic pain, cardiovascular disease, and adult immunizations.
4. Develop a plan for time-saving practice transformation, including the possible use of scribes, team-based standing orders, and other approaches.

## Critical Care Medicine 2016

**PRE 1607** Tuesday and Wednesday, 8:00 a.m.-5:00 p.m. • Room 151 

### Director

*Robert A. Balk, MD, MACP*

### Faculty

*Cherylee W.J. Chang, MD, FACP, FCCM*

*David P. Gurka, MD, PhD, FACP, FCCP*

*Steven M. Hollenberg, MD*

*George H. Karam, MD, FACP*

*Michael S. Niederman, MD, MACP, FCCP, FCCM*

*Stephen M. Pastores, MD, FACP, FCCP, FCCM*

*Janice L. Zimmerman, MD, MACP*

This Pre-Course will provide the opportunity to understand the principles of diagnosis and management of common clinical problems and conditions encountered in the intensive care unit. Particular attention will be placed on the recognition of disease process, acute management of critical illness, and prevention of complications of critical illness in the critically ill adult patient.

Topics include acute coronary syndromes and myocardial infarction, acute congestive heart failure, atrial arrhythmia management, acute stroke management, acute respiratory distress syndrome, pulmonary embolism, drug overdose, severe sepsis and septic shock, and severe pneumonia. Also discussed will be the management of patients with a wide variety of infectious diseases, approaches to mental status evaluation, fever in the intensive care unit, blood product utilization, mechanical ventilatory support of the critically ill patient, and methods for preventing common complications in the critically ill patient.

### Learning Objectives:

1. Update the internist on common disorders and diseases encountered in the intensive care unit.
2. Review the diagnostic techniques used in the management of the critically ill adult.
3. Discuss recommendations for the management of common critical illnesses encountered in the intensive care unit and prevention of complications of critical illness.

## Point-of-Care Ultrasound for Internists and Hospitalists

**PRE 1608** Tuesday and Wednesday, 8:00 a.m.-5:00 p.m. • Ballroom A

### Co-Directors

*Michael Blaivas, MD, FAIUM, FACEP*

*Keith Boniface, MD*

### Faculty

*Peter M. Doubilet, MD, PhD*

*Renee K. Dversdal, MD, Member*

*David M. Tierney, MD, FACP*

This Pre-Course will introduce the internist to point-of-care ultrasound skills and applications that may be applied from the office to any hospital setting. Rapidly evolving as the standard of care for any needle-guided procedure, ultrasound allows the clinician to be safer and more accurate than ever possible in placement of central lines, guiding lumbar puncture, performing para- and thoracentesis, and obtaining difficult peripheral vascular access. Ever wonder how the patient's heart may actually be

functioning after examining him or her? Point-of-care echo allows for bedside assessment of key elements, such as estimating ejection fraction, assessing for severe structural changes, ruling out pericardial effusion, etc. Palpating the abdomen and questioning if there is gallbladder disease responsible for the complaint or perhaps abdominal aortic aneurysm is present? Ultrasound allows the clinician a focused diagnostic modality directly at the patient's bedside. Could this be a deep vein thrombosis (DVT), or is there some other cause for this swollen leg? Point-of-care ultrasound is proven by multiple studies as a rapid and accurate evaluation and diagnosis of DVT at the time of the evaluation, at the patient's bedside.

Attendees of this Pre-Course will hear lectures from national experts on point-of-care ultrasound and learn evidence-based approaches and techniques. Ample hands-on learning, guided by seasoned clinicians who use ultrasound in their practices on a daily basis, will be augmented by simulation experience, including procedure practice on phantoms, as well as amazing computer-based simulation presenting actual patient pathology and allowing attendees to learn from real clinical scenarios. If you have heard of other fields embracing ultrasound and how it improves their practice and are interested in increasing your efficiency and safety, this course is a great place to start.

### Learning Objectives:

1. Describe the principles of ultrasound operation, use of artifacts, and optimization of images.
2. List indications and rationale for focused diagnostic ultrasound applications for cardiac, lung, and abdominal applications.
3. Perform and interpret focused diagnostic ultrasound for cardiac, lung, and abdominal applications.
4. Explain the rationale for using ultrasound guidance for thoracentesis, paracentesis, and vascular access.
5. Perform ultrasound-guided thoracentesis, paracentesis, and vascular access using simulators.

### The Art of Leadership

*Presented by the American Association for Physician Leadership®*

**PRE 1609** Tuesday and Wednesday, 8:00 a.m.-5:00 p.m. • Room 143

#### Co-Directors

*Rebekah Apple, MA*

*Barbara Linney, MA*

*Kevin E. O'Connor, CSP*

This Pre-Course is a primer on the "need-to-know" leadership skills for success in today's rapidly changing health care environment. In this interactive, content-rich, and skills-oriented 2-day course, participants are given a bird's-eye view of what makes today's physician leaders unique and effective. Learn valuable change management skills and communications styles and how to build effective work teams as both a team member and team leader.

### Learning Objectives:

1. Clarify leadership goals.
2. Learn the communication style of others in order to influence them.
3. Demonstrate the connections between system leadership goals and what happens at the patient care interface and how those goals must be translated into specific individual and team behaviors at the front lines.

4. Understand a decision-making framework that fosters an organizational foundation of trust.
5. Learn to align decision making with the organizational mission and values, and determine appropriate inclusions for the organization's code of business ethics.

This Pre-Course is organized and presented by the American Association for Physician Leadership. Category 1 CME credit will be provided by the American Association for Physician Leadership and not the American College of Physicians. Instructions for claiming credit through the American Association for Physician Leadership will be provided at the Pre-Course. The American Association for Physician Leadership is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The American Association for Physician Leadership designates this live activity for a maximum of 14 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Maintenance of Certification Exam Preparation

**PRE 1610** Tuesday and Wednesday, 8:00 a.m.-5:00 p.m. • Room 144

#### Director

*Fred A. Lopez, MD, MACP*

#### Co-Director

*Marc J. Kahn, MD, MBA, FACP*

#### Faculty

*William E. Davis, MD, FACP, FACP*

*Roger E. Kelley, MD*

*N. Kevin Krane, MD, FACP, FASN*

*Carol M. Mason, MD*

*Chad S. Miller, MD, FACP*

*Amy S. Oxentenko, MD, FACP, FACC, AGAF*

*Brandy A. Panunti, MD*

*Frank W. Smart, MD, FACC*

This Pre-Course is designed to help physicians prepare for the ABIM Maintenance of Certification Examination in Internal Medicine. Taught by a faculty of clinician-educators, each an expert in his or her subspecialty, this highly interactive course focuses on content likely to be questioned on the exam. With the aid of an audience-response system, faculty engage participants in clinical problem solving that reflects priority areas identified on the recently revised ABIM MOC examination blueprint. The question-based format serves as a springboard for discussion of important developments across the spectrum of internal medicine. ACP's MOC Prep Course is an efficient and effective way to refresh your knowledge and get ready for the exam.

### Learning Objectives:

1. Increase and refresh knowledge of core topics in internal medicine through presentations of common and not-so-common clinical problems.
2. Become adept at working through difficult test questions logically and successfully.
3. Implement changes in clinical practice in accordance with recent advances and clinical guidelines.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 14 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit. To earn MOC points, participants must complete a multiple-choice question quiz and achieve a passing score. A link to the online quiz will be distributed at the course.

## ABIM Maintenance of Certification Learning Sessions

### 2014 Update in Internal Medicine, Module C0-Q

PRE 1611 Tuesday, 8:00 a.m.-Noon • Room 146

### 2014 Update in Hospital Medicine, Module 83-Q

PRE 1612 Tuesday, 1:30-5:30 p.m. • Room 146

#### Co-Directors

*Gauri Agarwal, MD, FACP*

*Daniel M. Lichtstein, MD, MACP*

### 2015 Update in Internal Medicine, Module C0-R

PRE 1613 Wednesday, 8:00 a.m.-Noon • Room 146

### 2015 Update in Hospital Medicine, Module 83-R

PRE 1614 Wednesday, 1:30-5:30 p.m. • Room 146

#### Co-Directors

*Carmella Ann Cole, MD, FACP*

*Deborah Topol, MD, FACP*

These lively self-study sessions are designed to help internists complete the American Board of Internal Medicine (ABIM) Self-Evaluation of Medical Knowledge modules through group discussion led by expert faculty. An audience-response system is used to enhance the learning experience and encourage participation. On each day, Tuesday and Wednesday, there will be two separate sessions (one in the morning and another in the afternoon). These sessions will cover the 2014 and 2015 Update modules in Internal Medicine and Hospital Medicine. Each of the four Update modules qualifies for 10 Maintenance of Certification points in the Self-Evaluation of Medical Knowledge category. You must register separately for each session that you wish to attend. Each session is designated for 3.5 AMA PRA Category 1 Credit(s)<sup>™</sup>.

#### Learning Objectives:

1. Participate in group discussion to determine answers to multiple-choice questions.
2. Complete the module(s) toward fulfillment of the ABIM's Maintenance of Certification requirements.

The American College of Physicians will provide you with a learner's copy of the ABIM module(s) at the meeting. If you are enrolled in the ABIM's Maintenance of Certification program, you also must order the module directly from the ABIM by visiting [www.abim.org/online/](http://www.abim.org/online/). After the Learning Session, submit your answers online to the ABIM for Maintenance of Certification credit.

For more information about the ABIM's Maintenance of Certification program, visit [www.abim.org/moc](http://www.abim.org/moc). Note: If you are already enrolled in the ABIM Maintenance of Certification program, there is no additional fee for this official version of the module. If you are not enrolled, you may attend the Learning Session; however, you must enroll before receiving Maintenance of Certification credit for the knowledge module. To enroll, visit [www.abim.org/online/](http://www.abim.org/online/).

## Aesthetic Attention: Art and Clinical Skills

**PRE 1615** Wednesday, 12:30-4:45 p.m. • National Gallery of Art

**Director**

*Alexa Miller, MA*

**Co-Directors**

*Joel T. Katz, MD, MACP*

*Shahram Khoshbin, MD, FACP*

The goal of this Pre-Course is to improve clinical perception skills through the use of arts-based education using great works of art at the National Gallery of Art (NGA), Washington, DC. Participants will receive a conceptual overview based in research and then practice the skills in small groups under the tutelage of art educators. An expert clinical diagnostician will demonstrate how these skills are relevant in clinical practice through a case-based demonstration.

Discerning perception skills are foundational to diagnostic accuracy, patient satisfaction, effectiveness in teams, and professional wellness. At the same time, misperception can be difficult to gauge and is a factor in failures in health care, such as misdiagnosis. This lively Pre-Course will address the practice of visual perception with a unique arts-based approach. The course will begin with an overview of aesthetic attention, a framework for understanding and practicing the skills of seeing in four areas (attunement, representation, flexible thinking, and group communication). It will then divide into small groups, each led by skilled educators, for a practical experience using and developing these skills in the galleries in front of works of art. It will reconvene as a large group to debrief and identify key insights and resources for applying techniques of aesthetic attention to clinical practice.

Join us at the NGA to enhance your own art of seeing patients!\*

No previous experience with art is necessary. The museum opens at 10:00 a.m. Prior to the start of this Pre-Course, participants may visit the NGA and enjoy the café.

### Learning Objectives:

1. Describe perception and its clinical challenges and opportunities.
2. Identify four skill areas at play in clinical perception.
3. Deploy these skills in art gallery experiences, and reflect among colleagues.
4. Analyze their own practice of seeing using a framework.
5. Apply aesthetic thinking techniques to a clinical case demonstration.

The ACP designates this live one-half day Pre-Course for a maximum of 3.5 *AMA PRA Category 1 Credit(s)*<sup>™</sup>.

**\* Registration deadline for this Pre-Course was April 1, 2016. There is no on-site registration.**



## **SAFE Opioid Prescribing: Strategies. Assessment. Fundamentals. Education.**

**PRE 1616** Wednesday, 1:30-5:30 p.m. • Room 202

**There is no registration fee to attend this Pre-Course; however, pre-registration is required.**

**Director**

*Charles E. Argoff, MD, FABMP*

**Faculty**

*Michael J. Brennan, MD*

*Steven Stanos, DO*

Attend this SAFE Opioid Prescribing Pre-Course to receive a training certificate in this important new area of patient care. Evaluation is essential today for safe and effective pain management when using extended-release (ER) and long-acting (LA) opioids. It is critical to recognize best practices for how to start therapy with ER/LA opioids, how to end therapy, and what to do in between. Evidence-based tools are required for screening patients at risk and for monitoring for adherence to prescribed ER/LA opioids. Proven methods to counsel patients on ER/LA opioids and achieve positive outcomes need to be employed. Comprehensive information is also essential on ER/LA-opioids as a drug class. Find out how to get the most clinical insights from specific ER/LA product information sources.

**Learning Objectives:**

1. Identify risk factors for opioid-related aberrant behavior.
2. Differentiate between tolerance, physical dependence and addiction.
3. Evaluate and manage adverse effects of ER/LA opioids.
4. Differentiate strategies for monitoring patient adherence.
5. Assess the differences in opioid metabolism and how these impact appropriate ER/LA prescribing.
6. Identify how opioid-drug interactions influence ER/LA opioid prescribing.

Successful completion of this CME activity , which includes participation in the evaluation component, enables the participant to earn up to 3.5 MOC points and patient safety credit in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

This educational activity is supported by an independent educational grant from the ER/LA Opioid Analgesic REMS Program Companies. Please see [http://ce.er-la-opioidrems.com/lwgCEUI/rems/pdf/List\\_of\\_RPC\\_Companies.pdf](http://ce.er-la-opioidrems.com/lwgCEUI/rems/pdf/List_of_RPC_Companies.pdf) for a list of the member companies. This activity is intended to be fully compliant with the ER/LA Opioid Analgesic REMS education requirements issued by the US Food & Drug Administration.

# MKSAP® 17 Complete is an all-inclusive learning system



MKSAP 17 Complete includes **ALL** of the following:

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## Do you enjoy small-group interactive learning?

### Get the hands-on experience that can transform the way you practice medicine.

The Herbert S. Waxman Clinical Skills Center is a dynamic collection of educational activities that provide hands-on learning and interactive self-study. Update physical examination skills, learn office-based procedures, and explore the latest medical software. Numerous topics and varied workshop lengths give Internal Medicine Meeting 2016 attendees a unique opportunity to customize their hands-on learning experience. Stop by the Clinical Skills Center, and see what everyone is talking about.

#### Learning Objectives:

- Refine physical examination skills
- Learn indications and contraindications for commonly performed office procedures
- Improve skills in commonly performed office procedures

#### Clinical Skills Center Hours of Operation

**Thursday:** 8:30 a.m.-6:00 p.m.

**Friday:** 8:00 a.m.-6:00 p.m.

**Saturday:** 8:00 a.m.-3:00 p.m.

All Waxman Center activities are located inside Hall A. See map on page 43 of this program.

#### MOC in the Waxman Clinical Skills Center

ACP has expanded its program to offer Maintenance of Certification (MOC) points for participation in select Waxman Center hands-on skills activities. Attendees will be able to claim 2 MOC points per session for participating in these activities at Internal Medicine Meeting 2016.

See activity descriptions on pages 32-38 for more information on which activities are eligible for MOC points.

(Participants wishing to earn MOC points must be enrolled in the ABIM Maintenance of Certification program and must know their ABIM ID number for use on all MOC credit forms. Computer kiosks and links for portable device users will be available onsite.)

#### Ticketing

Because of high demand, Clinical Skills Center activities are reserved, ticketed sessions. Ticketing for Waxman Center activities was conducted online in advance of Internal Medicine Meeting 2016. There is no onsite registration for Waxman Center activities.

#### Standby Policy

Internal Medicine Meeting 2016 attendees who could not obtain tickets for the Clinical Skills Center activities of their choice because of unavailability may choose to stand by at a time convenient to them. Attendees can stand by for an activity by showing up at the activity area 10 minutes before the start of any session. We cannot guarantee that standbys will be admitted to the sessions, but seats are frequently available, especially on Friday afternoon and Saturday.

Participants are expected to arrive for appointments on time. Those who arrive more than 10 minutes late will be considered "no-shows" and will forfeit their seats. Their places will be filled with standby attendees.

## Clinical Skills Center Activities

### Advanced Airway Techniques

#### 1-hour sessions

**Thursday:** 9:30 a.m., 11:00 a.m., 12:30 p.m., 2:00 p.m., 3:30 p.m., 5:00 p.m.

#### Faculty:

*Lee Goedell, MD, MPH*

*Ronald M. Roan, MD*

*Joshua E. Smith, MD, DABA*

This workshop will focus on management of the patient who requires airway support. Participants will learn the advantages and disadvantages of rapid-sequence intubation and rescue techniques in the event of a failed intubation and will practice intubation on simulation mannequins. Learners will gain an understanding of techniques that will improve success and confidence in managing their patient's airway.

### Ankle-Brachial Index by Doppler

(eligible for 2 MOC points)

#### 1-hour sessions

**Thursday:** 9:30 a.m., 11:00 a.m., 12:30 p.m., 2:00 p.m.

**Friday:** 8:00 a.m., 9:30 a.m., 11:00 a.m., 12:30 p.m.

**Saturday:** 8:00 a.m., 9:30 a.m., 11:00 a.m., 12:30 p.m.

#### Faculty:

*Marge Lovell, RN, CCRC, MEd*

*Patricia Marques, RN, RVT, FSVU*

*Judith G. Regensteiner, PhD*

*Joanne Spindel, RDCS, RVT, RPhS*

This workshop will focus on the protocols and techniques for performing the ankle-brachial index (ABI) in the office setting. Learn tips on wrapping cuffs, finding the arteries with the Doppler probe, testing accuracy, and test interpretation. Participants will view a short

introductory video on ABI and spend the rest of the session practicing the skill on each other.

### Arthrocentesis & Bursal Injection

(eligible for 2 MOC points)

#### 1-hour sessions

**Thursday:** 9:30 a.m., 11:00 a.m., 12:30 p.m., 2:00 p.m., 3:30 p.m., 5:00 p.m.

**Friday:** 8:00 a.m., 9:30 a.m., 11:00 a.m., 12:30 p.m., 2:00 p.m., 3:30 p.m., 5:00 p.m.

**Saturday:** 8:00 a.m., 9:30 a.m., 11:00 a.m., 12:30 p.m., 2:00 p.m.

#### Faculty:

*Nathan Anderson, MD, Resident/Fellow Member*

*Eric J. Anish, MD, FACP, FACS*

*Kenneth A. Epstein, MD, Member*

*Paul F. Howard, MD, MACP*

*Edmund G. LaCour, MD*

*Jeffrey R. Lisse, MD, FACP*

*Dennis M. Liu, MD*

*Eric A. Peters, MD, FACP, FACR*

*Trent H. Smith, MD, FACR, Member*

Faculty will demonstrate joint injection techniques, and participants will practice these procedures on joint models. An instructional video of these procedures will also be available for viewing. Participants will learn the anatomical landmarks used to identify injection sites and the procedural steps for performing arthrocentesis and soft-tissue injection on shoulders and knees.

**Workshop Prerequisite:** Viewing of 25-minute



arthrocentesis video. To view the video, go to [im2016.acponline.org/csvideos](http://im2016.acponline.org/csvideos). The video can also be viewed on the computers in the Interactive Resources Area located in the center of the Clinical Skills Center. Scan the QR code on page 37 to watch any of the Waxman Center prerequisite videos online with your smartphone or tablet.

## Cardiac Diagnosis with "Harvey<sup>®</sup>," the Cardiopulmonary Patient Simulator

### 1.5-hour sessions

**Thursday:** 9:30 a.m., 11:30 a.m., 1:30 p.m., 3:30 p.m.

**Friday:** 8:00 a.m., 10:00 a.m., Noon, 2:00 p.m., 4:00 p.m.

**Saturday:** 8:00 a.m., 10:00 a.m., Noon

### Faculty:

*Donald D. Brown, MD, FACP, FHCC*

*Joseph B. Esterson, MD, FACP, FACC, FCCP*

*George T. Kondos, MD, Member*

*Robert A. Waugh, MD*

Using repetitive practice with feedback, this workshop will teach the most important bedside cardiac findings ("The Big 12") by using a proven training system: "Harvey<sup>®</sup>," the Cardiopulmonary Patient Simulator. Skills learned in this workshop will be based on an understanding of the cardiac pressure and volume curves and involvement through interaction and mimicry of auscultation.



## Cardiac Murmurs Self-Guided Tour (Basic & Advanced)

**Thursday:** First tour, 9:30 a.m.; last tour, 5:00 p.m.

**Friday:** First tour, 8:00 a.m.; last tour, 5:00 p.m.

**Saturday:** First tour, 8:00 a.m.; last tour, 2:00 p.m.

Participants will refine their knowledge of cardiac auscultation by listening to either common or more advanced heart sounds while viewing corresponding phonocardiograms in a self-directed learning environment. This is not a ticketed session, and the activity has no time limit. Participation is on a first-come, first-served basis according to the availability of audio devices. Headphone splitters will be available for participants who wish to move through the tour together.

## Chronic Leg Wound Management

### 1.5-hour sessions

**Thursday:** 2:00 p.m., 4:00 p.m.

**Friday:** 2:00 p.m., 4:00 p.m.

**Saturday:** Noon, 1:30 p.m.

### Faculty:

*Theodore G. MacKinney, MD, MPH, FACP*

*Margaret McCarty Stanistic, PT, MS, CLT, CWS*

*Barbara J. Provo, RN, MSN, FNP-BC, CWON*

Participants will learn to differentiate among major leg wound categories and how to prepare wounds for treatment and know which topical or systemic treatments to use on chronic leg wounds. The workshop will focus on when to use multilayer compression wraps and provide practical tips for the management of venous leg ulcers.





## Foot and Ankle Disorders

### 1.5-hour sessions

**Friday:** 8:30 a.m., 10:30 a.m.

**Saturday:** 8:30 a.m., 10:30 a.m.

### Faculty:

*MAJ Renee Mallory, MD, MPH, FACP*

*Deborah M. Omori, MD, FACP*

*Joan Bowes Ritter, MD, FACP*

*Laura L. Sessums, MD, JD, FACP*

Become familiar with common complaints involving the foot and ankle. Participants will learn the appropriate use of foot and ankle orthotics and recognize indications for imaging studies and subspecialty referral.



## Incision and Drainage of Abscesses

*(eligible for 2 MOC points)*

### 1-hour sessions

**Thursday:** 12:30 p.m., 2:00 p.m., 3:30 p.m., 5:00 p.m.

**Friday:** 12:30 p.m., 2:00 p.m., 3:30 p.m., 5:00 p.m.

**Saturday:** 8:00 a.m., 9:30 a.m., 11:00 a.m., 12:30 p.m., 2:00 p.m.

### Faculty:

*Lisa M. Filippone, MD*

*Brian Freeze, MD*

*Anthony S. Mazzeo, MD, FACEP, FAAEM*

*Andrew Nyce, MD*

*Sundip Patel, MD*

*Thomas Rebbecchi, MD*

*Dorothy Thomas, MD, MSc, Resident/Fellow Member*

Using simulation models, participants will learn how to incise, drain, irrigate, and pack abscesses under the supervision of expert faculty. Supplies and postprocedure care will also be discussed.

## Lumbar Puncture

*(eligible for 2 MOC points)*

### 1.5-hour sessions

**Thursday:** 1:30 p.m., 3:00 p.m., 4:30 p.m.

**Friday:** 1:30 p.m., 3:00 p.m., 4:30 p.m.

**Saturday:** Noon, 1:30 p.m.

### Faculty:

*Ashley Aleman, MD, Resident/Fellow Member*

*Christopher Everett, MD, Resident/Fellow Member*

*Donna (Yan) Meng, MD*

*Robert Nathanson, Member*

*Zorawar Noor, MD, Resident/Fellow Member*

*Nilam J. Soni, MD, FACP*

*Patricia I. Wathen, MD, FACP*

Participants will watch a demonstration of lumbar puncture technique and then practice the procedure on simulation models. Expert faculty will provide feedback and discuss these techniques pre- and postprocedure.





## Physical Examination Tutorials

### 30-minute workshops

**Thursday & Friday:** 8:30 a.m., 9:00 a.m., 9:30 a.m., 10:00 a.m., 10:30 a.m., 11:00 a.m., 11:30 a.m., Noon, 12:30 p.m., 1:00 p.m., 1:30 p.m., 2:00 p.m., 2:30 p.m., 3:00 p.m., 3:30 p.m., 4:00 p.m., 4:30 p.m., 5:00 p.m.

**Saturday:** 8:30 a.m., 9:00 a.m., 9:30 a.m., 10:00 a.m., 10:30 a.m., 11:00 a.m., 11:30 a.m., Noon, 12:30 p.m., 1:00 p.m., 1:30 p.m., 2:00 p.m., 2:30 p.m.

### Faculty:

*Clinical teaching associates from the Sentara Center for Simulation and Immersive Learning, Eastern Virginia Medical School (Gayle Gliva-McConvey—Director, Clinical Skills)*

In these workshops, participants work in groups of 3 or 4, either practicing aspects of the examination relative to the asymptomatic patient or conducting case-based, high-value care examinations. Participants will receive feedback from professional teaching patients in the following clinical skill areas:

- Pelvic examination
- Male urogenital examination
- High-value physical exam: knee (*eligible for 2 MOC points*)
- High-value physical exam: shoulder (*eligible for 2 MOC points*)
- High-value physical exam: the dizzy patient (*eligible for 2 MOC points*)

## Ophthalmoscopic Skills

### 1.5-hour sessions

**Thursday:** 10:00 a.m., Noon, 2:00 p.m., 4:00 p.m.

**Friday:** 8:30 a.m., 10:30 a.m., 12:30 p.m., 2:30 p.m., 4:30 p.m.

**Saturday:** 8:30 a.m., 10:30 a.m.

### Faculty:

*Eve Bargmann, MD*

*Eugene C. Corbett Jr., MD, MACP*

*Simon J. Lehtinen, MD, Member*

*E. Allison Lyons, MD*

This workshop is designed to enhance ophthalmoscopic examination of the cornea; anterior chamber; lens; and retina, including venous pulsations.



## PICC Line Placement

### 1.5-hour sessions

**Friday:** 8:00 a.m., 9:30 a.m., 11:00 a.m.

**Saturday:** 8:00 a.m., 9:30 a.m.

### Faculty:

*Michael J. McNeal, MD, Member*

*Austin Metting, MD, FACP*

*Curtis R. Mirkes, DO, FACP*

*John D. (Jack) Myers, MD, FACP*

*Hailey Vincent, MD, Member*

Central venous access is imperative for some patients, and studies show that peripherally inserted central catheter (PICC) lines improve patient safety. This workshop will teach the indications, technical skills, and practice implications regarding placement of PICC lines and provide hands-on training in placing PICC lines with the aid of hand-held ultrasonography and partial task simulators.



## Skin Biopsy & Cryosurgery

*(eligible for 2 MOC points)*

### 1-hour sessions

**Thursday:** 9:30 a.m., 11:00 a.m., 12:30 p.m., 2:00 p.m., 3:30 p.m., 5:00 p.m.

**Friday:** 8:00 a.m., 9:30 a.m., 11:00 a.m., 12:30 p.m., 2:00 p.m., 3:30 p.m., 5:00 p.m.

**Saturday:** 8:00 a.m., 9:30 a.m., 11:00 a.m., 12:30 p.m., 2:00 p.m.

### Faculty:

*Irina Burman, MD, FACP*

*Roger W. Bush, MD, MACP, SFHM*

*Duyen T. Faria, DO*

*Auguste H. Fortin VI, MD, MPH, FACP*

*Sean P. Gnecco, MD*

*Carrie A. Horwitch, MD, FACP*

*Richard Shellenberger, DO, FACP*

*Dorothy Thomas, MD, MSc, Resident/Fellow Member*

Learn how to perform various skin biopsy and cryosurgery techniques. Faculty members are available to provide instruction and feedback as participants practice these techniques on pigs' feet. Participants will practice three skin biopsy techniques: shave, punch, and elliptical excision; become familiar with the supplies and equipment needed to do skin biopsies in the office setting; and learn how to remove a lesion with cryosurgery.

Workshop Prerequisite: Viewing of 25-minute video on skin biopsy. To view the video, go to [im2016.acponline.org/cs/videos](http://im2016.acponline.org/cs/videos). The video can also be viewed on the computers in the Interactive Resources Area located in the center of the Clinical Skills Center. Scan the QR code on page 37 to watch any of the Waxman Center prerequisite videos online with your smartphone or tablet.



## Suturing Skills

### 1-hour sessions

**Thursday:** 9:30 a.m., 11:00 a.m., 12:30 p.m., 2:00 p.m., 3:30 p.m., 5:00 p.m.

**Friday:** 8:00 a.m., 9:30 a.m., 11:00 a.m., 12:30 p.m., 2:00 p.m., 3:30 p.m., 5:00 p.m.

### Faculty:

*Tsu-Yi Chuang, MD, MPH*

*Brian P. Gable, MD, FACP*

*Sean P. Gnecco, MD*

*Ritesh B. Patel, MD, FACP*

*Vijay Rajput, MD, MBBS, FACP, SFHM*

Learn how to perform various suturing techniques, and become familiar with the supplies and equipment needed to suture wounds in the office setting. Expert faculty will provide instruction and feedback as participants practice these techniques on pigs' feet.

## Toenail Removal

### 1-hour sessions

**Friday:** 8:00 a.m., 9:30 a.m., 11:00 a.m.

**Saturday:** 8:00 a.m., 9:30 a.m., 11:00 a.m.

### Faculty:

*Bryan E. Anderson, MD*

*Galen T. Foulke, MD*

Learn the indications for toenail removal and which procedures are appropriate for generalists. Using a realistic model and actual surgical instruments, practice a digital block, wedge resection and removal of an ingrown toenail, and wound care. Necessary supplies, follow-up care, and complication guidelines will also be discussed.

Workshop Prerequisite: Viewing of 15-minute video on toenail removal. To view the video, go to [im2016.acponline.org/cs/videos](http://im2016.acponline.org/cs/videos). The video can also be viewed on the computers in the Interactive Resources Area located in the center of the Clinical Skills Center. Scan the QR code on this page to watch any of the Waxman Center prerequisite videos online with your smartphone or tablet.

### Video Prerequisites

For free online access to the video prerequisites indicated on the previous pages, use the following link or scan the QR code with your smartphone or tablet (QR code-reading software required):



[im2016.acponline.org/cs/videos](http://im2016.acponline.org/cs/videos)

(The videos can also be viewed on the computers in the Interactive Resources Area located in the center of the Clinical Skills Center.)

## Ultrasound-Guided Central Venous Line Placement

(eligible for 2 MOC points)

### 2-hour sessions

**Thursday:** 8:30 a.m., 9:00 a.m., 9:30 a.m., 10:00 a.m., 10:30 a.m., 12:30 p.m., 1:00 p.m., 1:30 p.m., 2:00 p.m., 2:30 p.m.

**Friday:** 8:30 a.m., 9:00 a.m., 9:30 a.m., 10:00 a.m., 10:30 a.m., 12:30 p.m., 1:00 p.m., 1:30 p.m., 2:00 p.m., 2:30 p.m.

**Saturday:** 8:30 a.m., 9:00 a.m., 9:30 a.m., 10:00 a.m., 10:30 a.m., 12:30 p.m., 1:00 p.m.

### Faculty:

*Rita Bakhru, MD, MS*

*Brian L. Block, MD, Resident/Fellow Member*

*Keith Boniface, MD*

*Victoria Fernandes, MD, Resident/Fellow Member*

*Joan Hoch Kinniry, MSN, ACNP*

*Paul A. Kinniry, MD, Member*

*Shruti B. Patel, MD, Member*

*William Schweickert, MD*

*Hamid Shokoohi, MD, MPH, FACEP*

*Jason Williams, MD, Member*

This workshop will use ultrasonography, live patient models, and simulators to teach safe central venous line placement skills. Moving through three separate learning stations, participants will learn how to find vessels by using hand-held ultrasonography, practice line placement technique on high-fidelity simulators, and learn about the equipment necessary to perform the procedure. Expert faculty will be onsite to provide instruction and feedback.

## Ultrasound-Guided Paracentesis

(eligible for 2 MOC points)

### 1.5-hour sessions

**Thursday:** 10:00 a.m., 12:00 p.m.

**Friday:** 8:00 a.m., 10:00 a.m., 12:00 p.m.

**Saturday:** 8:00 a.m., 10:00 a.m.

### Faculty:

*Ryan Buckley, MD, Resident/Fellow Member*

*Alyssa V. Burkhart, MD, Member*

*Joycelyn Carter, MD*

*Kierstin Kennedy, MD, MSHA, Member*

*Joshua D. Lenchus, DO, RPh, FACP, SFHM*

Using ultrasonography equipment and training models, participants will learn how to find landmarks and practice paracentesis technique. They will also review the indications, contraindications, and complications of the procedure.

## Clinical Skills Self-Learning Computer and Video Resources

Interactive software and instructional videos on several important clinical skills will be available on the computer stations at the Clinical Skills Center Interactive Resources Area (see Clinical Skills Center map on page 43).



## Digital Resources

Located in the Clinical Skills Center Interactive Resources Area, interactive kiosks allow you to explore a wide variety of software applications that can have an immediate impact on your daily practice.

### Explore areas such as:

#### Clinical Reference and Decision Support

Explore diagnostic and therapeutic decision-support resources, clinical reference applications, and a variety of other online resources to support evidence-based clinical decision making at, or near, the point of care.

#### Medical Education (CME and MOC)

Practice using interactive learning and self-assessment products, innovative CME and MOC offerings, and a wide range of other medical education products and services.



## 2016 Herbert S. Waxman Chief Resident Teaching Scholarships

This scholarship was established to recognize outstanding Chief Medical Residents and to provide them an opportunity to help teach popular clinical skills workshops under the guidance and mentorship of expert faculty at the ACP Internal Medicine Meeting. ACP is proud to acknowledge this year's chief resident awardees and thanks the scholarship sponsors for their generosity in supporting this valuable educational mentoring opportunity.

### Sponsored by the ACP Governors Class of 2014

**Nathan M. Anderson, MD**  
University of Nebraska Medical Center

**Victoria Fernandes, MD**  
Madigan Army Medical Center

**Brian L. Block, MD**  
New York-Presbyterian Hospital, Columbia University

### Sponsored by the 2015 Waxman Center Faculty

**Ryan Buckley, MD**  
Ralph H. Johnson VA Medical Center/The Medical University of South Carolina

**Zorawar Noor, MD**  
University of California, Irvine

**Dorothy Thomas, MD, MSc.**  
University of Saskatchewan

## Health Information Technology (HIT)

Learn how to assess your own needs and find technology solutions that meet them. Explore various resources designed to assist you in leveraging technology to improve your practice efficiency and quality. Whether you are just getting started; are lost in the maze of acronyms, regulations, and incentive programs; or are ready to take your systems to the next level, ACP has resources to assist you each step of the way.

## Featured Digital Products and Services from ACP

Explore the latest online and mobile products and services from the most trusted source of internal medicine content. Featured ACP resources include:

### ACP Online

#### [www.acponline.org](http://www.acponline.org)

Explore the all-new, entirely redesigned home for all ACP members. New features include a mobile-friendly design, advanced search, streamlined navigation, and “smarter” content with easier access than ever before. Get to know your new gateway to the ACP, online!



## MKSAP® 17 Digital

#### [mksap17.acponline.org](http://mksap17.acponline.org)

MKSAP Digital delivers the learning material you trust in a rich, exciting new digital platform. Work online and offline from any mobile or large-screen device, create practice tests, check peer statistics, track your progress, and get instant CME and MOC submissions. Exciting new capabilities for MKSAP 17 Digital include continuous updates, digital flashcards, more flexible custom quizzes, and a pretest feature to help you establish baseline deficiencies before diving into the full program.

## *Annals of Internal Medicine*

#### [www.annals.org](http://www.annals.org)

Come explore a wide variety of new interactive features, content, and resources, including Beyond the Guidelines, Virtual Patients, and the popular Consult Guys video series. Try out the improved search and retrieval functionality and all-new content collections.

## ACP JournalWise

#### [www.journalwise.org](http://www.journalwise.org)

This service, free to ACP members, enables you to set up your own customized profile to start receiving the latest updates in the specific medical literature that you want to follow, with clinical relevance ratings and commentary from experts. New functionality allows you to also follow specific journals (choose from over 100 of the top journals) and create and share collections of articles with your colleagues.

## High-Value Care/Interactive Cases

[hvc.acponline.org/cases/](http://hvc.acponline.org/cases/)

Access a wide range of resources for both clinicians and patients to help understand and practice high-value care. This resource is the home of many educational resources, including interactive cases that offer free CME and MOC as well as the latest editions of the popular HVC curriculum.

## Maintenance of Certification (MOC) Resources

Visit [www.acponline.org/moc](http://www.acponline.org/moc) for the complete listing of resources available to ACP members.

*Example resources include:*

[mksap.acponline.org](http://mksap.acponline.org) (for print users) and [mksap17.acponline.org](http://mksap17.acponline.org) (for digital users)

Learn how to submit online directly to the ABIM for MOC points earned through the use of both print and digital versions of MKSAP 17 (free to all MKSAP 17 product subscribers).

## [annals.org/GrandRounds](http://annals.org/GrandRounds)

Beyond the Guidelines is a new series of multimedia articles based on selected Beth Israel Deaconess Medical Center (BIDMC) Medical Grand Rounds.

## [im2016.acponline.org/moc](http://im2016.acponline.org/moc)

Earn up to 30 MOC points by attending Internal Medicine Meeting 2016 and completing one, two, or three multiple-choice question modules.



## IM Essentials Online

[www.acponline.org/ime](http://www.acponline.org/ime)

IM Essentials Online integrates the content of IM Essentials Text and IM Essentials Questions into an interactive electronic learning system for students in their internal medicine clerkship or preparing for USMLE Step 2. Exclusive features include digital flashcards (delivered as a free mobile app), custom quizzes, peer comparison statistics, and more!

## ACP Meeting and Course Recordings (PlaybackACP)

[www.playbackacp.com](http://www.playbackacp.com)

Get instant on-demand access to high-quality ACP recordings, available in popular audio or video formats. Offerings include Internal Medicine Meeting sessions; Internal Medicine Board Review Courses; MOC Exam Prep Courses; and CME 75, featuring 75 sessions from the Internal Medicine Meeting with CME.

## ACP Practice Advisor

[www.practiceadvisor.org](http://www.practiceadvisor.org)

Based on the Patient-Centered Medical Home (PCMH) model, ACP Practice Advisor can help practices enhance patient care and office efficiency. See how you can engage the entire team, using the ACP Practice Biopsy® and Resource Library to guide your team toward improving practice performance and patient care.

## ACP Internist and ACP Hospitalist Online Editions

[acpinternist.org](http://acpinternist.org)

[acphospitalist.org](http://acphospitalist.org)

Explore the many new online-only features of these digital editions of our award-winning monthly publications.

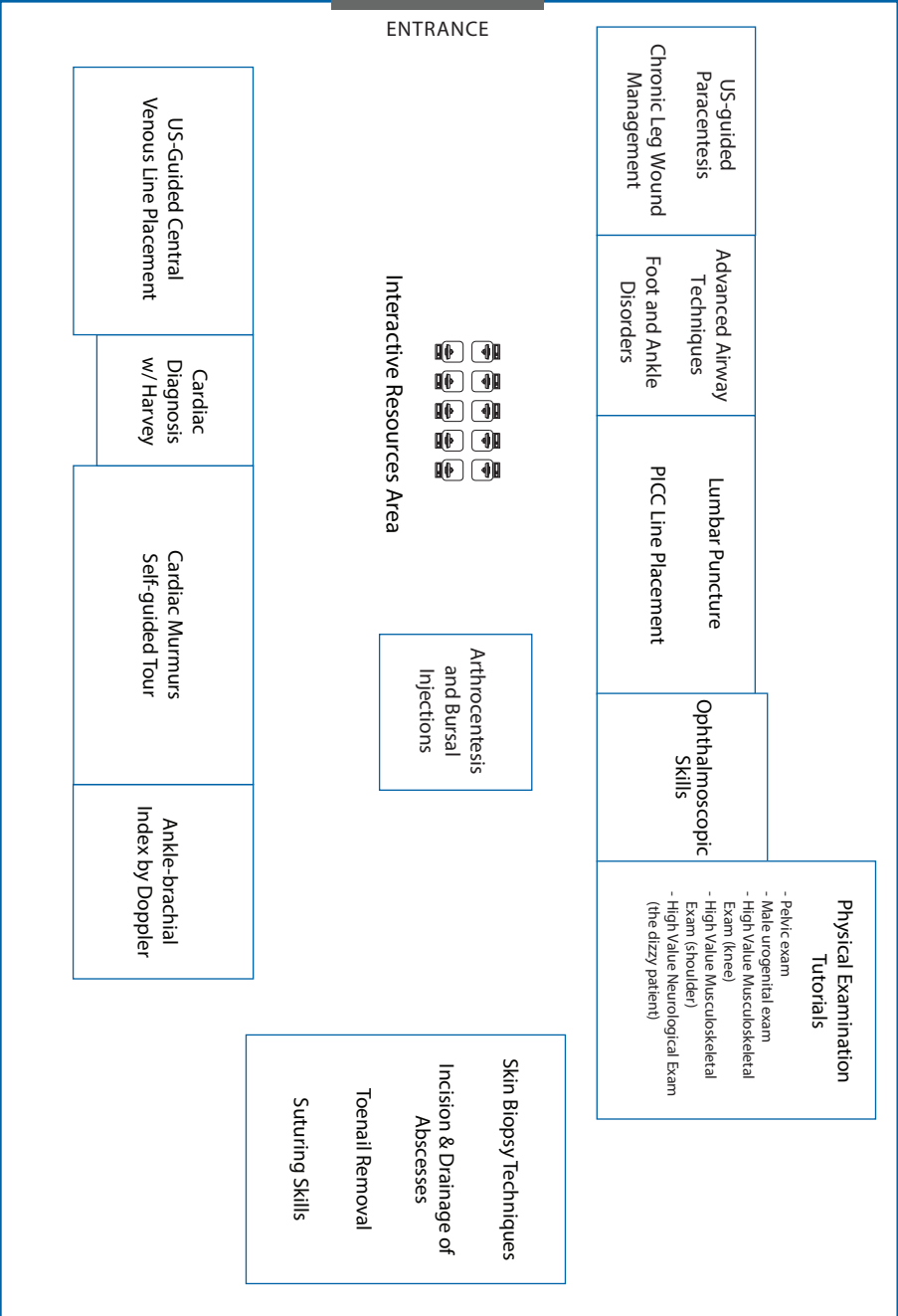
## ACP Special Interest Groups

[www.acponline.org/sigs](http://www.acponline.org/sigs)

Share experiences and questions, inform other members with creative solutions and ideas, and gather with like-minded physicians. This ACP members-only virtual community is free to all members, so join the conversation.



## Waxman Center



Schedule of Activities	Thursday, May 5
<b>Advanced Airway Techniques: Rescue and Alternatives</b> 1-hour workshops	9:30 a.m., 11:00 a.m., 12:30 p.m., 2:00 p.m., 3:30 p.m., 5:00 p.m.
<b>Ankle–Brachial Index by Doppler</b> 1-hour workshops	9:30 a.m., 11:00 a.m., 12:30 p.m., 2:00 p.m.
<b>Arthrocentesis and Bursal Injections</b> 1-hour workshops	9:30 a.m., 11:00 a.m., 12:30 p.m., 2:00 p.m., 3:30 p.m., 5:00 p.m.
<b>Cardiac Diagnosis with Harvey<sup>®</sup>, the Cardiopulmonary Patient Simulator</b> 1.5-hour workshops	9:30 a.m., 11:30 a.m., 1:30 p.m., 3:30 p.m.
<b>Cardiac Murmurs Self-Guided Tour</b> (Basic and Advanced)	Open admission/no time limit First tour 9:30 a.m.; Last tour 5:00 p.m.
<b>Chronic Leg Wound Management</b> 1.5-hour workshops	2:00 p.m., 4:00 p.m.
<b>Foot and Ankle Disorders</b> 1.5-hour workshops	
<b>Incision and Drainage of Abscesses</b> 1-hour workshops	12:30 p.m., 2:00 p.m., 3:30 p.m., 5:00 p.m.
<b>Lumbar Puncture</b> 1.5-hour workshops	1:30 p.m., 3:00 p.m., 4:30 p.m.
<b>Ophthalmoscopic Skills</b> 1.5-hour workshops	10:00 a.m., 12:00 p.m., 2:00 p.m., 4:00 p.m.
<b>Physical Exam Tutorials</b> 30-minute workshops <ul style="list-style-type: none"> <li>• Pelvic examination</li> <li>• Male urogenital examination</li> <li>• High value physical exam: Knee</li> <li>• High value physical exam: Shoulder</li> <li>• High value physical exam: The dizzy patient</li> </ul>	8:30 a.m., 9:00 a.m., 9:30 a.m., 10:00 a.m., 10:30 a.m., 11:00 a.m., 11:30 a.m., 12:00 p.m., 12:30 p.m., 1:00 p.m., 1:30 p.m., 2:00 p.m., 2:30 p.m., 3:00 p.m., 3:30 p.m., 4:00 p.m., 4:30 p.m., 5:00 p.m.
<b>PICC Line Placement</b> 1.5-hour workshops	
<b>Skin Biopsy and Cryosurgery</b> 1-hour workshops	9:30 a.m., 11:00 a.m., 12:30 p.m., 2:00 p.m., 3:30 p.m., 5:00 p.m.
<b>Suturing Skills</b> 1-hour workshops	9:30 a.m., 11:00 a.m., 12:30 p.m., 2:00 p.m., 3:30 p.m., 5:00 p.m.
<b>Toenail Removal</b> 1-hour workshops	
<b>Ultrasound-Guided Central Venous Line Placement</b> 2-hour workshops	8:30 a.m., 9:00 a.m., 9:30 a.m., 10:00 a.m., 10:30 a.m., 12:30 p.m., 1:00 p.m., 1:30 p.m., 2:00 p.m., 2:30 p.m.
<b>Ultrasound-Guided Paracentesis</b> 1.5-hour workshops	10:00 a.m., 12:00 p.m.



	<b>Friday, May 6</b>	<b>Saturday, May 7</b>
	8:00 a.m., 9:30 a.m., 11:00 a.m., 12:30 p.m.	8:00 a.m., 9:30 a.m., 11:00 a.m., 12:30 p.m.
	8:00 a.m., 9:30 a.m., 11:00 a.m., 12:30 p.m., 2:00 p.m., 3:30 p.m., 5:00 p.m.	8:00 a.m., 9:30 a.m., 11:00 a.m., 12:30 p.m., 2:00 p.m.
	8:00 a.m., 10:00 a.m., 12:00 p.m., 2:00 p.m., 4:00 p.m.	8:00 a.m., 10:00 a.m., 12:00 p.m.
	Open admission/no time limit First tour, 8:00 a.m.; Last tour, 5:00 p.m.	Open admission/no time limit First tour, 8:00 a.m.; Last tour, 2:00 p.m.
	2:00 p.m., 4:00 p.m.	12:00 p.m., 1:30 p.m.
	8:30 a.m., 10:30 a.m.	8:30 a.m., 10:30 a.m.
	12:30 p.m., 2:00 p.m., 3:30 p.m., 5:00 p.m.	8:00 a.m., 9:30 a.m., 11:00 a.m., 12:30 p.m., 2:00 p.m.
	1:30 p.m., 3:00 p.m., 4:30 p.m.	12:00 p.m., 1:30 p.m.
	8:30 a.m., 10:30 a.m., 12:30 p.m., 2:30 p.m., 4:30 p.m.	8:30 a.m., 10:30 a.m.
	8:30 a.m., 9:00 a.m., 9:30 a.m., 10:00 a.m., 10:30 a.m., 11:00 a.m., 11:30 a.m., 12:00 p.m., 12:30 p.m., 1:00 p.m., 1:30 p.m., 2:00 p.m., 2:30 p.m., 3:00 p.m., 3:30 p.m., 4:00 p.m., 4:30 p.m., 5:00 p.m.	8:30 a.m., 9:00 a.m., 9:30 a.m., 10:00 a.m., 10:30 a.m., 11:00 a.m., 11:30 a.m., 12:00 p.m., 12:30 p.m., 1:00 p.m., 1:30 p.m., 2:00 p.m., 2:30 p.m.
	8:00 a.m., 9:30 a.m., 11:00 a.m.	8:00 a.m., 9:30 a.m.
	8:00 a.m., 9:30 a.m., 11:00 a.m., 12:30 p.m., 2:00 p.m., 3:30 p.m., 5:00 p.m.	8:00 a.m., 9:30 a.m., 11:00 a.m., 12:30 p.m., 2:00 p.m.
	8:00 a.m., 9:30 a.m., 11:00 a.m., 12:30 p.m., 2:00 p.m., 3:30 p.m., 5:00 p.m.	
	8:00 a.m., 9:30 a.m., 11:00 a.m.	8:00 a.m., 9:30 a.m., 11:00 a.m.
	8:30 a.m., 9:00 a.m., 9:30 a.m., 10:00 a.m., 10:30 a.m., 12:30 p.m., 1:00 p.m., 1:30 p.m., 2:00 p.m., 2:30 p.m.	8:30 a.m., 9:00 a.m., 9:30 a.m., 10:00 a.m., 10:30 a.m., 12:30 p.m., 1:00 p.m.
	8:00 a.m., 10:00 a.m., 12:00 p.m.	8:00 a.m., 10:00 a.m.

## Clinical Pearls (CP)

Faculty present brief clinical cases illustrating important teaching points that are relevant to the practicing internist but not widely appreciated. Attendees assess their clinical judgment by using audience-response keypads to answer case-based questions.

## Clinical Triads (CT)

This format builds on the popularity of fast-paced sessions and features three speakers concisely addressing different aspects of an overarching theme. Each session covers topics that are highly relevant to clinical practice.

## Meet the Professor (MTP)

Distinguished faculty analyze controversial issues, recent advances, and new developments in selected topics.

## Multiple Small Feedings of the Mind (MSFM)

Faculty provide concise, evidence-based answers to common, yet difficult, patient-management problems. Emphasis is on complex or controversial issues frequently faced by practicing internists.

## Panels (PN)

Two or more faculty address different aspects of the selected topic or engage in point-counterpoint discussion.

## Slide Shows (SS)

Highly visual presentation of selected topics.

## Updates (UD)

Analysis of six to twelve of the year's most important published papers in the subspecialties and related areas.

## Reserved Workshops (RWS) **R**

Most sessions are open to all attendees; however, a few sessions require advance registration because of the hands-on nature or

close learner-faculty interaction of the session. Limited seating may still be available for reserved workshops. To check availability, stop by the Registration area beginning Wednesday at noon.

## Reserved Workshop Standby Policy

Your registration reserves your place in class. However, you must attend the session on time to claim your seat. The College has the right to assign unclaimed reserved seats to standby attendees promptly at 10 minutes after the posted class starting time.

## Mobile Access and Interaction at Internal Medicine Meeting 2016

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**Download the Internal Medicine Meeting 2016 App** for iPhone, iPad, and Android. The app includes complete searchable schedules of scientific sessions, ACP events, and industry-supported additional learning opportunities, allowing you to build your own schedule. You will also find helpful information, such as access to handouts, exhibitor listings, maps, and daily news from the meeting.

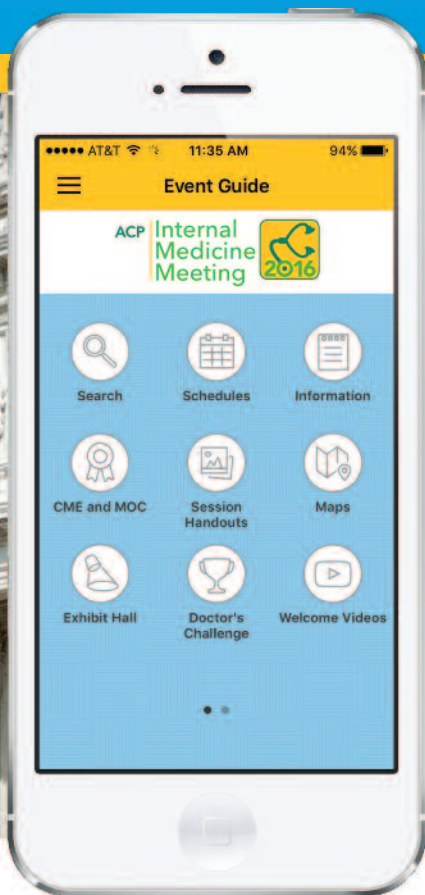
View or download handouts at [im2016.acponline.org/handouts](http://im2016.acponline.org/handouts).

**Twitter:** Use hashtag #im2016 when you share tweets about the meeting. Connect to news and announcements from ACP at [twitter.com/acpinternists](https://twitter.com/acpinternists).

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- Find information on Industry-Supported events.
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\*Only available to registered attendees of Internal Medicine Meeting 2016.

## Cardiology











The Abnormal ECG: What to Do Next? 	Friday MTP 008	4:30-5:30 p.m. Ballroom B
Acute Coronary Syndrome Update 	Thursday MTP 030	4:30-5:30 p.m. Ballroom B
AFib: Latest Choices 	Friday MTP 031	7:00-8:00 a.m. Hall C
Cardiac Murmurs: Benign or Serious? 	Thursday RWS 006	11:15 a.m.-12:45 p.m. Room 201
Cardiac Murmurs: Benign or Serious? 	Thursday RWS 007	2:15-3:45 p.m. Room 201
Cardio-Oncology: Managing Heart Disease in the Cancer Patient 	Saturday MTP 001	9:30-10:30 a.m. Ballroom B
Chest Pain: Evaluation and Management 	Thursday MTP 003	8:15-9:15 a.m. Salon G-I
Coronary Intervention: Nuts and Bolts 	Friday MTP 002	7:00-8:00 a.m. Ballroom B
Heart Failure: Updated Management to Optimize Outcomes 	Thursday MTP 005	7:00-8:00 a.m. Salon A-C
Life-Threatening ECGs Encountered in the Outpatient Setting 	Saturday RWS 010	8:15-9:15 a.m. Room 201
Life-Threatening ECGs Encountered in the Outpatient Setting 	Saturday RWS 011	9:30-10:30 a.m. Room 201
Multiple Small Feedings of the Mind: Cardiology, Alcohol Use Disorders, and Rheumatology 	Saturday MSFM 003	2:15-3:45 p.m. Hall C
Optimal Management of Chronic CAD 	Saturday MTP 006	4:00-5:00 p.m. Salon G-I
Preventive Cardiology: Men and Women, Young and Old 	Thursday MTP 007	11:15 a.m.-12:45 p.m. Ballroom A
Syncope 	Friday MTP 057	4:30-5:30 p.m. Hall C
Update in Cardiology 	Friday UD 001	8:15-9:15 a.m. Room 146
Valvular Heart Disease: Evaluation and Management 	Friday MTP 004	9:30-10:30 a.m. Salon G-I
Vascular Disease: Screening and Management for Primary Care Physicians 	Saturday MTP 009	8:15-9:15 a.m. Room 151
"Voodoo" Death Revisited: What Walter Cannon Taught Us About Neurocardiology 	Thursday MTP 107	4:30-5:30 p.m. Room 152

# Scientific Program Sessions

## Career and Professionalism

<i>Annals</i> Articles That Can Change Practice 2015-2016 	Friday PN 014	2:15-3:45 p.m. Room 151
Build Your Resilient Self: Practical Positive Psychology and Mindfulness to Thwart Burnout 	Friday RWS 004	2:15-3:45 p.m. Room 204 C
Build Your Resilient Self: Practical Positive Psychology and Mindfulness to Thwart Burnout 	Saturday RWS 005	2:15-3:45 p.m. Room 204 C
Building Practical Resiliency and Mental Toughness 	Thursday PN 045	2:15-3:45 p.m. Room 145
C. Wesley Eisele Lecture: Practice Transformation Aimed at Improving Efficiency and Joy in Practice 	Friday AL 002	9:30-10:30 a.m. Room 147
Communicating Effectively When You Don't Want To: An Intensive Training for Difficult Patient Encounters	Saturday WSO 002	2:15-3:45 p.m. Room 143
Creating a Teamwork Culture in the Hospital  	Friday PN 001	2:15-3:45 p.m. Salon A-C
Effective Negotiation Skills 	Friday PN 018	11:15 a.m.-12:45 p.m. Room 152
Engaging the Internal Medicine Community in Redesigning MOC 	Thursday PN 047	4:30-5:30 p.m. Room 146
Finding the Joy in Medicine and Life 	Saturday PN 011	2:15-3:45 p.m. Room 151
Heal Thyself: Improving Physician Wellness—Practical Applications of Wellness Techniques: Breathing, Meditation, and Laughter 	Thursday RWS 008	8:15-9:15 a.m. Room 204 C
How to Advance from Assistant to Associate Professor: The Pathway to Progression in Academic Medicine 	Friday PN 016	7:00-8:00 a.m. Room 152
Implementing High-Value Care Projects 	Friday RWS 020	4:30-5:30 p.m. Room 204 C
Leading and Managing Change 	Thursday PN 017	8:15-9:15 a.m. Room 145
Learning to Avoid "Contextual Errors" When Planning Patient Care 	Friday RWS 009	11:15 a.m.-12:45 p.m. Room 204 C
Patient Partnership: Harnessing the Power of the Healing Relationship 	Friday PN 015	8:15-9:15 a.m. Room 145
The Power of Persuasion: Writing an Op-Ed That Matters 	Friday PN 019	4:30-5:30 p.m. Room 145
Presentation Skills for Physicians: Making Your Next Teaching Presentation Go Better Than Your Last 	Saturday MTP 099	8:15-9:15 a.m. Room 145
A Return to Bedside Medicine: Countering the Hidden Curriculum  	Saturday PN 026	8:15-9:15 a.m. Salon G-I
Variation Reduction: Using Clinical Data to Improve Physician Communication, Patient Outcomes, and Affordability 	Saturday RWS 019	11:15 a.m.-12:45 p.m. Room 204 C
What Makes a Good Volunteer? 	Friday PN 013	11:15 a.m.-12:45 p.m. Room 145


## Clinical Pharmacology

Debriding the Medication List: Reducing Polypharmacy in the Elderly  	Friday MTP 010	4:30-5:30 p.m. Room 151
Medication Treatment for Addictive Disorders  	Friday MTP 091	7:00-8:00 a.m. Room 151
Top Ten Medication Errors  	Thursday MTP 011	8:15-9:15 a.m. Ballroom B
Toward Safer and More Effective Opioid Prescribing: CDC Guideline for Prescribing Opioids for Chronic Pain, 2016  	Friday PN 046	8:15-9:15 a.m. Room 151
Update in New Medications  	Saturday UD 002	2:15-3:45 p.m. Room 146

## Communication Skills





Communicating Effectively When You Don't Want To: An Intensive Training for Difficult Patient Encounters	Saturday WSO 002	2:15-3:45 p.m. Room 143
Engaging the e-Patient: How Technology, Transparency, and Attitude Can Improve Practice for You and Your Patients 	Thursday MTP 103	11:15 a.m.-12:45 p.m. Room 103
The Language of Empathy and Engagement: Communication Essentials for Patient-Centered Care 	Thursday RWS 016	11:15 a.m.-12:45 p.m. Room 204 C
Managing the Difficult Patient in the Hospital 	Saturday MTP 048	4:00-5:00 p.m. Room 152
Motivational Interviewing for the Busy Clinician 	Friday RWS 012	7:00-9:15 a.m. Room 204 C
Motivational Interviewing: On a Scale of 1-10, How Interested Are You? 	Saturday MTP 012	11:15 a.m.-12:45 p.m. Room 143
Patient Partnership: Harnessing the Power of the Healing Relationship 	Friday PN 015	8:15-9:15 a.m. Room 145
Shared Decision Making: Practical Applications for Clinical Practice 	Saturday RWS 015	8:15-10:30 a.m. Room 204 C

## Dermatology

Clinical Pearls: Hematology and Dermatology 	Friday CP 002	11:15 a.m.-12:45 p.m. Hall C
Dermatology for the Hospitalist 	Friday MTP 033	8:15-9:15 a.m. Hall C
Dermatology for the Internist	Saturday SS 001	11:15 a.m.-12:45 p.m. Ballroom A

# Scientific Program Sessions













## Disaster Preparedness

Disaster Management and Preparedness: Lessons from the Field  	Friday MTP 035	4:30-5:30 p.m. Salon G-I
Sustainable Health Care After a Disaster  	Saturday PN 009	11:15 a.m.-12:45 p.m. Room 151










## Early Career Physicians, Residents/Fellows

ACP's Dragon's Lair: Breathing Fire Into Healthcare Transformation 	Thursday PN 048	11:15 a.m.-12:45 p.m. Room 202
Building Practical Resiliency and Mental Toughness 	Thursday PN 045	2:15-3:45 p.m. Room 145
Career Crossroads: Choosing Your Path 	Friday PN 020	2:15-3:45 p.m. Room 152
Communicating Effectively When You Don't Want To: An Intensive Training for Difficult Patient Encounters	Saturday WSO 002	2:15-3:45 p.m. Room 143
Effective Negotiation Skills 	Friday PN 018	11:15 a.m.-12:45 p.m. Room 152
EHRs and Medical Students: Best Practices and Barriers for Teaching EHR Documentation and Use  	Thursday PN 033	7:00-8:00 a.m. Room 103
Ethics and EHRs: Best Practices for Patient Care and Training  	Saturday PN 027	11:15 a.m.-12:45 p.m. Room 150
How to Advance from Assistant to Associate Professor: The Pathway to Progression in Academic Medicine 	Friday PN 016	7:00-8:00 a.m. Room 152
Leading and Managing Change 	Thursday PN 017	8:15-9:15 a.m. Room 145
The Power of Persuasion: Writing an Op-Ed That Matters 	Friday PN 019	4:30-5:30 p.m. Room 145
Presentation Skills for Physicians: Making Your Next Teaching Presentation Go Better Than Your Last 	Saturday MTP 099	8:15-9:15 a.m. Room 145
Residents as Teachers	Saturday WSO 003	2:15-3:45 p.m. Room 145
Teaching in the Hospital: Strategies to Help You Improve Tomorrow 	Thursday MTP 058	8:15-9:15 a.m. Room 150

## Endocrinology

Androgen Therapy in Men 	Friday MTP 013	2:15-3:45 p.m. Ballroom C
Clinical Triad: Men's Health—ED, Prostate, Androgen Replacement 	Thursday CT 004	8:15-9:15 a.m. Ballroom A
Common Thyroid Disorders: Evaluation and Management 	Friday MTP 014	11:15 a.m.-12:45 p.m. Ballroom C
Diabetes Management in the Hospital 	Friday MTP 034	8:15-9:15 a.m. Salon A-C
Endocrine Emergencies 	Thursday MTP 037	7:00-8:00 a.m. Ballroom A
Hyponatremia Management in the Hospital 	Saturday MTP 042	7:00-8:00 a.m. Ballroom B
Multiple Small Feedings of the Mind: Gastroenterology, Psychiatry, and Osteoporosis 	Friday MSFM 002	2:15-3:45 p.m. Hall C
Multiple Small Feedings of the Mind: Women's Health, Men's Health, and Transgender Health 	Thursday MSFM 001	2:15-3:45 p.m. Hall C
Osteoporosis: Ongoing Controversies  	Thursday MTP 015	2:15-3:45 p.m. Ballroom B
Outpatient Diabetes Management 	Saturday MTP 016	2:15-3:45 p.m. Ballroom C
Update in Endocrinology 	Friday UD 003	7:00-8:00 a.m. Room 146

















## End-of-Life and Palliative Care

End-of-Life Planning: Having the Conversation, Making the Plan 	Thursday WSO 004	4:30-5:30 p.m. Room 147
Ethics, Law, and Shared Decision Making: Multicultural Approaches to End-of-Life Care  	Saturday PN 021	2:15-3:45 p.m. Room 150
Palliative and End-of-Life Care  	Friday MTP 070	8:15-9:15 a.m. Salon G-I
Palliative Care in the Hospital: Issues at the End of Life  	Saturday MTP 049	8:15-9:15 a.m. Room 143
When Someone Else Must Decide: Surrogate Decision Making in Clinical Practice—Ethical Challenges Role Play  	Friday PN 029	2:15-3:45 p.m. Room 143















# Scientific Program Sessions

## Ethics and Health Policy

60 Minutes: Special Report on Hot Issues in Health Policy 	Friday PN 022	9:30-10:30 a.m. Room 143
Accepting Patients With Disabilities Into Your Practice: Tools and Tips to Make the Transition Work for Everyone 	Friday PN 025	8:15-9:15 a.m. Room 143
The Affordable Care Act Health Coverage Expansion: Two and a Half Year Progress Report 	Thursday PN 024	7:00-8:00 a.m. Room 143
Ethics and EHRs: Best Practices for Patient Care and Training  	Saturday PN 027	11:15 a.m.-12:45 p.m. Room 150
Ethics Year in Review  	Thursday PN 028	2:15-3:45 p.m. Room 143
Ethics, Law, and Shared Decision Making: Multicultural Approaches to End-of-Life Care  	Saturday PN 021	2:15-3:45 p.m. Room 150
High-Value International Care: How Other Countries Are Choosing Wisely in Using Limited Health Care Resources  	Thursday PN 012	2:15-3:45 p.m. Room 150
How Will the 2016 Elections Impact the U.S. Health Care System? 	Thursday PN 023	4:30-5:30 p.m. Room 150
A Return to Bedside Medicine: Countering the Hidden Curriculum  	Saturday PN 026	8:15-9:15 a.m. Salon G-I
When Someone Else Must Decide: Surrogate Decision Making in Clinical Practice—Ethical Challenges Role Play  	Friday PN 029	2:15-3:45 p.m. Room 143

## Gastroenterology and Hepatology

Clinical Pearls: Perioperative Medicine and Gastroenterology 	Thursday CP 001	11:15 a.m.-12:45 p.m. Hall C
Clinical Triad: Screening for GI Malignancies—Esophagus, Pancreas, and Colon 	Friday CT 001	8:15-9:15 a.m. Ballroom A
Colorectal Cancer Screening: Current Standards of Care 	Saturday MTP 017	7:00-8:00 a.m. Salon A-C
Evaluation of the Patient with Abnormal Liver Tests 	Friday MTP 018	4:30-5:30 p.m. Salon A-C
Evolving Paradigms in Chronic Hepatitis 	Thursday MTP 019	8:15-9:15 a.m. Ballroom C
Gluten and Wheat Sensitivity in Primary Care: New Concepts, Evolving Knowledge, and Treatment Approaches 	Saturday MTP 020	4:00-5:00 p.m. Room 151
IBD: Key Concepts and Treatment Paradigms 	Thursday MTP 021	4:30-5:30 p.m. Room 143
Inpatient Management of Acute and Chronic Liver Disease 	Thursday MTP 044	4:30-5:30 p.m. Salon A-C
Multiple Small Feedings of the Mind: Gastroenterology, Psychiatry, and Osteoporosis 	Friday MSFM 002	2:15-3:45 p.m. Hall C
Oropharyngeal Dysphagia: When Feeding and Swallowing May Be Hazardous  	Friday MTP 024	4:30-5:30 p.m. Room 143
Update in Gastroenterology and Hepatology 	Saturday UD 004	8:15-9:15 a.m. Room 146

## Geriatric Medicine

Debriding the Medication List: Reducing Polypharmacy in the Elderly  	Friday MTP 010	4:30-5:30 p.m. Room 151
Dementia: Key Issues for Mild, Moderate, and Late Stages  	Saturday MTP 022	2:15-3:45 p.m. Salon G-I
End-of-Life Planning: Having the Conversation, Making the Plan 	Thursday WSO 004	4:30-5:30 p.m. Room 147
Ethics, Law, and Shared Decision Making: Multicultural Approaches to End-of-Life Care  	Saturday PN 021	2:15-3:45 p.m. Room 150
Evidence-Based Geriatric Assessment: In Search of the Fountain of Youth  	Thursday MTP 023	4:30-5:30 p.m. Ballroom C
Geriatrics for the Hospitalist  	Thursday MTP 038	11:15 a.m.-12:45 p.m. Room 151
Great Coronaries but Rusty Joints: Managing Osteoarthritis Pain in the Elderly  	Friday MTP 083	9:30-10:30 a.m. Ballroom C
Multiple Small Feedings of the Mind: Gastroenterology, Psychiatry, and Osteoporosis 	Friday MSFM 002	2:15-3:45 p.m. Hall C
Oropharyngeal Dysphagia: When Feeding and Swallowing May Be Hazardous  	Friday MTP 024	4:30-5:30 p.m. Room 143
Osteoporosis: Ongoing Controversies  	Thursday MTP 015	2:15-3:45 p.m. Ballroom B
Palliative and End-of-Life Care  	Friday MTP 070	8:15-9:15 a.m. Salon G-I
Palliative Care in the Hospital: Issues at the End of Life  	Saturday MTP 049	8:15-9:15 a.m. Room 143
Sexual Disorders in Aging Women  	Friday PN 043	9:30-10:30 a.m. Room 151
Update in Geriatric Medicine  	Saturday UD 005	9:30-10:30 a.m. Room 146
Urinary Incontinence in Women  	Friday MTP 095	8:15-9:15 a.m. Room 152
When Someone Else Must Decide: Surrogate Decision Making in Clinical Practice—Ethical Challenges Role Play  	Friday PN 029	2:15-3:45 p.m. Room 143

# Scientific Program Sessions

## Health Information Technology

Changing EHRs, Changing Practices 🗣️ Ⓢ	Friday PN 031	2:15-3:45 p.m. Room 103
EHR Optimization for Internists: Improving Outcomes, Quality, and Safety for Populations of Patients with Chronic Conditions 🗣️ Ⓢ	Saturday PN 032	2:15-3:45 p.m. Room 103
EHRs and Medical Students: Best Practices and Barriers for Teaching EHR Documentation and Use 🗣️ Ⓢ	Thursday PN 033	7:00-8:00 a.m. Room 103
Engaging the e-Patient: How Technology, Transparency, and Attitude Can Improve Practice for You and Your Patients 🗣️	Thursday MTP 103	11:15 a.m.-12:45 p.m. Room 103
Ethics and EHRs: Best Practices for Patient Care and Training 🗣️ Ⓢ	Saturday PN 027	11:15 a.m.-12:45 p.m. Room 150
Meaningful Use: Are We There Yet? 🗣️	Friday PN 034	11:15 a.m.-12:45 p.m. Room 103
Thriving in a Value-Based Payment World: Navigating Performance Measurement, Public Reporting, and Federal Incentive Programs 🗣️	Saturday PN 040	11:15 a.m.-12:45 p.m. Room 147
What May Change Your Practice Tomorrow: Hot Topics in Medical Informatics 🗣️	Saturday PN 035	8:15-9:15 a.m. Room 103
























## Hematology

Acquired Bleeding Disorders and Thrombocytopenia: Evaluation and Management 🗣️	Saturday MTP 026	11:15 a.m.-12:45 p.m. Ballroom B
Clinical Pearls: Hematology and Dermatology 🗣️	Friday CP 002	11:15 a.m.-12:45 p.m. Hall C
Clinical Triad: Venous Thromboembolism Diagnosis and Management—Appropriate Roles for Imaging and Devices 🗣️	Friday CT 002	4:30-5:30 p.m. Ballroom A
Hematologic and Oncologic Emergencies 🗣️	Friday MTP 041	7:00-8:00 a.m. Ballroom A
Hemolytic Anemia That You May See in Your Practice: Sickle Cell Disease, Autoimmune Hemolytic Anemia, and G-6-PD Deficiency 🗣️	Thursday MTP 028	8:15-9:15 a.m. Room 151
Parsimonious Use of Blood Products in the Hospital 🗣️ Ⓢ	Saturday MTP 050	4:00-5:00 p.m. Salon A-C
Polyclonal and Monoclonal Gammopathies 🗣️	Friday MTP 029	9:30-10:30 a.m. Ballroom A
Update in Hematology and Oncology 🗣️	Friday UD 006	2:15-3:45 p.m. Room 146
Venous Thromboembolism: Evaluation and Management 🗣️	Thursday MTP 027	11:15 a.m.-12:45 p.m. Salon A-C
VTE Controversies 🗣️	Saturday MTP 108	11:15 a.m.-12:45 p.m. Salon G-I

## Hospital Medicine

See Hospitalist Track on pages 66-68.

## Infectious Diseases




Antibiotic Prophylaxis and Screening for Infections: Current Concepts and an Evidence-Based Approach  	Thursday MTP 060	7:00-8:00 a.m. Ballroom C
Clinical Pearls: Psychiatry and Infectious Diseases 	Saturday CP 003	11:15 a.m.-12:45 p.m. Hall C
Common Ambulatory Genitourinary and Sexually Transmitted Infections  	Saturday MTP 061	8:15-9:15 a.m. Ballroom C
Emerging Infectious Diseases: An International Perspective on Ebola  	Friday PN 030	11:15 a.m.-12:45 p.m. Salon A-C
HCAP: Latest Evidence  	Saturday MTP 040	7:00-8:00 a.m. Ballroom A
HIV 2016  	Saturday MTP 062	4:00-5:00 p.m. Room 143
Hospital-Acquired Infections: <i>C. difficile</i> , MRSA, and Emerging Infections  	Saturday MTP 109	2:15-3:45 p.m. Salon A-C
Pitfalls and Pearls of Common Outpatient Infections  	Friday MTP 063	7:00-8:00 a.m. Ballroom C
Sepsis  	Thursday MTP 055	2:15-3:45 p.m. Salon A-C
Understanding and Implementing Vaccinations in Your Practice  	Saturday PN 041	7:00-8:00 a.m. Room 147
Update in Infectious Disease  	Saturday UD 008	7:00-8:00 a.m. Room 146
Vector-Borne Infections in the United States  	Saturday MTP 064	9:30-10:30 a.m. Ballroom C

## Medical Practice Management






ACP's Dragon's Lair: Breathing Fire Into Healthcare Transformation 	Thursday PN 048	11:15 a.m.-12:45 p.m. Room 202
Advanced Coding: Do It Right 	Friday PN 036	11:15 a.m.-12:45 p.m. Room 147
C. Wesley Eisele Lecture: Practice Transformation Aimed at Improving Efficiency and Joy in Practice 	Friday AL 002	9:30-10:30 a.m. Room 147
Changing EHRs, Changing Practices  	Friday PN 031	2:15-3:45 p.m. Room 103
Choosing Between MIPS and APM: A Fork in the Road Ahead 	Thursday PN 039	8:15-9:15 a.m. Room 147
Coding and Billing 101: Getting Paid for What You Do 	Saturday MTP 104	2:15-3:45 p.m. Room 147
Direct Patient Contracting Practices: Has Their Time Come? 	Friday PN 037	2:15-3:45 p.m. Room 147
Implementing High-Value Care Projects 	Friday RWS 020	4:30-5:30 p.m. Room 204 C

# Scientific Program Sessions









## Medical Practice Management (cont.)

Small Practice Strategies for Mastering the Complexities of Today's World 	Friday PN 038	4:30-5:30 p.m. Room 147
Think Inside the Box: Hospital Inpatient Coding	Thursday MTP 105	11:15 a.m.-12:45 p.m. Room 147
Thriving in a Value-Based Payment World: Navigating Performance Measurement, Public Reporting, and Federal Incentive Programs 	Saturday PN 040	11:15 a.m.-12:45 p.m. Room 147
What May Change Your Practice Tomorrow: Hot Topics in Medical Informatics 	Saturday PN 035	8:15-9:15 a.m. Room 103











## Medical Student Programs

Developing Your CV for Medical Students	Thursday WSO 005	4:30-5:30 p.m. Room 145
EHRs and Medical Students: Best Practices and Barriers for Teaching EHR Documentation and Use  	Thursday PN 033	7:00-8:00 a.m. Room 103
Ethics and EHRs: Best Practices for Patient Care and Training  	Saturday PN 027	11:15 a.m.-12:45 p.m. Room 150
Evidence-Based Medicine from Theory to Practice	Friday WSO 006	9:30-10:30 a.m. Room 147
Mastering the Match 	Thursday PN 042	2:15-3:45 p.m. Room 145
Stump the Professor	Friday WSO 008	2:15-3:45 p.m. Room 145











## Nephrology and Hypertension

Approach to Resistant Hypertension 	Saturday MTP 065	7:00-8:00 a.m. Hall C
Controversies in the Treatment of Hypertension 	Friday MTP 066	2:15-3:45 p.m. Ballroom A
Electrolytes, Acid-Base Case-Based Review 	Thursday MTP 036	8:15-9:15 a.m. Salon A-C
Hyponatremia Management in the Hospital 	Saturday MTP 042	7:00-8:00 a.m. Ballroom B
Inpatient Hypertension Management 	Saturday MTP 043	9:30-10:30 a.m. Ballroom A
Reducing Risk of Acute Kidney Injury in High-Risk Patients 	Saturday MTP 067	4:00-5:00 p.m. Room 146
Special Topics in Hypertension and Chronic Kidney Disease 	Friday PN 004	8:15-9:15 a.m. Ballroom B
Update in Nephrology and Hypertension 	Thursday UD 009	11:15 a.m.-12:45 p.m. Room 146

## Neurology




Headache: Evaluation and Treatment 	Saturday MTP 068	9:30-10:30 a.m. Hall C
Movement Disorders: Essentials and Tremor for Office Practice 	Friday MTP 069	8:15-9:15 a.m. Ballroom C
Oropharyngeal Dysphagia: When Feeding and Swallowing May Be Hazardous  	Friday MTP 024	4:30-5:30 p.m. Room 143
Recognizing and Managing Central Pain Syndromes: Where the Body Meets the Brain  	Saturday MTP 087	4:00-5:00 p.m. Ballroom B
Recognizing and Managing Neurologic Emergencies 	Friday MTP 054	9:30-10:30 a.m. Ballroom B
Stroke/TIA Update 	Thursday MTP 056	2:15-3:45 p.m. Ballroom A
Update in Neurology 	Friday UD 010	9:30-10:30 a.m. Room 146
"Voodoo" Death Revisited: What Walter Cannon Taught Us About Neurocardiology 	Thursday MTP 107	4:30-5:30 p.m. Room 152

## Oncology






















Abnormal Lung Cancer Screening Exams: High-Value Evaluation 	Friday MTP 078	4:30-5:30 p.m. Ballroom C
Cardio-Oncology: Managing Heart Disease in the Cancer Patient 	Saturday MTP 001	9:30-10:30 a.m. Ballroom B
Clinical Triad: Men's Health—ED, Prostate, Androgen Replacement 	Thursday CT 004	8:15-9:15 a.m. Ballroom A
Clinical Triad: Screening for GI Malignancies—Esophagus, Pancreas, and Colon 	Friday CT 001	8:15-9:15 a.m. Ballroom A
Clinical Triad: The Top Three—What the Internist Needs to Know About Breast, Prostate, and Lung Cancer Screening 	Saturday CT 003	8:15-9:15 a.m. Ballroom A
Colorectal Cancer Screening: Current Standards of Care 	Saturday MTP 017	7:00-8:00 a.m. Salon A-C
Hematologic and Oncologic Emergencies 	Friday MTP 041	7:00-8:00 a.m. Ballroom A
Primary Care of the Breast Cancer Survivor 	Saturday MTP 094	9:30-10:30 a.m. Room 150
Prostate Cancer: What an Internist Needs to Know 	Thursday MTP 071	4:30-5:30 p.m. Room 151
Update in Hematology and Oncology 	Friday UD 006	2:15-3:45 p.m. Room 146

# Scientific Program Sessions

## Ophthalmology and Otolaryngology

ENT Referrals: Hoarseness, Dizziness, Hearing Loss, and Recurrent Sinus Infections 	Thursday MTP 072	2:15-3:45 p.m. Room 151
Ophthalmology for the Internist	Saturday SS 002	4:00-5:00 p.m. Hall C
Oropharyngeal Dysphagia: When Feeding and Swallowing May Be Hazardous  	Friday MTP 024	4:30-5:30 p.m. Room 143

## Patient Safety and Quality

Accepting Patients With Disabilities Into Your Practice: Tools and Tips to Make the Transition Work for Everyone 	Friday PN 025	8:15-9:15 a.m. Room 143
Creating a Teamwork Culture in the Hospital  	Friday PN 001	2:15-3:45 p.m. Salon A-C
Diagnostic Reasoning and Diagnostic Error: Can We Improve Our Thinking?  	Saturday MTP 110	9:30-10:30 a.m. Room 145
EHR Optimization for Internists: Improving Outcomes, Quality, and Safety for Populations of Patients with Chronic Conditions  	Saturday PN 032	2:15-3:45 p.m. Room 103
The Evolving Role of Hospitalists in Care Transitions	Friday MTP 051	7:00-8:00 a.m. Salon G-I
Hand-Offs: Safe Transitions, Reducing Unnecessary Readmissions 	Thursday MTP 039	7:00-8:00 a.m. Room 150
Heart Failure: Updated Management to Optimize Outcomes 	Thursday MTP 005	7:00-8:00 a.m. Salon A-C
High-Value International Care: How Other Countries Are Choosing Wisely in Using Limited Health Care Resources  	Thursday PN 012	2:15-3:45 p.m. Room 150
Making the Hospital Safer: What Can Hospitalists Do?  	Friday MTP 046	9:30-10:30 a.m. Salon A-C
Parsimonious Use of Blood Products in the Hospital  	Saturday MTP 050	4:00-5:00 p.m. Salon A-C
Perioperative Medicine QA/PI Grand Rounds: What Went Wrong?  	Friday PN 044	11:15 a.m.-12:45 p.m. Ballroom B
Risk Management Pearls: Improving Patient Safety  	Saturday MTP 073	7:00-8:00 a.m. Salon G-I
Sepsis  	Thursday MTP 055	2:15-3:45 p.m. Salon A-C

## Perioperative Medicine

Clinical Pearls: Perioperative Medicine and Gastroenterology	Thursday CP 001	11:15 a.m.-12:45 p.m. Hall C
Perioperative Care: Latest Evidence for the Hospitalist	Saturday MTP 052	11:15 a.m.-12:45 p.m. Ballroom C
Perioperative Medicine QA/PI Grand Rounds: What Went Wrong?	Friday PN 044	11:15 a.m.-12:45 p.m. Ballroom B
The "Preop": An Evidence-Based Approach	Thursday MTP 075	2:15-3:45 p.m. Ballroom C

## Psychiatry

Clinical Pearls: Psychiatry and Infectious Diseases	Saturday CP 003	11:15 a.m.-12:45 p.m. Hall C
Dementia: Key Issues for Mild, Moderate, and Late Stages	Saturday MTP 022	2:15-3:45 p.m. Salon G-I
Depression: Screening, Diagnosis, and Treatment	Saturday MTP 076	4:00-5:00 p.m. Ballroom C
Multiple Small Feedings of the Mind: Gastroenterology, Psychiatry, and Osteoporosis	Friday MSFM 002	2:15-3:45 p.m. Hall C
Nicholas E. Davies Memorial Award Lecture: Ethics of the Falling Man	Saturday AL 001	9:30-10:30 a.m. Room 152
Posttraumatic Stress Disorder	Thursday MTP 077	7:00-8:00 a.m. Ballroom B

## Pulmonary Diseases and Critical Care

Abnormal Lung Cancer Screening Exams: High-Value Evaluation	Friday MTP 078	4:30-5:30 p.m. Ballroom C
Clinical Triad: The Top Three-What the Internist Needs to Know About Breast, Prostate, and Lung Cancer Screening	Saturday CT 003	8:15-9:15 a.m. Ballroom A
Clinical Triad: Venous Thromboembolism Diagnosis and Management-Appropriate Roles for Imaging and Devices	Friday CT 002	4:30-5:30 p.m. Ballroom A
Critical Care: Latest Evidence	Thursday MTP 032	11:15 a.m.-12:45 p.m. Ballroom C
Dyspnea: Evaluation and Management	Thursday MTP 079	11:15 a.m.-12:45 p.m. Salon G-I
Elevated Temperature: Clinical, Diagnostic, and Therapeutic Considerations	Thursday MTP 082	8:15-9:15 a.m. Room 143
HCAP: Latest Evidence	Saturday MTP 040	7:00-8:00 a.m. Ballroom A
Management of Acute COPD and Asthma Exacerbations in the Hospital	Saturday MTP 047	2:15-3:45 p.m. Ballroom B
Pulmonary Rehabilitation: What Exactly Is It, and Who Benefits?	Saturday MTP 080	9:30-10:30 a.m. Salon G-I
Sleep Disorders: More Than Obstructive Sleep Apnea	Saturday MTP 081	7:00-8:00 a.m. Ballroom C



# Scientific Program Sessions


## Pulmonary Diseases and Critical Care (cont.)

Smoking Cessation: An Evidence-Based Approach	Saturday MTP 092	7:00-8:00 a.m. Room 151
Update in Critical Care Medicine	Thursday UD 011	8:15-9:15 a.m. Room 146
Update in Pulmonary Medicine	Saturday UD 012	11:15 a.m.-12:45 p.m. Room 146
Venous Thromboembolism: Evaluation and Management	Thursday MTP 027	11:15 a.m.-12:45 p.m. Salon A-C
VTE Controversies	Saturday MTP 108	11:15 a.m.-12:45 p.m. Salon G-I



















## Rheumatology and Allergy & Immunology

Common Allergic Problems: An Update	Saturday MTP 090	9:30-10:30 a.m. Salon A-C
Gluten and Wheat Sensitivity in Primary Care: New Concepts, Evolving Knowledge, and Treatment Approaches	Saturday MTP 020	4:00-5:00 p.m. Room 151
Great Coronaries but Rusty Joints: Managing Osteoarthritis Pain in the Elderly	Friday MTP 083	9:30-10:30 a.m. Ballroom C
Low Back Pain: Diagnosis and Management	Saturday MTP 084	8:15-9:15 a.m. Hall C
Multiple Small Feedings of the Mind: Cardiology, Alcohol Use Disorders, and Rheumatology	Saturday MSFM 003	2:15-3:45 p.m. Hall C
Multiple Small Feedings of the Mind: Gastroenterology, Psychiatry, and Osteoporosis	Friday MSFM 002	2:15-3:45 p.m. Hall C
Office Orthopedics for Primary Care	Friday MTP 085	11:15 a.m.-12:45 p.m. Ballroom A
Osteoporosis: Ongoing Controversies	Thursday MTP 015	2:15-3:45 p.m. Ballroom B
Outpatient Treatment of Common Orthopedic Conditions	Thursday MTP 086	2:15-3:45 p.m. Salon G-I
The Positive ANA and Other Immunologic Studies: When to Order and When to Regret Ordering?	Friday MTP 088	7:00-8:00 a.m. Salon A-C
Practical Office Orthopedics: Shoulder & Knee	Friday RWS 013	7:00-10:30 a.m. Room 201
Practical Office Orthopedics: Shoulder & Knee	Saturday RWS 014	11:15 a.m.-3:45 p.m. Room 201
Recognizing and Managing Central Pain Syndromes: Where the Body Meets the Brain	Saturday MTP 087	4:00-5:00 p.m. Ballroom B
Thumbnail Rheumatology: Overview of Monoarthritis, Polyarthritis, Polymyalgia, and Giant Cell Arteritis	Saturday MTP 089	11:15 a.m.-12:45 p.m. Salon A-C
Update in Rheumatology	Thursday UD 013	7:00-8:00 a.m. Room 146

## Substance Abuse

Medication Treatment for Addictive Disorders  	Friday MTP 091	7:00-8:00 a.m. Room 151
Multiple Small Feedings of the Mind: Cardiology, Alcohol Use Disorders, and Rheumatology 	Saturday MSFM 003	2:15-3:45 p.m. Hall C
Smoking Cessation: An Evidence-Based Approach 	Saturday MTP 092	7:00-8:00 a.m. Room 151

## Women's Health











Clinical Triad: The Top Three—What the Internist Needs to Know About Breast, Prostate, and Lung Cancer Screening 	Saturday CT 003	8:15-9:15 a.m. Ballroom A
Common Ambulatory Genitourinary and Sexually Transmitted Infections  	Saturday MTP 061	8:15-9:15 a.m. Ballroom C
A Complete Contraceptive Toolkit: Cases and Demos 	Thursday RWS 001	2:15-3:45 p.m. Room 204 C
A Complete Contraceptive Toolkit: Cases and Demos 	Friday RWS 002	2:15-3:45 p.m. Room 201
Contraception in Women with Chronic Medical Illness 	Saturday MTP 093	8:15-9:15 a.m. Ballroom B
Menopausal Therapy in 2016 	Thursday PN 005	4:30-5:30 p.m. Salon G-I
Multiple Small Feedings of the Mind: Gastroenterology, Psychiatry, and Osteoporosis 	Friday MSFM 002	2:15-3:45 p.m. Hall C
Multiple Small Feedings of the Mind: Women's Health, Men's Health, and Transgender Health 	Thursday MSFM 001	2:15-3:45 p.m. Hall C
Obstetric Medicine: Medical Management of the Pregnant Patient 	Thursday MTP 053	7:00-8:00 a.m. Room 151
Osteoporosis: Ongoing Controversies  	Thursday MTP 015	2:15-3:45 p.m. Ballroom B
Primary Care of the Breast Cancer Survivor 	Saturday MTP 094	9:30-10:30 a.m. Room 150
Sexual Disorders in Aging Women  	Friday PN 043	9:30-10:30 a.m. Room 151
Update in Women's Health 	Friday UD 014	4:30-5:30 p.m. Room 146
Urinary Incontinence in Women  	Friday MTP 095	8:15-9:15 a.m. Room 152

# Scientific Program Sessions

## Additional Topics

ACP's Dragon's Lair: Breathing Fire Into Healthcare Transformation 	Thursday PN 048	11:15 a.m.-12:45 p.m. Room 202
Addressing Clinical Care of Lesbian, Gay, Bisexual, and Transgender (LGBT) People  	Friday PN 007	11:15 a.m.-12:45 p.m. Room 151
<i>Annals</i> Articles That Can Change Practice 2015-2016 	Friday PN 014	2:15-3:45 p.m. Room 151
Annual Medicare Wellness Visit Toolbox: A Practical Workshop 	Friday RWS 003	11:15 a.m.-12:45 p.m. Room 201
Clinical Pearls: Hematology and Dermatology 	Friday CP 002	11:15 a.m.-12:45 p.m. Hall C
Clinical Pearls: Perioperative Medicine and Gastroenterology 	Thursday CP 001	11:15 a.m.-12:45 p.m. Hall C
Clinical Pearls: Psychiatry and Infectious Diseases 	Saturday CP 003	11:15 a.m.-12:45 p.m. Hall C
Consult Talk 	Thursday PN 006	4:30-5:30 p.m. Ballroom A
Diagnostic Reasoning and Diagnostic Error: Can We Improve Our Thinking?  	Saturday MTP 110	9:30-10:30 a.m. Room 145
Heal Thyself: Improving Physician Wellness—Practical Applications of Wellness Techniques: Breathing, Meditation, and Laughter 	Thursday RWS 008	8:15-9:15 a.m. Room 204 C
History of Medicine: The Patient Experience Viewed by Artists 	Thursday MTP 096	11:15 a.m.-12:45 p.m. Room 143
Inpatient Medical Mysteries: Breaking Down a Case 	Friday MTP 045	2:15-3:45 p.m. Ballroom B
Integrating Traditional Chinese and Western Medicine: What Is the Evidence? 	Saturday MTP 097	4:00-5:00 p.m. Room 150
Internal Medicine Meeting 2016 Highlights: Key Messages You'll Want to Take Home and Doctor's Dilemma <sup>SM</sup> : The Finals 	Saturday IMH 001	5:15-6:30 p.m. Ballroom A
Leonardo and the Reinvention of Anatomy	Friday MTP 098	11:15 a.m.-12:45 p.m. Salon G-I
Multiple Small Feedings of the Mind: Cardiology, Alcohol Use Disorders, and Rheumatology 	Saturday MSFM 003	2:15-3:45 p.m. Hall C

## Additional Topics (cont.)


Multiple Small Feedings of the Mind: Gastroenterology, Psychiatry, and Osteoporosis 	Friday MSFM 002	2:15-3:45 p.m. Hall C
Multiple Small Feedings of the Mind: Women's Health, Men's Health, and Transgender Health 	Thursday MSFM 001	2:15-3:45 p.m. Hall C
News You Can Use: Current Clinical Guidelines 	Thursday PN 010	11:15 a.m.-12:45 p.m. Ballroom B
Opening Ceremony 	Thursday OC 001	9:30-10:30 a.m. Hall C
Presidential Medicine: The Doctors in the (White) House 	Saturday MTP 101	9:30-10:30 a.m. Room 151
Stump the Professor	Friday WSO 008	2:15-3:45 p.m. Room 145
Thieves' Market 	Friday MTP 100	9:30-10:30 a.m. Hall C
Transitioning the Complex Special Needs Patient to Your Practice: Lessons from a Med-Peds Trained Developmental Pediatrician 	Thursday MTP 102	7:00-8:00 a.m. Salon G-1
Update in General Internal Medicine 	Thursday UD 015	2:15-3:45 p.m. Room 146
Using Clinical Images to Reinvigorate Your Knowledge Base and Refine Your Clinical Reasoning Skills 	Thursday RWS 017	8:15-9:15 a.m. Room 201
Using Clinical Images to Reinvigorate Your Knowledge Base and Refine Your Clinical Reasoning Skills 	Friday RWS 018	9:30-10:30 a.m. Room 204 C




# Hospitalist Track

If you practice in an inpatient setting, consider following the Hospitalist Track. Sessions cover a range of issues that confront hospital-based physicians, including general medical care in the inpatient setting, medical consultation, end-of-life care, patient safety, and more.

## Acute Coronary Syndrome Update

Thursday 4:30-5:30 p.m. Ballroom B MTP 030 

## AFib: Latest Choices

Friday 7:00-8:00 a.m. Hall C MTP 031 



## Clinical Triad: Venous Thromboembolism Diagnosis and Management—Appropriate Roles for Imaging and Devices

Friday 4:30-5:30 p.m. Ballroom A CT 002 


## Consult Talk

Thursday 4:30-5:30 p.m. Ballroom A PN 006 


## Creating a Teamwork Culture in the Hospital

Friday 2:15-3:45 p.m. Salon A-C PN 001  


## Critical Care: Latest Evidence

Thursday 11:15 a.m.-12:45 p.m. Ballroom C MTP 032 

## Dermatology for the Hospitalist

Friday 8:15-9:15 a.m. Hall C MTP 033 


## Diabetes Management in the Hospital

Friday 8:15-9:15 a.m. Salon A-C MTP 034 

## Disaster Management and Preparedness: Lessons from the Field

Friday 4:30-5:30 p.m. Salon G-I MTP 035  

## Electrolytes, Acid-Base Case-Based Review

Thursday 8:15-9:15 a.m. Salon A-C MTP 036 

## Elevated Temperature: Clinical, Diagnostic, and Therapeutic Considerations

Thursday 8:15-9:15 a.m. Room 143 MTP 082 



**Endocrine Emergencies**

Thursday	7:00-8:00 a.m.	Ballroom A	MTP 037	
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**The Evolving Role of Hospitalists in Care Transitions**

Friday	7:00-8:00 a.m.	Salon G-I	MTP 051	
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**Geriatrics for the Hospitalist**

Thursday	11:15 a.m.-12:45 p.m.	Room 151	MTP 038	
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**Hand-Offs: Safe Transitions, Reducing Unnecessary Readmissions**

Thursday	7:00-8:00 a.m.	Room 150	MTP 039	
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**HCAP: Latest Evidence**

Saturday	7:00-8:00 a.m.	Ballroom A	MTP 040	
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**Hematologic and Oncologic Emergencies**

Friday	7:00-8:00 a.m.	Ballroom A	MTP 041	
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**Hospital-Acquired Infections: *C. difficile*, MRSA, and Emerging Infections**

Saturday	2:15-3:45 p.m.	Salon A-C	MTP 109	
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**Hyponatremia Management in the Hospital**

Saturday	7:00-8:00 a.m.	Ballroom B	MTP 042	
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**Inpatient Hypertension Management**

Saturday	9:30-10:30 a.m.	Ballroom A	MTP 043	
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**Inpatient Management of Acute and Chronic Liver Disease**

Thursday	4:30-5:30 p.m.	Salon A-C	MTP 044	
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**Inpatient Medical Mysteries: Breaking Down a Case**

Friday	2:15-3:45 p.m.	Ballroom B	MTP 045	
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**Making the Hospital Safer: What Can Hospitalists Do?**

Friday	9:30-10:30 a.m.	Salon A-C	MTP 046	
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**Management of Acute COPD and Asthma Exacerbations in the Hospital**

Saturday	2:15-3:45 p.m.	Ballroom B	MTP 047	
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**Managing the Difficult Patient in the Hospital**

Saturday	4:00-5:00 p.m.	Room 152	MTP 048	
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**Obstetric Medicine: Medical Management of the Pregnant Patient**

Thursday	7:00-8:00 a.m.	Room 151	MTP 053	
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**Palliative Care in the Hospital: Issues at the End of Life**

Saturday	8:15-9:15 a.m.	Room 143	MTP 049	
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**Parsimonious Use of Blood Products in the Hospital**

Saturday	4:00-5:00 p.m.	Salon A-C	MTP 050	
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**Perioperative Care: Latest Evidence for the Hospitalist**

Saturday	11:15 a.m.-12:45 p.m.	Ballroom C	MTP 052	
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## Perioperative Medicine QA/PI Grand Rounds: What Went Wrong?

Friday 11:15 a.m.-12:45 p.m. Ballroom B PN 044  

## The "Preop": An Evidence-Based Approach

Thursday 2:15-3:45 p.m. Ballroom C MTP 075 

## Recognizing and Managing Neurologic Emergencies

Friday 9:30-10:30 a.m. Ballroom B MTP 054 

## Sepsis

Thursday 2:15-3:45 p.m. Salon A-C MTP 055  

## Stroke/TIA Update

Thursday 2:15-3:45 p.m. Ballroom A MTP 056 

## Syncope

Friday 4:30-5:30 p.m. Hall C MTP 057 

## Teaching in the Hospital: Strategies to Help You Improve Tomorrow

Thursday 8:15-9:15 a.m. Room 150 MTP 058 

## Think Inside the Box: Hospital Inpatient Coding

Thursday 11:15 a.m.-12:45 p.m. Room 147 MTP 105

## Toward Safer and More Effective Opioid Prescribing: CDC Guideline for Prescribing Opioids for Chronic Pain, 2016

Friday 8:15-9:15 a.m. Room 151 PN 046  

## Update in Critical Care Medicine

Thursday 8:15-9:15 a.m. Room 146 UD 011 


## Update in Hospital Medicine

Friday 11:15 a.m.-12:45 p.m. Room 146 UD 007 


## Value-Based Purchasing for the Hospitalist

Saturday 9:30-10:30 a.m. Room 143 MTP 059 

## Venous Thromboembolism: Evaluation and Management

Thursday 11:15 a.m.-12:45 p.m. Salon A-C MTP 027 

## VTE Controversies

Saturday 11:15 a.m.-12:45 p.m. Salon G-I MTP 108 





## Inspiring Insights in Clinical Care

Recent achievements in medicine have resulted in progress beyond what many could have imagined just decades ago. New science and technology have empowered physicians to make better, faster treatment decisions. Our understanding of the human genome and targeted drug research is producing major improvements in treatments for cancer, heart disease, and many other chronic illnesses.

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**Thursday – 7:00-8:00 a.m.**

**The Affordable Care Act Health Coverage Expansion: Two and a Half Year Progress Report**

Room 143 PN 024 

*Moderator: Ryan A. Crowley*

*Panelists: Mandy Cohen, MD, MPH  
Sara R. Collins, PhD  
Justine Handelman*

1. Has the Affordable Care Act (ACA) met its goal of reducing uninsurance and creating a fairer, more affordable insurance system and improving public health?
2. Does the ACA need to be improved to ensure these goals are met? If so, what should be done?
3. Many states chose not to expand Medicaid and did little to facilitate enrollment in the ACA-created marketplaces. How has the patient and physician experience differed in states that were initially hostile to the ACA compared with states that helped to implement the law?

**Antibiotic Prophylaxis and Screening for Infections: Current Concepts and an Evidence-Based Approach**

Ballroom C MTP 060  

*Professor: Trish M. Perl, MD, FACP*

1. What clinical scenarios or medical conditions support the use of antibiotic prophylaxis?
2. What is the evidence for or against routine antibiotic prophylaxis perioperatively, or pre- or postprocedure?
3. What is the role of decolonization or decontamination protocols/procedures for the MRSA-colonized individual?
4. What is the evidence for or against screening tests for UTIs and *C. difficile* infections?

**EHRs and Medical Students: Best Practices and Barriers for Teaching EHR Documentation and Use**

Room 103 PN 033  

*Moderator: Philip A. Masters, MD, FACP*

*Panelists: David R. Donnersberger, MD, JD, MA, FACP  
Kathryn K. Hufmeyer, MD*

1. What is the current state of teaching medical students to use and optimize patient care with use of the electronic health record (EHR)?
2. How can medical students learn to effectively and efficiently document in EHR systems when attending physicians are advised against such practices, based on Medicare documentation requirements?
3. What changes could be made to the EHR and documentation requirements to facilitate learning by students while minimizing the need for duplicative documentation by the attending physician?

## Thursday – 7:00-8:00 a.m.

### Endocrine Emergencies

Ballroom A MTP 037 

Professor: Hossein Gharib, MD, MACP

1. How do we better diagnose and manage diabetic ketoacidosis (DKA) and hyperosmolar hyperglycemic syndrome (HHS)?
2. How do hospitalists diagnose and manage thyroid-related emergencies?
3. What are common endocrine scenarios that hospitalists mismanage?

### Hand-Offs: Safe Transitions, Reducing Unnecessary Readmissions

Room 150 MTP 039 

Professor: David O. Meltzer, MD, PhD, FACP

1. What is the latest quality research in readmission reduction strategies?
2. What are top-performing hospitals doing about care transitions and readmission improvements that we are not?
3. What is the future of readmission penalties and health reform?

### Heart Failure: Updated Management to Optimize Outcomes

Salon A-C MTP 005 

Professor: Ileana L. Pina, MD, MPH

1. How can readmissions be reduced (methods, medications, and technological assistance)?
2. What strategies have been shown not to work?
3. What can you treat as an outpatient and what requires admission?
4. Which patients should be referred for inotropes or LVADs?

### Obstetric Medicine: Medical Management of the Pregnant Patient

Room 151 MTP 053 

Professor: Karen Rosene-Montella, MD, FACP

1. What are common case examples hospitalists face with the pregnant patient?
2. What does every hospitalist need to know about managing the pregnant patient?
3. How does management of hypertension, diabetes, and thrombosis change during pregnancy?
4. What basic physiologic changes occur during pregnancy?
5. How should prescribing in pregnancy be approached?

### Posttraumatic Stress Disorder

Ballroom B MTP 077  

Professor: Kurt Kroenke, MD, MACP

1. Which patients in general medical practice should be evaluated for posttraumatic stress disorder (PTSD)?
2. How does one efficiently screen for and diagnose PTSD?
3. What are the best pharmacologic and non-pharmacologic approaches to PTSD?
4. What is the best approach to special types of PTSD (e.g., post-ICU or dual diagnosis)?

**Thursday – 7:00-8:00 a.m.**

**Transitioning the Complex Special Needs Patient to Your Practice: Lessons from a Med-Peds Trained Developmental Pediatrician**

Salon G-I                      MTP 102                      

*Professor:*                      *Pixie J. Plummer, MD, Member*

1. Learn about the core elements for implementing the new clinical report and algorithm developed jointly by the AAP, AAFP, and ACP to improve health care transition for youth and families.
2. Identify specific issues, outside of a standard office visit, that need to be addressed when seeing complex patients, and learn tips for efficiency.
3. Learn basic tips for managing complications related to G tubes, respiratory equipment, and other medical technology for patients with disabilities.

**Update in Rheumatology**

Room 146                      UD 013                      

*Moderator:*                      *Salahuddin Kazi, MD, FACP*

**Thursday – 8:15-9:15 a.m.**

**Chest Pain: Evaluation and Management**

Salon G-I                      MTP 003                      

*Professor:*                      *Matthew DeCaro, MD, FACC*

1. How should the patient who presents in my office with chest pain be managed? What is the outpatient work-up?
2. What is the outpatient observation process, and who gets it? Which patients should be admitted and not observed for further evaluation?
3. Are nonspecific T-waves really nonspecific? Are positive troponins always positive?
4. Which stress test for which patient?
5. Which postdischarge patients should be followed in the office?

**Learn about the Latest ACP Clinical Practice Guidelines**

Attend the News You Can Use: Current Clinical Guidelines session on Thursday, 11:15 a.m.-12:45 p.m. in Ballroom B.

Stop by the ACP Guidelines Booth in the ACP Resource Center to suggest ideas for new guideline topics, learn about ACP's guideline development process, and find assistance in accessing the guidelines through our website or app.

Download the free Clinical Guidelines app by scanning the following QR code with your smartphone or tablet or searching "ACP Guidelines" in the iTunes or GooglePlay store. You can also access all of ACP's Guidelines for free at [www.acponline.org/clinical\\_information/guidelines/](http://www.acponline.org/clinical_information/guidelines/)



## Thursday – 8:15-9:15 a.m.

### Choosing Between MIPS and APM: A Fork in the Road Ahead

Room 147      PN 039      

*Moderator:*      *Kellyn Pearson, MSN*

*Panelists:*      *Nitin S. Damle, MD, MS, FACP*  
                         *Rahul Rajkumar, MD, JD, FACP*

1. What are the essential features of the merit-based incentive programs and alternative payment models? How will I know which option is best for my practice?
2. What changes do I need to make in my practice to succeed under these new models?
3. What resources can help me succeed now and in the post-MACRA world?

### Clinical Triad: Men's Health—ED, Prostate, Androgen Replacement

Ballroom A      CT 004      

*Moderator:*      *Daniel G. Federman, MD, FACP*

*Panelists:*      *Peter C. Albertsen, MD, MS*  
                         *Kelly A. Chiles, MD, MSc*  
                         *Ryan P. Terlecki, MD, FACS*

#### Segment A: ED

1. What type of work-up, if any, is necessary for ED—or should we first give a trial of PDE inhibitors?
2. When should revascularization be pursued?
3. What are the risks inherent with PDE inhibitor use? Are the melanoma fears justified?

#### Segment B: Prostate

1. While PSA as a screening test is under fire, does it have a role in "case-finding" in men with LUTS?
2. When should a DRE be performed?
3. What is the best medical treatment algorithm for BP?

#### Segment C: Androgen Replacement

1. What are the evidence-based benefits of treating male hypogonadism?
2. What are the risks of supplementing low testosterone levels to normal?
3. What are the risks of supraphysiologic replacement?

### Electrolytes, Acid-Base Case-Based Review

Salon A-C      MTP 036      

*Professor:*      *Robert M. Centor, MD, MACP*

1. What are the cases hospitalists are missing?
2. What are common case examples for acid-base management and common electrolyte management?
3. What's the best way to interpret a triple acid-base disorder?

*Robert M. Centor, MD, MACP, is the Massachusetts Chapter lecturer for Internal Medicine Meeting 2016. This lecture is endowed by the Massachusetts Chapter to honor an outstanding member of ACP's annual meeting faculty.*

**Thursday – 8:15-9:15 a.m.**

**Elevated Temperature: Clinical, Diagnostic, and Therapeutic Considerations**

Room 143 MTP 082 

Professor: *George H. Karam, MD, FACP*

1. On a conceptual basis, what are the two major pathophysiologic bases on which elevated temperature occurs?
2. What are noninfectious causes of temperature elevation (gout, VTE)?
3. What is a cost-effective evaluation and management strategy for noninfectious temperature alterations?

**Evolving Paradigms in Chronic Hepatitis**

Ballroom C MTP 019 

Professor: *Dawn M. Torres, MD, MC USA*

1. What are the current primary etiologies of chronic hepatitis in the United States, and what should we expect in the future?
2. What is the standard of care for chronic hepatitis related to NAFLD, hepatitis B, and hepatitis C?
3. What prophylaxis and screening evaluations need to be done in patients with chronic hepatitis, and when should they be performed?

**Heal Thyself: Improving Physician Wellness–Practical Applications of Wellness Techniques: Breathing, Meditation, and Laughter**

Room 204 C RWS 008 

Director: *Carrie A. Horwitch, MD, FACP*

Co-Director: *Astrid Pujari, MD*

1. Be able to apply laughter techniques for decreasing stress at work and at home.
2. Be able to use breathing techniques for stress reduction.
3. Be able to use meditation to improve well-being and mindfulness.

*Ticket required. See Reserved Workshop Policy on page 46.*

**Hemolytic Anemia That You May See in Your Practice: Sickle Cell Disease, Autoimmune Hemolytic Anemia, and G-6-PD Deficiency**

Room 151 MTP 028 

Professor: *Marc J. Kahn, MD, MBA, FACP*

1. What is the appropriate testing strategy for the diagnosis of hemolytic anemia?
2. What does the routine care of the patient with sickle cell entail (laboratory tests and prophylactic measures, including immunizations)?
3. What is the appropriate evaluation and management of patients with sickle cell pain crisis?
4. What is the management of the more commonly encountered acquired hemolytic anemias (autoimmune hemolytic anemia and G-6-PD deficiency)?

## Thursday – 8:15-9:15 a.m.

### Leading and Managing Change

Room 145

PN 017



*Moderator:*

*Micah W. Beachy, DO, FACP*

*Panelists:*

*Kelly J. Caverzagie, MD, FACP*

*Edmondo J. Robinson, MD, MBA, FACP*

1. Discuss the fundamentals of leading and managing change.
2. Discuss change models and when it is appropriate to use specific models.
3. Discuss case studies on effective change in practice and academic settings.

### Teaching in the Hospital: Strategies to Help You Improve Tomorrow

Room 150

MTP 058



*Professor:*

*Kimberly D. Manning, MD, FAAP*

1. What are top strategies when teaching in the hospital to residents/students?
2. What are examples of rounding workflows that maximize teaching with a ward team: on-call, post-call, off-call examples?
3. What are some keys to mini lectures and teaching on the go?

### Top Ten Medication Errors

Ballroom B

MTP 011



*Professor:*

*Douglas S. Paauw, MD, MACP*

1. What are the most common and dangerous drug interactions in clinical practice?
2. What strategies help avoid serious drug interactions?
3. What are some common and important drug side effects?

### Update in Critical Care Medicine

Room 146

UD 011



*Moderator:*

*E. Wesley Ely, MD, MPH, FACP*

*Co-Moderator:*

*Nathan E. Brummel, MD, MSCI*

### Using Clinical Images to Reinvigorate Your Knowledge Base and Refine Your Clinical Reasoning Skills

Room 201

RWS 017



*Director:*

*Paul B. Aronowitz, MD, FACP*

1. Learn some of the best "go-to" resources for clinical image-based education.
2. Learn how to frame clinical image "one-liners" for group challenges/learning.
3. Learn how to properly consent a patient for a photograph or video.
4. Learn how to start and store clinical image banks.

*Ticket required. See Reserved Workshop Policy on page 46.*

**Thursday – 9:30-10:30 a.m.**

**Opening Ceremony**

Hall C OC 001   
 Speaker: *Sylvia Mathews Burwell, U.S. Secretary of Health & Human Services*

**Thursday – 11:15 a.m.-12:45 p.m.**

**ACP's Dragon's Lair: Breathing Fire Into Healthcare Transformation**

Room 202 PN 048 

1. Explain the rationale for the transforming clinical practice initiative.
2. List three ideas to transform clinical practice in order to achieve better health, better care, and lower cost.
3. Identify common pitfalls associated with implementing a novel idea.

**Cardiac Murmurs: Benign or Serious?**

Room 201 RWS 006 

Director: *Ross J. Scalese, MD, FACP*  
 Co-Director: *Vivian T. Obeso, MD, FACP*

1. What auscultatory findings suggest severity of stenotic valvular lesions?
2. What auscultatory findings suggest severity of regurgitant valvular lesions?
3. What exam maneuvers may help differentiate various systolic murmurs?

*Ticket required. See Reserved Workshop Policy on page 46.*

**Clinical Pearls: Perioperative Medicine and Gastroenterology**

Hall C CP 001 

Moderator: *Scott C. Litin, MD, MACP*  
 Panelists: *Amy S. Oxentenko, MD, FACP, FACG, AGAF*  
*Karna K. Sundstead, MD, Member*

**Critical Care: Latest Evidence**

Ballroom C MTP 032 

Professor: *Patricia A. Kritek, MD, EdM*

1. What is the latest evidence in critical care for 2015-2016?
2. What are the top areas that hospitalists can improve quality of care in the ICU?
3. What are common things we do for no reason in the ICU?
4. What are the most frequent scenarios hospitalists mismanage in the ICU?

**Dyspnea: Evaluation and Management**

Salon G-I MTP 079 

Professor: *Mridu Gulati, MD, MPH*

1. What are common causes of dyspnea (COPD, interstitial lung disease, cardiac, deconditioning, pulmonary hypertension, etc.)?
2. What systemic disorders have dyspnea as a clinical manifestation (rheumatologic)?
3. Which clinical features suggest an occupational contribution to pulmonary symptomatology?
4. What is a cost-effective, evidence-based diagnostic algorithm for evaluation of dyspnea?
5. What are evidence-based treatments for the relief of dyspnea, especially for palliative intent?



## Thursday – 11:15 a.m.-12:45 p.m.

### Engaging the e-Patient: How Technology, Transparency, and Attitude Can Improve Practice for You and Your Patients

Room 103

MTP 103



Professor:

*Daniel Z. Sands, MD, MPH, FACP*

1. Discuss trends in patient use of online health information and how technology can be used to leverage patient engagement to improve quality, reduce costs, and increase satisfaction for both physicians and patients.
2. Understand what e-patients expect from their healthcare providers and how providers unconsciously erect barriers to patients getting health care services.
3. Explain the concept of information asymmetry as it applies to the patient-physician relationship.
4. Explain how an EHR should be used effectively in the office to promote patient engagement.
5. Understand how thinking about health care as a collaboration can change the way one thinks about patient-physician relationships and health care delivery.

### Geriatrics for the Hospitalist

Room 151

MTP 038



Professor:

*Robert M. Palmer, MD, MPH, FACP*

1. What are the unique characteristics of elderly patients who are hospitalized?
2. What medications should be avoided in the hospitalized elderly patient?
3. How can hospital care be tailored for the elderly to provide improved outcomes (including management of falls, delirium, pressure ulcers, and medications)?

### History of Medicine: The Patient Experience Viewed by Artists

Room 143

MTP 096



Professor:

*T. Jock Murray, MD, MACP*

Understand the patient experience as viewed by such artists as Francisco Goya, Vincent van Gogh, Edvard Munch, Frida Kahlo, Robert Pope, and many others.

### The Language of Empathy and Engagement: Communication Essentials for Patient-Centered Care

Room 204 C

RWS 016



Director:

*Wendy Leebov, EdD*

Co-Director:

*Robert H. Coblenz, MD, FACC*

1. Be able to articulate the multiple benefits of excellent communication skills in your interactions with patients and families.
2. Demonstrate the pivotal skill of mindfulness in interactions with patients and families.
3. Demonstrate six concrete skills for empathic communication.
4. Demonstrate six concrete skills that foster patient and family engagement in a medical visit and related plans and decisions.

*Ticket required. See Reserved Workshop Policy on page 46.*

**Thursday – 11:15 a.m.-12:45 p.m.**

**News You Can Use: Current Clinical Guidelines**

Ballroom B PN 010 

*Moderator: Amir Qaseem, MD, PhD, MHA, FACP*

*Panelists: Michael J. Barry, MD, MACP  
Nick Fitterman, MD, FACP, SFHM  
Devan L. Kansagara, MD, MCR, FACP*

1. Provide a general overview of the latest clinical guidelines.
2. Educate internists about the current standards of evidence-based care.
3. Help implement clinical guidelines and evidence-based quality standards.

**Preventive Cardiology: Men and Women, Young and Old**

Ballroom A MTP 007 

*Professor: Leslie Cho, MD, FACC*

1. Which patients should receive ASA for primary prevention?
2. What are the goals of lipid therapy?
3. When do you need more than LDL and HDL? When should Lp(a) be checked, and what should be done with the results?
4. Is vitamin D deficiency a cardiovascular risk factor?
5. Should calcium score, CTA, or stress testing be obtained when ordering diagnostic testing for the asymptomatic patient?
6. When should primary preventative therapies be stopped in elderly patients?

**Think Inside the Box: Hospital Inpatient Coding**

Room 147 MTP 105

*Professor: Yvette M. Cua, MD, Member*

1. Learn to differentiate among the inpatient codes.
2. Recognize the difference between face-to-face time vs. unit/floor time.
3. Know when to use observation codes.
4. Identify and navigate nonclinical, coding resources.
5. Learn how to minimize your exposure to payment delays and denials.

**Update in Nephrology and Hypertension**

Room 146 UD 009 

*Moderator: Aldo J. Peixoto, MD, FASN, FASH*

**Handouts**

Handouts are available on the College Web site and through the mobile app to registered Internal Medicine Meeting 2016 attendees. Both sites are updated as material is received from faculty. To view or download handouts as PDF documents, go to [im2016.acponline.org/handouts](http://im2016.acponline.org/handouts) or download the Internal Medicine Meeting 2016 app from your app store.

## Thursday – 2:15-3:45 p.m.

### Venous Thromboembolism: Evaluation and Management

Salon A-C MTP 027 

Professor: Mark A. Crowther, MD, MSc, FRCPC

1. Who should be evaluated for a possible hypercoagulable condition?
2. What are the most common congenital and acquired hypercoagulable conditions encountered in clinical practice?
3. What are the pharmacologic properties of the newer anticoagulants, and what are their unique complications?
4. What is the appropriate long-term management of patients with hypercoagulable risk factors?

### Building Practical Resiliency and Mental Toughness

Room 145 PN 045 

Moderator: Richard M. Wardrop III, MD, PhD, FACP, FAAP

Panelists: Micah W. Beachy, DO, FACP  
Tammy Lin, MD, MPH, FACP

1. What are some of the external and internal factors that make medical practice challenging and make physicians more vulnerable to burnout?
2. How can physicians build resilience and mental toughness skills and maintain a positive outlook in the face of constant demands, pressures, and changes?
3. How can physicians recognize and rewire negative thought patterns and “thinking style traps”?
4. How do physicians maintain empathy and be present for patients, embrace complexity, be of service to others, and strive for excellence while at the same time protecting themselves and creating a proper environment for self-care?

### Cardiac Murmurs: Benign or Serious?

Room 201 RWS 007 

Director: Ross J. Scalese, MD, FACP

Co-Director: Vivian T. Obeso, MD, FACP

1. What auscultatory findings suggest severity of stenotic valvular lesions?
2. What auscultatory findings suggest severity of regurgitant valvular lesions?
3. What exam maneuvers may help differentiate various systolic murmurs?

*Ticket required. See Reserved Workshop Policy on page 46.*

### A Complete Contraceptive Toolkit: Cases and Demos

Room 204 C RWS 001 

Director: Pelin Batur, MD, NCMP, CCD, FACP

Co-Directors: Megan C. McNamara, MD, MSc, Member  
Kristi Tough DeSapri, MD

1. Review updates in the field of contraception.
2. Discuss medical scenarios that would dictate use of one contraceptive over another.
3. Increase comfort with such contraceptives as IUDs, NuvaRing, diaphragms, cervical caps, Nexplanon, and the Essure device by using models.
4. Address current controversies in the contraceptive literature.

*Ticket required. See Reserved Workshop Policy on page 46.*

**Thursday – 2:15-3:45 p.m.**

**ENT Referrals: Hoarseness, Dizziness, Hearing Loss, and Recurrent Sinus Infections**

Room 151 MTP 072 

Professor: Steven D. Rauch, MD

1. What is the best approach to the age-specific evaluation of the patient with dizziness?
2. How do you approach the assessment of the patient with acute hearing loss?
3. What constitutes the evaluation of the patient with recurrent hoarseness?
4. What is the best approach to managing the patient with recurrent sinus infections?

**High-Value International Care: How Other Countries Are Choosing Wisely in Using Limited Health Care Resources**

Room 150 PN 012  

Moderator: Wendy Levinson, MD, FACP

Panelist: Daniel B. Wolfson, MHSA

1. Learn how countries are creating physician-led efforts to increase high-value care and avoid overuse of unnecessary care.
2. Share innovative ideas, early successes, and challenges.
3. Build a community for future learning and collaboration.

**Mastering the Match**

Room 147 PN 042 

Moderator: Cheryl W. O'Malley, MD, FACP

Panelists: Russ C. Kolarik, MD, FACP  
Richard J. Simons, MD, MACP

1. What are some of the most common interview techniques and questions, and what are some good practice responses?
2. How can medical students evaluate and rank residency programs in the context of the NMRP algorithm?
3. What is the role of postinterview communication with residency programs?

**Ethics Year in Review**

Room 143 PN 028  

Moderator: Lisa Soleymani Lehmann, MD, PhD, FACP

Panelists: Omar T. Atiq, MD, FACP  
Banu E. Symington, MD, FACP

1. What are the emerging medical ethics and professionalism issues for internists today?
2. How are ethics issues affecting patient care?
3. What should practitioners keep in mind when confronting these issues?

**ABIM Maintenance of Certification (MOC)**

Are you trying to figure out how to meet the requirements for MOC? Come to an informal presentation at the ACP Resource Center that describes all the ways that ACP can help you complete ABIM MOC or speak to an ABIM representative directly. ABIM will have a booth in the Exhibit Hall, where a representative will be on hand to answer your questions. See schedule on page 185.

## Thursday – 2:15-3:45 p.m.

### Multiple Small Feedings of the Mind: Women's Health, Men's Health, and Transgender Health

Hall C MSFM 001 

*Moderator:* Ann R. Garment, MD, FACP

*Panelists:* Marjorie R. Jenkins, MD, FACP  
Steven Lamm, MD  
Henry Ng, MD, MPH, FACP

#### Women's Health

1. Based on the current literature, how should we respond to a woman in her 40s who asks whether she should be getting mammograms?
2. Which postmenopausal women are good candidates for hormone replacement therapy, and what precautions need to be taken when it is prescribed?
3. Are vasomotor symptoms associated with cardiovascular risk, and what evidence-based, non-estrogen treatment strategies are available?

#### Men's Health

1. Based on the current literature, how should we respond to an older man who asks about the benefits and risks of testosterone replacement therapy?
2. My patient's erectile dysfunction didn't improve with a phosphodiesterase inhibitor. What other options are available?
3. How should the internist counsel patients on androgen deprivation therapy side effects, such as heart disease, bone health, and sexual function?

#### Transgender Medicine

1. Cross-gender hormones: What pearls should internists know about prescribing testosterone, estradiol, and antiandrogens?
2. What are the recommendations for cancer screening in transgender patients?
3. What general health screening is particularly important for transgender patients?

#### Osteoporosis: Ongoing Controversies

Ballroom B MTP 015  

*Professor:* Sherri-Ann M. Burnett-Bowie, MD, MPH

1. What information should be included in every DXA report you receive?
2. When is pharmacotherapy indicated? When and how should FRAX be used to determine whether treatment is indicated?
3. What non-bone-specific medications have negative effects on bone health (PPI, inhaled GC)?
4. When is a drug holiday appropriate, and when is it appropriate to stop a drug holiday?
5. When should treatment with SERMS, estrogen, denosumab, and teriparatide be considered?
6. What biochemical testing should a primary care physician obtain in a patient with osteoporosis?
7. How often should bone density tests be repeated?
8. At what age should screening start?

**Thursday – 2:15-3:45 p.m.**

**Outpatient Treatment of Common Orthopedic Conditions**

Salon G-I MTP 086 

Professor: Edward (Ted) Parks, MD

1. What is the best approach to diagnosing and treating rotator cuff abnormalities? Which patients are candidates for MRI? Which patients should be referred?
2. How are medial and lateral epicondylitis and de Quervain's tenosynovitis diagnosed and treated?
3. Which elements of physical examination are most important when evaluating a patient with a sprained ankle? Which patients should be x-rayed? What is the best approach to treatment? When should patients with ankle sprain be referred?

**The "Preop": An Evidence-Based Approach**

Ballroom C MTP 075 

Professor: Darrell W. Harrington, MD, FACP

1. What is the best way to determine the need for cardiac testing and/or sleep studies?
2. When should antiplatelet agents and anticoagulants be held for surgery? When should they be continued?
3. Which patients should receive perioperative beta blockers?
4. How should BPH meds, new immune-modulating medications, and the new diabetic agents be managed in the perioperative setting?

**Sepsis**

Salon A-C MTP 055  

Professor: R. Phillip Dellinger, MD, MCCM

1. What is the latest science for sepsis management, including new medications?
2. Are there examples of best practices for hospitals and hospitalists in early detection and management of sepsis?
3. Are there opportunities to use novel technologies to identify sepsis earlier in the hospital?

**Stroke/TIA Update**

Ballroom A MTP 056 

Professor: Wendy L. Wright, MD, FCCM, FNCS

1. What is the latest evidence in stroke/TIA management?
2. What are some of the practice gaps facing hospitalists, and how do we improve?
3. What are best examples of systems improvement to improve the care of patients with stroke/TIA?

**Update in General Internal Medicine**

Room 146 UD 015 

Moderator: Robert K. Cato, MD, FACP

Co-Moderator: Matthew H. Rusk, MD, FACP

## Thursday – 4:30-5:30 p.m.

### Acute Coronary Syndrome Update

Ballroom B MTP 030 

Professor: David M. Shavelle, MD

1. What are the current guidelines for diagnosis and treatment of acute coronary syndrome (ACS)?
2. What does a hospitalist need to know about the newer antiplatelet agents?
3. What are some quality improvement strategies to improve quality of care for ACS, including during care transitions?

### Consult Talk

Ballroom A PN 006 

Co-Moderators: Geno J. Merli, MD, MACP, FHM, FSVM  
Howard H. Weitz, MD, FACC, MACP

Join the Consult Guys as they address a variety of clinical issues while using humor to deliver educational pearls related to the practice of internal medicine.

### Developing Your CV for Medical Students

Room 145 WSO 005

Director: William D. Surkis, MD, FACP

Co-Director: Allan R. Tunkel, MD, PhD, MACP

1. Discuss appropriate activities to include on a curriculum vitae for a medical student applying to residency programs.
2. Discuss how to find mentors to assist with curriculum vitae polishing.

### End-of-Life Planning: Having the Conversation, Making the Plan

Room 147 WSO 004 

Director: Ana Maria Lopez, MD, MPH, FACP

Co-Director: Mary M. Newman, MD, MACP

1. Review the importance of advance care planning and opportunities in primary care, including guidance on payment for these services.
2. Discuss evidence-based strategies for developing and implementing end-of-life care plans.
3. Engage participants in exercises using end-of-life care tools and communication strategies.

### Engaging the Internal Medicine Community in Redesigning MOC

Room 146 PN 047 

Moderator: Richard J. Baron, MD, MACP

Panelists: Patricia M. Conolly, MD, FACP  
Yul D. Ejnes, MD, MACP

1. What are the changes to the Maintenance of Certification (MOC) program?
2. How will the changes impact general internists and hospitalists?
3. How has ABIM addressed the physician feedback to the changes?

**Thursday – 4:30-5:30 p.m.**

**Evidence-Based Geriatric Assessment: In Search of the Fountain of Youth**

Ballroom C MTP 023  

*Professor: Hollis D. Day, MD, MS, FACP*

1. What are the elements of an evidence-based approach to health assessment in elderly patients?
2. What screening and prevention interventions should be considered?
3. What role does nutrition have in promoting health?
4. What types of exercises are most effective for preventing functional decline?
5. Do growth hormones or testosterone reverse or postpone aging?

**How Will the 2016 Elections Impact the U.S. Health Care System?**

Room 150 PN 023 

*Moderator: Robert B. Doherty*

*Panelists: Thomas P. Miller*

1. What are the positions of the leading candidates for President concerning reform of the health care system?
2. How will the 2016 presidential and congressional elections affect health reform, and what actions are most likely?
3. What positions are advocated by ACP, and how is ACP contributing to the debate?

**IBD: Key Concepts and Treatment Paradigms**

Room 143 MTP 021 

*Professor: Sunanda V. Kane, MD, FACP, MSPH, FAGG*

1. What does the evidence say about optimal IBD treatment?
2. What is the appropriate approach to vaccination and health maintenance in the IBD patient?
3. How should we manage fertility issues in IBD?
4. What is the cancer risk with IBD, and how should it be managed?

**Get Engaged: Internal Medicine Meeting 2016 Social Media**

Be part of the conversation and get the latest news and announcements from Internal Medicine Meeting 2016. Follow ACP on Twitter ([twitter.com/acpinternists](https://twitter.com/acpinternists)) and Facebook ([facebook.com/acpinternists](https://facebook.com/acpinternists)). Use hashtag #im2016 when tweeting about the meeting.





## Thursday – 4:30-5:30 p.m.

### Inpatient Management of Acute and Chronic Liver Disease

Salon A-C MTP 044 

Professor: LTC Dawn M. Torres, MD, MC USA

1. What is the latest science for management of acute liver injury (including acute alcoholic and viral hepatitis)?
2. How should patients be staged for transplant, and who should be involved?
3. What patients should be transferred to a transplant center?
4. What is the management of the complications of chronic liver disease in the hospital, including ascites, encephalopathy, bleeding, and hepatorenal syndrome?

### Menopausal Therapy in 2016

Salon G-I PN 005 

Moderator: Stephanie S. Faubion, MD, NCMP, IF, FACP

Panelist: Cynthia A. Stuenkel, MD

1. Interpret new Endocrine Society guidelines and the latest scientific evidence regarding menopausal hormone therapy and other treatments for menopausal symptoms.
2. Define appropriate candidates for the use of postmenopausal hormone therapy.
3. List differences among various formulations and routes of administration of hormone therapy.
4. Review alternatives to hormone therapy for management of vasomotor symptoms.

### Prostate Cancer: What an Internist Needs to Know

Room 151 MTP 071 

Professor: Wm. Kevin Kelly, DO

1. Who should be screened for prostate cancer?
2. What is the most appropriate testing algorithm to use for prostate cancer screening?
3. When is aggressive intervention indicated?
4. When is active observation appropriate?

### “Voodoo” Death Revisited: What Walter Cannon Taught Us About Neurocardiology

Room 152 MTP 107 

Professor: Martin A. Samuels, MD, DSc (Hon), MACP, FANA

1. What are the physiologic events that underlie the stress response?
2. Is there a cardiac lesion that is caused by stress independent of coronary artery disease?
3. What therapeutic interventions might work to ameliorate neurocardiac disease?

## Seating

Open-seating sessions are filled on a first-come, first-served basis. ACP does its best to match room size with anticipated demand; however, interest in a topic occasionally exceeds seating capacity. Seating limits are strictly enforced by the Convention Center Fire Marshal. We encourage you to arrive at meeting rooms as early as possible for best seating.

**Friday – 7:00-8:00 a.m.**

**AFib: Latest Choices**

Hall C MTP 031 

Professor: *Jordan M. Prutkin, MD, MHS*

1. What is the latest evidence for atrial fibrillation management, including new medications and catheter-based treatment?
2. What is the latest evidence for management of anticoagulation in atrial fibrillation patients, including new medications?
3. When does atrial fibrillation, as either a primary disease or a secondary complication, need to be treated?
4. When does a patient with atrial fibrillation need to be hospitalized?
5. How are elderly patients with atrial fibrillation managed, including assessments for fall risk, stroke risk, and bleeding risk?

**Coronary Intervention: Nuts and Bolts**

Ballroom B MTP 002 

Professor: *Michael P. Savage, MD, FACP*

1. Which stent (BMS vs. DES) for which patient?
2. Of the current available antiplatelet agents, which drug should be prescribed for which patient?
3. Dual antiplatelet therapy (DAPT): How long is enough?
4. How can clopidogrel hypersensitivity be managed in a patient with a newly implanted coronary stent?
5. What is the best strategy for patients undergoing coronary intervention prior to noncardiac surgery?

**The Evolving Role of Hospitalists in Care Transitions**

Salon G-I MTP 051

Professor: *Jeffrey L. Greenwald, MD, SFHM*

1. What data exist on the essential information that needs to be transferred to provide safe transitions for the patient?
2. What are potential roles of the hospitalist in the patient-centered medical home (PCMH)?
3. What novel models are evolving for hospitalists in care transitions?
4. What are the data on postdischarge clinics, appointments, and calls?

**Hematologic and Oncologic Emergencies**

Ballroom A MTP 041 

Professor: *Peter W. Marks, MD, PhD, FACP*

1. What are the most common oncologic and hematologic emergencies for hospitalized patients, and how are they managed?
2. What issues do hospitalists need to understand when caring for patients who are actively being treated with chemotherapy?
3. When is a consultation for hematologic/oncologic emergencies warranted?

**Friday – 7:00-8:00 a.m.**

## **How to Advance from Assistant to Associate Professor: The Pathway to Progression in Academic Medicine**

Room 152

PN 016



*Moderator:*

*Joshua D. Lenchus, DO, RPh, FACP, SFHM*

*Panelists:*

*Robert M. Centor, MD, MACP*

*Sanjay V. Desai, MD, FACP*

1. What is a promotion committee? How can I find it in my institution?
2. What is the difference between tenured promotion versus nontenured?
3. What are the required elements and format that a CV must have?
4. What is a teaching portfolio, and how is it built?
5. How can national Full Professor letters of recommendation be obtained?

## **Medication Treatment for Addictive Disorders**

Room 151

MTP 091



*Professor:*

*Jeffrey H. Samet, MD, FACP*

1. Should primary care providers prescribe medications for alcohol abuse disorders?
2. What support would better enable primary care providers to treat opiate addiction?
3. What is the best way to approach alcohol detoxification in the inpatient arena?
4. What is the best way to approach the inpatient with opioid use disorder?
5. Which patients should receive naloxone?

## **Motivational Interviewing for the Busy Clinician**

Room 204 C

RWS 012



*Director:*

*Damara N. Gutnick, MD, FACP*

*Co-Directors:*

*Brian Hurley, MD, MBA*

*Kathleen G. Reims, MD*

1. Explain how the spirit of motivational interviewing provides the foundation for patient-centered care that supports self-management.
2. Understand the motivational interviewing concepts of “change talk” and “resisting the righting reflex.”
3. Understand OARS as the core foundational skills of motivational interviewing.

*Ticket required. See Reserved Workshop Policy on page 46.*

**Friday – 7:00-8:00 a.m.**

**Pitfalls and Pearls of Common Outpatient Infections**

Ballroom C MTP 063  

Professor: *George C. Mejjano, MD, MS, FACP*

1. What is the evaluation and appropriate management of nonpneumonia respiratory infections (bronchitis, sinusitis)?
2. What are common skin and soft tissue infection syndromes, and what is the antibiotic management of these infections (cellulitis, impetigo, etc.)?
3. What is the diagnosis, evaluation, and antimicrobial management of ambulatory community-acquired pneumonia? When do these patients need to be admitted?
4. When and who should be screened for latent TB infection, and what screening test should be used? How is the latent TB infection diagnosed?

**The Positive ANA and Other Immunologic Studies: When to Order and When to Regret Ordering?**

Salon A-C MTP 088 

Professor: *Donald B. Bloch, MD*

1. When should you order a test for antinuclear antibodies?
2. What are the different methods that are used to detect antinuclear antibodies?
3. How should you interpret the results of antinuclear antibody testing?
4. How should you evaluate the patient with a positive test for antinuclear antibodies?

**Practical Office Orthopedics: Shoulder & Knee**

Room 201 RWS 013 

Director: *Edward (Ted) Parks, MD*

1. Learn a mechanism-based “makes-sense” understanding of the shoulder and knee pathophysiology.
2. Learn how to make patient history-taking a quicker, more precise, and more useful diagnostic tool.
3. Learn high-yield exam techniques to improve diagnostic accuracy.
4. Work with anatomical injection models to learn proper injection techniques.
5. Learn what diagnostic tests are most useful and when to order them.

*Ticket required. See Reserved Workshop Policy on page 46.*

**Update in Endocrinology**

Room 146 UD 003 

Moderator: *Janet E. Hall, MD*

**Friday – 8:15-9:15 a.m.**

## **Accepting Patients With Disabilities Into Your Practice: Tools And Tips To Make The Transition Work For Everyone**

Room 143

PN 025



*Moderator:*

*M. Carol Greenlee, MD, FACP*

*Panelists:*

*Nichole Goble*

*Alice A. Kuo, MD, FACP*

*Gregg M. Talente, MD, MS, FACP*

1. Review the challenges faced by providers and patients when young adults with physical and intellectual disabilities reach adulthood and enter adult primary care and specialty practices.
2. Understand the current recommended best practices for accepting and caring for young adults with disabilities in adult practices.
3. Learn how primary care and specialty practices can apply these recommended best practices and improve care quality, including tips and resources to achieve this goal.

## **Clinical Triad: Screening for GI Malignancies–Esophagus, Pancreas, and Colon**

Ballroom A

CT 001



*Moderator:*

*Brooks D. Cash, MD, FACP*

*Panelists:*

*Vinay Chandrasekhara, MD*

*Joel E. Richter, MD, FACP*

### **Segment A: Pancreas**

1. What is the epidemiology of pancreatic cancer?
2. What risk factors are associated with pancreatic cancer?
3. What is the approach to pancreatic cysts and screening in patients at risk for pancreatic cancer?
4. How should incidentally discovered IPMN be managed?

### **Segment B: Esophagus**

1. What is the epidemiology of esophageal cancer?
2. Who should be screened for esophageal cancer?
3. What nonsurgical techniques are available to reduce the risk of esophageal cancer?

### **Segment C: Colon**

1. What is the latest evidence for colorectal cancer screening tests, and what do the guidelines say?
2. How should anticoagulants be managed for patients undergoing colonoscopy?
3. What are the keys to optimal bowel preparation?

## **Dermatology for the Hospitalist**

Hall C

MTP 033



*Professor:*

*Mark Davis, MD*

1. What common dermatologic problems are encountered in hospitalized patients?
2. What are some dermatologic manifestations of important problems in the hospitalized patient?
3. When is dermatologic consultation appropriate in the hospitalized patient?

**Friday – 8:15-9:15 a.m.**

**Diabetes Management in the Hospital**

Salon A-C MTP 034 

Professor: *Guillermo E. Umpierrez, MD, FACP*

1. What is the latest evidence for management of diabetes in the hospital, including new medications?
2. What are the targets for inpatient management of hyperglycemia, including ICU and non-ICU management?
3. When should insulin infusion be used?
4. Is there a role for oral diabetic medications in the hospital?
5. What are evidence-based strategies to improve care transitions for the diabetic patient, including the discharge medication regimen?

**Movement Disorders: Essentials and Tremor for Office Practice**

Ballroom C MTP 069 

Professor: *Daniel E. Kremens, MD, JD*

1. What is the approach to differentiating Parkinson's disease from essential tremors?
2. What are the key points for the evaluation and management of restless leg syndrome?
3. What are the key points for the evaluation and management of tremors?


**Palliative and End-of-Life Care**

Salon G-I MTP 070  

Professor: *Janet L. Abraham, MD, FACP, FAAHPM*

1. What is the role for internists in initiating palliative care discussions?
2. When is it appropriate to refer a patient for palliative care?
3. What palliative and end-of-life care resources exist for internists?
4. How are end-of-life discussions best facilitated?

**Patient Partnership: Harnessing the Power of the Healing Relationship**

Room 145 PN 015 

Moderator: *Michael A. LaCombe, MD, MACP, FACC*

Panelist: *L. Vance Taylor, MA*

1. Understand the importance of partnering with patients to achieve improved outcomes and a meaningful and high quality of life.
2. Provide a pathway for physicians to overlook the daily grind of charting, EHRs, and insurance forms and lead them back to the humanity of practicing medicine by reminding them of how they impact patients' lives.

**Internal Medicine Meeting 2016 MOC Modules**

Meeting attendees can earn up to 30 MOC points toward ABIM's Self-Evaluation of Medical Knowledge requirement by attending sessions and completing up to three multiple-choice question modules based on meeting content. There is no additional fee for these points. See page 5 for detailed information or go to [im2016.acponline.org/moc](http://im2016.acponline.org/moc).

**Friday – 8:15-9:15 a.m.**

## Special Topics in Hypertension and Chronic Kidney Disease

Ballroom B PN 004 

*Moderator:* George L. Bakris, MD, FACP, FASH

*Panelists:* David A. Bushinsky, MD

Matthew R. Weir, MD

1. In what setting have renin-angiotensin system blockers been shown to be most beneficial in slowing chronic kidney disease (CKD) progression, and should a bump in creatinine mitigate against their use?
2. What is the evidence to support a blood pressure goal of <140/90 mm Hg in CKD patients with or without diabetes, and is there an ideal single pill or single pill combination to achieve this goal?
3. What are the risk factors to predict hyperkalemia, and how should you educate the patient and modify therapy, if at all?

## Toward Safer and More Effective Opioid Prescribing: CDC Guideline for Prescribing Opioids for Chronic Pain, 2016

Room 151 PN 046  

*Moderator:* Deborah R. Dowell, MD, MPH, Member

*Panelists:* Roger Chou, MD, FACP

Tamara M. Haegerich, PhD

1. What do we know about effectiveness and risks of long-term opioid therapy for chronic pain?
2. How did the CDC translate evidence on opioid therapy for chronic pain into a guideline?
3. When should opioids be initiated or continued for chronic pain, and when should they be discontinued?
4. What do we know about opioid selection and dosage for chronic pain?
5. What strategies can be used to assess risk and address harms of opioid use?

## Update in Cardiology

Room 146 UD 001 

*Moderator:* Patrick T. O'Gara, MD, FACP

## Urinary Incontinence in Women

Room 152 MTP 095  

*Professor:* Catherine A. Matthews, MD

1. Should clinicians screen for urinary incontinence in women?
2. What history, physical examination, and laboratory testing should be performed by internists for women presenting with complaints of urinary incontinence?
3. When should patients with urinary incontinence be referred?

**Friday – 9:30-10:30 a.m.**

**60 Minutes: Special Report on Hot Issues in Health Policy**

Room 143 PN 022 

*Moderator: Robert B. Doherty*

*Panelists: Shari M. Erickson, MPH  
Richard L. Trachtman Esq.*

1. Hear an extremely timely and in-depth presentation on hot public policy issues that are of most concern to internal medicine.
2. Learn what ACP is doing about these issues and how members can become involved.
3. Provide an opportunity for direct questioning of public policy-makers and ACP Washington staff.

**C. Wesley Eisele Lecture: Practice Transformation Aimed at Improving Efficiency and Joy in Practice**

Room 147 AL 002 

*Lecturer: Marie T. Brown, MD, FACP*

1. Review burdens on internal medicine and primary care practices.
2. Describe strategies and supporting evidence for practice transformation that enhances practice efficiencies and physician satisfaction.

**Evidence-Based Medicine from Theory to Practice**

Room 145 WSO 006

*Director: Gordon H. Guyatt, MD, FACP*

1. Emphasize the importance of evidence-based medicine in clinical medicine and discuss strategies toward critically appraising the literature.
2. Explore the process and significance of translating knowledge from basic science concepts to bedside clinical practice.
3. Demonstrate online tools and programs available to easily and efficiently provide evidence-based care for our patients.

**Great Coronaries but Rusty Joints: Managing Osteoarthritis Pain in the Elderly**

Ballroom C MTP 083  

*Professor: Carla R. Scanzello, MD, PhD*

1. What are the latest recommendations for treatment of osteoarthritis (OA), with attention to comorbidities and other issues in elderly patients?
2. What nonpharmaceutical approaches to OA pain management have evidence of efficacy, and how well do they work?
3. What is new in our understanding of pain mechanisms in OA, and how might this impact OA pain management in the future?
4. What is the latest on disease modification in OA?



## Friday – 9:30-10:30 a.m.

### Making the Hospital Safer: What Can Hospitalists Do?

Salon A-C MTP 046  

Professor: Nasim Afsar-Manesh, MD, FACP, SFHM

1. What is needed to close the patient safety gap in hospitals?
2. What is the role of hospitalists and hospital leaders in closing the safety gaps?
3. What are some concrete examples of how these gaps can be closed?
4. How can patients be engaged to make the hospital a safer place?

### Polyclonal and Monoclonal Gammopathies

Ballroom A MTP 029 

Professor: S. Vincent Rajkumar, MD

1. When should a patient be evaluated for a gammopathy?
2. What disorders are associated with polyclonal and monoclonal gammopathies?
3. What are the general management strategies for monoclonal gammopathies?

### Recognizing and Managing Neurologic Emergencies

Ballroom B MTP 054 

Professor: Galen V. Henderson, MD

1. What are common case examples for neurological emergencies?
2. What are the common neurosurgical comanagement scenarios a hospitalist needs to be prepared to answer, and how?

### Sexual Disorders in Aging Women

Room 151 PN 043  

Moderator: Lisa Granville, MD, FACP, AGSF

Co-Moderator: Janet P. Pregler, MD, FACP

1. What is the epidemiology of sexual disorders in older women?
2. How should the internist evaluate an older woman presenting with sexual dysfunction?
3. What nonpharmacologic treatments are available for sexual dysfunction?
4. What is the evidence for drug treatment of female sexual dysfunction?

### Thieves' Market

Hall C MTP 100 

Professor: David R. Scrase, MD, FACP

1. How does my clinical decision making compare with that of other internists?
2. Can internal medicine really be this much fun, and am I allowed to laugh out loud through a whole presentation?
3. Will I achieve instant fame and fortune by correctly diagnosing a case before it is presented on screen?

**Friday – 9:30-10:30 a.m.**

**Update in Neurology**

Room 146 UD 010 

Moderator: *Martin A. Samuels, MD, DSc (Hon), MACP, FANA*

**Using Clinical Images to Reinvigorate Your Knowledge Base and Refine Your Clinical Reasoning Skills**

Room 204 C RWS 018 

Director: *Paul B. Aronowitz, MD, FACP*

1. Learn some of the best "go to" resources for clinical image-based education.
2. Learn how to frame clinical image "one-liners" for group challenges/learning.
3. Learn how to properly consent a patient for a photograph or video.
4. Learn how to start and store clinical image banks.

*Ticket required. See Reserved Workshop Policy on page 46.*

**Valvular Heart Disease: Evaluation and Management**

Salon G-I MTP 004 

Professor: *Nicholas J. Ruggiero II, MD, FACP, FACC, FSCAI, FSVM, FCPP*

1. What murmurs require an echo for evaluation?
2. How frequently does a patient with valvular heart disease need to be evaluated?
3. Which patients with valvular heart disease require antibiotic prophylaxis?
4. What is the HEART TEAM approach toward valvular heart disease?
5. What is the role of minimally invasive therapies, such as TAVR and MitraClip?

**Friday – 11:15 a.m.-12:45 p.m.**

**Addressing Clinical Care of Lesbian, Gay, Bisexual, and Transgender (LGBT) People**

Room 151 PN 007  

Moderator: *Harvey J. Makadon, MD, FACP*

Panelists: *Kenneth H. Mayer, MD, FACP, FIDSA*

*Jennifer E. Potter, MD, Member*

1. Define terms related to sexual orientation and gender identity.
2. Describe unique clinical issues to be considered in seeing LGBT people.
3. Highlight optimal clinical approaches to consider for LGBT people, including discussing the social history and history of sexual health, preventive strategies/guidelines for HIV chemoprophylaxis, STI screening, vaccinations, and advanced care planning.
4. Identify ways to provide affirmative and inclusive care and the role it plays in eliminating disparities.
5. Describe an LGBT-affirming care environment.

**Friday – 11:15 a.m.-12:45 p.m.**

## **Advanced Coding: Do It Right**

Room 147      PN 036      

*Moderator:*      *Glenn D. Littenberg, MD, MACP, FASGE*

*Panelist:*      *Richard W. "Dick" Whitten, MD, MBA, FACP*

1. What Current Procedural Terminology (CPT) code changes are relevant to internists?
2. What Medicare coding, billing, and payment policies—both new and old—most affect internists' bottom line?
3. How can practices optimize reimbursement, reduce hassles and risk, and code accurately and efficiently?
4. What are the auditors looking for when they review charts this year?

## **Annual Medicare Wellness Visit Toolbox: A Practical Workshop**

Room 201      RWS 003      

*Director:*      *N. Wilson Holland, MD, AGSF, FACP*

*Co-Director:*      *Birju B. Patel, MD, FACP, AGSF*

1. Understand the scope of preventive services provided to Medicare enrollees.
2. Be able to assess cognition, falls, function, depression, hearing, and home safety in a time-efficient clinical practice setting using appropriate tools and techniques.
3. Develop strategies for the AWW that are easier to implement in the office setting.
4. Identify appropriate methods of billing and coding for the AWW.

*Ticket required. See Reserved Workshop Policy on page 46.*

## **Clinical Pearls: Hematology and Dermatology**

Hall C      CP 002      

*Moderator:*      *Scott C. Litin, MD, MACP*

*Panelists:*      *Mark Davis, MD*  
                         *Carrie A. Thompson, MD*

## **Common Thyroid Disorders: Evaluation and Management**

Ballroom C      MTP 014      

*Professor:*      *Jennifer A. Sipos, MD*

1. What biochemical tests should be used to assess a question of thyroid dysfunction?
2. When is the measurement of thyroid-related antibodies indicated?
3. Describe, compare, and contrast subclinical and overt hypothyroidism and hyperthyroidism.
4. What are the indications for thyroid hormone replacement, and what are appropriate TSH goals in patients with an indication for thyroid hormone replacement?
5. What is the recommended evaluation of thyroid nodules? When should molecular testing be performed?

**Friday – 11:15 a.m.-12:45 p.m.**

**Effective Negotiation Skills**

Room 152 PN 018 

*Moderator: William C. Palmer, MD, FACP*

*Panelists: Michele G. Cyr, MD, MACP  
Christopher L. Nuland Esq.*

1. Identify areas of your practice that may require negotiation.
2. Learn effective negotiation techniques and skills.
3. Identify personal strengths and opportunities for improving negotiation.

**Emerging Infectious Diseases: An International Perspective on Ebola**

Salon A-C PN 030  

*Moderator: Robert Fowler, MD, MDCM, MSc*

*Panelist: David Brett-Major, MD, MPH, FACP, FRCP (Edin)*

1. Where is Ebola having the most troublesome impact in developed as well as underdeveloped countries?
2. How is Ebola being treated in various countries?
3. What can physicians and hospitals do to minimize the impact of Ebola?
4. What can physicians do to prepare for Ebola?

**Learning to Avoid "Contextual Errors" When Planning Patient Care**

Room 204 C RWS 009 

*Director: Saul J. Weiner, MD, Member*

*Co-Directors: Amy Binns-Calvey  
Brendan Kelly*

1. Describe the essential role of patient context in planning appropriate care.
2. Probe contextual issues when present, specifically asking patients or their families about major signs that life circumstances are impacting their care.
3. Adapt patient care to life context when opportunities to do so are present.
4. Describe the implications for health care outcomes and health care costs of inattention to patient context.

*Ticket required. See Reserved Workshop Policy on page 46.*

**Leonardo and the Reinvention of Anatomy**

Salon G-I MTP 098

*Professor: Salvatore Mangione, MD*

1. How do we enhance physicians' "visual literacy"?
2. How do we emphasize the importance of visual-spatial thinking?
3. Reiterate the links between humanities and science.

## Friday – 11:15 a.m.-12:45 p.m.

### Meaningful Use: Are We There Yet?

Room 103 PN 034 

*Moderator:* Thomson M. Kuhn

*Panelists:* Peter Basch, MD, MACP  
Michael H. Zaroukian, MD, PhD, MACP, FHIMSS

1. Describe and interpret the Stage 2 and Stage 3 rules for EHR meaningful use.
2. Define the specific activities that will qualify each eligible professional in your office for the maximum incentive payment for Meaningful Use and how these activities relate to other incentive programs.
3. Develop a strategy involving workflow redesign, EHR optimization, measurement, and monitoring of individual provider EHR use, and change management to support payment for meaningful use and demonstration of high-quality patient care.
4. Describe a strategy for ensuring initial and continued high performance against Meaningful Use measures, and continuing that high performance after Meaningful Use goes away.

### Office Orthopedics for Primary Care

Ballroom A MTP 085 

*Professor:* Michael J. Battistone, MD

1. What is the evidence-based approach to recognizing and treating common musculoskeletal issues? When should the patient be referred?
2. How do you recognize common regional pain syndromes, including evaluation of the painful foot and ankle, shoulder, knee, and hip?
3. What are the principles of splints, braces, and physical therapy? When and what should you request?

### Perioperative Medicine QA/PI Grand Rounds: What Went Wrong?

Ballroom B PN 044  

*Moderator:* Geno J. Merli, MD, MACP, FHM, FSVM

*Co-Moderator:* Steven L. Cohn, MD, FACP, SFHM

Four perioperative cases of adverse outcomes will be presented and dissected as to etiology, system analysis, and prevention of recurrence:


1. Spinal epidural hematoma in a postoperative tumor craniotomy patient treated with LMWH for a DVT following spine surgery 2 weeks prior.
2. Elective redo total hip arthroplasty with preop DVT and IVC filter placement prior to surgery.
3. Preoperative NSTEMI in a patient with bare metal and drug-eluting stents on dual antiplatelet therapy, HBP, and DM scheduled for penile implant.
4. Postoperative total hip replacement and rivaroxaban use in a patient with atrial fibrillation.

## Normal Lab Values Reference Table


A convenient table referencing normal lab values in traditional units and standard international equivalents is available online at [im2016.acponline.org](http://im2016.acponline.org). Click on the "For Meeting Attendees" tab and go to the Reference Ranges Table link.

**Friday – 11:15 a.m.-12:45 p.m.**

**Update in Hospital Medicine**

Room 146 UD 007   
 Moderator: Jordan Messler, MD, Member, SFHM  
 Co-Moderator: John B. Bulger, DO, MBA, FACP

**What Makes a Good Volunteer?**

Room 145 PN 013   
 Moderator: Soma Wali, MD, FACP  
 Panelists: Cary M. Bjork, MD, FACP  
 Sheila Ryan, RN, MPH

1. What lessons were learned by volunteers going abroad and their in-country counterparts?
2. What preparations can prospective volunteers and volunteer organizations undertake for maximum performance during volunteer efforts?
3. How are academic organizations uniquely positioned to assist in sustainable volunteer experiences? What is the best role for trainees who wish to volunteer?


**Friday – 2:15-3:45 p.m.**

**Androgen Therapy in Men**

Ballroom C MTP 013   
 Professor: Adrian S. Dobs, MD, MHS

1. What are the indications and contraindications to androgen therapy in men?
2. What initial evaluation should be performed in men considered for androgen therapy, and how should they be monitored?
3. What are indications to discontinue androgen therapy?
4. How are aromatase inhibitors, gonadotropins, and HCG used in the treatment of hypogonadism?
5. How is fertility preserved in men with hypogonadism, if desired?

**Annals Articles That Can Change Practice 2015-2016**

Room 151 PN 014   
 Moderator: Christine Laine, MD, MPH, FACP  
 Panelists: Michael A. LaCombe, MD, MACP, FACC  
 Jaya K. Rao, MD, MHS, FACP  
 Darren Taichman, MD, PhD, FACP

Editors from *Annals of Internal Medicine* will discuss papers published in the last year that have important implications for clinical practice. The discussion will cover how the papers expand what we know, why they are clinically important, and methodological issues to consider when assessing how to apply the results.

## Friday – 2:15-3:45 p.m.

### **Build Your Resilient Self: Practical Positive Psychology and Mindfulness to Thwart Burnout**

Room 204 C

RWS 004



Director:

*Gail Gazelle, MD, FACP*

1. Explain basic principles of and the evidence base for positive psychology and mindfulness
2. Experience and be able to teach one technique in each domain: positive psychology and mindfulness.
3. Design three action steps to prevent or manage burnout.

*Ticket required. See Reserved Workshop Policy on page 46.*

### **Career Crossroads: Choosing Your Path**

Room 152

PN 020



Moderator:

*Keely E. Fischbach, MD, Member*

Panelists:

*Ankush K. Bansal, MD, FACP, FHM*

*Stacy M. Higgins, MD, FACP*

1. Learn about the professional and business experience of private practice physicians.
2. Learn about hospitalist career paths.
3. Learn about academic medicine career paths.
4. Gain insight into work-life balance in various career paths.

### **Changing EHRs, Changing Practices**

Room 103

PN 031



Moderator:

*Thomson M. Kuhn*

Panelists:

*Michael J. Donnelly, MD, FACP, FAAP*

*Jacqueline W. Fincher, MD, MACP*

1. What do you need to know about changing electronic health records (EHRs) or practices (with same or different EHR)?
2. What are the challenges to moving patient data between systems?
3. What should you look out for, and how do you minimize the headaches of making the change?
4. What are best practices for EHR training and working with EHR vendors?

### **A Complete Contraceptive Toolkit: Cases and Demos**

Room 201

RWS 002



Director:

*Pelin Batur, MD, NCMP, CCD, FACP*

Co-Directors:

*Megan C. McNamara, MD, MSc, Member*

*Kristi Tough DeSapri, MD*

1. Review updates in the field of contraception.
2. Discuss medical scenarios that would dictate use of one contraceptive over another.
3. Increase comfort with such contraceptives as IUDs, NuvaRing, diaphragms, cervical caps, Nexplanon, and the Essure device by using models.
4. Address current controversies in the contraceptive literature.

*Ticket required. See Reserved Workshop Policy on page 46.*

**Friday – 2:15-3:45 p.m.**

**Controversies in the Treatment of Hypertension**

Ballroom A MTP 066 

*Professor: Phyllis August, MD, MPH*

1. How should internists apply new clinical guidelines to the outpatient treatment of hypertension?
2. When and how should secondary causes be evaluated? What role does sleep quality play?
3. How should the treatment of hypertension be approached in women who are or may become pregnant?
4. What BP approaches can be used in very elderly >75 years? Can guidelines be used?

**Creating a Teamwork Culture in the Hospital**

Salon A-C PN 001  

*Moderator: Jordan Messler, MD, Member, SFHM*

*Panelists: Ethan Cumbler, MD, FACP  
Elizabeth M. Harry, MD*

1. What are various examples of teamwork for patient care rounding models?
2. How can hospitalist groups, or QI teams, work more collaboratively?
3. How do we create a culture of teamwork, as a hospitalist group, as a hospital, or at the unit level?
4. What are the commonly missed teaching opportunities in the hospital?

**Direct Patient Contracting Practices: Has Their Time Come?**

Room 147 PN 037 

*Moderator: Robert B. Doherty*

*Panelists: Yul D. Ejnes, MD, MACP  
Alice L. Fuisz, MD, FACP*

1. Is a direct patient contract practice the right model for me? Why or why not?
2. How are the various models similar, and how do they differ?
3. What are the clinical, business, ethical, policy, and personal pros and cons of these types of practices?

**Inpatient Medical Mysteries: Breaking Down a Case**

Ballroom B MTP 045 

*Case Discussant: Gurpreet Dhaliwal, MD*

*Case Presenter: Joseph Coffman, MD, Resident/Fellow Member*

1. In what ways can the internist hone their diagnostic skills?
2. What role does technology play in clinical diagnosis?

**Internal Medicine Meeting 2016 Highlights: Key Messages You'll Want to Take Home and Doctor's Dilemma<sup>SM</sup>: The Finals**

Saturday, 5:15-6:30 p.m. • Ballroom A

Hear three outstanding clinician-educators share what they think are the most important take-home messages from Internal Medicine Meeting 2016. Then join the excitement of the final round of Doctor's Dilemma<sup>SM</sup>. The "Final Four" teams of residents who survive the Thursday and Friday competitions will face off in the championship round of this *Jeopardy*-style test of knowledge. The winner takes home the Osler Cup-ACP's coveted trophy.



## Friday – 2:15-3:45 p.m.

### Multiple Small Feedings of the Mind: Gastroenterology, Psychiatry, and Osteoporosis

Hall C MSFM 002 

*Moderator:* Sabina M. Lee, MD, FACP

*Panelists:* Manal F. Abdelmalek, MD, MPH, FACP

Jeffrey M. Levine, MD, FACP

Thomas J. Weber, MD

#### Gastroenterology

1. Nonalcoholic fatty liver disease (NAFLD): When should you suspect it, who should undergo a biopsy, and what should be done with the results?
2. What colorectal cancer screening options can we offer the patient who doesn't want a colonoscopy?
3. When should eosinophilic esophagitis be suspected, and what are current treatment guidelines?

#### Psychiatry

1. How can we safely treat depression in patients before conception, during pregnancy, and after delivery?
2. If a patient is concerned about attention deficit-hyperactivity disorder (ADHD), how can I diagnosis it and what is the safest way to treat it?
3. For dementia treatment, what is the evidence for the FDA-approved medications, and what other drugs are being used off-label?

#### Osteoporosis

1. Which patients should I put on vitamin D supplements and why?
2. Who should be screened for osteoporosis, how often should I screen, and when can I stop screening?
3. Which osteoporotic patients should take a "bisphosphonate holiday," and when should I consider resuming treatment?

### Stump the Professor

Room 145 WSO 008

*Director:* Paul B. Aronowitz, MD, FACP

Understand the thought processes of an experienced internist while solving medical problems.

### Update in Hematology and Oncology

Room 146 UD 006 

*Co-Moderators:* Harold J. Burstein, MD

Alice D. Ma, MD, Member

### When Someone Else Must Decide: Surrogate Decision Making in Clinical Practice—Ethical Challenges Role Play

Room 143 PN 029  

*Moderator:* Carrie A. Horwitch, MD, FACP

*Panelists:* Jeffrey T. Berger, MD, FACP

Daniel P. Sulmasy, MD, PhD, MACP

1. What are the ethical issues of surrogate decision making in the clinical context?
2. What interests of patients, physicians, family members, and the community are at stake in surrogate decision making for clinical care?
3. How might the process and outcomes of surrogate decision making be improved?

**Friday – 4:30-5:30 p.m.**

**The Abnormal ECG: What to Do Next?**

Ballroom B MTP 008 

Professor: *Lisa M. Filippone, MD*

1. What are the effects of drug and electrolyte abnormalities on the ECG?
2. What ECG patterns can mimic ischemia or myocardial infarction?
3. What rhythms are potentially lethal and require early therapy?

**Abnormal Lung Cancer Screening Exams: High-Value Evaluation**

Ballroom C MTP 078 

Professor: *Michael J. Barry, MD, MACP*

1. What patient population may benefit from lung cancer screening exams?
2. What are the benefits and harms of lung cancer screening for these patients?
3. What evaluation should the generalist perform prior to referral to a subspecialist (medical or surgical), incorporating both cost-effectiveness and patient preferences?

**Clinical Triad: Venous Thromboembolism Diagnosis and Management-Appropriate Roles for Imaging and Devices**

Ballroom A CT 002 

Moderator: *Peter W. Marks, MD, PhD, FACP*

Panelists: *Luis H. Eraso, MD, MPH, FSVM*  
*Geno J. Merli, MD, MACP, FHM, FSVM*  
*Michael B. Streiff, MD, FACP*

**Segment A: Acute**

1. What is the most appropriate initial imaging study for DVT?
2. When should a CT angiogram be performed in a patient with suspected VTE?
3. What is the role for magnetic resonance venography in management?

**Segment B: Chronic**

1. Is there a role for follow-up imaging after treatment for VTE?
2. What is the role of D-dimer in determining when to stop treatment?
3. What is the meaning of residual thrombus in the lower extremities?

**Segment C: Filter**

1. In what clinical setting is placement of a vena cava filter appropriate?
2. What is the spectrum of available devices?
3. How can removal of temporary devices best be facilitated?

## Friday – 4:30-5:30 p.m.

### Debriding the Medication List: Reducing Polypharmacy in the Elderly

Room 151

MTP 010



Professor:

*Amit A. Shah, MD, FACP*

1. Which medications commonly prescribed to elderly patients can often be discontinued?
2. What are common medications where the risk-benefit ratio changes markedly with aging?
3. What is the best approach to reducing polypharmacy in elderly patients?

### Disaster Management and Preparedness: Lessons from the Field

Salon G-I

MTP 035



Professor:

*Steven B. Deitelzweig, MD, MMM, SFHM, FACP*

1. What are some stories from recent disaster management?
2. What are the lessons hospitals and hospitalists learned from Katrina, Sandy, and/or other disaster scenarios?
3. Who pays for disaster training and preparedness?
4. What can hospitalists do to be better prepared, whether it is Ebola, a hurricane, or the next disaster knocking on your hospital's door?

### Evaluation of the Patient with Abnormal Liver Tests

Salon A-C

MTP 018



Professor:

*COL Stephen A. Harrison, MD, MC USA, FACP*

1. What is the epidemiology of abnormal liver tests?
2. What patterns of liver enzyme abnormalities exist, and how should they be evaluated?
3. When is liver biopsy required in the evaluation of abnormal liver enzymes?

### Implementing High-Value Care Projects

Room 204 C

RWS 020



Director:

*Cynthia D. Smith, MD, FACP*

Co-Directors:

*Deborah R. Korenstein, MD, FACP*

*Nicole Van Groningen, MD*

*Annmarie Vilkins, DO, MSc*

1. Define high-value care (HVC).
2. List the important steps in designing an HVC improvement project.
3. Identify local resources to support an HVC improvement project.
4. Describe at least one potential idea for a local HVC improvement project.

*Ticket required. See Reserved Workshop Policy on page 46.*

**Friday – 4:30-5:30 p.m.**

**Oropharyngeal Dysphagia: When Feeding and Swallowing May Be Hazardous**

Room 143 MTP 024  

Professor: William H. Irwin III, PhD, CCC-SLP

1. What is the role of swallow evaluations, and which patients should receive them?
2. What is the evidence that changing feeding strategies is effective in reducing aspiration recurrence?
3. When should feeding tubes be used in the short or long term?
4. What medical conditions are commonly associated with oropharyngeal dysphagia?
5. How should these patients be monitored?

**The Power of Persuasion: Writing an Op-Ed That Matters**

Room 145 PN 019 

Moderator: Joshua M. Liao, MD, Resident/Fellow Member

Panelists: Dhruv Khullar, MD, MPP

Lisa Sanders, MD, FACP

1. What are the key components of a successful op-ed piece?
2. How and where are op-ed articles published?
3. What are the panelists' experiences in crafting meaningful opinion pieces?

**Small Practice Strategies for Mastering the Complexities of Today's World**

Room 147 PN 038 

Moderator: Robert M. McLean, MD, FACP

Panelist: Joseph W. Stubbs, MD, MACP

1. How can small practices be sustainable in the face of new payment models, integration, quality improvement, and accountability requirements?
2. How can physicians manage all the red tape, rules, and other administrative hassles as efficiently as possible and still maintain high-quality patient care?
3. What is the College doing relative to advocacy and policy and tool development to promote administrative simplification and help our members succeed?

**Syncope**

Hall C MTP 057 

Professor: Daniel D. Dressler, MD, MSc, FACP, SFHM

1. How have High-Value Care decisions and Choosing Wisely guidelines impacted the management of syncope?
2. What red flags exist in syncope patients that hospitalist should understand and rule out?
3. Are there examples of best practices for hospitals and hospitalists in the management of syncope?
4. When can a patient with syncope be safely discharged from the emergency room or office?

**Update in Women's Health**

Room 146 UD 014 

Moderator: Melissa McNeil, MD, MPH, MACP

Co-Moderator: Sarah A. Tilstra, MD, MS, Member

## Saturday – 7:00-8:00 a.m.

### Approach to Resistant Hypertension

Hall C MTP 065 

Professor: *Raymond R. Townsend, MD*

1. What is resistant hypertension, and how common is it?
2. What evaluation is appropriate in resistant hypertension?
3. How do I manage these patients—when do I refer—and to whom?

### Colorectal Cancer Screening: Current Standards of Care

Salon A-C MTP 017 

Professor: *Joseph C. Anderson, MD*

1. What are the optimal screening and surveillance strategies for colorectal cancer?
2. What strategies are available for prevention of colorectal cancer, and in which individuals are they appropriate?
3. What modifications are required in special circumstances, such as patients with a family history of colorectal cancer and those taking anticoagulation therapy?
4. What are the quality indicators for colonoscopy?

### HCAP: Latest Evidence

Ballroom A MTP 040  

Professor: *John S. Francis, MD, PhD*

1. What is the latest evidence for diagnosing and managing health care–associated pneumonia (HCAP)?
2. What are common case examples of HCAP management?
3. What QI strategies are successful in minimizing and managing HCAP?
4. Are there unique strategies to manage hospital-acquired aspiration pneumonitis and pneumonia?

### Hyponatremia Management in the Hospital

Ballroom B MTP 042 

Professor: *Thomas J. Yacovella, MD*

1. What are the common causes and the frequently missed causes of hyponatremia in the hospitalized patient, with focus on elderly patients and diuretics?
2. How should one approach the treatment of hyponatremia in the hospitalized patient?
3. What is the best use of vaptans in management of various hyponatremia scenarios?
4. When should hyponatremia be treated emergently and how? When does it not need to be treated?

### Risk Management Pearls: Improving Patient Safety

Salon G-I MTP 073  

Professor: *Rachel B. Sorokin, MD, FACP*

1. What is a highly reliable organization?
2. How do we measure and reduce iatrogenic harm in health care?
3. What strategies can practicing physicians use to reduce patient's risk of harm?

**Saturday – 7:00-8:00 a.m.**

**Sleep Disorders: More Than Obstructive Sleep Apnea**

Ballroom C MTP 081 

Professor: Amy S. Guralnick, MD

1. What are the various sleep disorders and their systemic complications (e.g., hypertension, depression, etc.)?
2. What are the clinical clues and diagnostic strategies to identify sleep disorders?
3. What are the treatments for sleep disorders (pharmacologic, devices, and surgical, first- as well as second-line)?
4. Who should be screened: geriatric patients, high-risk occupations (pilots, truck drivers, etc.), and should governmental agencies be notified of positive results?

**Smoking Cessation: An Evidence-Based Approach**

Room 151 MTP 092 

Professor: Frank T. Leone, MD, MS, FACP

1. What can internists do to increase the likelihood a patient will attempt smoking cessation? What is the role of motivational interviewing?
2. What is the evidence for quitting "cold turkey" compared to tapering smoking?
3. Which patients should be given pharmacotherapy? What is the most effective pharmacologic approach? Is nicotine replacement therapy ever contraindicated?

**Understanding and Implementing Vaccinations in Your Practice**

Room 147 PN 041  

Moderator: Laura Lee Hall, PhD

Panelists: CAPT Carolyn B. Bridges, MD, FACP, USPHS  
John H. O'Neill Jr., DO, FACP

1. Review clinical advances in adult immunization and Advisory Committee on Immunization Practices (ACIP) recommendations.
2. Discuss strategies for overcoming barriers to immunization in the ambulatory setting.

**Update in Infectious Disease**

Room 146 UD 008  

Moderator: John G. Bartlett, MD, MACP

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- Order by phone at 800-241-7785.



## Saturday – 8:15-9:15 a.m.

### Clinical Triad: The Top Three—What the Internist Needs to Know About Breast, Prostate, and Lung Cancer Screening

Ballroom A                      CT 003                      

*Moderator:*                      *Peter W. Marks, MD, PhD, FACP*

*Panelists:*                      *Marc B. Garnick, MD, FACP*  
   *David E. Midthun, MD, FACP*  
   *Kevin Oeffinger, MD*

#### Segment A: Breast

1. When is it appropriate to start, and to stop, screening patients for breast cancer?
2. What places an individual at high risk for developing breast cancer?
3. What effect have new screening modalities had on clinical outcome?

#### Segment B: Prostate

1. Who should be screened for prostate cancer?
2. What are the appropriate laboratory tests to perform?
3. When is imaging or biopsy required?

#### 3. Segment C: Lung

1. Who should be screened for lung cancer?
2. What is the appropriate follow-up for lung findings?
3. What should be done about other “incidental” findings?

### Common Ambulatory Genitourinary and Sexually Transmitted Infections

Ballroom C                      MTP 061                       

*Professor:*                      *Elisa I. Choi, MD, FACP*

1. What are common non-HIV sexually transmitted infections that the internist needs to know? How are they diagnosed and managed?
2. What are the common causes of infectious vaginitis syndromes? What is the appropriate evaluation and antimicrobial management?
3. How is a urinary tract infection diagnosed, and what is the antibiotic management strategy for this infection?
4. What is infectious prostatitis, and how is it diagnosed, evaluated, and managed?

### Contraception in Women with Chronic Medical Illness

Ballroom B                      MTP 093                      

*Professor:*                      *Megan C. McNamara, MD, MSc, Member*

1. What common conditions in medical practice impact choice of contraception?
2. What are some of the newer/emerging chronic medical issues where choice of contraception is a concern?
3. Which contraceptives are best for women with chronic illness?
4. What are the best evidence-based resources for guidance on contraceptive options for women with chronic medical conditions?

**Saturday – 8:15-9:15 a.m.**

**Life-Threatening ECGs Encountered in the Outpatient Setting**

Room 201 RWS 010 

Director: Lisa M. Filippone, MD

Co-Director: Thomas Rebbecchi, MD

1. Identification of life-threatening and subtle ECG findings encountered in an office.
2. Identification of subtle ECG findings associated with common clinical conditions.
3. Review of ECG findings of common clinical entities.

*Ticket required. See Reserved Workshop Policy on page 46.*

**Low Back Pain: Diagnosis and Management**

Hall C MTP 084  

Professor: Adrian A. Popescu, MD

1. Informed by the physical exam and your knowledge of anatomy, how do you recognize common spinal conditions?
2. When is it appropriate to order neurodiagnostic tests, advanced imaging, and interventional pain procedures?
3. How do you maximize the benefit of physical therapy? What should be ordered?
4. What are the best pharmacologic therapies for lumbar disc disease and radicular pain?
5. What are the most recent recommendations about the value of surgery for certain conditions?

**Palliative Care in the Hospital: Issues at the End of Life**

Room 143 MTP 049  

Professor: Rachele E. Bernacki, MD, MS

1. When should hospitalists consult palliative care in the hospital?
2. What are common missed opportunities for consultation in the hospital?
3. What are some common case examples (pain control, ethical dilemmas) faced by the palliative care team?

**Presentation Skills for Physicians: Making Your Next Teaching Presentation Go Better Than Your Last**

Room 145 MTP 099 

Professor: Scott C. Litin, MD, MACP

1. Organize a teaching presentation with special emphasis on an effective opening and strong closing.
2. Demonstrate helpful skills for presentation techniques.
3. Create and deliver your next presentation more effectively than you have in the past.
4. Provide constructive criticism to others regarding their presentations.



## Saturday – 8:15-9:15 a.m.

### A Return to Bedside Medicine: Countering the Hidden Curriculum

Salon G-I PN 026  

*Moderator:* Sanjay V. Desai, MD, FACP

*Panelists:* Paul S. Mueller, MD, FACP  
Julie R. Rosenbaum, MD, FACP

1. What ethical and professional values are being transmitted in the hidden curriculum?
2. Can greater recognition of the role that the hidden curriculum plays during medical education help counterbalance negative messages that may be transmitted?
3. Can the culture be positively affected?

### Shared Decision Making: Practical Applications for Clinical Practice

Room 204 C RWS 015 

*Director:* Damara N. Gutnick, MD, FACP

*Co-Directors:* Annie LeBlanc, PhD  
Kathleen G. Reims, MD

1. Identify opportunities for shared decision making (SDM) in your own clinical practice.
2. Practice an algorithmic scheme/approach to SDM that can be applied to guide SDM conversations in clinical practice.
3. Use decision aids to guide SDM conversations in clinical practice and be aware of a variety of decision aids resources available for clinical use.
4. Effectively communicate risk to patients (using absolute risks; providing balanced framing; using graphics or pictures; and discussing downsides, side effects, or potential harms).

*Ticket required. See Reserved Workshop Policy on page 46.*

### Update in Gastroenterology and Hepatology

Room 146 UD 004 

*Moderator:* John I. Allen, MD, MBA, Member, AGAF

*Co-Moderator:* David S. Weinberg, MD, MSc, FACP

### Vascular Disease: Screening and Management for Primary Care Physicians


Room 151 MTP 009 

*Professor:* Geno J. Merli, MD, MACP, FHM, FSVM

1. Who and when do I screen for carotid artery disease?
2. Which patients should be screened for abdominal aortic aneurysm (AAA)?
3. Which patients should be screened using ankle-brachial index (ABI)? How do I manage abnormal ABIs, and when should I refer?
4. What is the optimal medical therapy in patients with PAD?
5. What do I do with my Commercial Health Screenings reports?

**Saturday – 8:15-9:15 a.m.**

**What May Change Your Practice Tomorrow: Hot Topics in Medical Informatics**

Room 103 PN 035 

*Moderator: Peter Basch, MD, MACP*

*Panelists: Thomson M. Kuhn  
Gaurav Singal, MD, Member*

- Participants will be exposed to current hot topics in medical informatics:
  - Cutting Through the Hype: The implications of patient empowerment, precision medicine, personalized medicine, and telemedicine. Pulling the threads together to identify new opportunities for internists to contribute to the emerging health IT-enabled world of evidence-generating medicine.
  - Late-Breaking News: The impact of recent health IT regulatory changes on internal medicine practices.
- Participants will interact with faculty to learn how these new technologies and concepts may affect their practices.

**Saturday – 9:30-10:30 a.m.**

**Cardio-Oncology: Managing Heart Disease in the Cancer Patient**

Ballroom B MTP 001 

*Professor: Juan Carlos Plana, MD*

- How should cancer survivors who have received chemotherapy be evaluated and followed?
- What are the cardiotoxic effects of radiation and chemotherapy?
- How should cardiac medications be adjusted for the patient undergoing chemotherapy?

**Common Allergic Problems: An Update**

Salon A-C MTP 090 

*Professor: John M. Kelso, MD*

- What determines good asthma control, and how helpful is the office spirometer?
- How do you take a good environmental history for allergies?
- What are the clues that a food allergy may be present, and what is the best way to evaluate it? How might this differ from evaluating a possible drug allergy?
- How can the internist differentiate allergic rhinitis from nonallergic rhinitis, and what evaluation should be done prior to referral?

**Diagnostic Reasoning and Diagnostic Error: Can We Improve Our Thinking?**

Room 145 MTP 110  

*Professor: Robert L. Trowbridge, MD, FACP*

- What role do cognitive errors play in diagnostic error?
- What are the common cognitive causes of diagnostic error?
- How can clinicians decrease the likelihood of committing cognitive errors in diagnostic reasoning?

## Saturday – 9:30-10:30 a.m.

### Headache: Evaluation and Treatment

Hall C MTP 068 

Professor: *Andrew C. Charles, MD*

1. How should a new-onset headache be evaluated? When should a clinician suspect a neoplasm or serious vascular disorder as a cause of headache? Which patients need imaging?
2. Once secondary causes of headache are ruled out, how should headaches be classified?
3. What are the most effective treatments for common headache syndromes, including tension headache and migraine?
4. What is medication overuse in headache, and how should internists manage it?

### Inpatient Hypertension Management

Ballroom A MTP 043 

Professor: *R. Neal Axon, MD, MSCR, Member*

1. What is the definition of hypertensive emergency, and what are the goals of management?
2. When should hypertension be a reason for admission to the hospital?
3. What is the latest science in the management of hypertension, including new medications?

### Life-Threatening ECGs Encountered in the Outpatient Setting

Room 201 RWS 011 

Director: *Lisa M. Filippone, MD*

Co-Director: *Thomas Rebbecchi, MD*

1. Identification of life-threatening and subtle ECG findings encountered in an office practice.
2. Identification of subtle ECG findings associated with common clinical conditions.
3. Review of ECG findings of common clinical entities.

*Ticket required. See Reserved Workshop Policy on page 46.*

### Nicholas E. Davies Memorial Award Lecture: Ethics of the Falling Man

Room 152 AL 001 

Lecturer: *Gregory O'Dea, PhD*

Through an examination of the famous photograph taken by Richard Drew at the World Trade Center on September 11, 2001, participants will be able to consider the medical ethics of:

- evaluating patient motives
- documenting patient conditions
- sharing patient conditions
- evaluating secondary information
- confidentiality of patient information

**Saturday – 9:30-10:30 a.m.**

**Presidential Medicine: The Doctors in the (White) House**

Room 151      MTP 101      

*Professor:      Lee R. Mandel, MD, MPH, FACP*

1. How is medical care crafted around the unique duties and responsibilities of the Commander-in-Chief?
2. How is the President's ability to carry out the responsibilities of the office determined?
3. How is medical care delivered in the White House for the President, as well as for the First Family and guests of the President?

**Primary Care of the Breast Cancer Survivor**

Room 150      MTP 094      

*Professor:      Jennifer E. Potter, MD, Member*

1. What is the best evidence-based approach to routine follow-up of disease-free breast cancer survivors in general practice, including frequency of examination and testing for new primary cancer and recurrence?
2. What are common complications of breast cancer treatment, and how should generalists diagnose, monitor, and treat them? What is a survivorship care plan, and how should it be obtained and used?
3. How should menopause be treated in breast cancer survivors?
4. What is the current approach to adjuvant endocrine therapy? What should generalists know about these therapies?
5. Which breast cancer survivors should be advised to be tested for the BRCA gene?

**Pulmonary Rehabilitation: What Exactly Is It, and Who Benefits?**

Salon G-I      MTP 080      

*Professor:      Aiman Tulaimat, MD*

1. What are the components of a comprehensive pulmonary rehabilitation program?
2. Which patients at which stage in their disease should be referred?
3. How can the benefits of the program be sustained?
4. How can reimbursement be arranged?

**Update in Geriatric Medicine**

Room 146      UD 005       

*Moderator:      David B. Reuben, MD, FACP*

**Value-Based Purchasing for the Hospitalist**

Room 143      MTP 059      

*Professor:      Winthrop F. Whitcomb, MD*

1. What are the current tenets of the value-based purchasing program?
2. How can the hospitalist impact a hospital's value-based purchasing results?
3. What policy decisions can be expected in the future?

## Saturday – 9:30-10:30 a.m.

### Vector-Borne Infections in the United States

Ballroom C MTP 064  

Professor: Stephen J. Gluckman, MD, FACP, FIDSA

1. What are the clinical and laboratory manifestations, evaluation, and management of Lyme disease?
2. What is Chikungunya, and how is it diagnosed and managed?
3. What are Lyme disease co-infections, and how should they be recognized and managed?
4. What are the clinical manifestations, laboratory and diagnostic evaluation, and management of West Nile virus?
5. What are the other significant arboviral infections (dengue fever, eastern equine encephalitis, St. Louis encephalitis)?
6. What are anaplasma and ehrlichia, and how are they diagnosed and managed?
7. What is Rocky Mountain Spotted Fever, and how is it diagnosed and managed?

## Saturday – 11:15 a.m.-12:45 p.m.

### Acquired Bleeding Disorders and Thrombocytopenia: Evaluation and Management

Ballroom B MTP 026 

Professor: Alfred Ian Lee, MD, PhD

1. What is the appropriate diagnostic evaluation for the patient with thrombocytopenia or a suspected bleeding disorder?
2. When is it appropriate to transfuse platelets in the setting of thrombocytopenia?
3. When should fresh frozen plasma be given to a patient with an abnormal prothrombin or partial thromboplastin time?
4. What is the appropriate management for immune thrombocytopenic purpura (ITP), thrombotic thrombocytopenic purpura (TTP), and hemolytic uremic syndrome (HUS)?

### Clinical Pearls: Psychiatry and Infectious Diseases

Hall C CP 003 

Moderator: Scott C. Litin, MD, MACP

Panelists: Brian A. Palmer, MD, MPH  
Joyce L. Sanchez, MD, FACP

### Dermatology for the Internist

Ballroom A SS 001

Professor: Kenneth J. Tomecki, MD

1. What are the most common dermatologic conditions encountered by nondermatologists, especially internists?
2. What are the most common and important dermatologic manifestations associated with systemic diseases?
3. What is new and relevant in the medical/dermatologic arena vis-a-vis internal medicine?

**Saturday – 11:15 a.m.-12:45 p.m.**

**Ethics and EHRs: Best Practices for Patient Care and Training**

Room 150 PN 027  

*Moderator:* Paul S. Mueller, MD, FACP

*Panelists:* William B. Applegate, MD, MACP  
 Danny A. Newman Jr., MD, FACP

1. What ethical and professional challenges do electronic health records (EHRs) present for physicians?
2. Do EHRs and “copy and paste” support high-quality patient care and provide a teaching tool for trainees?
3. Can EHRs enhance patient-physician communication and team-based care?

**Motivational Interviewing: On a Scale of 1-10, How Interested Are You?**

Room 143 MTP 012 

*Professor:* Auguste H. Fortin VI, MD, MPH, FACP

1. Which conditions has motivational interviewing (MI) been shown to help with?
2. Which conditions has MI not been shown to help with?
3. What are common “stuck points” where providers encounter difficulty—and how can they be overcome?
4. Is there evidence for MI done by non-MDs or psychologists (i.e., can RNs or other office staff do this)?

**Perioperative Care: Latest Evidence for the Hospitalist**

Ballroom C MTP 052 

*Professor:* Geno J. Merli, MD, MACP, FHM, FSVM

1. What is the latest evidence for perioperative management of the hospitalized patient?
2. What are common mistakes hospitalists make in managing the patient perioperatively?
3. What are common anticoagulant management scenarios, including management of newer anticoagulants, perioperatively?

**Practical Office Orthopedics: Shoulder & Knee**

Room 201 RWS 014 

*Director:* Edward (Ted) Parks, MD

1. Learn a mechanism-based “makes sense” understanding of the shoulder and knee pathophysiology.
2. Learn how to make patient history-taking a quicker, more precise, and more useful diagnostic tool.
3. Learn high-yield exam techniques to improve diagnostic accuracy.
4. Work with anatomical injection models to learn proper injection techniques.
5. Learn what diagnostic tests are most useful and when to order them.

*Ticket required. See Reserved Workshop Policy on page 46.*

## Saturday – 11:15 a.m.-12:45 p.m.

### Sustainable Health Care After a Disaster

Room 151

PN 009



*Moderator:* Perna Mona Khanna, MD, MPH, FACP, FACPM, FACOEM

*Panelists:* Richard E. Deichmann Jr., MD, FACP

Michelle Morse, MD, MPH

1. How does one define sustainable health care after a disaster?
2. Are there strategies for supporting high-yield and long-lasting health care after a disaster and in low-resource settings, including through volunteer opportunities?
3. How does one ensure sustainable and appropriate benefits for the recipient population?

### Thriving in a Value-Based Payment World: Navigating Performance Measurement, Public Reporting, and Federal Incentive Programs

Room 147

PN 040



*Moderator:* Catherine H. MacLean, MD, PhD, FACP

*Panelists:* Peter Basch, MD, MACP

Robert M. McLean, MD, FACP

1. Learn about physician public reporting and pay-for-performance programs, including the Physician Quality Reporting System (PQRS), Physician Compare, the Medicare Value-Based Payment Program, and the Medicare and Medicaid EHR Incentive Programs (i.e., Meaningful Use) and how they might impact physicians' practice and payments.
2. Learn how to select performance measures for participation in federal incentive programs and how to gather necessary data for successful reporting of these measures.
3. Learn about tools available through ACP to help physicians adopt and implement strategies for quality measurement and quality improvement.

### Thumbnail Rheumatology: Overview of Monoarthritis, Polyarthritis, Polymyalgia, and Giant Cell Arteritis

Salon A-C

MTP 089



*Professor:* Antoine G. Sreih, MD

1. How do you recognize and safely and effectively evaluate a patient with new onset of monoarthritis and polyarthritis?
2. What are the newer recommendations for treatment and long-term follow-up of giant cell arteritis and polymyalgia rheumatica?
3. What are the latest recommendations on TB screening and management for patients who will need immunosuppression?
4. When should therapy be introduced to prevent steroid-induced osteoporosis?

**Saturday – 11:15 a.m.-12:45 p.m.**

**Update in Pulmonary Medicine**

Room 146 UD 012 

Moderator: Kalpalatha (Kay) Guntupalli, MD, MACP

**Variation Reduction: Using Clinical Data to Improve Physician Communication, Patient Outcomes, and Affordability**

Room 204 C RWS 019 

Director: Wendi A. Knapp, MD, FACP

Co-Directors: Laura L. Holmes, MD  
Kelly R. Miller, MD, MPH  
Erica E. Weirich, MD

1. Mediate a conversation about practice variation data.
2. Guide participants toward agreement on a practice standard.
3. Explain practice Variation Reduction to colleagues.
4. Apply the concept to Choosing Wisely.

*Ticket required. See Reserved Workshop Policy on page 46*

**VTE Controversies**

Salon G-I MTP 108 

Professor: Steven B. Deitelzweig, MD, MMM, SFHM, FACP

1. What is the latest evidence in the management of VTE and VTE prophylaxis, including new medications?
2. Are there examples of best practices for hospitals and hospitalists in the management of VTE and VTE prophylaxis?
3. When does a patient with VTE need to be hospitalized, and is there a role for outpatient management of pulmonary embolism?



## Saturday – 2:15-3:45 p.m.

### **Build Your Resilient Self: Practical Positive Psychology and Mindfulness to Thwart Burnout**

Room 204 C

RWS 005



Director:

*Gail Gazelle, MD, FACP*

1. Explain basic principles of and the evidence base for positive psychology and mindfulness.
2. Experience and be able to teach one technique in each domain: positive psychology and mindfulness.
3. Design three action steps to prevent or manage burnout.

*Ticket required. See Reserved Workshop Policy on page 46.*

### **Coding and Billing 101: Getting Paid for What You Do**

Room 147

MTP 104



Professor:

*Jeannine Z. Engel, MD, FACP*

1. What are the basics of coding and documenting office visit and preventive services?
2. How can I best select the level of office visit service to maximize revenue and minimize audit risk?
3. How can I minimize coding problems that can lead to payment denials and delays?
4. What resources are available to help me navigate this nonclinical, yet essential, part of medical practice?

### **Communicating Effectively When You Don't Want To: An Intensive Training for Difficult Patient Encounters**

Room 143

WSO 002

Director:

*Rebecca A. Andrews, MS, MD, FACP*

Co-Director:

*Auguste H. Fortin VI, MD, MPH, FACP*

1. How can a physician effectively manage an emotionally intense encounter or therapeutic relationship?
2. What is a systematic approach to effectively handle conflict or mismatched expectations in a clinical relationship?
3. How can we understand the biopsychosocial mechanisms behind chronic pain, and how can we encourage a departure from chronic opioid use?
4. What is the most effective way to deliver bad news?

### **Dementia: Key Issues for Mild, Moderate, and Late Stages**

Salon G-I

MTP 022



Professor:

*Zaldy S. Tan, MD, MPH*

1. What tools are available for the initial assessment of possible cognitive impairment? What work-up should be performed?
2. How is the stage of dementia determined?
3. What is the evidence for nonpharmacologic interventions for patients with dementia in each of 3 stages?
4. When should drugs be used in dementia? What are the risks and benefits for each of the 3 stages?
5. How is decision-making capacity assessed?
6. When should patients with dementia stop driving?

**Saturday – 2:15-3:45 p.m.**

**EHR Optimization for Internists: Improving Outcomes, Quality, and Safety for Populations of Patients with Chronic Conditions**

Room 103 PN 032  

*Moderator: Thomson M. Kuhn*

*Panelists: Carmella Ann Cole, MD, FACP*

*Yul D. Ejnes, MD, MACP*

*Priya Radhakrishnan, MD, FACP*

1. ACP members will share experiences and perspectives on implementing population health management in their practice.
2. Learn how to identify, track, and modify workflows to improve care of patients with particular conditions.
3. Learn how, without digitizing workflows from a paper practice into an EHR practice, workflow modifications can maximize efficient and effective use of an EHR through the use of staff, patient, and clinical decision tools.
4. Learn how EHRs, registries, and other technology can leverage the traditional office visit, office staff, patient communication, and non-visit-based care to improve outcomes.

**Ethics, Law, and Shared Decision Making: Multicultural Approaches to End-of-Life Care**

Room 150 PN 021  

*Moderator: Cynthia X. Pan, MD, FACP, AGSF*

*Panelists: Nessa Coyle, RN, PhD*

*Thomas J. Smith, MD, FACP, FASCO, FAAHPM*

1. Compare and contrast end-of-life care perspectives from selected cultures.
2. Discuss international barriers and approaches to end-of-life care.
3. Practice taking a cultural and spiritual history.
4. Review effective communication strategies to promote shared decision making in end-of-life care, which may include how to deliver bad news and how to conduct family meetings.
5. Discuss "Choosing Wisely" recommendations as applied to end-of-life care.

**Finding the Joy in Medicine and Life**

Room 151 PN 011 

*Moderator: Linda Hawes Clever, MD, MACP*

*Panelists: Sharon Krejci Mowat, MD*

*Tait D. Shanafelt, MD, Member*

1. Develop practical ways to refresh and be healthy.
2. Examine your values and what gives you meaning.
3. Consider how you define success and ways to get there.
4. Build effective working relationships.
5. Learn how to set and keep limits.

## Saturday – 2:15-3:45 p.m.

### Hospital-Acquired Infections: *C. difficile*, MRSA, and Emerging Infections

Salon A-C MTP 109  

Professor: John G. Bartlett, MD, MACP

1. What is the best antibiotic for an outpatient with a soft tissue infection with pus?
2. What is the best treatment for relapsing *C. difficile* infection?
3. What are the five nosocomial infections that are the highest priority at CMS?
4. What are the emerging infections in the hospital?

### Management of Acute COPD and Asthma Exacerbations in the Hospital

Ballroom B MTP 047 

Professor: Daniel D. Dressler, MD, MSc, FACP, SFHM

1. What are the latest guidelines for management of COPD and asthma in the hospital?
2. Are there specific interventions for COPD related to transitions from the hospital to home that can help mitigate readmissions?
3. What are the scenarios that would allow a patient with acute COPD or asthma to be discharged home from the ER or the office?

### Multiple Small Feedings of the Mind: Cardiology, Alcohol Use Disorders, and Rheumatology

Hall C MSFM 003 

Moderator: Daniel G. Federman, MD, FACP

Panelists: Brian F. Mandell, MD, PhD, MACP, FACR

Robert L. McNamara, MD, MHS

Patrick G. O'Connor, MD, MPH, FACP

#### Cardiology

1. Do we care about elevated triglycerides in isolation?
2. How should the internist reconcile various clot-bleed risk calculators for treating patients with atrial fibrillation, particularly in the era of novel oral anticoagulants (NOACs)?
3. What treatments are available for patients with refractory heart failure already on conventional optimized medical management?

#### Alcohol Use Disorders

1. What medications are FDA-approved for treating alcohol use disorders, and what other medications have data supporting their use off-label?
2. What is the best evidence-based approach to managing alcohol withdrawal both in the inpatient setting as well as in the outpatient setting?
3. What is the best perioperative management of patients with suspected alcohol dependence?

#### Rheumatology

1. Should asymptomatic hyperuricemia ever be treated and, if so, why?
2. Knee injections for osteoarthritis: Who should get them, how often can they happen, and what agents should I use?
3. Since certain autoimmune diseases are associated with increased cardiovascular risk, should there be a lower threshold to advise aspirin and statins for primary prevention? Do autoimmune disease treatments, such as immunomodulators and biologic agents, reduce cardiovascular risk?

**Saturday – 2:15-3:45 p.m.**

**Outpatient Diabetes Management**

Ballroom C MTP 016 

Professor: *Joseph A. Aloji, MD, FACP, FACE*

1. How does one choose an HbA1c target for patients with type 2 diabetes mellitus?
2. What are the optimal choices and sequence of oral and injectable therapies after metformin in type 2 diabetes mellitus?
3. How does one implement injectable therapy in type 2 diabetes mellitus?
4. When should an endocrinologist be consulted?

**Residents as Teachers**

Room 145 WSO 003

Director: *Bradley A. Sharpe, MD, FACP, SFHM*

1. Learn to use educational techniques to become more effective clinical educators.
2. Recognize "teachable moments" in the setting of the daily process of patient care.

**Update in New Medications**

Room 146 UD 002  

Moderator: *Gerald W. Smetana, MD, FACP*

**Saturday – 4:00-5:00 p.m.**

**Depression: Screening, Diagnosis, and Treatment**

Ballroom C MTP 076 

Professor: *Jeffrey M. Levine, MD, FACP*

1. Should internists screen for depression?
2. What are the most effective approaches for internists to use to treat depression?
3. When should the internist worry most about the risk of suicide?
4. How should an internist approach depression complicated by substance abuse or possible bipolar disorder?

**Gluten and Wheat Sensitivity in Primary Care: New Concepts, Evolving Knowledge, and Treatment Approaches**

Room 151 MTP 020 

Professor: *Lucinda A. Harris, MD, MS, FACP*

1. What populations are at risk, and when should celiac disease be suspected?
2. What other food groups need to be considered in patients at risk?
3. What is the optimal evaluation of celiac disease?
4. Is there such a thing as nonceliac gluten sensitivity?
5. What is the evidence for wheat sensitivity, and how should it be managed?

**Saturday – 4:00-5:00 p.m.**

## **Internal Medicine Meeting 2016 Highlights: Key Messages You'll Want to Take Home and Doctor's Dilemma<sup>SM</sup>: The Finals**

Saturday, 5:15-6:30 p.m., Ballroom A

Hear three outstanding clinician-educators share what they think are the most important take-home messages from Internal Medicine Meeting 2016.

### **Highlights Moderators**

*Janet P. Pregler, MD, FACP*

Professor of Clinical Medicine, Director, Iris Cantor-UCLA Women's Health Center, Division of General Internal Medicine and Health Services Research, David Geffen School of Medicine at the University of California, Los Angeles, Los Angeles, CA

### **Highlights Panelists**

*Afshan Baraghoush, MD*

Hospitalist, Kaiser Permanente San Diego; Assistant Clinical Professor, Department of Internal Medicine, Division of Hospital Medicine, David Geffen School of Medicine at University of California, Los Angeles, Los Angeles, CA

*Rachel P. Brook, MD*

Assistant Professor, Department of Internal Medicine, University of California, Los Angeles, Los Angeles, CA

*James B. O'Keefe, MD, Member*

Assistant Professor of Medicine, Department of Medicine, Division of General Internal Medicine and Geriatrics, Emory University School of Medicine, Atlanta, GA

Then join the excitement of the final round of Doctor's Dilemma<sup>SM</sup>. The "Final Four" teams of residents who survive the Thursday and Friday competitions will face off in the championship round of this *Jeopardy*-style test of knowledge. The winner takes home the Osler Cup-ACP's coveted trophy.

### **Doctor's Dilemma<sup>SM</sup> Moderator**

*LCDR Brent W. Lacey, MD, FACP*

Gastroenterology Fellow, Department of Gastroenterology, Naval Medical Center, San Diego, CA

**Saturday – 4:00-5:00 p.m.**

**HIV 2016**

Room 143      MTP 062       

Professor:      *Celia J. Maxwell, MD, FACP*

1. What are the current guidelines for who should be screened for HIV infection? How often should screening occur and/or be repeated?
2. What are the currently available HIV tests (rapid “point-of-care” HIV tests, serum HIV assays), and what are the causes of false-positive/false-negative HIV tests?
3. When, and for whom, is HIV preexposure prophylaxis (PrEP) indicated?
4. What are the appropriate screening and other laboratory tests to obtain in the newly diagnosed HIV-infected patient?
5. What are the additional management considerations in the chronically HIV-infected patient?

**Integrating Traditional Chinese and Western Medicine: What Is the Evidence?**

Room 150      MTP 097      

Professor:      *Edward Kwok-Ho Hui, MD, FACP*

1. What can internists learn from the traditional Chinese medical approach to evaluation and treatment of medical conditions? Which conditions are most likely to respond to a traditional Chinese medical approach?
2. What is the evidence for traditional Chinese medical treatment modalities, including acupuncture and herbs?
3. What are the risks of traditional Chinese medicine? Are there patients for whom some treatments (e.g., herbs) are contraindicated?
4. What does integrative medicine refer to, and how does it benefit our patients?

**Managing the Difficult Patient in the Hospital**

Room 152      MTP 048      

Professor:      *Julie Jackson-Murphy, MD, Member*

1. What are common crucial conversations to help manage the difficult patient and/or family?
2. What are some system strategies to help improve the care of the difficult patient (including such strategies as structured family meetings, utilizing risk management, and patient advocates)?
3. What are legal ramifications in handling the difficult patient?

**Ophthalmology for the Internist**

Hall C      SS 002

Professor:      *Lynn K. Gordon, MD, PhD*

1. When should internists be worried about the acutely red eye?
2. What are funduscopic abnormalities associated with diabetes mellitus?
3. What are funduscopic abnormalities associated with other systemic illnesses that internists need to know (CMV, syphilis, endocarditis, etc.)?

## Saturday – 4:00-5:00 p.m.

### Optimal Management of Chronic CAD

Salon G-I MTP 006 

Professor: *M. Barbara Srichai-Parsia, MD, MS*

1. How often should a patient with chronic CAD be evaluated?
2. Does every patient need a yearly stress test?
3. What is optimal medical therapy, and what to do when it fails?

### Parsimonious Use of Blood Products in the Hospital

Salon A-C MTP 050  

Professor: *Lawrence Tim Goodnough, MD*

1. What is the scope of blood product utilization in the United States?
2. What data exist on the parsimonious use of blood products?
3. How can hospitals and hospitalists implement change in this area?
4. How does clinical decision making support parsimonious use of blood products?

### Recognizing and Managing Central Pain Syndromes: Where the Body Meets the Brain

Ballroom B MTP 087  

Professor: *Daniel J. Clauw, MD*

1. How have new advances in neurophysiology changed our approach to common pain syndromes, such as fibromyalgia, complex regional pain syndrome, irritable bowel syndrome, and headaches?
2. How can recognition of the actual primary pain generator(s) change the choice of analgesics and reevaluate treatment failures? Is it all "rolling the dice"?
3. What are the physiologic similarities between central pain syndrome and somatoform disorders, and where may they overlap or be distinct?
4. What are the most cost-effective treatments and when can you stop ordering more tests?

### Reducing Risk of Acute Kidney Injury in High-Risk Patients

Room 146 MTP 067 

Professor: *Joseph A. Vassalotti, MD*

1. What are the characteristics of patients who can develop acute kidney injury (AKI) in an outpatient setting?
2. What is the role of hydration and other strategies for prevention of AKI?
3. Do over-the-counter medications that predispose to AKI increase other CV risk factors like hypertension?

## Saturday – 5:15-6:30 p.m.

### Internal Medicine Meeting 2016 Highlights: Key Messages You'll Want to Take Home and Doctor's Dilemma<sup>SM</sup>: The Finals

Ballroom A IMH 001 

Highlights Moderator: *Janet P. Pregler, MD, FACP*

Highlights Panelists: *Afshan Baraghoush, MD*  
*Rachel P. Brook, MD, Member*  
*James B. O'Keefe, MD, Member*

Doctor's Dilemma

Moderator: *LCDR Brent W. Lacey, MD, MC USN, FACP*



## ACP Job Placement Center For Job Seekers and Employers A Must-See While in Washington, DC Exhibit Hall AB ■ Booth #122

- View over 100 job postings nationwide.
- Register for three popular services\*:
  - CV Review and Consultation Service
  - Navigating the J1 Waiver Job Search
  - Physician Career Coaching—**NEW**
- Submit a job seekers profile and have it distributed to participating employers.
- Submit a job posting for openings in your organization.\*\*



\*Limited availability—appointment required. See a Job Placement Center Representative.

\*\*Must be a physician attending Internal Medicine Meeting 2016, ACP Job Placement Center Sponsor, or exhibitor.



## Convocation Ceremony

Thursday • 6:00 p.m. • CC, Hall C

### Marshal:

Molly B. Southworth, MD, MPH, FACP

Please join ACP leaders in honoring those recently elected to Fellowship. Recognized by their peers for outstanding medical scholarship and professional achievement, new Fellows march alongside their ACP Governor and local awardees in a moving ceremony. Designed to showcase excellence in medicine, Convocation includes the presentation of Masterships and specific individual and organizational awards granted by the College. The global community of internal medicine is represented with colleagues from the International Society of Internal Medicine, the European Federation of Internal Medicine, and the Royal Colleges and Academies joining ACP leaders on stage to celebrate this important event.

For further information about new Fellows, awards, awardees, new Masters, Honorary Fellows, and international dignitaries, see the separate Convocation Program, available at Convocation and on request at Internal Medicine Meeting 2016 registration. Everyone invited to march in Convocation has been notified in advance with detailed information. General information follows.

## Honorary Fellows and Special Representatives

Honorary Fellowships are presented to invited presidents (or equivalents) from international medical associations who attend Convocation and are not already members of the College. Presidents who are already members or Honorary Fellows, and distinguished guests representing presidents who could not themselves attend, sit on stage as Special Representatives.

## New Masters and Awardees

A list of new Masters to be inducted and recipients of College awards is available at [www.acponline.org](http://www.acponline.org).

## Gowning Information

All gowning and preparation for Convocation takes place in Hall C of the Convention Center. Gowns for Fellows to be inducted are available in Hall C beginning at 11:30 a.m., Thursday, May 5, 2016. Pre-Convocation assembly of new Fellows is in Hall C from 5:00-5:30 p.m.

Gowning for the President and Chair of the Board of Regents, distinguished guests, new Masters, and national award recipients is in Hall C beginning at 3:45 p.m. to allow sufficient time for official photographs to be taken.

Gowning for other Officers and Regents is at 4:15 p.m. in Hall C. Gowning for Governors and chapter awardees is at 4:45 p.m. in Hall C. The Governor groups and chapter awardees are to assemble with their new Fellows by 5:30 p.m. in Hall C.

## Photographs in Academic Regalia

Any Fellow or Master of the College may order a photograph in academic regalia. Professional photographers will be available on May 5-6 should you wish to have a formal portrait taken. Photos are taken on Thursday from noon-8:00 p.m. and on Friday from 9:30 a.m.-noon in Hall C. Various portrait options are available, and prices vary according to the selection.

Appointments can be made at the Lifetouch Photography Center located in Hall C.

## Guests

The ceremony is held in Hall C. Guests are welcome to attend Convocation; no tickets are required. Seating for Convocation is on a first-come, first-served basis from 5:00-5:50 p.m. in Hall C and continues after the processional. No one is admitted during the processional, which begins at 6:00 p.m. Those with small children are encouraged to use the child care services available for Internal Medicine Meeting 2016 attendees at the Marriott Marquis Washington, DC.

## Celebrate New Fellows, Masters, and Awardees

Be sure to attend the reception given by your chapter to celebrate the accomplishments of new Fellows, new Masters, and awardees. For a list of receptions, see pages 134-135. New Fellows and new Masters are invited to wear ribbons on their badges and use the Fellows and Masters Lounge in the Exhibit Hall at location 1449.

DVDs of Convocation may be purchased after the ceremony for shipment later in the year. Order forms are included in the Convocation Program and are also available in the gowning areas. In addition, don't miss a visit to the "Wall of Fame" in the Hall C Concourse. A unique photo opportunity!



## 2015-16 Awardees of the American College of Physicians

### John Phillips Memorial Award for Outstanding Work in Clinical Medicine

*Allan H. Goroll, MD, MACP*  
Weston, MA

### James D. Bruce Memorial Award for Distinguished Contributions in Preventive Medicine

*Susan C. Stewart, MD, FACP*  
Brooklyn, NY

### Alfred Stengel Memorial Award for Outstanding Service to the American College of Physicians

*Jeffery P. Harris, MD, MACP*  
Millwood, VA

### American College of Physicians Award for Outstanding Work in Science as Related to Medicine

*A. John Barrett, MD*  
Washington, DC

### Jane F. Desforges Distinguished Teacher Award

*Joyce P. Doyle, MD, MACP*  
Atlanta, GA

*William L. Morgan Jr., MD, MACP*  
Rochester, NY

### Richard and Hinda Rosenthal Award #1 from The Rosenthal Family Foundation

*Sonya Shin, MD*  
Gallup, NM

### Richard and Hinda Rosenthal Award #2 from The Rosenthal Family Foundation

*IMANA Medical Relief*  
Lombard, IL

### Ralph O. Claypoole Sr. Memorial Award for Devotion of a Career in Internal Medicine to the Care of Patients

*Carole E. Horn, MD*  
Washington, DC

### Nicholas E. Davies Memorial Scholar Award for Outstanding Contributions to Humanism in Medicine

*Gregory O'Dea, PhD*  
Chattanooga, TN

### Outstanding Volunteer Clinical Teacher Award

*Robert S. Wilkinson Jr., MD, MACP*  
Washington, DC

### Joseph F. Boyle Award for Distinguished Public Service

*Rep. Michael Burgess*  
Washington, DC

### Oscar E. Edwards Memorial Award for Volunteerism and Community Service

*Apostolos P. Dallas, MD, FACP*  
Roanoke, VA

### Walter J. McDonald Award for Young Physicians

*Baligh Yehia, MD, FACP*  
Philadelphia, PA

### Herbert S. Waxman Award for Outstanding Medical Student Educator

*April S. Fitzgerald, MD, FACP*  
Great Falls, VA

### W. Lester Henry Award for Diversity and Access to Care

*James J. O'Connell, MD, FACP*  
Boston, MA

### Samuel Eichold II Memorial Award for Contributions in Diabetes

*Phillip Gorden, MD, FACP*  
Bethesda, MD

### Arnold P. Gold Foundation ACP Award for Medical Humanism

*Alan W. Stone, MD, FACP*  
Washington, DC

### ACP Award for Distinguished Contributions to Behavioral Medicine

*Michael J. Baime, MD*  
Philadelphia, PA

### ACP Award for Outstanding Educator of Residents and Fellows

*Mukta Panda, MD, FACP*  
Chattanooga, TN

### ACP Award for a Distinguished Contribution by ACP National or Chapter Staff

*Jack Ginsburg*  
Washington, DC

## 2015-2016 Masters

*Harry J. Acquatella, MD, MACP*  
Caracas, Venezuela

*Donald C. Balfour III, MD, MACP*  
San Diego, CA

*Michael S. Barr, MD, MBA, MACP*  
Ellicott City, MD

*Lynn Bentson, MD, MACP*  
Albany, OR

*William N. Boulware, MD, MACP*  
Florence, SC

*James D. Brosseau, MD, MACP*  
Grand Forks, ND

*Steven L. Carpenter, MD, MACP*  
Savannah, GA

*C. Glenn Cobbs, MD, MACP*  
Birmingham, AL

*Michele G. Cyr, MD, MACP*  
Providence, RI

*Richard A. Dart, MD, MACP*  
Marshfield, WI

*Richard D. deShazo, MD, MACP*  
Jackson, MS

*Joyce P. Doyle, MD, MACP*  
Atlanta, GA

*David Michael Elnicki, MD, MACP*  
Wexford, PA

*Thomas Fekete, MD, MACP*  
Philadelphia, PA

*Rosemarie L. Fisher, MD, MACP*  
Stamford, CT

*Mary Ann Forciea, MD, MACP*  
Philadelphia, PA

*Shunichi Fukuhara, MD, MACP*  
Sakyo-ku Kyoto, Japan

*James L. Gajewski, MD, MACP*  
Portland, OR

*George Waldon Garriss III, MD, MACP*  
Marietta, GA

*Robert A. Gluckman, MD, MACP*  
Beaverton, OR

*Rosendo Gonzalez-Gomis, MD, MACP*  
Panama, Panama

*Donald W. Hatton, MD, MACP*  
Lawrence, KS

*Cyril M. Hetsko, MD, MACP*  
Madison, WI

*Gregory A. Hood, MD, MACP*  
Lexington, KY

*Barry Z. Izenstein, MD, MACP*  
Longmeadow, MA

*Robert E. Jackson, MD, MACP*  
Houston, TX

*J. Larry Jameson, MD, MACP*  
Philadelphia, PA

*Lawrence P. Jennings, MD, MACP*  
Mount Carmel, IL

*Barry O. Kassen, MD, MACP*  
Vancouver, BC, Canada

*Daniel B. Kimball Jr., MD, MACP*  
Wyomissing, PA

*Timothy W. Lane, MD, MACP*  
Greensboro, NC

*Mark E. Mayer, MD, MACP*  
University Heights, OH

*Graydon S. Meneilly, MD, MACP*  
Vancouver, BC, Canada

*George W. Meyer, MD, MACP*  
Fair Oaks, CA

*Lysbeth W. Miller, MD, MACP*  
Austin, TX

*Garold O. Minns, MD, MACP*  
Wichita, KS

*V. Mohan, MD, MACP*  
Chennai, India

*Hasan A.M. Nazmul Ahasan, MBBS, MACP*  
Dhaka, Bangladesh

*J. Marc Overhage, MD, MACP*  
Zionsville, IN

*Anita Palepu, MD, MACP*  
Vancouver, BC, Canada

*Jonathan Perlin, MD, MACP*  
Nashville, TN

*Valerie J. Pronio-Stelluto, MD, MACP*  
Cambridge, MA

*David E. Sandvik, MD, MACP*  
Sioux Falls, SD

*Henry Schneiderman, MD, MACP*  
Hartford, CT

*Gary L. Schwartz, MD, MACP*  
Rochester, MN

*Valerie E. Stone, MD, MPH, MACP*  
Boston, MA

*Daniel P. Sulmasy, MD, PhD, MACP*  
Chicago, IL

*Ellen M. Tedaldi, MD, MACP*  
Philadelphia, PA

*Howard E. Voss, MD, MACP*  
Stuart, FL

*Joseph T. Wayne, MD, MACP*  
Albany, NY

*Steven E. Weinberger, MD, MACP*  
Philadelphia, Pennsylvania

*Joseph J. Weiss, MD, MACP*  
Livonia, MI

*James O. Woolliscroft, MD, MACP*  
Ann Arbor, MI

*Lisa L. Zacher, MD, MACP*  
Orlando, FL



## Wednesday

### Music and Medicine: Beethoven

6:00-7:30 p.m. • HQ, Independence Ballroom

Physician and concert pianist Dr. Richard Kogan will deliver a presentation that explores the role of music in healing and the impact of deafness on the creative output of Ludwig van Beethoven (1770-1827). The discussion will be illuminated by piano performances of some of Beethoven's greatest masterpieces. Dr. Kogan, a graduate of Juilliard Pre-College, Harvard College, and Harvard Medical School, is a Clinical Professor of Psychiatry at Weill Cornell Medical College and the Artistic Director of the Weill Cornell Music and Medicine Program. He has been praised for his "exquisite playing" by the New York Times, and the Boston Globe wrote that "Kogan has somehow managed to excel at the world's two most demanding professions."

Tickets are open to the public, \$50.00 each. Tickets may be purchased on site at Registration, pending availability.

## Thursday

### Opening Ceremony and Keynote Speaker

9:30-10:30 a.m. • CC, Hall C

*Open to all attendees. No tickets required.*

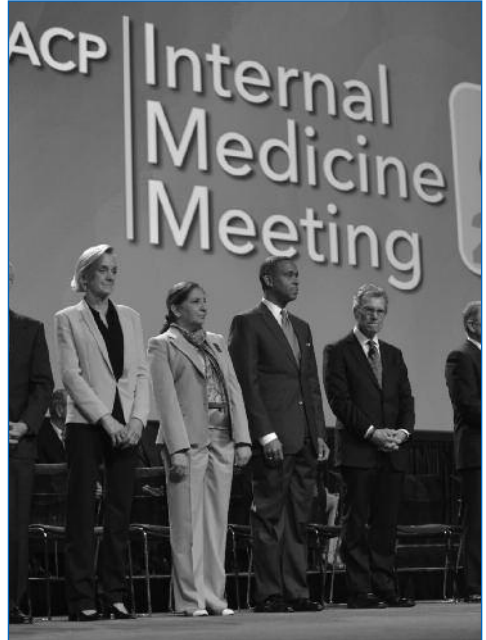
All attendees and their guests are invited to attend the Opening Ceremony, which is officiated by College President Wayne J. Riley, MD, MPH, MBA, MACP. The Opening Ceremony marks the official beginning of Internal Medicine Meeting 2016. Don't miss the keynote address by U.S. Secretary of Health & Human Services (HHS) Sylvia Mathews Burwell.

### ACP Dragon's Lair: Breathing Fire into Healthcare Transformation

**Face the Heat. Enter the Lair.**

11:15 a.m.-12:45 p.m. • CC, Room 202

This live competition will feature finalists with the best and brightest ideas that have the potential to transform clinical practice on a national level in order to achieve the triple aim of better health, better care, and lower costs. Selected physicians will present to a panel of distinguished judges, who will ask challenging questions and provide candid feedback. A winner will be selected and awarded \$5,000 prize money to support implementation/study of the idea. Come see who has what it takes to survive the Dragon's Lair!





## **Residents/Fellows Luncheon Forum Resident Heal Thyself: How to Beat Burnout**

12:45-2:15 p.m. • CC, Room 204 AB

*Hosted by the ACP Council of Resident/Fellow  
Members*

This luncheon provides an opportunity for Resident/Fellow members to network with their Council representatives and discuss issues important to physicians-in-training. Complimentary boxed lunches will be available to the first 100 attendees.

## **Volunteerism Networking Luncheon**

12:45-2:15 p.m. • CC, Room 206 (Reserved)

This luncheon provides an opportunity for physicians to share plans, experiences, and information about medical volunteer work. Experienced volunteers and those who would like to volunteer are all welcome.

## **Early Career Physicians Mentoring Lunch**

1:00-2:00 p.m. • HQ, Liberty Ballroom I-K

This luncheon provides the opportunity for doctors who have recently completed training to network with more experienced physicians, discuss common problems relating to medical practice today, and learn how to become active in the College and advance to Fellowship. Complimentary boxed lunches will be available to the first 100 attendees.

## **International Reception**

8:00-9:30 p.m. • HQ, Liberty Ballroom

This reception is open to all international attendees and their guests. This event will provide an opportunity to meet with colleagues, leaders from ACP, and members of internal medicine societies around the world.

## **Friday International Forum**

9:00-11:00 a.m. • HQ, Independence  
Ballroom DE (Reserved)

The Tenth Annual ACP International Forum will provide an opportunity for leaders of internal medicine from ACP and around the world to have a discussion on the topic of Training Standards For Internal Medicine Around The World. A moderator will lead a panel of four to six international physicians in commenting on key questions, followed by a discussion with other attendees. The Forum is open to international physicians; however, space is limited. Reservations are required.



## Resident/Fellow Abstract Presentations Luncheon

12:45-2:15 p.m. • CC, Room 204 A and 204 B

Winners of the competition present their award-winning work in the Research and Clinical Vignette categories. Complimentary boxed lunches are provided. All winner and finalist abstracts will be available on ACP's website. (Abstract presentations are not designated for CME credit.)



## Saturday

### Medical Student Mentoring Breakfast

7:00-9:00 a.m. • HQ, Independence Ballroom D

Medical students are invited to gather with internist mentors to discuss career options in internal medicine. Students are encouraged to register for this event onsite at the Medical Student Welcome Center located in the Convention Center, Concourse A.

### Medical Student Abstract Luncheon

11:00 a.m.-12:30 p.m. • CC, Room 209 AB

Winners of the competition present their award-winning work in the Research and Clinical Vignette categories. Complimentary boxed lunches will be provided. All winner and finalist abstracts will be available on ACP's website. (Abstract presentations are not designated for CME credit.)

### Annual Business Meeting

12:45-1:45 p.m. • CC, Room 207 A

*Open to all attendees. No tickets required.*

All ACP members are encouraged to attend. Incoming Officers, new Regents, and first-year Governors will be introduced. The Treasurer and EVP/CEO will report on the College's current status and priorities.



## Internal Medicine Meeting 2016 Receptions

Many ACP governors have organized chapter or regional receptions devoted to their memberships and alumni associations. Some ACP governors are sponsoring joint events with one or more chapters. Please be advised that this reception list is accurate as of time of print. Changes and cancellations after printing are common. Please check your invitations, contact the hotel, or stop by the Information Desks located in the L Street North Lobby and Concourse B of the Convention Center to verify the reception time, date, and location.

### Thursday, May 5

**Delaware, DC, Maryland, and Virginia Chapters Reception**—8:00-9:30 p.m., Marriott Marquis Washington, DC, Independence Ballroom E.

**Florida and Georgia Chapters Reception**—8:00-9:30 p.m., Marriott Marquis Washington, DC, Congress & Capitol.

**Illinois Chapter Reception**—8:00-10:00 p.m., Acadiana Restaurant, 901 New York Avenue, NW, Washington, DC.

**International Reception**—8:00-9:30 p.m., Marriott Marquis Washington, DC, Liberty Ballroom.

**Michigan and Massachusetts Reception**—8:00-10:00 p.m., Marriott Marquis Washington, DC, Independence Ballroom F-H.

**New Jersey Chapter Reception**—8:00-9:30 p.m., Marriott Marquis Washington, DC, Archives.

**New York Chapter ACP and New York Medical Schools Reception**—8:00-10:00 p.m., Marriott Marquis Washington, DC, Independence Ballroom A-D.

**Wisconsin Chapter Reception**—8:00-10:30 p.m., Brasserie Beck, 1101 K Street, NW, Washington, DC.

### Friday, May 6

**Alabama, Arkansas, Louisiana, and Mississippi Chapters Reception**—5:30-6:30 p.m., Marriott Marquis Washington, DC, Mount Vernon Square.

**American University of the Caribbean School of Medicine Alumni Reception**—7:00-9:00 p.m., Marriott Marquis Washington, DC, Eastern Market.

**Arizona, Colorado, Nevada, New Mexico, and Utah Chapters Reception**—5:30-7:00 p.m., Marriott Marquis Washington, DC, LeDroit Park & Shaw.

**Brazil Chapter Reception**—6:00-8:00 p.m., Marriott Marquis Washington, DC, Congress.

**California and Hawaii Chapters Reception**—6:00-8:00 p.m., Marriott Marquis Washington, DC, Capitol.

**Canadian Chapters Reception**—6:00-8:00 p.m., Brasserie Beck, 1101 K Street, NW, Washington, DC.

**Clinicians who Care for Hispanic Families - NHMA Reception**—6:00-8:00 p.m., Marriott Marquis Washington, DC, Independence Ballroom H.

### Legend

**CC** Walter E. Washington Convention Center (WWCC)

**HQ** Marriott Marquis (Headquarter Hotel)



**Indiana Chapter Reception**—5:30-7:30 p.m., Acadiana Restaurant, 901 New York Avenue, NW, Washington, DC.

**Japan Chapter Reception**—6:00-8:00 p.m., Marriott Marquis Washington, DC, Independence Ballroom BC.

**Med-Peds Reception**—6:00-7:00 p.m., Marriott Marquis Washington, DC, Judiciary Square.

**Minnesota and North Dakota Chapters and Mayo Clinic Alumni Association Joint Reception**—6:00-7:30 p.m., Marriott Marquis Washington, DC, Treasury.

**Missouri Chapter Reception**—5:30-7:00 p.m., Marriott Marquis Washington, DC, High Velocity Sports Bar.

**Northwest Regional Reception: Alaska, Montana, Oregon, and Washington**—6:00-8:00 p.m., Marriott Marquis Washington, DC, Independence Ballroom E.

**Ohio Chapter, Air Force, Army, and Navy Reception**—6:00-7:30 p.m., Marriott Marquis Washington, DC, Archives.

**Pennsylvania Chapter Reception**—6:00-7:30 p.m., Marriott Marquis Washington, DC, Liberty Ballroom IJ.

**Puerto Rico Chapter Reception**—7:00-9:00 p.m., Marriott Marquis Washington, DC, Woodley Park.

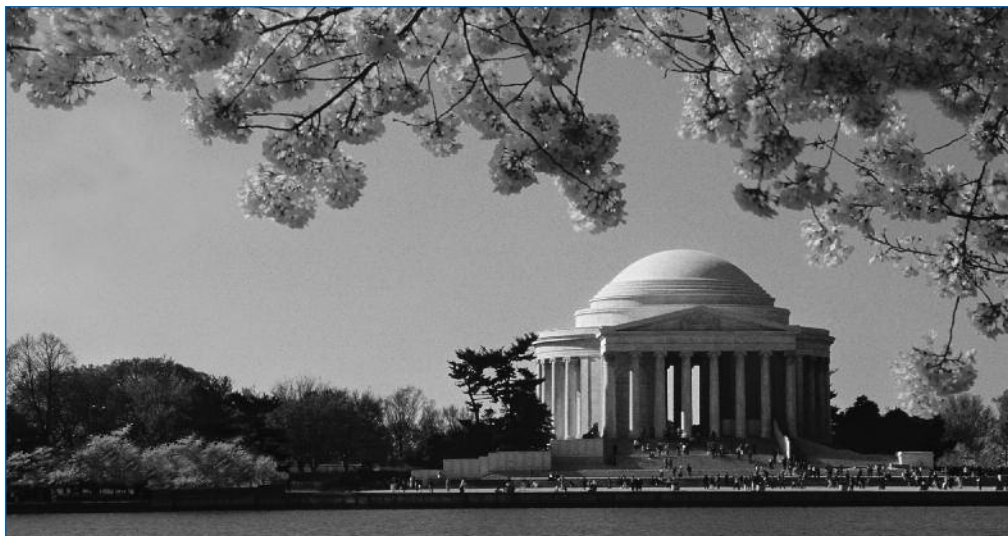
**Reception for African American Physicians**—6:00-7:30 p.m., Marriott Marquis Washington, DC, Independence Ballroom D.

**Ross University School of Medicine Alumni Reception**—7:00-9:00 p.m., Marriott Marquis Washington, DC, Gallery Place.

**Saudi Arabia Chapter Reception**—7:00-9:00 p.m., Marriott Marquis Washington, DC, Independence Ballroom A.

**Tennessee, Kentucky, and North Carolina Chapters Reception**—6:00-8:00 p.m., Marriott Marquis Washington, DC, Liberty Ballroom L.

**Texas Chapter Reception**—6:00-7:30 p.m., Marriott Marquis Washington, DC, Chinatown.



## Thursday, Friday, and Saturday Medical Student and Resident/Fellow Member Welcome Centers

CC, Concourse A

Thursday • 6:30 a.m.-5:30 p.m.

Friday • 6:45 a.m.-4:30 p.m.

Saturday • 6:15 a.m.-12:00 p.m.

Are you attending the annual Internal Medicine Meeting for the first time as a medical student or resident/fellow-in-training? Please stop by our onsite Medical Student and Resident/Fellow Member Welcome Center specifically for members-in-training. The Welcome Center are located in Concourse A near the ACP poster competition entrance and will be open Thursday, May 5, through Saturday, May 7, during the hours of operation printed above. The Welcome Center will be staffed by members of the national Councils of Student Members and Resident/Fellow Members and ACP staff and offer a place for ACP members-in-training to meet national council members as well as to obtain information about programs and networking activities planned specifically for students and residents taking place throughout the meeting.

## ACP Doctor's Dilemma <sup>SM</sup>

Thursday • 3:00-6:00 p.m. • CC, Room 207 A and 207 B

Friday • 4:00-5:30 p.m. • CC, Room 207 A and 207 B

Saturday • 5:15-6:30 p.m. • CC, Ballroom A

Enjoy this fast-paced, *Jeopardy*-style program in which resident winners from local chapters test their knowledge of internal medicine.

## ACP Posters Hospitality Area

Thursday-Saturday • CC, Hall AB

Relax with friends and colleagues while enjoying coffee and refreshments.

## ACP Poster Area

Thursday-Saturday • CC, Hall AB

Finalists in the Medical Student and Resident/Fellow Poster Competitions display their work in multiple poster sessions.

## Thursday

### Resident/Fellow Member Luncheon Forum: 2016 Resident Heal Thyself: How to Beat Burnout

12:45-2:15 p.m. • CC, Room 204 AB

*Hosted by the ACP Council of Resident/Fellow Members*

This luncheon provides an opportunity for Resident/Fellow members to network with their Council representatives and discuss issues important to physicians-in-training. Complimentary boxed lunches will be available to the first 100 attendees.

### Early Career Physicians Mentoring Lunch

1:00-2:00 p.m. • HQ, Liberty Ballroom I-K

This luncheon provides the opportunity for doctors who have recently completed training to network with more experienced physicians, discuss common problems relating to medical practice today, and learn how to become active in the College and advance to Fellowship. Complimentary boxed lunches will be available to the first 100 attendees.

## Legend

**CC** Walter E. Washington Convention Center (WWCC)

**HQ** Marriott Marquis (Headquarter Hotel)

## Friday

### Resident/Fellow Abstract Presentations Luncheon

12:45-2:15 p.m. • CC, Room 204 A and 204 B

Winners of the competition present their award-winning work in the Research and Clinical Vignette categories. Complimentary boxed lunches are provided. All winner and finalist abstracts will be available on ACP's website. (Abstract presentations are not designated for CME credit.)

### Networking Luncheon for Women Physicians

Friday 1:00-2:00 p.m. • HQ, Liberty Ballroom L

Post-training women physicians in all career paths are invited to share experiences, meet new friends, and discuss common concerns.

## Saturday

### Medical Student Mentoring Breakfast

7:00-9:00 a.m. • HQ, Independence Ballroom D

*This is a ticketed event.*

Medical students are invited to gather with internist mentors to discuss career options in internal medicine. Students are encouraged to register for this event onsite at the Medical Student Welcome Center located in the Convention Center, Concourse A.

## Legend

**CC** Walter E. Washington Convention Center (WWCC)

**HQ** Marriott Marquis (Headquarter Hotel)

## Abstract Presentations Luncheon

11:00 a.m.-12:30 p.m. • CC, Room 209 AB

Winners of the competition present their award-winning work in the Research and Clinical Vignette categories. Complimentary boxed lunches will be provided. All winner and finalist abstracts will be available on ACP's website. (Abstract presentations are not designated for CME credit.)

## Recognition Reception for Young Achievers

6:30-7:30 p.m. • CC, Ballroom Pre-Function

Join us as we celebrate the winners of the Medical Student and Resident/Fellow Abstract Competitions, the 2016 ACP Doctor's Dilemma<sup>SM</sup> winning team, and other national award winners.

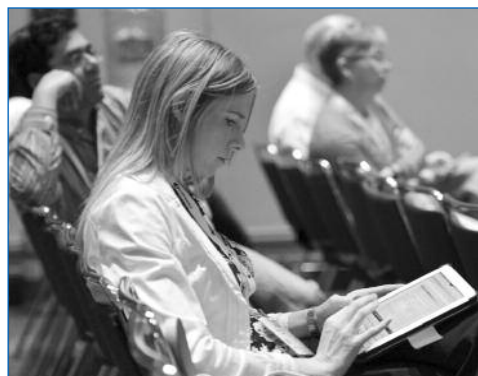


## Council Members

The members of the Councils of Resident/Fellow Members (CRFM), Student Members (CSM), and Early Career Physicians (CECP) serve as representatives to the College and have planned courses and networking events on behalf of their respective constituents for Internal Medicine Meeting 2016. Many of these council representatives are attending the meeting and can be identified by a ribbon specific to their council membership on their meeting badges. Please feel free to introduce yourself.

### 2015-16 Council of Early Career Physicians (CECP)

Rebecca A. Andrews, MD, FACP, Canton, CT, Chair  
Moises Auron, MD, FAAP, SFHM, FACP,  
Beachwood, OH, Chair-elect  
Micah W. Beachy, DO, FACP, Omaha, NE  
Sowmya Kanikkannan, MD, FACP, SFHM,  
Philadelphia, PA  
Tammy L. Lin, MD, FACP, Rancho Santa Fe, CA  
Danny Newman, MD, FACP, Augusta, GA  
Sima Pendharkar, MD, MPH, FACP, New York, NY  
Valerie G. Press, MD, FACP, Chicago, IL  
Samuel Calvin Thigpen, MD, FACP, Jackson, MS  
Mark Tschanz, DO, MC USN, FACP, San Diego, CA  
Richard M. Wardrop III, MD, PhD, FAAP, FACP,  
Raleigh, NC



### 2015-16 Council of Resident/Fellow Members (CRFM)

Morganna L. Freeman, DO, FACP, Tampa, FL,  
Chair  
Lavanya Viswanathan, MD, MS, Augusta, GA,  
Chair-elect  
Rahul Banerjee, MD, Philadelphia, PA  
Sarah Candler, MD, MPH, New Orleans, LA  
Adrienne Clark, MD, Boston, MA  
Thomas K.M. Cudjoe, MD, MPH, Washington, DC  
L. Austin Fredrickson, MD, Akron, OH  
Tracey Henry, MD, MPH, MS, Washington, DC  
Alexandra Norcott, MD, West Haven, CT  
Sandeep Palakodeti, MD, MPH, Rochester, MN  
William Palmer, MD, Jacksonville, FL  
Kira Ryskina, MD, Elkins Park, PA  
Deep Shah, MD, Atlanta, GA  
Fatima Syed, MD, MSc, Philadelphia, PA

### 2015-16 Council of Student Members (CSM)

Christin M. Giordano, PA, Orlando, FL, Chair  
Sarah Ahmed, Philadelphia, PA  
Mitch Biermann, Madison, WI  
Chelsea Cockburn, Richmond, VA  
B. Kizer Crum, Greenville, SC  
Sabrina Dzafovic, Calgary, AB, Canada  
Mojgan Hosseini-pour, Ventura, CA  
Pooja Jaeel, Los Angeles, CA  
Sean Lena, Portland, ME  
Freddy Nguyen, Urbana, IL  
Vivian Ortiz, Nashville, TN  
Craig Washington, Nashville, TN

It's Never too Early to  
Start Planning Your Next  
Internal Medicine  
Meeting Experience

Future Meeting Dates  
and Locations



Internal Medicine Meeting 2017  
March 30-April 1  
San Diego, CA



Internal Medicine Meeting 2018  
April 19-21  
New Orleans, LA



Internal Medicine Meeting 2019  
April 11-13  
Philadelphia, PA

ACP | Internal Medicine  
Meeting





### Member and Customer Service Assistance

Registration Hours • CC • Concourse B

Our courteous staff will be available to assist you during the following hours:

- Tuesday, May 3 7:00 a.m.-5:00 p.m.
- Wednesday, May 4 7:00 a.m.-5:00 p.m.
- Thursday, May 5 6:30 a.m.-5:30 p.m.
- Friday, May 6 6:45 a.m.-5:30 p.m.
- Saturday, May 7 6:45 a.m.-5:30 p.m.

### Admission Requirements

Only registered Internal Medicine Meeting 2016 attendees will be admitted to Scientific Sessions. Registered attendees and guests with an Exhibit Hall Only badge may be admitted into the Exhibit Hall. Badges are available at the registration counters.

### Badge Colors

White	College Officers and Members, Non-Members, Allied Health Professionals, and Medical Students
Blue	Guests and Spouses
Orange	Exhibitors
Yellow	Press
Tan	Exhibit Hall Only
Green	ACP Staff
Lavender	Vendors
Light Blue	Faculty

### Reserved Workshop Policy

Individuals must be registered for Internal Medicine Meeting 2016. Reserved workshops are filled on a first-come, first-served basis, based on availability. Limit one ticket per attendee, while supplies last. Tickets will not be available at classrooms.

### Reserved Workshop Standby Policy

Your registration reserves your place in class. However, you must attend the session on time to claim your seat. The College has the right to assign unclaimed reserved seats to standby attendees promptly at 10 minutes after the posted class starting time.

### Internet Station

CC • Exhibit Hall AB • Booth 549

Internet and personal e-mail can be accessed at the Internet Station.

### Rest and Recharge Lounge

CC • Exhibit Hall AB • Booth 711 & 855 • L Street North Lobby

Charge your mobile device and access Wi-Fi.

### Business Services

The Capital Business Center at the Walter E. Washington Convention Center provides services including packing, shipping, office supplies, photocopying, signs, and flyers. The Business Center is located in the main lobby and can be contacted by calling 202-289-5233 or by e-mail at [info@capitalbusinesscenter.com](mailto:info@capitalbusinesscenter.com).

### Coat and Luggage Check

CC • Salon DEF, Grand Lobby

A coat and luggage check is available in Salon DEF in the Grand Lobby Tuesday-Saturday. Check your coat and/or luggage for a nominal fee.

### The Americans with Disabilities Act

Scooters are available on a first-come, first-served basis. They can be picked up at Registration in Concourse B. You will need to leave a form of identification.

## Emergency Procedures

Medical/General Emergencies inside the Convention Center

- Dial #3333 on a house phone or call 202-249-3333 to contact Public Safety Command

## Convention Center First Aid

- Hall A

## Medical/General Emergencies Outside the Convention Center

- Call 911

## Marriott Marquis Emergency Number

- Dial extension 0 from a house phone. To contact Hotel Security from outside the Hotel, dial 202-824-9667

## Meeting Interruption During Internal Medicine Meeting 2016:

- Follow instructions provided by the Convention Center/Hotel Public Address System
- Check with your hotel for a voicemail message or other information
- Call ACP Customer Service for information at 800-523-1546, ext. 2600
- Access the College's Web site, [www.acponline.org](http://www.acponline.org), for updated information

## Fire Code

ACP must comply with the fire codes that govern the Convention Center and affiliated convention hotels regarding the seating capacity of all meeting and event rooms. When any room fills to capacity, the doors will be closed. Please respect this limitation so that ACP can remain in compliance with local laws.

## Bags and Personal Items

Attendees are asked not to leave bags or personal items unattended in the Convention Center. Items left unattended may be removed and potentially damaged. Attendees should ensure that their bags have nametags attached.

## Recycling

The Walter E. Washington Convention Center recycles paper, aluminum, glass, and plastic and has placed recycling containers throughout the building. ACP encourages attendees to use these containers and to adopt other green practices: linen reuse at your hotel, carrying a reusable water bottle to refill rather than using a disposable bottle, turning off the lights and television, and closing the drapes in your hotel room when you leave.

As part of ACP's goal to support healthy lives for physicians as well as their patients, ACP is taking steps toward "greening" our meetings and conventions. You will notice more water coolers (fewer individual bottles to be discarded) and more recycling containers, and handouts are available electronically. ACP is working with the facilities where our meetings are held to minimize the environmental impact of our meetings. Your active participation is necessary for these programs to have the most impact. ACP appreciates your help.

## Accent on Arrangements Child Care Activity Center Hours

HQ • Magnolia

Wednesday, May 4	1:00-4:00 p.m. (Parent Open House)
Thursday, May 5	6:30 a.m.-11:00 p.m.
Friday, May 6	6:30 a.m.-11:00 p.m.
Saturday, May 7	6:30 a.m.-6:00 p.m.

## Nursing Mothers

Comfortably and privately breastfeed your baby or express milk in our nursing mothers' suite, located in Room 305 on Level 3.

## Ground Transportation

**Taxi**—The Washington Flyer Taxi services Dulles International Airport. Taxi fare to the Walter E. Washington Convention Center from Dulles International Airport is approximately \$64. Taxi fare from Reagan National Airport to the Convention Center is approximately \$20. See more at: [im2016.acponline.org/travel-housing/getting-around-washington-dc](http://im2016.acponline.org/travel-housing/getting-around-washington-dc).

**Airport Transfers**—Washington, DC is serviced by three major airports—Reagan National Airport, Dulles International Airport, and Baltimore-Washington International Thurgood Marshall Airport. Reagan National Airport has its own stop on the Metro (yellow and blue line).

Baltimore-Washington International Thurgood Marshall Airport can be accessed via Amtrak. Visitors can take the train from the BWI station to DC's Union Station for about \$15.

**Metro**—The Metro is DC's very quick, efficient, and affordable way to get around the city. The 5 colored Metro lines service the city, suburbs, and Ronald Reagan National Airport. The Walter E. Washington Convention Center can be accessed by the Yellow/Green line: Mt Vernon Sq/7th St-Convention Center Metro stop. For more information, please visit [wmata.com/index.cfm?forcedesktop=1](http://wmata.com/index.cfm?forcedesktop=1).

**Hotel Shuttle**—Complimentary shuttle service is provided for all participants at regular intervals to and from the Walter E. Washington Convention Center and participating hotels. Please note that there is no midday service. Please check the shuttle schedule inside the front cover for designated hotels and times.

**Parking**—There are over 3000 parking spaces in a 3-block radius of the Walter E. Washington Convention Center. These spaces are available on a first-come, first-served basis. For more information and to download a parking map, please visit [www.dconvention.com/Venues/ConventionCenter/DirectionsAndParking.aspx](http://www.dconvention.com/Venues/ConventionCenter/DirectionsAndParking.aspx).

**Car Rental**—Avis will offer special discounted rates for Internal Medicine Meeting 2016.

To make your reservation, call 1-800-331-1600 and refer to ACP's discount number B116099. Reservations can also be confirmed online at [im2016.acponline.org/travel-housing/airline-deals](http://im2016.acponline.org/travel-housing/airline-deals) and [im2016.acponline.org/travel-housing/airline-deals](http://im2016.acponline.org/travel-housing/airline-deals).





## Guest Services Desk

CC • Grand Lobby

The Guest Services Desk is located in the Grand Lobby and will be staffed Tuesday-Saturday during Internal Medicine Meeting 2016. Ambassadors provide information, including event, restaurant, entertainment, and shopping suggestions.

## Hotel Information Desk

CC • Concourse AB

For your convenience, ACP has a Hotel Information Desk onsite at the Convention Center. An agent from onPeak, LLC, will be available to assist you with any questions concerning your hotel reservations during the following hours:

Tuesday	8:00 a.m.-5:00 p.m.
Wednesday	8:00 a.m.-5:00 p.m.
Thursday	7:00 a.m.-5:00 p.m.
Friday	8:00 a.m.-5:00 p.m.
Saturday	8:00 a.m.-12:00 p.m.

## Clean the World

ACP continues to partner with Clean the World to collect gently used soaps and bottled amenities. Clean the World recycles and distributes soap products and bottled amenities to domestic homeless shelters in the U.S. and Canada and to children and families worldwide. Clean the World has distributed over 3 million bars of soap to 100 countries, integrating soap into healthy water, sanitation, and hygiene programs.



Clean the World<sup>®</sup>

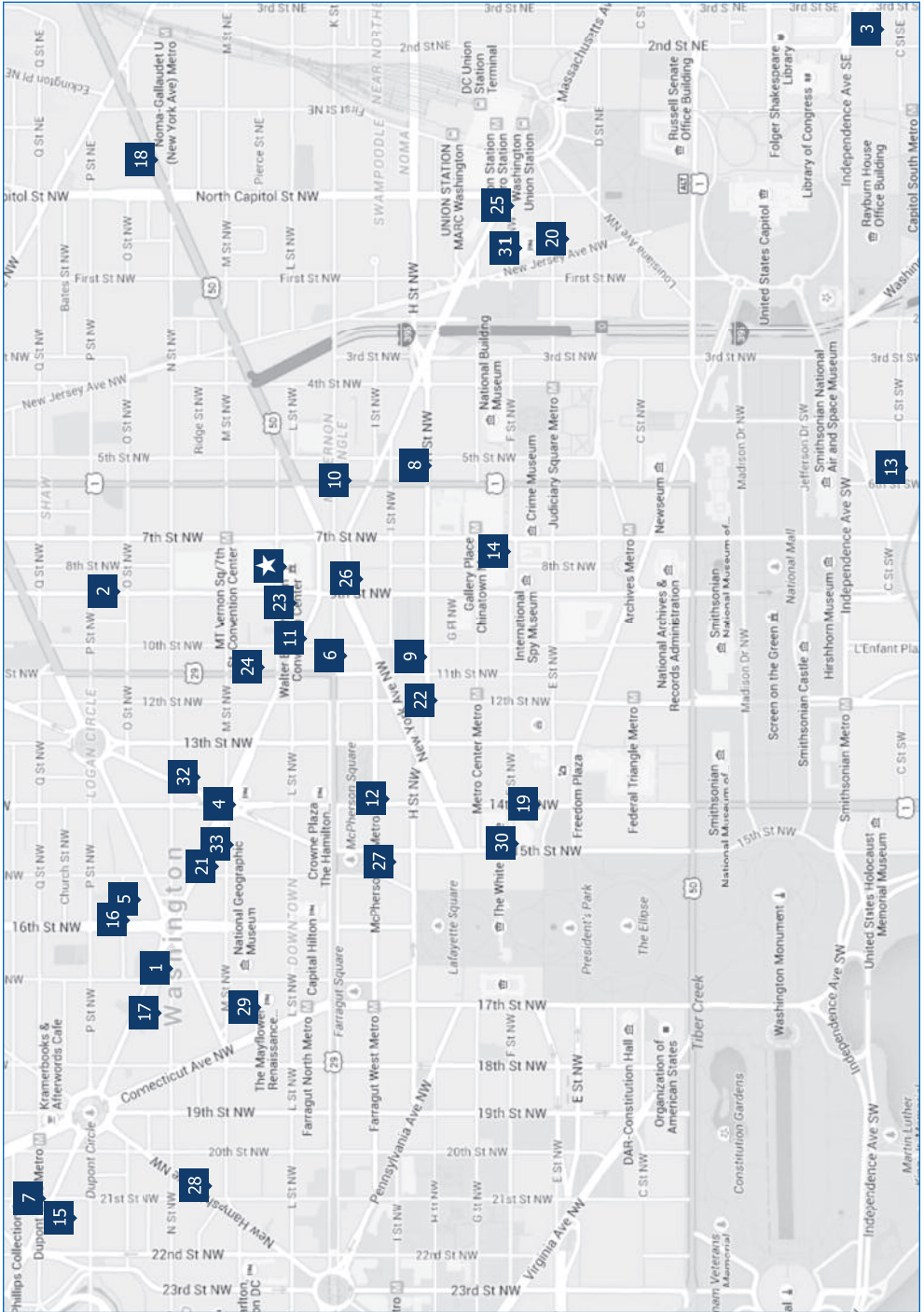
**Participating Hotels:** Cambria Suites • Doubletree by Hilton • Embassy Suites DC Convention Center • Fairfield Inn & Suites by Marriott • Hampton Inn Convention Center • Madison, A Loews Hotel



#	Hotel	Phone Number
1	Beacon Hotel	202-296-2100
2	Cambria Suites	202-299-1188
3	Capitol Hill Hotel	202-543-6000
4	Donovan House (Kimpton)	202-737-1200
5	DoubleTree by Hilton	202-232-7000
6	Embassy Suites DC Convention Center	202-739-2001
7	Fairfax at Embassy Row	202-293-2100
8	Fairfield Inn & Suites by Marriott	202-289-5959
9	Grand Hyatt	202-582-1234
10	Hampton Inn Convention Center	202-842-2500
11	Henley Park	202-638-5200
12	Hilton Garden Inn	202-783-7800
13	Holiday Inn Capitol	202-479-4000
14	Hotel Monaco (Kimpton)	202-628-7177
15	Hotel Palomar (Kimpton)	202-448-1800
16	Hotel Rouge (Kimpton)	202-232-8000
17	Hotel Topaz (Kimpton)	202-393-3000
18	Hyatt Place Washington DC	202-289-5599
19	JW Marriott Washington	202-393-2000
20	Liaison Capitol Hill DC	202-638-1616
21	Madison, A Loews Hotel	202-862-1600
22	Marriott at Metro Center	202-737-2200
23	Marriott Marquis (HQ)	202-824-9200
24	Morrison Clark Inn	202-898-1200
25	Phoenix Park	202-638-6900
26	Renaissance Washington DC Downtown	202-898-9000
27	Sofitel	202-730-8800
28	St. Gregory Hotel	202-530-3600
29	The Mayflower Washington DC	202-347-3000
30	W Washington Hotel	202-661-2400
31	Washington Court	202-628-2100
32	Washington Plaza	202-842-1300
33	Westin Washington DC City Center	202-429-1700

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# Faculty and Committee Index, Including Disclosure

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- Bakris, George L., MD, FACP, FASH<sup>2</sup>** Professor of Medicine, Director, ASH Comprehensive Hypertension Center, Department of Medicine, The University of Chicago Medicine, Chicago, IL .....92
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- Binns-Calvey, Amy<sup>1</sup>** Research Specialist, Department of Medicine, University of Illinois at Chicago, Chicago, IL .....97
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- Samet, Jeffrey H., MD, FACP<sup>1</sup>** Professor of Medicine, Department of General Internal Medicine, Boston University School of Medicine, Boston, MA .....88
- Samuels, Martin A., MD, DSc (Hon), MACP, FANA<sup>1</sup>** Miriam Sydney Joseph Professor of Neurology, Harvard Medical School; Department of Neurology, Brigham and Women's Hospital, Boston, MA .....21, 86, 95
- Sanchez, Joyce L., MD, FACP<sup>1</sup>** Assistant Professor of Medicine, Department of General Internal Medicine and Infectious Diseases, Mayo Clinic, Rochester, MN .....114
- Sanders, Lisa, MD, FACP<sup>1</sup>** Associate Professor, Department of General Internal Medicine, Yale School of Medicine, New Haven, CT .....105
- Sands, Daniel Z., MD, MPH, FACP<sup>2</sup>** Assistant Clinical Professor, Department of Medicine, Harvard Medical School, Boston, MA.....78
- Savage, Michael P., MD, FACP<sup>2</sup>** Ralph J. Roberts Professor of Cardiology, Director, Cardiac Catheter Laboratory, Department of Medicine, Thomas Jefferson University Hospital, Philadelphia, PA .....87
- Scalise, Ross J., MD, FACP<sup>1</sup>** Associate Professor of Medicine, Gordon Center for Research in Medical Education, University of Miami Miller School of Medicine, Miami, FL.....77, 80

<b>Scanzello, Carla R., MD, PhD<sup>1</sup></b> Assistant Professor of Medicine, Department of Medicine/Rheumatology, University of Pennsylvania Perelman School of Medicine and Corporal Michael J. Cresenz VA Medical Center, Philadelphia, PA.....	93
<b>Schneider, Doron, MD, FACP<sup>2</sup></b> Assistant Professor of Medicine, Drexel University; Department of Medicine, Abington Hospital, Jefferson Health, Abington, PA.....	22
<b>Schweickert, William, MD<sup>2</sup></b> Assistant Professor of Medicine, Department of Allergy, Pulmonary, and Critical Care, Hospital of the University of Pennsylvania, Philadelphia, PA.....	38
<b>Scrase, David R., MD, FACP<sup>1</sup></b> Professor of Internal Medicine and Geriatrics, Section Chief of Geriatrics, University of New Mexico School of Medicine, Albuquerque, NM.....	94
<b>Sessums, Laura L., MD, JD, FACP<sup>1</sup></b> Associate Professor, Department of Medicine, Uniformed Services University of the Health Sciences, Bethesda, MD.....	34
<b>Setji, Tracy L., MD<sup>1</sup></b> Assistant Professor of Medicine, Department of Medicine, Division of Endocrinology, Duke University Medical Center, Durham, NC..	19
<b>Shah, Amit A., MD, FACP<sup>1</sup></b> Assistant Professor, Division of Community Internal Medicine, Mayo Clinic, Scottsdale, AZ.....	104
<b>Shanafelt, Tait D., MD, Member<sup>2</sup></b> Professor of Medicine, Department of Medicine, Division of Hematology, Mayo Clinic, Rochester, MN.....	119
<b>Sharpe, Bradley A., MD, FACP, SFHM<sup>1</sup></b> Professor of Clinical Medicine, Department of Medicine, University of California San Francisco, San Francisco, CA.	121
<b>Shavelle, David M., MD<sup>2</sup></b> Associate Professor of Clinical Medicine, Division of Cardiovascular Medicine, Keck School of Medicine of USC, Los Angeles, CA.....	84
<b>Shellenberger, Richard, DO, FACP<sup>1</sup></b> Associate Program Director, Internal Medicine Residency Program, St. Joseph Mercy Hospital, Ann Arbor, MI.....	36
<b>Shokoohi, Hamid, MD, MPH, RDMS, FACEP<sup>1</sup></b> Associate Professor, Department of Emergency Medicine, George Washington University, Washington, DC.....	38
<b>Simons, Richard J., MD, MACP<sup>1</sup></b> Senior Associate Dean for M.D. Programs, Professor of Medicine, George Washington University School of Medicine & Health Sciences, Washington, DC.....	81
<b>Singal, Gaurav, MD, Member<sup>2</sup></b> Physician, Hospital Medicine Group, Massachusetts General Hospital; Director, Innovations Unit, Foundation Medicine, Boston, MA.....	111
<b>Sinsky, Christine A., MD, FACP<sup>2</sup></b> Vice President, Professional Satisfaction, Department of Professional Satisfaction and Practice Sustainability, American Medical Association, Dubuque, IA.....	22
<b>Sipos, Jennifer A., MD<sup>2</sup></b> Associate Professor, Director, Benign Thyroid Program, Department of Endocrinology, The Ohio State University, Wexner Medical Center, Columbus, OH.....	96
<b>Smart, Frank W., MD, FACC<sup>1</sup></b> The Gerald S. Berenson Professor and Chief, Section of Cardiology; Vice Chairman, Department of Internal Medicine, Department of Medicine, Louisiana State Health Sciences Center, New Orleans, LA.....	25
<b>Smetana, Gerald W., MD, FACP<sup>1</sup></b> Professor of Medicine, Harvard Medical School, Division of General Medicine and Primary Care, Beth Israel Deaconess Medical Center, Boston, MA....	19, 121
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<b>Smith, Joshua E., MD, DABA<sup>1</sup></b> Assistant Professor, Division of Critical Care, Department of Anesthesiology and Perioperative Medicine, University of Alabama at Birmingham, Birmingham, AL.....	32
<b>Smith, Thomas J., MD, FACP, FASCO, FAAHPM<sup>2</sup></b> Professor of Oncology, Sidney Kimmel Comprehensive Cancer Center, Harry J. Duffey Family Professor of Palliative Medicine, Director of Palliative Medicine, Johns Hopkins Medical Institutions, Baltimore, MD.....	119

1. Has no relationships with any entity producing, marketing, reselling, or distributing health care goods or services consumed by, or used on, patients.

2. Has disclosed relationships with entities producing, marketing, reselling, or distributing health care goods or services consumed by, or used on, patients. See pages 171-180.



# Faculty and Committee Index, Including Disclosure

**Smith, Trent H., MD, Member, FACR<sup>1</sup>** Faculty Physician, Clinical Assistant Professor (pending), Division of Rheumatology, Banner University Medical Center - Phoenix, University of Arizona, Phoenix, AZ.....32

**Soni, Nilam J., MD, FACP<sup>2</sup>** Associate Professor of Medicine, Division of Hospital Medicine, Department of Medicine, University of Texas Health Science Center, San Antonio, TX.....34

**Sorokin, Rachel B., MD, FACP<sup>1</sup>** Chief Patient Safety and Quality Officer, Associate Professor of Medicine, Thomas Jefferson University, Philadelphia, PA.....106

**Spindel, Joanne, RDCS, RVT, RPhS<sup>1</sup>** Registered Vascular Technologist, Sarasota, FL.....32

**Sreih, Antoine G., MD<sup>2</sup>** Assistant Professor of Medicine, Division of Rheumatology, University of Pennsylvania, Philadelphia, PA.....116

**Srichai-Parsia, M. Barbara, MD, MS<sup>1</sup>** Associate Professor, Department of Medicine and Radiology, Georgetown University School of Medicine, Washington, DC.....124

**Stanos, Steven, DO<sup>2</sup>** Medical Director, Swedish Pain Services, Swedish Health System, Seattle, WA...28

**Streiff, Michael B., MD, FACP<sup>2</sup>** Associate Professor of Medicine and Pathology, Division of Hematology, Department of Medicine, Johns Hopkins University School of Medicine, Baltimore, MD.....103

**Stubbs, Joseph W., MD, MACP<sup>1</sup>** Medical Director, South GAACO, 2013-2015, General Internist, Private Practice, Albany Internal Medicine, Albany, GA.....105

**Stuenkel, Cynthia A., MD<sup>1</sup>** Clinical Professor of Medicine, Endocrinology and Metabolism, Department of Medicine, University of California San Diego, La Jolla, CA.....86

**Sulmasy, Daniel P., MD, PhD, MACP<sup>1</sup>** Kilbride-Clinton Professor of Medicine and Ethics, Department of Medicine and Divinity School, University of Chicago, Chicago, IL.....102

**Sundstead, Karna K., MD, Member<sup>1</sup>** Assistant Professor of Medicine, Department of Medicine, Division of General Internal Medicine, Mayo Clinic, Rochester, MN.....77

**Surkis, William D., MD, FACP<sup>1</sup>** Clinical Associate Professor of Medicine, Department of Medicine, Lankenau Medical Center, Wynnewood, PA.....84

**Symington, Banu E., MD, FACP<sup>1</sup>** Medical Oncologist, Mountain States Tumor Institute, St. Luke's Health System, Twin Falls, ID.....81

## T

**Taichman, Darren, MD, PhD, FACP<sup>1</sup>** Vice President, American College of Physicians, Executive Deputy Editor, *Annals of Internal Medicine*, Philadelphia, PA.....99

**Talente, Gregg M., MD, MS, FACP<sup>1</sup>** Associate Professor of Medicine and Pediatrics, University of South Carolina School of Medicine, Columbia, SC.....90

**Tan, Zaldy S., MD, MPH<sup>1</sup>** Associate Professor of Medicine, Medical Director, Alzheimer's and Dementia Care, Department of Medicine, Division of Geriatrics, David Geffen School of Medicine, University of California, Los Angeles, Los Angeles, CA.....118

**Taylor, L. Vance, MA<sup>1</sup>** Principal, Catalyst Partners, LLC, Alexandria, VA.....91

**Terlecki, Ryan P., MD, FACS<sup>2</sup>** Associate Professor, Department of Urology, Wake Forest Baptist Health, Winston-Salem, NC.....74

**Thomas, Dorothy, MD, MSc., Resident/Fellow Member<sup>1</sup>** Academic Chief Resident, Department of Internal Medicine, Regina Program, University of Saskatchewan, Regina, SK, Canada.....34, 36

**Thompson, Carrie A., MD<sup>2</sup>** Assistant Professor of Medicine, Department of Internal Medicine, Division of Hematology, Mayo Clinic, Rochester, MN.....96

**Tierney, David M., MD, FACP<sup>2</sup>** Associate Program Director, IM Residency; Director, IMBUS Program, Departments of Medical Education and Internal Medicine, Abbott Northwestern Hospital, Minneapolis, MN.....23

**Tilstra, Sarah A., MD, MS, Member<sup>1</sup>** Assistant Professor of Medicine, Department of Internal Medicine, University of Pittsburgh Medical Center, Pittsburgh, PA.....105

**Tomecki, Kenneth J., MD<sup>1</sup>** Staff Physician, Department of Dermatology, Cleveland Clinic, Cleveland, OH.....114

# Faculty and Committee Index, Including Disclosure

**Tong, Jenny, MD, MPH<sup>1</sup>** Associate Professor, Department of Internal Medicine, Duke University, Durham, NC.....19

**Topol, Deborah, MD, FACP<sup>1</sup>** Associate Dean for Medical Education, Department of Internal Medicine, Georgetown Medical School at MedStar Washington Hospital Center, Washington, DC.....26

**Torres, Dawn M. LTC, MD, MC USA<sup>1</sup>** Chief, Gastroenterology Service, Department of Medicine, Walter Reed National Military Medical Center, Washington, DC .....75, 86

**Tough DeSapri, Kristi, MD<sup>2</sup>** Clinical Instructor of Medicine, Director, Bone Center Gynecologic Specialists of Northwestern, Northwestern University, Chicago, IL.....80, 100

**Townsend, Raymond R., MD<sup>2</sup>** Professor of Medicine, Department of Medicine, University of Pennsylvania, Philadelphia, PA .....106

**Trachtman, Esq., Richard L.<sup>1</sup>** Director, Legislative Affairs, Department of Legislative Affairs, Division of Governmental Affairs and Public Policy, American College of Physicians, Washington, DC.....93

**Trowbridge, Robert L., MD, FACP<sup>1</sup>** Division Director, General Internal Medicine, Maine Medical Center; Assistant Professor of Medicine, Tufts University School of Medicine, Portland, ME .....111

**Tulaimat, Aiman, MD<sup>1</sup>** Assistant Professor, Department of Pulmonary, Critical Care, and Sleep Medicine, Cook County Health and Hospitals System, Chicago, IL .....113

**Tunkel, Allan R., MD, PhD, MACP<sup>1</sup>** Professor of Medicine and Medical Science, Associate Dean for Medical Education, Warren Alpert Medical School of Brown University, Providence, RI.....84

## U

**Umpierrez, Guillermo E., MD, FACP<sup>2</sup>** Professor of Medicine, Department of Medicine, Endocrinology, Emory University, Atlanta, GA .....91

## V

**Van Groningen, Nicole, MD<sup>1</sup>** Department of Medicine, NYU Langone Medical Center, New York, NY ..104

**Vassalotti, Joseph A., MD<sup>2</sup>** Associate Clinical Professor of Medicine, Department of Medicine, Nephrology Division, Icahn School of Medicine at Mount Sinai, New York, NY .....124

**Vilkins, Annmarie, DO, MSc<sup>1</sup>** Resident Physician, American College of Physicians High Value Care Fellow, Department of Obstetrics & Gynecology, Boston University Medical Center, Boston, MA.....104

**Villuri, Satya S., MD, Member<sup>1</sup>** Clinical Instructor, Neuro-Hospitalist, Department of Neurosurgery, Thomas Jefferson University Hospital, Philadelphia, PA .....19

**Vincent, Hailey, MD, Member<sup>1</sup>** Hospitalist, Department of Internal Medicine, Baylor Scott & White, Temple, TX.....36

**Viscusi, Eugene R., MD<sup>2</sup>** Professor of Anesthesiology, Thomas Jefferson University, Philadelphia, PA....19

## W

**Wali, Soma, MD, FACP<sup>1</sup>** Professor of Clinical Medicine, Chair of Medicine at UCLA Olive View Medical Center, Department of Internal Medicine, David Geffen School of Medicine at University of California Los Angeles, Los Angeles, CA.....99

**Wallace, Jeffrey, MD, MPH, FACP<sup>1</sup>** Professor and Director of Clinical Geriatrics, Department of Medicine, University of Colorado, Denver, CO.....20

**Ward, Cary C., MD<sup>1</sup>** Associate Professor, Department of Medicine, Division of Cardiology, Duke University School of Medicine, Durham, NC .....19

**Wardrop, III, Richard M., MD, PhD, FACP, FAAP<sup>1</sup>** Associate Professor, Program Director for Medicine and Pediatrics Combined Residency, Departments of Medicine and Pediatrics, University of North Carolina School of Medicine, Chapel Hill, NC .....80

**Wathen, Patricia I., MD, FACP<sup>1</sup>** Clinical Professor of Medicine, Department of Medicine, University of Texas Health Science Center at San Antonio, San Antonio, TX.....34

1. Has no relationships with any entity producing, marketing, reselling, or distributing health care goods or services consumed by, or used on, patients.  
 2. Has disclosed relationships with entities producing, marketing, reselling, or distributing health care goods or services consumed by, or used on, patients. See pages 171-180.

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- Weber, Thomas J., MD<sup>2</sup>** Associate Professor, Department of Medicine/Endocrinology, Duke University Medical Center, Durham, NC ..... 102
- Weinberg, David S., MD, MSc, FACP<sup>1</sup>** Chairman, Department of Medicine, Fox Chase Cancer Center, Philadelphia, PA..... 110
- Weiner, Saul J., MD, Member<sup>2</sup>** Professor of Medicine, Pediatrics and Medical Education, Department of Medicine and Pediatrics, University of Illinois at Chicago; Deputy Director, VA Center of Innovation for Complex Chronic Healthcare, Department of Medical Services, Jesse Brown VA Medical Center, Chicago, IL ..... 97
- Weir, Matthew R., MD<sup>2</sup>** Professor and Director, Division of Nephrology, Department of Medicine, University of Maryland School of Medicine, Baltimore, MD .... 92
- Weirich, Erica E., MD<sup>1</sup>** Adjunct Clinical Faculty, Department of Family Medicine, Stanford University School of Medicine; Physician, Palo Alto Medical Foundation; Director, Global Health Research Foundation, Los Altos, CA ..... 117
- Weitz, Howard H., MD, FACC, MACP<sup>1</sup>** Bernard L. Segal Professor of Medicine, Director, Division of Cardiology, Department of Medicine, Thomas Jefferson University Hospital, Philadelphia, PA..... 19, 20, 84
- Whitcomb, Winthrop F., MD<sup>2</sup>** Assistant Professor of Medicine, University of Massachusetts Medical School; Chief Medical Officer, Remedy Partners, Springfield, MA ..... 113
- Whitten, Richard W. "Dick", MD, MBA, FACP<sup>1</sup>** Associate Professor of Medicine, University of Washington; Medical Director and VP of Medical Policy, Noridian Healthcare Solutions (Medicare Administrative Contractor for J-D, J-E, & S-F), Seattle, WA ..... 96
- Williams, Jason, MD, Member<sup>2</sup>** Hospitalist, Clinical Instructor, Director, Procedure Service, Department of Internal Medicine, University of California Los Angeles, Los Angeles, CA.....38
- Wolfson, Daniel B., MHSA<sup>1</sup>** Executive Vice President and Chief Operating Officer, ABIM Foundation, Philadelphia, PA .....81
- Wright, Wendy L., MD, FCCM, FNCS<sup>1</sup>** Associate Professor of Neurology and Neurosurgery, Emory University School of Medicine, Atlanta, GA ..... 83
- Y**
- Yacovella, Thomas J., MD<sup>1</sup>** Assistant Professor of Medicine, University of Minnesota, Department of Hospital Medicine, Regions Hospital, Minneapolis, MN ..... 106
- Z**
- Zaroukian, Michael H., MD, PhD, MACP, FHIMSS<sup>1</sup>** Professor of Medicine, Michigan State University; Vice President & Chief Medical Information Officer, Sparrow Health System, East Lansing, MI ..... 98
- Zimmerman, Janice L., MD, MACP<sup>2</sup>** Professor of Clinical Medicine, Weill Cornell Medical College, Department of Internal Medicine, Houston Methodist Hospital, Houston, TX ..... 23

## Disclosure

### A

#### **Manal F. Abdelmalek, MD, MPH, FACP**

*Research Grants/Contracts*

National Institutes of Health, Gilead, Bristol-Myers Squibb, NGM Biopharmaceuticals, Taiwan J, Intercept, Arisaph, Galmed, Immuron, Tobira, Synageva

*Consultantship*

Taiwan J, Islet Sciences

#### **Janet L. Abrahm, MD, FACP, FAAHPM**

*Royalties*

UpToDate, Johns Hopkins University Press

*Honoraria*

Knowledge to Practice

*Other*

Knowledge to Practice (expenses reimbursed)

#### **John I. Allen, MD, MBA, Member, AGAF**

*Consultantship*

AbbVie, Pentax, gMed

#### **Joseph A. Aloï, MD, FACP, FACE**

*Consultantship*

Chiasma

#### **Rebecca A. Andrews, MD, FACP**

*Speakers Bureau*

Forest Pharmaceuticals

#### **Charles E. Argoff, MD, FABMP**

*Research Grants/Contracts*

Grunenthal, Forest, Endo, Lilly

*Royalties*

Elsevier

*Honoraria*

Endo, Teva, Allergan, Purdue, Depomed

*Speakers Bureau*

AstraZeneca, Allergan, Teva

#### **Phyllis August, MD, MPH**

*Consultantship*

AbbVie

### B

#### **Rita Bakhru, MD, MS**

*Consultantship*

Hill-Rom

#### **George L. Bakris, MD, FACP, FASH**

*Research Grants/Contracts*

Bayer, Relypsa, Takeda

*Royalties*

Springer, Elsevier

*Consultantship*

Bayer, Boehringer-Ingelheim, Daiichi-Sankyo, Relypsa, Janssen, AstraZeneca, Vascular Dynamics, Stealth Inc., AbbVie, Medtronic, CVRx, Takeda

*Official Role*

Board Member: National Kidney Foundation

*Employment*

University of Chicago Medicine

#### **Robert A. Balk, MD, MACP**

*Research Grants/Contracts*

bioMerieux

*Consultantship*

bioMerieux, Roche

#### **Ankush K. Bansal, MD, FACP, FHM**

*Stock Options/Holdings*

IPC Healthcare, TelaDoc, iSelectMD

*Honoraria*

Gerson Lehrman Group, Sermo, Opinion Site, MedSurvey, All Global Circle, Coleman Research Group, Guidepoint Global

*Employment*

Hospitalists Plus (locum tenens agency for physicians)

*Other*

Telemedicine provider: MD Live, TelaDoc, Doctor on Demand, iSelectMD, HealthTap, WellnessFX, USARad.com, 1800MD.com, WellVia Solutions, Tampa Bay Telehealth, 1stCare MD, First Stop Health Associates, American Well Systems, SMC/RX Consulting, MyTelemedicine.com, TelMed Services, Mediconecta, Maven Clinic, ECI Healthcare Partners; Peer/insurance review: Auto Injury Solutions, Advanced Medical Reviews, MCMC, Keystone Peer Review Organization, Managed Medical Review Organization, KVS Consulting, PRIUM, Physicians Review, National Medical Reviews Organization of Michigan, AristaMD; Expert review: Technical Advisory Service for Attorneys, Abbason & Associates, Reliable Clinical Experts

#### **Michael J. Barry, MD, MACP**

*Research Grants/Contracts*

Healthwise Inc.

*Employment*

Healthwise Inc.

**Peter Basch, MD, FACP**

*Other*  
ePocrates

**Michael Blaivas, MD, FAIUM, FACEP**

*Consultantship*  
GE

**Donald B. Bloch, MD**

*Royalties*  
Inova

**Michael J. Brennan, MD**

*Stock Options/Holdings*  
Cara  
*Consultantship*  
Purdue, Teva, Depomed, Insys, Endo, Cara, Kaleo  
*Speakers Bureau*  
Purdue, Teva, Depomed, Pernix, Insys, AstraZeneca, Endo, Cara, Kaleo

**Marie T. Brown, MD, FACP**

*Research Grants/Contracts*  
Spouse: Abbott, Boston Scientific (BSC), Edwards, St. Jude, WL Gore  
*Consultantship*  
Spouse: Abbott, Boston Scientific (BSC), Coherex, Edwards, Intervalve, Daiichi Sankyo-Lilly, WL Gore  
*Speakers Bureau*  
Spouse: Boston Scientific  
*Employment*  
Spouse: Evanston Hospital, University of Chicago

**John B. Bulger, DO, FACP**

*Consultantship*  
xG Health Solutions, AIM Specialty Health  
*Official Role*  
Board Member: Philadelphia College of Osteopathic Medicine, American College of Internists, Keystone ACO, Pennsylvania Patient Safety Authority  
*Employment*  
Geisinger Health System  
*Other*  
National Quality Forum, Agency for Healthcare Research and Quality, Society of Hospital Medicine

**Roger W. Bush, MD, MACP, SFHM**

*Honoraria*  
ABIM  
*Official Role*  
Director and specialty board member: ABIM

**David A. Bushinsky, MD**

*Stock Options/Holdings*  
Amgen, Relypsa, Tricicia  
*Research Grants/Contracts*  
National Institutes of Health Renal Research Institute  
*Honoraria*  
Amgen, Sanofi  
*Consultantship*  
Amgen, OPKO, Relypsa, Sanofi, Tricicia  
*Employment*  
University of Rochester  
*Other*  
Fresenius Medical Care (Division Medical Director)

**C****CAPT Brooks D. Cash, MC, USN, FACP**

*Consultantship*  
Takeda, Salix, Sucampo, Ironwood, Prometheus  
*Speakers Bureau*  
Takeda, Ironwood  
*Official Role*  
Board Member: Forest

**Vinay Chandrasekhara, MD**

*Consultantship*  
Boston Scientific

**Andrew C. Charles, MD**

*Research Grants/Contracts*  
Takeda  
*Consultantship*  
Amgen, eNeura, Eli Lilly

**Leslie Cho, MD, FACC**

*Research Grants/Contracts*  
Amgen, Sanofi

**Roger Chou, MD, FACP**

*Other*  
AHRQ, CDC (Funding to conduct reviews on SRs)

**Daniel J. Clauw, MD**

*Consultantship*  
Sanumed, Zynerba  
*Employment*  
University of Michigan  
*Other*  
Scientific Advisory Board: Zynerba

## **Robert H. Coblentz, MD, FACC**

### *Consultantship*

Language of Caring (physician coach)

## **Steven L. Cohn, MD, FACP, SFHM**

### *Stock Options/Holdings*

AstraZeneca, Glaxo Smith Kline, Merck, Pfizer

### *Other*

Advisory Boards: Bristol-Myers Squibb, Pfizer, Janssen, Daiichi Sankyo

## **Molly Cooke, MD, FACP**

### *Royalties*

Elsevier, Lippincott

### *Honoraria*

American Medical Association, North Shore-LIJ, Christiana Care

### *Consultantship*

American Board of Internal Medicine Foundation, IDCAP, University of Texas

### *Official Role*

Board Member: Bristol-Myers Squibb, Gilead, IAS-USA, Pangea, NCIRE, Infectious Diseases News, Medscape, Institute of Medicine, NIH, Project Inform

## **John V. Cox, DO, FACP**

### *Other*

American Society of Clinical Oncology

## **Mark A. Crowther, MD, MSc, FRCPC**

### *Research Grants/Contracts*

Heart and Stroke Foundation of Canada, Leo Pharma, Bayer, Alexion, Ortho Clinical Diagnostics, BMS-Pfizer alliance, AbbVie, Celgene, Shire, CSL Behring

### *Employment*

McMaster University, St. Joseph's Healthcare

### *Other*

Advisory Boards: Octapharma, Bayer, Boehringer-Ingelheim, Janssen, Pfizer, Leo Pharma, Portola; Steering Committees: AKP America, Daiichi, Bayer, Leo Pharma; Career Investigator Award from the Heart and Stroke Foundation of Canada, and the Leo Pharma Chair in Thromboembolism Research at McMaster University

## **Peter G. Curran, MD, FACP**

### *Official Role*

Board Member: Health Volunteers Overseas

## **D**

## **Steven B. Deitelzweig, MD, MMM, SFHM, FACP**

### *Research Grants/Contracts*

BMS, Janssen

### *Consultantship*

BMS, Janssen, Pfizer, Daiichi Sankyo

### *Speakers Bureau*

BMS, Janssen, Pfizer

## **R. Phillip Dellinger, MD, MCCM**

### *Research Grants/Contracts*

Spectral, Leading BioSciences

### *Consultantship*

Roche, Perehealth

## **Nancy-Ann DeParle**

### *Stock Options/Holdings*

Consonance Capital Investors, CVS Health

### *Official Role*

Director: Enclara Pharmacia, KEPRO, HCA Holdings, Inc., CVS Health

### *Employment*

Founding partner: Consonance Capital Partners, LLC

### *Other*

Advisory board member: High-Value Healthcare Collaborative

## **Darren A. DeWalt, MD, FACP**

### *Consultantship*

Merck, United Health Care Group

## **Adrian S. Dobs, MD, MHS**

### *Consultantship*

AbbVie

### *Speakers Bureau*

AbbVie

## **Anita Donley**

### *Consultantship*

BUPA Medical Advisory Council

## **David R. Donnersberger, MD, JD, MA, FACP**

### *Stock Options/Holdings*

Datio Corporation

### *Patent Owner*

ViMedicus LLC

## E

### **Floyd P. Eisenberg, MD, MPH, FACP**

*Consultantship*  
American Hospital Association, Merck Pharmaceuticals,  
Quality Matters

### **Yul D. Ejnes, MD, MACP**

*Employment*  
Coastal Medical, Inc.

### **E. Wesley Ely, MD, MPH, FACP**

*Honoraria*  
Abbott Labs, Orion, Hospira

## F

### **Ross D. Feldman, MD, FACP**

*Research Grants/Contracts*  
Servier  
*Consultantship*  
Pfizer  
*Official Role*  
Board Member: Novartis

### **Victoria Fernandes, MD, Resident/Fellow Member**

*Stock Options/Holdings*  
Allergan  
*Employment*  
United States Army

### **Jacqueline W. Fincher, MD, MACP**

*Stock Options/Holdings*  
General Electric, Cardinal Health, Cellgene, Johnson &  
Johnson, Genzyme, St. Jude Medical, Teva, CVS, Hewlett  
Packard, Texas Instruments, Walgreen's, Express Scripts,  
Proctor & Gamble, Baxter International, AstraZeneca

### **David L. Fischman, MD, FACP**

*Stock Options/Holdings*  
Boston Scientific, Medtronic

### **Nick Fitterman, MD, FACP, SFHM**

*Other*  
ABIM (Chair of the test-writing committee for the  
internal medicine exam.)

### **Gordon L. Fung, MD, FACP**

*Research Grants/Contracts*  
Roche Ltd.

## G

### **Shaan-Chirag Gandhi**

*Stock Options/Holdings*  
Wellable.co  
*Consultantship*  
QPID Health  
*Employment*  
McKinsey & Company

### **Marc B. Garnick, MD, FACP**

*Consultantship*  
Harvard Health Publications  
*Employment*  
Beth Israel Deaconess Medical Center

### **Susan E. Glennon, MD, FACP**

*Employment*  
Cigna Healthspring

### **Mridu Gulati, MD, MPH**

*Research Grants/Contracts*  
NIH  
*Honoraria*  
France Foundation  
*Consultantship*  
InterMune, Boehringer Ingelheim

### **Amy S. Guralnick, MD**

*Honoraria*  
Jazz Pharma

## H

### **Darrell W. Harrington, MD, FACP**

*Consultantship*  
BMS-Pfizer  
*Speakers Bureau*  
Janssen Pharmaceuticals

### **Lucinda A. Harris, MD, MS, FACP**

*Research Grants/Contracts*  
Alvine  
*Consultantship*  
Actavis, Ironwood, QOL

### **COL Stephen A. Harrison, MD, MC USA, FACP**

*Consultantship*  
Nimbus Discovery, NGM Biopharmaceuticals, Merck,  
Medivation, Intercept, Fibrogen, CLDF  
*Speakers Bureau*  
Gilead, Merck  
*Other*  
Hepatology Journal (Associate Editor), CLDF (Advisory  
Board)

### **Stuart B. Himmelstein, MD, FACP**

*Consultantship*  
The Rehmann Group

### **Irl B. Hirsch, MD, MACP**

*Stock Options/Holdings*  
Sanofi, Novo Nordisk  
*Consultantship*  
Roche, Abbott, Valeritas, Bidel



**Gregory A. Hood, MD, FACP***Official Role*

Board Member: Medscape, TPN, Medical Economic Magazine

*Employment*

Wyanoke Publishing/Doctor's Life Magazine

**Robert H. Hopkins, Jr., MD, FACP, FAAP***Employment*

University of Arkansas for Medical Sciences

**Carrie A. Horwitch, MD, FACP***Official Role*

Board Member: Virginia Mason Medical Center

**Paul F. Howard, MD, MACP***Speakers Bureau*

Amgen, Takeda

**Linda L. Humphrey, MD, FACP***Royalties*

UpToDate

**Christine S. Hunter, MD, FACP***Other*

National Committee for Quality Assurance

**K****Gregory C. Kane, MD, FACP***Official Role*

Board Member: Alliance for Academic Internal Medicine

*Other*

Expert witness

**Sunanda V. Kane, MD, FACP, MSPH, FACG***Research Grants/Contracts*

UCB Pharma

*Consultantship*

AbbVie

*Other*

ABIM (GI Specialty Council)

**George H. Karam, MD, FACP***Consultantship*

Merck, Cubist, AdvanDx

**Wm. Kevin Kelly, DO***Research Grants/Contracts*

Novartis, Sanofi-Aventis

**Ali M. Khan, MD, MPP, FACP***Employment*

Iora Health

**Stephen L. Kopecky, MD***Research Grants/Contracts*

Genzyme, Regeneron, Amgen

*Consultantship*

Prime Therapeutics, Esperion Therapeutics, Biophysical

*Official Role*

Chair, Data Safety Monitoring Board: Applied Clinical

Intelligence; Advisory Board Member: Merck, Fusion

Conferences; Immediate Past President: American

Society for Preventive Cardiology; Board of Directors

Member: Mayo Clinical Support Services, Texas;

Member, Steering Committee for FH Summit: FH

Foundation; Member, Mayo Clinic CV P&T Task Force:

Mayo Clinic

*Other*

Member: American Society for Men's Health

**Daniel E. Kremens, MD, JD***Consultantship*

Teva, Lundbeck, UCB, US WorldMeds, Impax, Acadia,

Merz

*Speakers Bureau*

Teva, Lundbeck, UCB, US WorldMeds, Impax, Acadia,

Merz

**L****Steven Lamm, MD***Speakers Bureau*

Endo, AbbVie

**Alfred Ian Lee, MD, PhD***Speakers Bureau*

Janssen

**Joshua D. Lenchus, DO, FACP***Official Role*

Board Member: Florida Osteopathic Medical

Association, Dade County Osteopathic Medical

Association, Florida Medical Association

*Other*

Society of Hospital Medicine

**Lillian F. Lien, MD, Member***Royalties*

Springer, Inc. (Royalties for book: Glycemic Control in the Hospitalized Patient, 2010)

*Consultantship*

Merck, Eli Lilly, Novo Nordisk, Sanofi



**Jeffrey R. Lisse, MD, FACP**

*Honoraria*  
Lilly, Pfizer, UCB  
*Consultantship*  
Lilly, Pfizer, UCB

**Glenn D. Littenberg, MD, MACP, FASGE**

*Speakers Bureau*  
AbbVie Pharma, Boston Scientific

**Ana Maria Lopez, MD MPH FACP**

*Research Grants/Contracts*  
NIH, HRSA, Southern Arizona Komen for the Cure  
*Other*  
Board Member: AMWA, Southern Arizona Komen for the Cure, National Hispanic Medical Association

**Fred A. Lopez, MD, MACP**

*Royalties*  
UpToDate

**M****Alice D. Ma, MD, Member**

*Research Grants/Contracts*  
Baxter, Biogen, Idec  
*Other*  
Advisory Boards: Baxter, Biogen, Idec, Novo Nordisk, Kedrion

**Catherine H. MacLean, MD, PhD, FACP**

*Stock Options/Holdings*  
Gilead, Allergan  
*Employment*  
Hospital for Special Surgery

**John R. Maese, MD, MACP**

*Consultantship*  
max.md, EmblemHealth

**Scott Manaker, MD, FACP**

*Stock Options/Holdings*  
Pfizer, Johnson & Johnson both current (spouse)  
*Royalties*  
UpToDate  
*Consultantship*  
Grand rounds speaker, lecturer, consultant, and expert witness on documentation, coding, billing, and reimbursement to hospitals, physicians, departments, practice groups, professional societies, and attorneys (defense, plaintiff "qui tam", US Attorneys General, and the Office of the Inspector General), Expert witness in worker's compensation and in medical negligence matters  
*Official Role*  
Board Member: American College of Chest Physicians  
*Other*  
AMA, RUC, CMS, Hospital Outpatient Panel

**Brian F. Mandell, MD, PhD, MACP, FACR**

*Consultantship*  
AstraZeneca, Crealta

**Peter W. Marks, MD, FACP**

*Employment*  
US Food and Drug Administration

**Catherine A. Matthews, MD**

*Research Grants/Contracts*  
Pelvalon, American Medical Systems, Boston Scientific  
*Consultantship*  
Pelvalon

**Karen F. Mauck, MD, MSc, FACP**

*Stock Options/Holdings*  
Exact Sciences

**Kenneth H. Mayer, MD, FACP, FIDSA**

*Research Grants/Contracts*  
Gilead Sciences, ViiV

**Robert M. McLean, MD, FACP**

*Speakers Bureau*  
Takeda Pharmaceuticals

**Robert L. McNamara, MD, MHS**

*Consultantship*  
Pfizer, Inc.

**Robert J. McNellis, MPH, PA**

*Employment*  
Agency for Healthcare Research and Quality

**David O. Meltzer, MD, PhD, FACP**

*Stock Options/Holdings*  
Acadia, Valeant  
*Research Grants/Contracts*  
RWJF, NIH, CMS, AHRQ, PCORI  
*Employment*  
University of Chicago, CVS

**Geno J. Merli, MD, MACP, FHM, FSVM**

*Research Grants/Contracts*  
BMS, Johnson & Johnson, Sanofi-Aventis, Portola  
*Consultantship*  
BMS, Johnson & Johnson, Sanofi-Aventis

**David E. Midthun, MD, FACP**

*Research Grants/Contracts*  
Integrated Diagnostics, UpToDate (chapter authorship),  
ACP PIER/CCO InPractice (chapter authorship)

**Chad S. Miller, MD, FACP**

*Royalties*  
Decision Support in Medicine

**Thomas P. Miller, JD**

*Stock Options/Holdings*  
Express Scripts, Merck, Pfizer

**Ashley A. Minaei, MPH**

*Other*  
Osmosis

**Paul S. Mueller, MD, FACP**

*Consultantship*  
Boston Scientific Patient Safety Advisory Board

**N**

**Danny A. Newman, Jr., MD, FACP**

*Stock Options/Holdings*  
Trinity Hospital

**Mary M. Newman, MD, MACP**

*Other*  
Center for Medicare Medicaid Services

**Henry Ng, MD, MPH, FACP**

*Official Role*  
Past President of Gay and Lesbian Medical Association  
(GLMA): Health Professionals Advancing LGBT Equality

**Michael S. Niederman, MD, MACP, FCCP, FCCM**

*Research Grants/Contracts*  
Bayer, Cubist  
*Consultantship*  
Pfizer, Theravance, Cembra

**O**

**Cheryl W. O'Malley, MD, FACP**

*Consultantship*  
Society of Hospital Medicine  
*Employment*  
Banner Health

**P**

**Fernando L. Pagan, MD**

*Research Grants/Contracts*  
Teva, US WorldMeds, Medtronic  
*Consultantship*  
Accordia, Impax, Lundbeck  
*Speakers Bureau*  
Impax, Teva, Medtronic, US WorldMeds, Merz, Lundbeck

**Stephen M. Pastores, MD, FACP, FCCP, FCCM**

*Research Grants/Contracts*  
Spectral Diagnostics, Bayer Healthcare

**Aldo J. Peixoto, MD, FASN, FASH**

*Honoraria*  
Lundbeck  
*Consultantship*  
St. Jude Medical, Medtronic

**Trish M. Perl, MD, FACP**

*Research Grants/Contracts*  
Medimmune (Grant to Johns Hopkins University)  
*Other*  
Pfizer (Advisory Board)

**Pixie J. Plummer, MD, Member**

*Employment*  
Baystate Health Systems

**Jordan M. Prutkin, MD, MHS**

*Research Grants/Contracts*  
Boston Scientific, St. Jude

**Sally W. Pullman-Moore, MD, FACP**

*Other*  
AbbVie, Takeda

## R

### **Jaya K. Rao, MD, MHS, FACP**

*Stock Options/Holdings*  
Pfizer, Eli Lilly

### **Robert E. Ratner, MD, FACP, FACE**

*Stock Options/Holdings*  
Abbott, AbbVie, Johnson & Johnson

### **Steven D. Rauch, MD**

*Consultantship*  
Otonomy, Inc.

### **Julie R. Rosenbaum, MD, FACP**

*Stock Options/Holdings*  
Merck, Monsanto, Pfizer  
*Other*  
Pfizer, Merck, Monsanto

### **Nicholas J. Ruggiero, II, MD, FACP, FACC, FSCAI, FSVM, FCPP**

*Stock Options/Holdings*  
St. Jude, Medtronic, Edwards  
*Research Grants/Contracts*  
Covidien/Medtronic  
*Consultantship*  
Novartis, Edwards Lifesciences, St. Jude, Boston Scientific  
*Other*  
Medtronic, Covidien

## S

### **Daniel Z. Sands, MD, MPH, FACP**

*Stock Options/Holdings*  
Conversa Health  
*Consultantship*  
Conversa Health, Kinergy Health

### **Louis D. Saravolatz, MD, MACP**

*Research Grants/Contracts*  
Theravance, Health HIV, Lytx Biopharma, Oslo Norway, Taxis  
*Honoraria*  
Forest  
*Speakers Bureau*  
Theravance

### **Michael P. Savage, MD, FACP**

*Research Grants/Contracts*  
Cordis

### **Doron Schneider, MD, FACP**

*Consultantship*  
Janssen, Lilly, Novo Nordisk  
*Official Role*  
Board Member: Lilly, Janssen

### **Holger J. Schunemann, MD, FACP**

*Official Role*  
Board Member: Dynamed, Cochrane Collaboration;  
*Other*  
World Health Organization

### **William Schweickert, MD**

*Consultantship*  
Hill-Rom

### **Tait D. Shanafelt, MD, Member**

*Other*  
Co-inventor: Physician Well-Being Index and Medical Student Well-Being Index

### **David M. Shavelle, MD**

*Research Grants/Contracts*  
NeoStem, Abbott Vascular, Abiomed, NIH, Zoll, Medtronic  
*Speakers Bureau*  
St. Jude Medical, Medtronic, Maquet

### **Gaurav Singal, MD, Member**

*Stock Options/Holdings*  
Foundation Medicine, Inc.  
*Employment*  
Foundation Medicine, Inc.

### **Christine A. Sinsky, MD, FACP**

*Other*  
Consultant advisory board: healthfinch

### **Jennifer A. Sipos, MD**

*Consultantship*  
Genzyme  
*Speakers Bureau*  
Genzyme

### **Cynthia D. Smith, MD, FACP**

*Stock Options/Holdings*  
Merck  
*Employment*  
Merck (spouse's employer)

**Thomas J. Smith, MD, FACP, FASCO, FAAHPM**

*Stock Options/Holdings*  
United Healthcare

**Nilam J. Soni, MD, FACP**

*Royalties*  
Elsevier

**Antoine G. Sreih, MD**

*Stock Options/Holdings*

Alexion

*Research Grants/Contracts*

GSK, Celgene, Roche, Genentech, BMS, HGS,

Chemocentryx

*Honoraria*

Yale, Temple, Christiana Care, ACR, Pennsylvania

Rheumatology Society

*Consultantship*

Roche, Genentech

*Employment*

University of Pennsylvania

**Steven Stanos, DO**

*Consultantship*

Daiichi Sankyo, Endo, MyMatrixx, Pfizer, Purdue, Scilex,

Teva

**Michael B. Streiff, MD, FACP**

*Research Grants/Contracts*

Portola, Janssen, Daiichi-Sankyo

*Consultantship*

Bio2Medical, Janssen

**Ted L. Sussman, MD, MACP**

*Other*

Health Volunteers Overseas

**Donna E. Sweet, MD, MACP**

*Research Grants/Contracts*

Bristol-Myers Squibb

*Consultantship*

Pfizer

*Speakers Bureau*

Bristol-Myers Squibb, Gilead Pharmaceuticals

**T****Ryan P. Terlecki, MD, FACS**

*Research Grants/Contracts*

Allergan

*Consultantship*

Boston Scientific

**Carrie A. Thompson, MD**

*Research Grants/Contracts*

Kite Pharmaceuticals

**David M. Tierney, MD, FACP**

*Other*

SonoSite (educational equipment-only grant)

**Kristi Tough DeSapri, MD**

*Speakers Bureau*

Amgen

**Raymond R. Townsend, MD**

*Consultantship*

Medtronic, Janssen

**U****Guillermo E. Umpierrez, MD, FACP**

*Research Grants/Contracts*

Merck, Novo Nordisk, AstraZeneca, Boehringer

Ingelheim

*Consultantship*

Sanofi, Novo Nordisk, Merck, Boehringer Ingelheim,

Regeneron

**V****Joseph A. Vassalotti, MD**

*Employment*

Chief Medical Officer, National Kidney Foundation

**Eugene R. Viscusi, MD**

*Research Grants/Contracts*

AcelRx, Pacira

*Honoraria*

AcelRx, Medicines Co., Mallinckrodt

*Consultantship*

Irevena, Pacira, Merck

*Speakers Bureau*

Mallinckrodt

## W

### **Robert A. Waugh, MD**

*Stock Options/Holdings*  
Epiphany Cardiology Products, LLC

### **Thomas J. Weber, MD**

*Honoraria*  
UCB Pharma  
*Consultantship*  
Alexion, Ultragenyx

### **CAPT Michael S. Weiner, MC USN, Member**

*Official Role*  
Board Member: AMIA  
*Employment*  
IBM

### **Saul J. Weiner, MD, Member**

*Consultantship*  
Accolade, Inc.

### **Matthew R. Weir, MD**

*Consultantship*  
Amgen, Janssen, Astra, MSD

### **Winthrop F. Whitcomb, MD**

*Stock Options/Holdings*  
Remedy Partners

### **Jeffrey G. Wiese, MD, FACP**

*Honoraria*  
Visiting Professorship  
*Official Role*  
Board Member: Society of Hospital Medicine,  
Association of Subspecialty Professors, American Board  
of Internal Medicine

### **Jason Williams, MD, Member**

*Research Grants/Contracts*  
Sonosite  
*Employment*  
UCLA Internal Medicine

## Z

### **Janice L. Zimmerman, MD, MACP**

*Consultantship*  
Decisio Health, Inc.

# Introducing *DynaMed Plus*<sup>™</sup>

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\* ACP members will receive free access to DynaMed Plus for two years beginning on August 3, 2015. Afterwards, ACP members will be eligible for a deeply discounted annual subscription. DynaMed Plus replaced ACP Smart Medicine on August 3, 2015.

## Learn More

View the list of exhibiting companies, search for products, and check out the Exhibit Hall floorplan in the Onsite Industry Guide, Exhibit Xtra, Meeting App, or search the online Interactive Exhibit Hall.

Visit [im2016.acponline.org/ExhibitHall](http://im2016.acponline.org/ExhibitHall) or access the meeting app to view a directory of exhibitors that have the products and services you're interested in.

Explore the Exhibit Hall and view the latest products and services in the medical industry. Browse, network, relax, and enjoy all the Exhibit Hall has to offer! With more than 250 exhibitors representing multiple product and service areas, it's important to plan your time in the Exhibit Hall.

## Exhibit Hall Hours

Thursday, May 5 • 10:00 a.m.-4:30 p.m.

Friday, May 6 • 10:00 a.m.-4:30 p.m.

Saturday, May 7 • 10:00 a.m.-2:30 p.m.

**Parents, please note:** Children younger than 12 years must be accompanied by a registered attendee at all times in the Exhibit Hall. For safety reasons, strollers are not permitted at any time.

## Scientific Program Break Schedule

### Thursday and Friday

Morning • 10:30-11:15 a.m.

Lunch • 12:45-2:15 p.m.z

Afternoon • 3:45-4:30 p.m.

### Saturday

Morning • 10:30-11:15 a.m.

Lunch • 12:45-2:15 p.m.

Afternoon • 3:45-4:00 p.m., 5:00-5:15 p.m.

\* For the full schedule of additional learning opportunities, see pages 188-193.

## Did You Know?

Complimentary boxed lunches are provided Thursday and Friday in the Exhibit Hall in addition to daily morning and afternoon refreshment breaks!



**Discover** the latest internal medicine products and services from over 250 exhibitors.

**Learn** about new innovations in the Innovation Theater\*.

**Enter** to win free registration to Internal Medicine Meeting 2017 in San Diego, CA.

**Search** jobs nationwide at the Job Placement Center.

**Access** the Internet or check e-mail at the Internet Station.

## ACP Digital Products Kiosks

ACP has launched new digital products in the past few years, including many optimized for smartphones and tablets. Stop by the ACP Digital Products computers and tablets to try out some of these products for yourself.

### New ACP Online Website

#### Clinical Resources:

- Annals.org
- ACP JournalWise
- DynaMed Plus

#### Practice Resources:

- Physician and Practice Timeline
- ACP Practice Advisor
- Registry for Adult Immunization
- Registry for Diabetes

#### Educational Resources:

- ACP Board Prep Ace
- Annals Beyond the Guidelines
- Annals Virtual Patients
- High-Value Care Cases
- IM Essentials for Students
- MKSAP 17 Digital

### Specifically for Tablets:

- New ACP Online - mobile optimized
- *Annals* iPad Edition
- Clinical Guidelines App
- DynaMed Plus App
- IM Essentials Flashcards App
- MKSAP® 17 and MKSAP 17 Flashcards Apps





Hear brief presentations to answer common questions and learn about new offerings from ACP.

## Thursday

### Morning Break

- 10:40 • ABIM MOC Update and Ways to Earn Points
- 10:50 • Get Involved in Advocacy

### Lunch Break

- 1:00 • Applying for Fellowship in ACP
- 1:20 • Medicare Payment Changes on the Horizon
- 1:30 • ABIM MOC Update and Ways to Earn Points

### Afternoon Break

- 3:45 • Get Ready for 2019–Transforming Clinical Practice
- 4:00 • ABIM MOC Update and Ways to Earn Points



## Friday

### Morning Break

- 10:30 • ABIM MOC Update and Ways to Earn Points
- 10:40 • Medicare Payment Changes on the Horizon
- 10:50 • Get Ready for 2019 – Transforming Clinical Practice

### Lunch Break

- 1:00 • Applying for Fellowship in ACP
- 1:20 • Clinical Guidelines and Performance Measures
- 1:30 • ABIM MOC Update and Ways to Earn Points

### Afternoon Break

- 3:45 • ABIM MOC Update and Ways to Earn Points
- 4:00 • Get Involved in Advocacy

## Saturday

### Morning Break

- 10:30 • Get Ready for 2019 – Transforming Clinical Practice
- 10:40 • ABIM MOC Update and Ways to Earn Points

### Afternoon Break

- 1:00 • ABIM MOC Update and Ways to Earn Points

## Visit the Job Placement Center

### -a Must-See While in Washington, DC

Exhibit Hall AB • Booth 122

- View over 100 job postings nationwide.
- Register for three popular services\*:
  - CV Review and Consultation Service
  - Navigating the J1 Waiver Job Search
  - Physician Career Coaching—**NEW**
- Submit a job seekers profile and have it distributed to participating employers.
- Browse materials of interest to help you in your career.
- Meet with employers.
- Register with ACP's Career Connection for an online job search.
- Submit a job posting for openings in your organization.\*\*

### 2016 ACP Job Placement Center • Premium Sponsors



Booth #606



Booth #1605



ChangingPrisonHealthCare.org

Booth #642



Booth #107



cepamerica.com/careers



Booth #1502



Booth #131



Booth #807



dignityhealthcareers.org

### 2016 ACP Job Placement Center • Standard Sponsors



Booth #117



Booth #135



Booth #1224

\*Limited availability, appointment required. See a Job Placement Center representative to reserve a spot.

\*\*Must be a physician attending Internal Medicine Meeting 2016, ACP Job Placement Center Sponsor, or exhibitor.

## Industry-Supported Symposia\*

Maximize your educational experience by attending an Industry-Supported Symposium.

Preregistration for these courses is recommended; walk-ins are welcome as space allows.

## Innovation Theater\*

Don't miss out on participating in a non-CME informative lunch or snack break discussion about the latest clinical information as it relates to a specific disease state.

Seating is limited and available on a first-come, first-served basis.

For the full schedule of additional learning opportunities, see pages 188-193.

\*Industry-Supported Symposia and Innovation Theaters are independently organized and are not an official part of the Internal Medicine Meeting 2016 Education Program. For symposia offering Category 1 CME credit, CME credit is provided by organizations other than ACP.



**Win a complimentary registration to Internal Medicine Meeting 2017 and other valuable prizes.**

### The Doctor's Challenge

The Doctor's Challenge provides an opportunity to DISCOVER the latest innovative products, services, career opportunities, and information about developments in medical technology. Look for the Challenge card in your tote bag, or participate online via the meeting app.

### Participating Exhibitors

CareCredit • Booth 914

NIDDK • Booth 1412

NEJM Group • Booth 902

Patient First • Booth 338

ResMed • Booth 1431



## Grab a Bite and Get Informed at the Innovation Theaters\*

Exhibit Hall Booths #1638, #1703 and #1722

Don't miss out on participating in a non-CME informative lunch or snack break discussion about the latest clinical information as it relates to a specific disease state. Innovation Theater presentations are independently organized and are not an official part of the Internal Medicine Meeting 2016 education program.

### Thursday, May 5 • Morning Break

#### **PRALUENT® (alirocumab) Injection: Efficacy, Safety & Tolerability with Two Different Dosing Regimens**

*Supported by Sanofi Regeneron*

10:30-11:15 a.m.

#### **Hospital Discharge: Transitions of Care for Patients with Diabetes**

*Supported by Sanofi*

10:30-11:15 a.m.

Discharging patients with diabetes from the hospital is a critical step in the transition of care. This presentation will review clinical data on Toujeo®, a long acting basal insulin indicated to improve glycemic control in patients with diabetes. Data on the pharmacology, efficacy, safety and case studies will be presented.

*Charles F Shaefar, Jr, MD, FCCP, FACP  
Augusta, Georgia*

### Thursday, May 5 • Lunch

#### **HARVONI—Changing What Is Possible with a Breakthrough Treatment\***

*Supported by Gilead Sciences*

1:00-1:45 p.m.

#### **Are You Managing LDL-Related CVD Risk with a Reliable Measure of LDL?**

*Supported by LabCorp*

1:00-1:45 p.m.

Theater participants will understand readily available low-density lipoprotein particle (LDL-P) measures and their clinical utility for at-risk patients, suggested management strategies, and an overview of supporting data and guidelines to bring clarity to the confusion surrounding biomarkers and targets of therapy.

*William C Cromwell, MD  
Burlington, North Carolina*

#### **Influenza Immunization in Older Adults: Protecting a Vulnerable Population\***

*Supported by Sanofi Pasteur*

1:00-1:45 p.m.

Influenza infection presents a substantial threat to the health of all older adults. Approximately 90% of influenza-related deaths occur in people 65 years of age and older despite a 67% vaccination rate for seniors against influenza. This presentation will explore strategies for disease prevention in the senior population and share pertinent data from clinical trials of influenza vaccines.

*\*Session title, presenter or description not available at time of printing. Please view the Internal Medicine Meeting 2016 app for updated schedule information. Select the Schedules icon, and then click on Innovation Theaters (Exhibit Hall) for updated schedule.*

## Thursday, May 5 • Afternoon Break

### **Toujeo® (insulin glargine injection 300 Units/mL): A Once-Daily Basal Insulin: Clinical Overview and Features**

*Supported by Sanofi*

3:45-4:30 p.m.

Toujeo® (insulin glargine injection) 300 Unit/mL is a long-acting basal insulin indicated to improve glycemic control in adult patients with diabetes mellitus. This presentation is intended to provide clinicians with a comprehensive overview of Toujeo®, including the pharmacologic profile and data from 4 EDITION clinical trials carried out in a range of adult patients with diabetes.

*Michael Valitutto, DO  
Caledonia, Michigan*

## Friday, May 6 • Morning Break

### **Pneumococcal Disease in Adults 65+: Keeping Vaccination in Focus\***

*Supported by Pfizer*

10:30-11:15 a.m.

### **Repatha® (evolocumab): Product Overview\***

*Supported by Amgen*

10:30-11:15 a.m.

*Michael J Bloch, MD, FACP, FASH, FSVM, FNLA  
Reno, Nevada*

## Friday, May 6 • Lunch

### **Thrombosis: AFib & DVT/PE—An Exploration in Risk Reduction**

*Supported by Janssen Pharmaceuticals, Inc.*

1:00-1:45 p.m.

This lecture will discuss treatment options for patients with deep vein thrombosis and pulmonary embolism and how they can reduce

the risk of recurrent thrombotic events. It will also present options for reducing the risk of stroke in patients with nonvalvular atrial fibrillation.

*Pamela R Kushner, MD, FAAFP  
Irvine, California*

## Targeted Strategies for Weight Regulation

*Supported by Novo Nordisk*

1:00-1:45 p.m.

This presentation will review the complex and chronic nature of obesity and examine the benefits of effective weight management strategies. We will also discuss the clinical benefits of targeted appetite regulation via the glucagon-like peptide-1 (GLP-1) pathway.

*Domenica M. Rubino, MD  
Arlington, Virginia*

## IBSchek: Quick, Reliable Blood Test for a Confident Diagnosis of IBS

*Supported by Commonwealth Laboratories*

1:00-1:45 p.m.

IBSchek™ is the only quick and reliable blood test for a confident diagnosis of Irritable Bowel Syndrome (IBS). Our presenter, Mark Pimentel, MD, will discuss the pathophysiology of IBS as well as new approaches to diagnosing IBS. Dr. Pimentel will also review the rationale and data for IBSchek™. An interactive question and answer session will be available at the end of the presentation.

*Brooks D Cash, MD  
Mobile, Alabama*

## Friday, May 6 • Afternoon Break

*Supported by Salix Pharmaceuticals\**

3:45-4:30 p.m.

*\*Session title, presenter or description not available at time of printing. Please view the Internal Medicine Meeting 2016 app for updated schedule information. Select the Schedules icon, and then click on Innovation Theaters (Exhibit Hall) for updated schedule.*

## Industry-Supported Symposia

**Broaden your knowledge by attending an Industry-Supported Symposium. Preregistration for these courses is recommended; walk-ins are welcome as space allows.**

### Tuesday, May 3 • Lunch

#### Appropriate Use of Nuclear Cardiology in Clinical Practice

*Supported by: Astellas Pharma US*

12:15-1:15 p.m. • Registration: Noon • WWCC • Salon ABC • [www.asnc.org/aucsatellite](http://www.asnc.org/aucsatellite) • (Lunch will be served)

This Luncheon Symposium will feature 3-experts, Drs, James Udelson, Brian Abbott and Allen Taylor, discussing the appropriate use of nuclear cardiology in clinical practice to reduce the number of inappropriate tests that are ordered. The program will feature a series of interactive case studies involving pre-operative risk assessment and when myocardial perfusion imaging appropriate, low-risk patients and determining if testing is ever appropriate and outpatients with chest pain and when to order a nuclear cardiology study. The symposium will focus of key issues faced by referring physicians in anticipation of the roll-out of CMS's decision support tool mandate in the upcoming years.

### Tuesday, May 3 • Lunch

#### The Long and Short of GLP-1 Agonists: A Practical Approach to the Complex Nature of T2DM Management

*Supported by: Lilly*

12:15-1:15 p.m. • Registration: Noon • WWCC • Salon GHI • [www.Rockpointe.com/complexT2DMgmt](http://www.Rockpointe.com/complexT2DMgmt) • (Lunch will be served)

The landscape of type 2 diabetes mellitus (T2DM) management is continuously changing and evolving. Newly released guideline recommendations on the treatment of T2DM, along with approvals for new agents, have increased the complexity of individualizing treatments for patients. Low acceptance of injectables among patients also remains a significant issue in the optimal management of T2DM. Additional patient preferences and concerns must also be taken into account when establishing a treatment regimen. This CME activity is designed to help clinicians appropriately individualize therapy for their T2DM patients, step-up therapy sooner to achieve HbA1c goals, and recognize the efficacy/safety issues associated with each antihyperglycemic agent.

## Wednesday, May 4 • Lunch

### **A 3D View: Identifying Alzheimer's Disease Early for Optimal Disease Management—How Early Diagnosis and New Treatments Are Changing Our Approach to AD in Family Medicine**

*Supported by: Lilly*

12:15-1:15 p.m. • Registration: Noon • WWCC • Salon ABC • [www.MLG-Alzheimers.com](http://www.MLG-Alzheimers.com) • (Lunch will be served)

This CME symposium will utilize 3D graphical and interactive content. The stereoscopic 3D effect allows the learner to have a value-added experience by seeing the presentation literally leap off the screen while the faculty is speaking. Much like a 3D movie the learner would see in a theater, the stereoscopic effect offsets the image on the screen, allowing the image to be pulled from the flat screen toward learners once they have put on their 3D glasses. This high-definition (HD) display is so clear, participants will believe they can reach out and touch it. The symposium format is based on an interactive format that incorporates case-based presentations, didactic lecture, and audience participation to enhance practice-based learning.

## Wednesday, May 4 • Evening

### **Monotherapy, Combination Therapy, Triple Therapy: What Is Ideal for Your Type 2 Patient?**

*Supported by: AstraZeneca*

7:00-8:30 p.m. • Registration: 6:30 p.m. • Washington Marriott at Metro Center • Grand Ballroom (Salon A-E) • [www.myCME.com/SGLT2reg](http://www.myCME.com/SGLT2reg) • (Dinner will be served)

The activity is designed to optimize the abilities of internists involved in the care of patients with T2DM to make effective, evidence-based treatment recommendations centered on individual patients' HbA1c (A1C) levels, current glycemic control, and preferences. The activity will provide learners with up-to-the-minute clinical information and guidance on intensification of therapy using combination strategies and how to overcome the possible negative perception it may engender in patients. The symposium will utilize an innovative patient partnership format, which features actual patient–physician dialogues. Data show that educating patients about their condition and available treatment options, encouraging them to take an active role in their individualized treatment plans, and taking their preferences into account when making therapeutic recommendations all contribute to improved outcomes.



## Thursday, May 5 • Evening

### **The Insulin Dialogues: An Expert-Led Discussion on New and Emerging Injectable Therapies for T2DM**

*Supported by: Novo Nordisk*

7:15-8:45 p.m. • Registration: 6:30 p.m. • Marriott Marquis • Marquis Ballroom, Salons 6-10 • [www.surveymonkey.com/r/InsulinDialogues](http://www.surveymonkey.com/r/InsulinDialogues) • (Dinner will be served)

The symposium format is a facilitated clinical dialogue led by a moderator with two faculty experts. Supporting slides will highlight key points the faculty want to make when answering each question. The audience will be engaged through audience response questions and will be invited to pose a challenge to the faculty during Q & A Session. Faculty will discuss the role of insulin therapy in managing patients with type 2 diabetes, when and how to implement insulin therapy, and appropriate starting doses and titration. Faculty will also address patient barriers to insulin therapy and how new therapies have been designed to help mitigate barriers, as well as new and emerging therapeutic options.

## Thursday, May 5 • Evening

### **Optimizing the Selection and Sequence of Pharmacotherapies for Overactive Bladder—Balancing Efficacy with Tolerability in Individual Patients**

*Supported by: Astellas*

6:30-8:00 p.m. • Registration: 6:00 p.m. • Marriott Marquis Washington, DC • Marquis Salons 1-4 • [www.peerviewpress.com/OABlive2016](http://www.peerviewpress.com/OABlive2016) • Phone: 877-833-6141 • (Dinner will be served)

Description: Internists in the primary care setting play a central role in the initial assessment, diagnosis, and management of patients with overactive bladder (OAB). This symposium is designed to provide practitioners with an enhanced understanding of OAB symptoms, goals and expected outcomes of therapy, benefits and limitations of behavioral and pharmacologic interventions, and the differences in clinical profiles of the different agent classes. Patient case scenarios of both younger and elderly patients, with and without comorbidities, will provide insights on considerations for therapy selection in individual patients and on optimizing treatment plans through multiple lines of therapy. Effective communication techniques and patient counseling strategies to minimize treatment-related adverse effects and enhance adherence to OAB therapy will also be highlighted.

## Thursday, May 5 • Evening

### **The Evolving Role of Oral Anticoagulation in Internal Medicine: NVAf, DVT, and PE Best Practices**

*Supported by: Boehringer Ingelheim Pharmaceuticals, Inc. and Daiichi Sankyo, Inc.*

6:30-8:30 p.m. • Registration: 6:00 p.m. • Marriott Marquis Salon 5 • [www.paradigmmc.com/453](http://www.paradigmmc.com/453) • Phone: 845-398-5942 • (Dinner will be served)

Description: Internal medicine clinicians (IMs) are often first to diagnose, treat, and manage at-risk patients with nonvalvular atrial fibrillation; patients who have experienced deep vein thrombosis (DVT) or pulmonary embolism (PE) and are at risk for repeat occurrences; and those undergoing total knee or



hip replacements who are at heightened short-term risk for primary DVT (and subsequent PE) following such procedures. This complimentary 2.0-hour CME-certified symposium led by expert faculty, "The Evolving Role of Oral Anticoagulation in Internal Medicine: NVAf, DVT, and PE Best Practices," will impart to IMs who attend Internal Medicine 2016 the information and tools needed to determine, treat, and manage appropriate candidates for anticoagulation therapy with direct oral anticoagulants (DOACs). Upon completing this educational symposium, IMs will be better equipped to use of DOACs in clinical practice. Guidance on DOAC use in special patient populations (eg, elderly patients, renally impaired patients) will also be addressed, as will anticoagulation reversal strategies.

## Friday, May 6 • Evening

### Chronic Obstructive Pulmonary Disease (COPD): Better Breathing Begins in Internal Medicine

*Supported by: AstraZeneca LP, Boehringer Ingelheim Pharmaceuticals, Inc. and Sunovion Pharmaceuticals Inc.*

6:30-8:30 p.m. • Registration: 6:00 p.m. • Marriott Marquis • Salon 5 • [www.paradigmmc.com/446](http://www.paradigmmc.com/446) • Phone: 845-398-5942 • (Dinner will be served)

Description: Internal medicine (IM) clinicians are often the first healthcare providers to identify, diagnose, treat, and manage patients with chronic obstructive pulmonary disease (COPD), a group of progressive and debilitating respiratory conditions (including emphysema and chronic bronchitis) marked by persistent airflow limitation that makes breathing difficult. This complimentary 2.0-hour CME-certified satellite symposium, Chronic Obstructive Pulmonary Disease (COPD): Better Breathing Begins in Internal Medicine, will inform clinicians on early suspicions, differential diagnosis ("Is it COPD?"), individualizing treatment, patient management, preventing exacerbations, managing transition of care from hospital to home, and facilitating adherence in patients with COPD. The symposium will feature didactic presentations, interactive case-based discussions with expert faculty, and will include a live demonstration of the proper administration techniques for various COPD devices and agents.

## Friday, May 6 • Evening

### New Therapeutic Advances and Practical Strategies for Complementary Basal Insulin plus Incretin System–Targeted Therapy to Optimize Glucose Control Across the Complete Dysglycemic Continuum of Diabetes

*Supported by: Sanofi Diabetes*

6:30-9:00 P.M. • Registration: 6:00 p.m. • Marriott Marquis • Marquis Salons 1-4 • [www.reg-T2D.com](http://www.reg-T2D.com) • (Dinner will be served)

Description: Using international authorities on diabetes management, this CME activity will focus on the role, indications, guidelines, and evidence supporting optimal approaches to early use and guideline-directed use of basal insulin therapy for diabetes --and subsequently, its use in combination with GLP-1 receptor agonists to optimize pan-glycemic (FPG and PPG) control to achieve desired ADA HA1c target goals. Moreover, this scientifically rigorous, expert-generated CME program will help primary care and internal medicine specialists apply an individualized and patient needs-specific "evidence-based roadmap" for comprehensive managing the comprehensive continuum of glycemic dysregulation in diabetes, in a manner this is consistent with the evidence and with the principles and treatment recommendations outlined in the ADA/EASD Position Statement on T2D.





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